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Citation for published version (APA):

Lim, L., Hart, H. C., Howells, H., Mehta, M., Mirza, K., & Rubia, K. (in press). Altered White Matter Connectivity in Young People Exposed to Childhood Abuse: A Tract-Based Spatial Statistic (TBSS) and Tractography Study. *Journal of psychiatry & neuroscience : JPN*.

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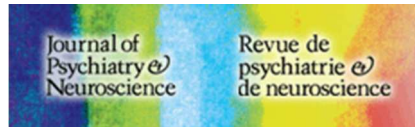
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Altered White Matter Connectivity in Young People Exposed to Childhood Abuse: A Tract-Based Spatial Statistic (TBSS) and Tractography Study

Journal:	<i>Journal of Psychiatry and Neuroscience</i>
Manuscript ID	JPN-17-0241.R2
Manuscript Type:	Research
Date Submitted by the Author:	n/a
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Keywords:	Adolescent psychiatry < Clinical Psychiatry, Trauma victims < Clinical Psychiatry, Brain imaging (MRI) < Neuroscience, Stress < Clinical Psychiatry

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Manuscripts

Word count

Abstract: 249

Main text: 4000

Tables: 3

Figures: 2

Supplementary materials: 1

Altered White Matter Connectivity in Young People Exposed to Childhood Abuse: A Tract-Based Spatial Statistic (TBSS) and Tractography Study

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Abstract

Background: Childhood abuse is associated with structural brain abnormalities. Few studies have investigated white matter tract abnormalities in medication-naïve drug-free individuals with childhood abuse or controlled for psychiatric comorbidities. This study examines the association between childhood abuse and abnormalities in white matter tracts metrics in medication-naïve, drug-free youth, controlling for psychiatric comorbidities.

Methods: Diffusion tensor imaging data were collected on 20 age- and gender-matched youth with childhood abuse, 18 psychiatric controls matched for psychiatric diagnoses and 25 healthy controls. Tract-specific analysis was conducted using Tractography. Tract-based spatial statistic (TBSS) was used to assess group differences in fractional anisotropy at the whole-brain level.

Results: Tractography analysis showed abuse-specific reduced tract volume in the inferior longitudinal fasciculus (ILF) and inferior frontal-occipital fasciculus (IFOF) in the abuse group relative to both healthy and psychiatric controls. Furthermore, abnormalities in the left IFOF were associated with greater abuse severity in the abuse group. TBSS analysis revealed significantly reduced fractional anisotropy in a left-hemispheric cluster comprising ILF, IFOF and corpus callosum splenium in the abuse group relative to healthy and psychiatric controls.

Limitations: It is unclear to what extent pubertal development, malnutrition and prenatal drug exposure may have influenced the findings.

Conclusion: Childhood abuse is associated with altered structure of neural pathways connecting the frontal, temporal and occipital cortices that are known to mediate affect and cognitive control. The abuse-specific deficits in the ILF and IFOF suggest that fibre tracts presumably involved in conveying and processing the adverse abusive experience are specifically compromised in this population.

Keywords: Childhood adversity, early-life stress, childhood maltreatment, diffusion tensor imaging, DTI

Introduction

Brain development is a complex process that is regulated by genes and sculpted by environmental experiences. Although experiential influences affect brain structure and function throughout the life span, early childhood experience is particularly crucial; where early stress and exposure to traumatic events have been shown to adversely affect the nature and trajectory of normal brain development¹.

Childhood maltreatment, which includes physical, sexual and emotional abuse and neglect, is common in the UK with paediatric prevalence rates of 7-10%². It has been associated with a host of adverse consequences, such as low IQ, abnormal error processing³, along with impaired attention, inhibition, emotion and reward processing^{4,5}. Large-scale epidemiological studies found that childhood maltreatment is significantly associated with first onsets of various psychiatric disorders, such as depression and post-traumatic stress disorders (PTSD)⁶. The psychopathological outcomes associated with childhood maltreatment may be mediated by the disruption of neural underpinnings⁷.

Structural MRI studies show that childhood maltreatment is associated with grey matter volume (GMV) abnormalities in several relatively late-developing brain regions particularly the orbitofrontal cortex (OFC)⁸⁻¹⁰ and temporal lobes^{11,12}, as well as in the visual cortex^{8,13,14}. Our meta-analysis of voxel-based morphometry studies showed that childhood maltreatment is associated with GMV reduction in OFC-limbic-temporal regions and inferior frontal cortices that mediate top-down affect and cognitive control, respectively; and in the left motor-somatosensory cortex that mediate sensory functions¹⁰.

Compared to the extensive research on GMV abnormalities in childhood maltreatment, fewer studies have examined white matter (WM) tracts in this population. Brain regions do not

