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From pattern classification to stratification: towards conceptualizing the heterogeneity of Autism Spectrum Disorder

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# **Abstract**

Pattern classification and stratification approaches have increasingly been used in research on Autism Spectrum Disorder (ASD) over the last ten years with the goal of translation towards clinical applicability. Here, we present an extensive scoping literature review on those two approaches. We screened a total of 635