1
2 function independently; they are interconnected through a complex system of short-and long-
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4 range WM tracts¹⁵. WM connectivity regulates the speed and timing of activation across neural
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6 networks, which are essential for optimal performance of higher-order tasks that rely on
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8 integrated information processing¹⁶.
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12 DTI measures the restricted diffusion of water molecules and provides a more detailed
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14 assessment of fibre tracts than conventional MRI, and has emerged as a powerful technique for
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16 examining structural connectivity¹⁷. Fractional anisotropy (FA), a DTI-derived metric, describes
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18 the directionality of water diffusion and may reflect aspects of membrane integrity and myelin
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20 thickness, where decreased FA is usually associated with WM disruption¹⁸. Tractography
21
22 facilitates the reconstruction of 3D trajectories of specific WM tracts and probe their
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24 microstructure, which allows a more detailed analysis of specific subpopulations of fibres and
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26 indirect volumetric indices (e.g. number of streamlines and tract volume)¹⁹. These volumetric
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28 indices can be indicative of the speed of communication between different brain regions. Tract-
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30 based spatial statistics (TBSS), on the other hand, is a fully automated approach that permits a
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32 whole-brain analysis of WM in a voxel-wise manner, which allows the identification of WM
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34 differences in specific regions beyond *a priori* defined tracts²⁰. Therefore, we used these two
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36 complementary methods to examine atypical WM tracts in youth exposed to childhood abuse.
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43 Stress can affect WM tract development as corticosteroids can suppress the final mitosis
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45 of glial cells necessary for myelination²¹. Moreover, given the protracted postnatal development
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47 timeline of WM²², it may be particularly vulnerable to the neurotoxic impact of childhood
48
49 trauma, especially during certain sensitive periods. Several DTI studies reported that childhood
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51 maltreatment is associated with reduced FA in various large WM tracts particularly the inferior
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53 fronto-occipital fasciculus (IFOF), which is a direct pathway connecting the occipital, posterior
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55 temporal and the OFC areas²³⁻²⁵; the inferior longitudinal fasciculus (ILF) connecting the
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2 occipital with the anterior temporal cortex^{23,26,27}, which is considered to be an indirect pathway
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4 essentially connecting similar brain areas as the IFOF and anteriorly joins the uncinate fasciculus
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6 to relay information to the OFC; the superior longitudinal fasciculus (SLF) connecting Broca's
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8 area with Wernicke's area^{24,25,27}; the corpus callosum (splenium) connecting the (posterior) left
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10 and right cerebral hemispheres^{24,25}; and the uncinate fasciculus connecting the anterior temporal
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12 lobe with the medial and lateral OFC²⁸.
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18 Given that childhood maltreatment is associated with the development of psychiatric
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20 complications²⁹, it is crucial to control for these in order to disentangle the effects of
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22 maltreatment from psychiatric comorbidities¹⁰. So far, only three DTI studies included a
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24 psychiatric group without childhood maltreatment^{25,30,31}; however, they were on adult samples
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26 and focused only on depression which limits the generalizability of their findings to other
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28 psychiatric comorbidities. Furthermore, a number of DTI studies have not measured and/or
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30 controlled for drug abuse^{23,28} and medication use^{23,26-28,30}, which are known to affect brain
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32 structure³².
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37 Therefore, the aim of this study was to examine the association between childhood abuse
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39 and WM tract abnormalities by conducting tract-specific and whole-brain analyses in medication-
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41 naïve, drug-free youth with documented childhood physical abuse compared to healthy controls.
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43 To assess the specificity of the association with abuse, we included a third group of psychiatric
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45 controls that was matched with the abuse group on psychiatric comorbidities. Sexual abuse was
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47 excluded because it has different effects on brain structure³³ and different behavioural and
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49 psychiatric consequences³⁴. It has also been argued that childhood sexual abuse is associated with
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51 experiences unique to sexual victimisation relative to other abuse experiences; for example,
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53 traumatic sexualisation, betrayal, stigmatisation as well as feelings of guilt and shame may
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55 impact sexual abuse victims differently than victims of other abuse experiences³⁵. For these
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2 reasons, and in order to obtain a more homogenous group, we only included youth exposed to
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4 childhood physical abuse. Nevertheless, it is unrealistic to separate physical abuse from typically
5
6 co-occurring emotional abuse and neglect since psychological maltreatment would be present in
7
8 *almost all* cases of physical maltreatment³⁶. Hence, it is unlikely for the abused victim to
9
10 experience *severe* physical abuse without experiencing at least moderate levels of emotional
11
12 abuse and neglect concurrently; but physical abuse does not always co-occur with sexual abuse.
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18 Given that childhood maltreatment is associated with GMV deficits in OFC-limbic-
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20 temporal and occipital visual regions^{8,10,13,14}, along with abnormalities in the WM tracts
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22 connecting these regions²³⁻²⁷, we hypothesized that the abuse group would have WM tract
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24 abnormalities, particularly of the IFOF and ILF, relative to both healthy and psychiatric groups.
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26 We also investigated atypical FA in regions beyond our priori-defined tracts with a whole-brain
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28 TBSS analysis.
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32 **Methods**

33 ***Participants***

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36 Seventy (23 childhood abuse, 20 psychiatric controls, 27 healthy controls) right-handed,
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38 medication-naïve, drug-free and age-and-gender matched youth were assessed by a child
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40 psychiatrist (KM) using the Development and Well-Being Assessment (DAWBA)³⁷, designed to
41
42 generate ICD-10 and DSM-IV psychiatric diagnoses. The Strengths and Difficulties
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44 Questionnaires (SDQ)³⁸ and Beck's Depression Inventory (BDI)³⁹ were also used to provide
45
46 symptom scores on psychopathology. IQ was assessed using the Wechsler Abbreviated Scale of
47
48 Intelligence (WASI)⁴⁰. The Childhood Trauma Questionnaire (CTQ)⁴¹ was used to measure the
49
50 severity of childhood physical, sexual and emotional abuse, and physical and emotional neglect.
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52 Socioeconomic status (SES) was measured by two non-sensitive items (on housing tenure and
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54 room occupancy) from the Family Affluence Scale (FAS)⁴².
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4 Exclusion criteria for all participants were childhood sexual abuse, drug abuse, learning
5 disability, neurological abnormalities, epilepsy, IQ < 70 and MRI contraindications. Urine
6 screening for recent drug use was conducted with 10-panel urine drug test integrated cups (T-
7 Cup; <http://www.testfield.co.uk>). Participants were also asked about drug use in the past 4 weeks.
8 Most of them did not use any drugs in the last 4 weeks before the scan and there were no
9 significant group differences (see Table S1). All participants, or their guardians if they were
10 under the age of 18, provided written informed consent to participate in the study. The study was
11 approved by the local NHS Research Ethics Committee.
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23 The 23 youth who experienced physical abuse before the age of 12 were first recruited
24 through social services and psychiatric clinics. They or their guardians were first asked to provide
25 signed permission to contact their social services for written confirmation of official records of
26 physical abuse. The Childhood Experience of Care and Abuse (CECA) interview⁴³ was used to
27 corroborate the CTQ and provide additional information including the age of onset and duration
28 of abuse. Participants scored ≥ 13 (i.e. the cut-off for severe/extreme physical abuse)⁴¹ on the
29 CTQ physical abuse subscale, and information from the CECA interview and the CTQ were
30 consistent with the official records. Common psychiatric comorbidities included PTSD,
31 depression, anxiety and conduct disorder (Table 1). Three participants were excluded due to MRI
32 motion artefacts, leaving a final sample of 20 participants.
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47 The 20 psychiatric patients that were matched with the abuse group on psychiatric
48 comorbidities but with no history of childhood maltreatment (scoring below the cut-offs for the
49 respective CTQ subscales)⁴¹ were recruited through psychiatric clinics and social services. PTSD
50 patients experienced non-abuse related trauma (e.g. witnessed a murder, experienced a car
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2 accident or the death of a loved one). Two participants were excluded due to motion artefacts,
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4 leaving a final sample of 18 patients (Table 1).
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9 Participants in the childhood abuse and psychiatric control groups who were recruited from
10 social services did not have any psychiatric diagnosis beforehand and their GPs were
11 subsequently notified by the child psychiatrist (KM). For those that were recruited from clinics,
12 they were new clinical cases that had not yet started on any treatment, and the diagnoses made
13 using the DAWBA were consistent with the patients' diagnoses in the clinics. None of the
14 participants was receiving any treatment at the time of recruitment and scanning.
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24 The 27 healthy controls with no history of psychiatric illness and childhood maltreatment
25 (scoring below the same cut-offs for the respective CTQ subscales) were recruited through
26 advertisements in the same geographic areas of South London to ensure similar socioeconomic
27 background. Two participants were excluded due to motion artefacts, leaving a final sample of 25
28 participants (Table 1).
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37 ***DTI Acquisition and Processing***

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39 The DTI acquisition procedures are described in the supplementary materials. Diffusion
40 data were preprocessed using ExploreDTI (www.exploredti.org) (Supplementary materials).
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45 We assessed group differences in head motion, as this may affect quantitative diffusion
46 measurements. We quantified head motion as the mean volume-by-volume translation and
47 rotation. This was calculated as the average across the translation or rotation component of the
48 affine registration performed between each volume and the first volume, and t-tests were then
49 performed between the two groups for each of the two motion measures. There were no
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2 significant group differences in mean translation ($F(2,60)=0.8, p=0.45$) and rotation ($F(2,60)=2.2,$
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4 $p=0.1$); hence, motion was not used as a nuisance regressor in our results.
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Outlier profiles of each diffusion scan were generated using ExploreDTI during the quality check stage of preprocessing, with no difference between groups observed ($F(2,60)=1.20, p>0.05$). All scans were then corrected for head motion using ExploreDTI.

Tractography

We performed virtual dissections of the left and right ILF and IFOF according to previous studies¹⁹ (Fig.1). Regions of interest (ROIs) were delineated in the FA maps of each participant in native space using previously described anatomical guidelines to constrain the whole-brain tractogram¹⁹. Two-ROI approaches were used for each tract to show the full extent of WM streamlines running through each ROI. Specifically, the ILF was dissected to show streamlines running between the occipital lobe (one ROI in the coronal plane within the WM of the occipital lobe) and the temporal pole (one ROI in the coronal plane within the WM of the anterior temporal lobe). The IFOF was dissected using the same occipital lobe ROI as used for the ILF, and a second ROI delineated in the coronal plane within the external capsule.

Group differences were examined for each measurement (i.e. streamline count, tract volume, FA, mean diffusivity and radial diffusivity) using ANOVA with SPSS24 (SPSS, Inc., Chicago) controlling for IQ, age and gender. Comparisons for specific tracts were considered as statistically significant if they survived Bonferroni correction for multiple comparisons ($p<0.0125$, two tracts for each hemisphere).

TBSS

Each participant's FA map was transformed into standard stereotactic space (using FMRIB58 template) and a mean FA map for the whole sample was used to create the average core 'skeleton'. Skeleton images of each participant's FA map were then produced and projected onto the mean skeleton to identify voxels where FA value differs significantly between these skeletons using General Linear Model²⁰. The design matrix used IQ, age and gender as covariates. Five thousand permutations were applied. The statistical threshold was set at $p < 0.05$, fully corrected for multiple comparison using threshold-free cluster enhancement (TFCE) across all WM tracts in the whole-brain analysis.

Exploratory Correlational Analysis

Finally, Pearson correlations were used to explore possible associations between tract-specific measurements and SDQ within each group, and with abuse measures (severity, age of onset and duration of abuse) within the abuse group.

Results

Subject Characteristics

The groups did not differ significantly in age, gender, ethnicity and SES, but differed in IQ which was expected as this is typical for these populations⁴⁴ (Table 1). Participants in the childhood abuse group did not mention any head trauma injuries or loss of consciousness from the abuse in the CECA interview. All MRI brain scans were also reviewed by a radiologist and no traumatic brain injury or incidental findings were discovered. Hence, mild traumatic brain injury is unlikely to be a factor in the findings. Although we selected participants with severe childhood physical abuse, they also experienced marked/severe emotional abuse and neglect (Table 1), which typically co-occur with physical abuse, and hence they seem to represent adequately the childhood abuse population³⁶.

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4 The healthy controls scored significantly lower than the abuse group on BDI ($p<0.01$) and
5 all SDQ difficulties subscales ($p<0.01$), and lower than psychiatric controls on BDI ($p<0.001$)
6 and all SDQ difficulties subscales ($p<0.05$) except for SDQ conduct problems. The abuse group
7 scored significantly higher than psychiatric controls, who did not differ from healthy controls, on
8 the SDQ conduct problems subscale ($p<0.01$) (Table 1).
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17 ***Tractography Analysis***

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19 The abuse group had significantly lower tract volume of the left ILF, right ILF and left
20 IFOF relative to both healthy ($p<0.01$) and psychiatric controls ($p<0.01$) (Table 2, Fig 1), and
21 lower streamline count of the right ILF and left IFOF relative to both healthy ($p<0.01$) and
22 psychiatric controls ($p<0.01$), as well as lower FA of the left IFOF relative to healthy controls
23 ($p=0.01$) (Table 2). There were no significant differences between the healthy and psychiatric
24 controls.
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34 ***TBSS Analysis***

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36 The abuse group, relative to healthy controls, had significantly reduced FA in a left-
37 hemispheric posterior region comprising the ILF, IFOF, splenium of the corpus callosum and the
38 SLF ($p=0.02$, TFCE-corrected) (Table 3, Fig. 2). Mean FA values of this region were extracted
39 for comparison between the abuse and psychiatric groups using ANOVA with SPSS24
40 controlling for IQ, age and gender. The abuse group had significantly reduced FA relative to
41 psychiatric controls ($F(1,36)=16.4$, $p<0.001$), which suggests that compromised microstructure
42 of this region may be abuse-specific. The psychiatric controls had marginally lower FA compared
43 to health controls in this region ($F(1,41)=3.89$, $p=0.06$). There were no significant regions with
44 increased FA for the abuse versus healthy and psychiatric groups.
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Exploratory Correlational Analysis

Reduced FA of the left IFOF was significantly associated with higher CTQ physical neglect ($r = -0.52, p < 0.05$), emotional neglect ($r = -0.48, p < 0.05$) and CTQ total score ($r = -0.50, p < 0.05$) within the abuse group (Figure S1). For the healthy controls, lower left IFOF FA was significantly associated with higher SDQ emotion ($r = -0.61, p < 0.05$) and peer ($r = -0.46, p < 0.05$) problems and SDQ total score ($r = -0.51, p < 0.05$). Lower left ILF tract volume was significantly associated with higher SDQ peer ($r = -0.67, p < 0.05$) and hyperactivity ($r = -0.69, p < 0.05$) problems and SDQ total score ($r = -0.63, p < 0.05$) within the psychiatric control group. There were no significant correlations between SDQ and tract measurements within the abuse group.

As the correlational analyses were exploratory, we did not correct for multiple comparisons which would have rendered the findings non-significant.

Discussion

To our knowledge, this is the first DTI study to examine the association between documented childhood abuse and alterations in the structure of neural pathways in medication-naïve, drug-free youth controlling for psychiatric comorbidities by the inclusion of a psychiatric control group. This is crucial to elucidate the effects of abuse independently from effects associated with psychiatric comorbidities or medication and drug abuse¹⁰.

As hypothesized, the abuse group had significantly reduced WM tract volume in bilateral ILF and left IFOF compared to both healthy and psychiatric controls. At the whole-brain level, the abuse group also had significantly reduced FA in a left-hemispheric posterior region comprising the ILF, IFOF, splenium of the corpus callosum and SLF relative to both healthy and psychiatric controls. Reduced FA of the left IFOF, which was also found in the tractography results, furthermore correlated with greater abuse severity in the abuse group. This suggests differences exist both at the microstructural level as measured by FA, but also at the volumetric

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2 level of the entire tract. Thus, differences in the WM of the ILF and IFOF, particularly in the left
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4 hemisphere, was specifically related to the abuse experience. Moreover, reduced FA of the left
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6 IFOF was significantly associated with higher SDQ emotion and peer problems in the healthy
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8 controls, reinforcing the association between the IFOF and emotional and social behaviours.
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13 The ILF is a ventral associative bundle that mediates the fast transfer of visual signals
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15 from the visual areas to the amygdala and hippocampus, and neuromodulatory back-projections
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17 from the amygdala to early visual areas, enhancing the visual processing of emotionally
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19 significant stimuli⁴⁵. It is a key component of the visual-limbic pathway involved in facial affect
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21 recognition⁴⁶ and visual perception⁴⁷. The finding of an abuse-specific reduced WM
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23 microstructure of the ILF extends earlier studies that found decreased FA of the ILF in
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25 adolescents exposed to early neglect²³ and in young adults with childhood maltreatment^{26,27},
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27 where the decreased FA was furthermore related to poorer visual learning and memory in
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29 neglected adolescents²³ and with longer duration of abuse²⁶.
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35 The right hemisphere is particularly dominant for negative emotional processing in most
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37 individuals⁴⁸. Thus, it seems that abuse exposure affects corticolimbic regions involved in
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39 emotional regulation and specifically targets the visual-limbic pathway involved in the emotional
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41 processing of (aversive) visual information. Given that the abuse experience has both visual and
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43 auditory components, the left ILF may also have been compromised as it is involved in language
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45 processing⁴⁹. Interestingly, studies suggest that fearful facial expressions alone activate the right
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47 amygdala, while fearful facial expressions combined with fearful voices activate the left medial
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49 temporal gyrus⁵⁰. Hence, the combined exposure to fearful faces and voices during a typical
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51 severe abuse episode may have disrupted the normal development of both the left and right ILF.
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2 The IFOF, which overlaps spatially and functionally with the ILF, connects the ventral
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4 occipital, posterior temporo-basal areas to the frontal lobe (inferior frontal, dorsolateral prefrontal
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6 and emotion-related OFC regions) and runs parallel to the ILF in its occipital course⁵¹. Hence, it
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8 is also involved in facial affect recognition⁴⁶, visual and semantic processing, as well as in
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10 multimodal sensory-motor integration⁵². Altered microstructure of the IFOF is also consistent
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12 with earlier studies that reported lower FA of the IFOF in adolescents exposed to early neglect²³
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14 and in individuals with childhood maltreatment^{24,25}. The association between abuse experience
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16 and microstructure of the IFOF is further underpinned by the current findings of significant
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18 negative correlation between abuse severity and FA of the left IFOF.
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24 The splenium of the corpus callosum interconnects the left and right occipital and inferior
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26 temporal cortices⁵¹. These regions form the ventral visual stream with reciprocal connections
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28 with the hippocampus and emotion-related structures such as the amygdala and OFC⁵³. The
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30 splenium has a protracted myelination trajectory from birth to early adulthood with an accelerated
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32 growth during middle childhood which accompanies the development of visual-spatial
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34 integration⁵⁴. It is involved in the integration of somatosensory and emotional visual information
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36 in the two hemispheres⁵⁵. Our findings also support earlier studies that found reduced FA of the
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38 splenium in individuals exposed to childhood maltreatment^{24,25}.
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43 Childhood maltreatment has been associated with abnormal development of the sensory
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45 systems that relay adverse sensory experiences. For instance, studies reported structural deficits
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47 in the occipital-lingual regions in children with maltreatment⁵⁶ and psychosocial deprivation⁵⁷, in
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49 women who experienced childhood sexual/physical abuse¹³, and in young adults who witnessed
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51 domestic violence during childhood¹⁴. These findings suggest that the sensory systems that
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53 process and interpret adverse sensory inputs may be altered by the abuse experience, reflecting an
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2 adaptive response of the developing brain to protect the child from highly hostile environmental
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4 conditions by gating sensory experiences and processing related to the abuse³³.
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9 Similarly, childhood maltreatment is associated with structural deficits in the emotion-
10 related OFC⁸⁻¹⁰ and amygdala regions⁵⁸, along with functional abnormalities in fronto-limbic
11 regions while processing fearful or angry faces^{59,60}. Therefore, besides impairment in these
12 individual regions, the findings of WM alterations in the ILF and IFOF tracts further suggest
13 disruptions in visual-limbic-OFC pathways mediating sensory integration and cognitive or
14 emotion regulation to sensory stimuli, which may also possibly underlie the neuropsychological
15 deficits in emotion and reward processing^{61,62} observed in childhood maltreatment.
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26 Given that large-scale epidemiological and longitudinal studies have consistently shown
27 that childhood maltreatment is linked developmentally to psychiatric disorders²⁹, it is crucial to
28 control for these in order to disentangle the effects of maltreatment from psychiatric
29 comorbidities¹⁰. Therefore, the specificity of the present findings of differences in the ILF and
30 IFOF at both the microstructural and volumetric levels relative to a psychiatric control group in
31 particular extends previous studies and suggests that these neural pathways are specifically
32 compromised in abused individuals.
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43 The human brain is a highly plastic organ that is continually modified by experience and
44 undergoes changes across the lifespan. The individual neural regions and circuits mature at
45 different rates and have different windows of vulnerability to effects of traumatic stress, with
46 increased vulnerability ascribed to a period of rapid maturation⁶³. Studies suggest that the
47 maturation of neuronal circuits of the human visual cortex may extend beyond infancy into
48 childhood, with significant development in visual spatial integration between 5 and 14 years of
49 age⁵⁴. Given that the ILF, IFOF and splenium show rapid development from childhood with FA
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2 increase peaking at early adulthood⁶⁴, the visual-limbic pathways may possibly be more
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4 susceptible to impairment in individuals with early adversities. Thus, our findings of an
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6 association between childhood maltreatment and altered structure of these late developing visual-
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8 emotional processing tracts suggests an environmentally triggered disturbance in the normal
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10 development of these pathways that may underlie the emotional problems that develop as a
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12 consequence of early adversities.
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17 ***Limitations***

19 Among the strengths of this study are that all participants were medication-naïve and
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21 drug-free, and their abuse experience was carefully assessed and corroborated by social service
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23 records. Also, we included a psychiatric control group to determine the specificity of childhood
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25 abuse in our findings. The inclusion of a childhood abuse group without any psychiatric disorders
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27 would have provided a more robust means of determining abuse-specific abnormalities; however,
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29 such a “pure” group would not be representative of the general childhood abuse populations, as
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31 large-scale epidemiological and longitudinal studies have consistently reported that childhood
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33 maltreatment is linked developmentally to psychiatric disorders²⁹, and a meta-analysis further
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35 reported a causal relationship between non-sexual childhood maltreatment and a range of mental
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37 disorders⁶⁵. For the tractography analysis, multiple comparison correction was performed for the
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39 number of tracts only and not for the number of diffusion measures as these are not independent
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41 from each other and Bonferroni correction would thus have been too conservative. It is unclear to
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43 what extent pubertal development, malnutrition, prenatal drug exposure and presence of current
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45 life stressors may have influenced the findings. The moderate sample size of the present study
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47 warrants replication in larger samples of youth in future studies. The SES measure used is
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49 limited, as it does not provide information on parents’ income and education; however, youth
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51 often have difficulties in reporting this information⁴². Although we recruited participants exposed
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53 to childhood physical abuse, it is unrealistic to separate physical abuse from typically co-
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2 occurring emotional abuse and neglect; hence, many participants in the abuse group also suffered
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4 from emotional abuse and neglect³⁶.
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8 **Conclusion**

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10 In summary, using medication-naïve, drug-free, carefully assessed age-and-gender-
11 matched groups of youth exposed to childhood abuse and psychiatric controls matched on
12 psychiatric comorbidities, we found that childhood abuse is associated with altered
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14 microstructure of neural pathways connecting the OFC-limbic, temporal and occipital visual
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16 regions. The abuse-specific abnormalities of the ILF and IFOF visual-limbic pathways may
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18 possibly underlie the abnormal emotional regulation to sensory stimuli in victims of abuse.
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Acknowledgments

This study, LL and HH were supported by the Reta Lila Weston Trust for Medical Research and the Kids Company UK. LL was also supported by the Lee Kong Chian School of Medicine, Nanyang Technological University Singapore Fellowship Grant (grant number L0491050).

HHowells was supported by the Wellcome Trust (grant number 103759/Z/14/Z). AS and KR received research support from the UK Department of Health via the National Institute for Health Research (NIHR) Biomedical Research Centre (BRC) for Mental Health at South London and the Maudsley NHS Foundation Trust and Institute of Psychiatry, Psychology and Neuroscience, King's College London.

The views expressed are those of the authors and not necessarily those of the NHS, the NIHR or the Department of Health.

We thank all the individuals and their families who participated in this study. We also thank the staff of Kids Company London for their help with recruitment.

Financial Disclosures

KR has received speaker's honoraria from Lilly and Shire. MM has acted as a consultant for Cambridge Cognition and Lundbeck and has received fees from Shire for contribution towards education. KM has received research and educational grants from Glaxo Smith Kline and Shire pharmaceuticals and has served on the advisory boards of Janssen, Eli Lilly and Shire pharmaceuticals. KM has also received honoraria for speaking at conferences organized by Janssen, Eli Lilly and Shire pharmaceuticals. LL, HHart, HHowells and AS reported no financial interests or potential conflicts of interest.

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Table 1: Demographic characteristics of 20 young people exposed to childhood abuse, 18 psychiatric controls and 25 healthy controls

	Childhood Abuse (N=20)		Psychiatric Controls (N= 18)		Healthy Controls (N=25)		Analysis		Between Groups
	Mean	SD	Mean	SD	Mean	SD	F(2, 60)	p (corr.)	
Age (years) [age range 13-20]	17.1	2.52	16.8	2.65	17.75	1.61	0.85	ns	-
Socioeconomic status	2.81	0.70	3.00	0.69	3.28	0.74	2.59	ns	-
IQ	92.1	15.5	92.8	12.8	105.3	10.5	7.56	0.001	CA, PC < HC
Strengths and Difficulties Questionnaire:									
<i>Emotional problems</i>	4.35	2.82	5.00	3.03	2.09	1.56	7.94	0.001	CA, PC > HC
<i>Conduct problems</i>	4.10	2.17	2.33	2.20	1.83	1.59	7.55	0.001	CA > PC, HC
<i>Hyperactivity</i>	5.40	2.28	4.72	2.72	3.00	2.13	5.93	0.005	CA, PC > HC
<i>Peer problems</i>	3.65	1.51	2.61	1.98	1.22	1.78	9.56	<0.001	CA, PC > HC
<i>Prosocial</i>	7.30	1.72	8.50	1.79	8.04	1.46	2.59	ns	-
<i>Total difficulties score</i>	17.5	6.75	14.7	6.31	8.13	5.67	12.9	<0.001	CA, PC > HC
Beck's Depression Inventory	15.6	10.8	19.9	10.3	5.92	6.09	8.03	0.001	CA, PC > HC
Childhood Trauma Questionnaire:									
<i>Physical abuse</i>	20.2	5.53	6.00	1.50	5.52	0.96	133.9	<0.001	CA > PC, HC
<i>Emotional abuse</i>	17.3	4.76	6.89	1.84	6.60	2.63	69.5	<0.001	CA > PC, HC
<i>Sexual abuse</i>	5.05	0.22	5.28	0.56	5.05	0.28	2.08	ns	-
<i>Physical neglect</i>	13.4	5.40	6.72	2.22	6.08	2.41	26.3	<0.001	CA > PC, HC
<i>Emotional neglect</i>	17.8	4.73	9.00	3.68	8.40	3.67	33.2	<0.001	CA > PC, HC
Age at onset of (physical) abuse (years)	3.85	2.80	-	-	-	-	-	-	-

	8.00	3.15	-	-	-	-	-	-	-
Duration of (physical) abuse (years)									
	N	%	N	%	N	%	χ^2	<i>p</i>	Between Groups
Gender (Males)	12	65	8	45	16	76	4.52	ns	-
Ethnicity:							7.98	ns	-
<i>Caucasian</i>	10	50	3	17	12	48			
<i>Afro-Caribbean</i>	7	35	9	50	11	44			
<i>Others (Asian/mixed)</i>	3	15	6	33	2	8			
DSM-IV Psychiatric diagnosis:									
<i>PTSD</i>	10	50	11	61	-				
<i>Depression</i>	5	25	5	28	-				
<i>Anxiety disorders</i>	4	20	5	27	-				
<i>Social phobia</i>	2	10	2	11	-				
<i>Panic disorder</i>	1	5	1	6	-				
<i>ADHD</i>	1	5	1	6	-				
<i>ODD/CD/Other disruptive behaviours</i>	4	20	3	17	-				

Abbreviations: CA=Childhood Abuse group; PC=Psychiatric Controls; HC=Healthy Controls; corr=Bonferroni corrected; ADHD=Attention Deficit Hyperactivity Disorder; PTSD=Post-Traumatic Stress Disorder; ODD=Oppositional Defiant Disorder; CD=Conduct Disorder; ns=non-significant

Table 2: Tract-specific measurements of the inferior longitudinal fasciculus and inferior fronto-occipital fasciculus tracts

Tracts	Childhood Abuse (N=20)		Psychiatric Controls (N= 18)		Healthy Controls (N=25)		CA vs HC comparisons				CA vs PC comparisons			
	Mean	SD	Mean	SD	Mean	SD	<i>F</i> (2, 57)	<i>p</i>	<i>F</i> (1,40)	<i>p</i>	<i>F</i> (1,33)	<i>p</i>		
Left ILF														
Streamlines	426	270	614	364	726	396	3.23	0.047	4.47	0.041	CA<HC	4.58	0.040	CA<PC
Tract Vol	1465	544	1953	673	2149	591	6.23	0.004*	9.02	0.005	CA<HC	10.4	0.003	CA<PC
FA	0.495	0.021	0.499	0.022	0.501	0.021	0.42	ns	0.45	ns	-	1.01	ns	-
MD	0.793	0.026	0.790	0.033	0.786	0.021	1.35	ns	3.66	ns	-	0.19	ns	-
RD	0.553	0.027	0.547	0.0316	0.543	0.0250	0.96	ns	2.29	ns	-	0.62	ns	-
Right ILF														
Streamlines	339	282	666	393	719	404	7.15	0.002*	11.9	0.001	CA<HC	11.2	0.002	CA<PC
Tract Vol	1180	684	2091	695	2132	650	12.2	<0.001*	16.7	<0.001	CA<HC	19.3	<0.001	CA<PC
FA	0.480	0.040	0.486	0.023	0.493	0.022	0.76	ns	1.13	ns	-	0.37	ns	-
MD	0.792	0.027	0.786	0.032	0.780	0.020	0.67	ns	1.54	ns	-	0.43	ns	-
RD	0.561	0.037	0.553	0.033	0.545	0.024	1.14	ns	2.16	ns	-	0.75	ns	-
Left IFOF														
Streamlines	406	330	849	436	960	509	10.0	<0.001*	12.6	0.001	CA<HC	13.9	0.001	CA<PC
Tract Vol	1762	872	2776	599	2860	677	14.3	<0.001*	14.8	<0.001	CA<HC	17.7	<0.001	CA<PC
FA	0.499	0.027	0.510	0.026	0.516	0.024	3.20	0.048	7.41	0.010	CA<HC	2.08	ns	-
MD	0.810	0.029	0.794	0.032	0.796	0.020	3.05	0.05	5.93	0.020	CA>HC	3.65	0.065	CA>PC
RD	0.561	0.036	0.542	0.036	0.540	0.027	3.74	0.03	8.46	0.006	CA>HC	3.37	0.075	CA>PC
Right IFOF														
Streamlines	409	332	676	384	706	356	2.74	0.07	2.14	ns	-	6.04	0.019	CA<PC

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4	Tract Vol	1694	831	2352	830	2390	733	3.61	0.03	2.91	ns	-	7.04	0.012	CA<PC
5	FA	0.496	0.017	0.502	0.022	0.509	0.022	1.59	ns	3.57	ns	-	1.33	ns	-
7	MD	0.801	0.030	0.802	0.037	0.793	0.020	0.20	ns	0.47	ns	-	0.02	ns	-
8	RD	0.558	0.026	0.554	0.035	0.543	0.023	0.74	ns	2.25	ns	-	0.18	ns	-

10 Abbreviations: SD=Standard Deviation; CA=Childhood Abuse group; HC=Healthy Control group; PC=Psychiatric Control group; Vol=Volume; FA=Fractional Anisotropy; MD=Mean Diffusivity;
 11 RD=Radial Diffusivity; ILF= Inferior Longitudinal Fasciculus; IFOF=Inferior Fronto-Occipital Fasciculus; ns=non-significant; * indicates values that survive Bonferroni correction for multiple
 12 comparisons

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Table 3: Cluster of reduced white matter fractional anisotropy in the childhood abuse group compared with healthy controls (p<0.05, TFCE-corrected)

	MNI Coord. (x,y,z)	Cluster size	<i>p</i> value
Left Inferior longitudinal fasciculus/ Inferior fronto-occipital fasciculus/ Splenium of the corpus callosum/ Superior longitudinal fasciculus	-31,-69,-1	678	0.02

Abbreviations: MNI=Montreal Neurological Institute; TFCE=Threshold-Free Cluster Enhancement

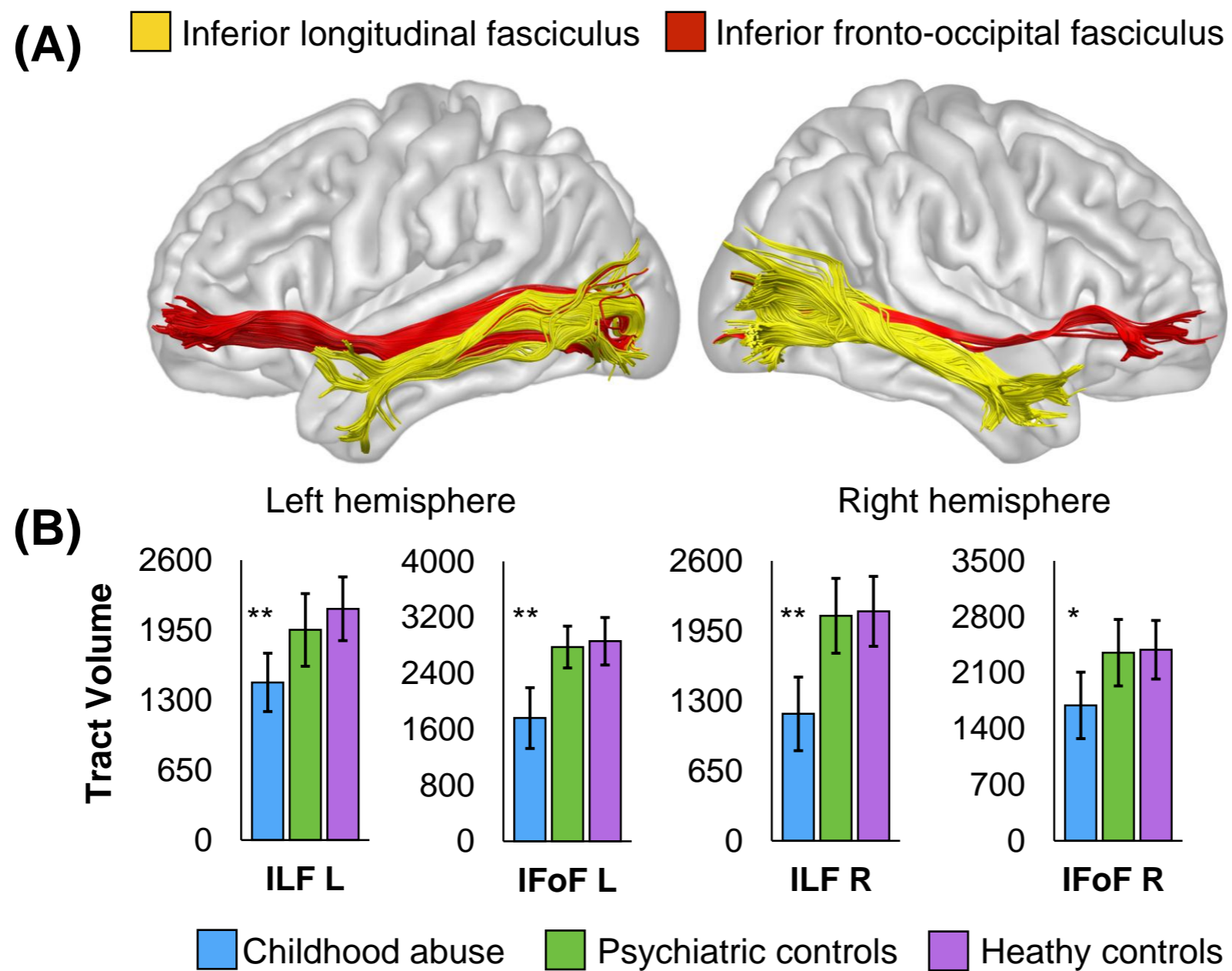
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Figure Legend

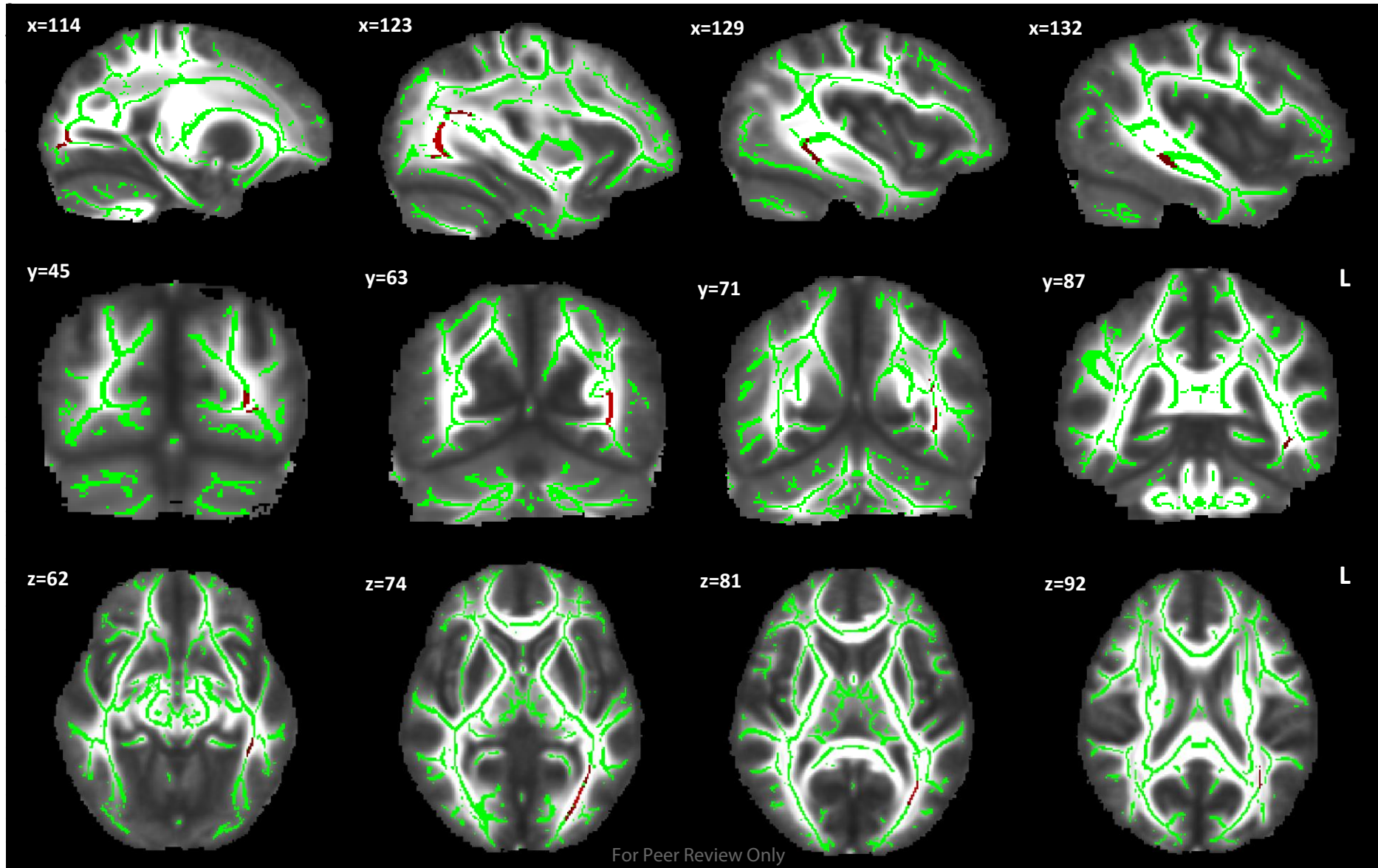
Fig. 1: (A) Tractography reconstructions of the Inferior Longitudinal Fasciculus (ILF) and Inferior Fronto-Occipital Fasciculus (IFOF) tracts. (B) Differences in the tract volume of the ILF and IFOF between the childhood abuse group, psychiatric controls and healthy controls. Statistically significant differences between the childhood abuse group and psychiatric and healthy control groups within each tract are indicated with asterisks (* $p < 0.05$; ** $p < 0.01$).

Fig. 2: Whole-brain TBSS analysis of differences in FA values between the childhood abuse group and healthy controls ($p < 0.05$, TFCE-corrected). Sagittal, coronal and transversal axial sections of the white matter skeleton (green) superimposed on the mean FA brain template. Red regions indicate significantly reduced FA values in the abuse group compared to healthy controls. The x,y z-coordinates are in standard MNI space. Images are in radiological convention (The *right* side of the image corresponds with the *left* hemisphere of the brain and vice versa). TBSS=Tract-Based Spatial Statistics; FA=Fractional Anisotropy; TFCE=Threshold-Free Cluster Enhancement; MNI=Montreal Neurological Institute.

Fig. 1

1 **Fig. 2**

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Supplementary Materials

Participants

Besides undergoing a urine test for drug abuse, participants were also asked as part of the DAWBA assessment if they had used any drugs (cannabis, ecstasy, solvents, amphetamines, tranquillisers, cocaine, crack, opiates, other drugs) in the past 4 weeks, on a scale of 0 (No), 1 (Occasionally), 2 (Only at weekends), 3 (Most days), 4 (Every day). As shown on the table below, most of the participants did not use any drugs in the last 4 weeks before the scan and there were no significant differences between the 3 groups.

Table S1. Drugs used in the past 4 weeks in the childhood abuse, psychiatric control and healthy control groups.

Drugs	Childhood abuse Mean (SD)	Psychiatric Controls Mean (SD)	Healthy Controls Mean (SD)	F(2, 60)	P value
Cannabis	0.25(0.44)	0(0)	0.37(0.95)	1.74	0.19
Ecstasy	0(0)	0(0)	0.11(0.32)	2.11	0.13
Solvents	0(0)	0(0)	0(0)	-	-
Amphetamines	0(0)	0(0)	0(0)	-	-
Tranquillisers	0(0)	0(0)	0.05(0.22)	1.00	0.38
Cocaine	0(0)	0(0)	0(0)	-	-
Crack	0(0)	0(0)	0(0)	-	-
Opiates	0(0)	0(0)	0(0)	-	-
Other drugs	0(0)	0(0)	0(0)	-	-

MRI Data Acquisition

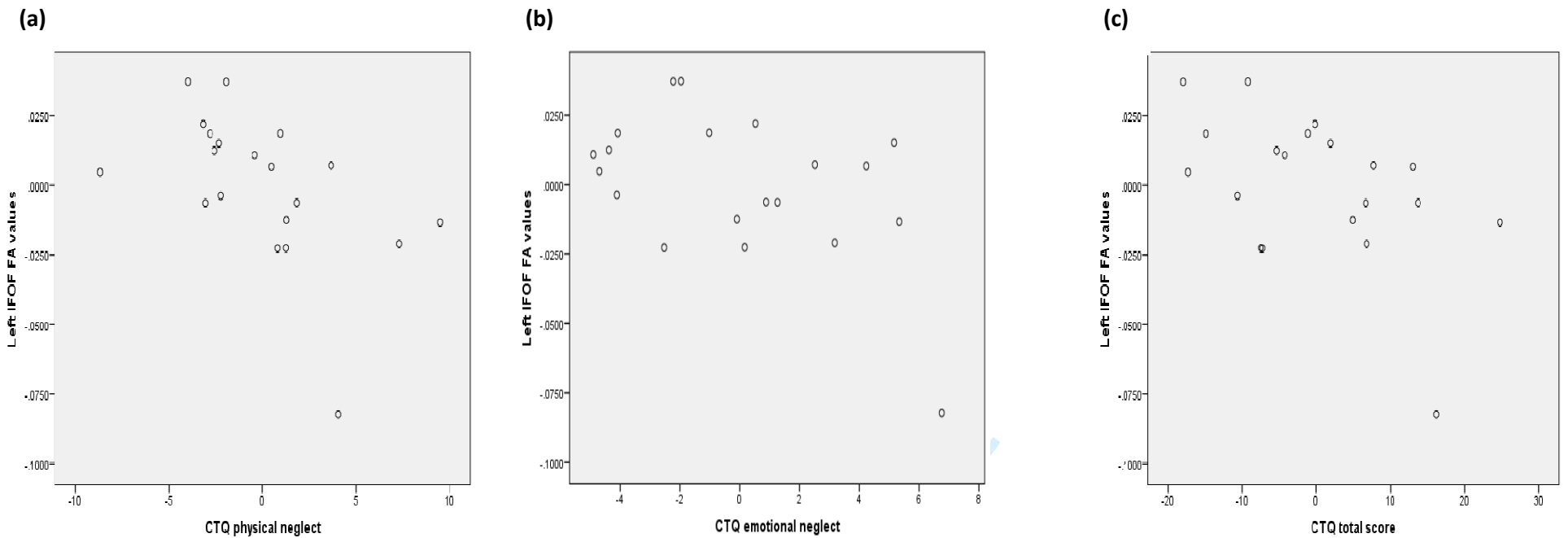
MRI data were acquired using a 3T GE Signa HDx system (General Electric, USA) at the Centre for Neuroimaging Sciences, King's College London, UK. The body coil was used for radio frequency (RF) transmission and an eight-channel head coil for RF reception allowing a parallel imaging (ASSET) speed up factor of 2. High-resolution structural three-dimensional (3D) T1-weighted images were acquired with full head-coverage, 166 contiguous slices, 1.2 mm thickness, a 256 x 256 x 166 matrix and a repetition time/echo time of 7/2.8 ms (field of view 260 mm). Consistent image quality was ensured by a semi-automated quality control procedure. DTI-MRI data were acquired using a spin-echo echo-planar imaging double refocused sequence providing

1 whole head coverage with isotropic image resolution (2.4 x 2.4 x 2.4 mm; 32 diffusion-weighted
2 volumes with different non-collinear diffusion directions with b-factor 1300 s/mm², and four non-
3 diffusion-weighted volumes; 60 slices without slice gap; echo time = 104.5 ms; repetition time = 20
4 R-R intervals; 128 x 128 acquisition matrix; field of view 307 x 307 mm). The acquisition was
5 gated to the cardiac cycle using a digital pulse oximeter placed on participants' forefinger.
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14 ***Diffusion Tensor MRI Preprocessing***

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17 Diffusion tensor imaging data were preprocessed using ExploreDTI (www.exploredti.org)
18 and corrected for eddy current and motion artefacts through iterative correction to the four non-
19 diffusion weighted volumes. For each participant, the raw data set was examined in a slice-wise
20 manner to exclude subject movement during the scan. In compliance with the study protocol,
21 participants who generated corrupted images on more than two diffusion-weighted imaging
22 volumes would have been excluded. Seven participants had to be excluded after inspection. The b-
23 matrix was reoriented (Leemans and Jones, 2009), and the tensor was estimated using a non-linear
24 least square approach in StarTrack software (Jones and Basser, 2004, www.natbrainlab.com).
25 Tractography maps were generated, including fractional anisotropy (FA), mean diffusivity and
26 radial diffusivity. Whole brain tractography was performed by selecting all seed voxels with FA >
27 0.2. Streamlines were propagated using Euler integration (Basser et al 2000), and a step size of
28 1mm. The algorithm stopped tracking where FA < 0.2 or when the angle between two consecutive
29 tracking steps was > 35°. Finally, diffusion tensor maps and whole brain tractography were
30 exported to Trackvis (Wang et al 2007) for virtual manual dissection of the tracts, which was
31 performed with the assistance of a white matter atlas (Catani & Thiebaut de Schotten, 2012) and a
32 skilled anatomist (H.Howells).
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Figure S1. Associations between left Inferior Fronto-Occipital Fasciculus (IFOF) FA values and **(a)** CTQ physical neglect, **(b)** CTQ emotional neglect and **(c)** CTQ total score within the abuse group.



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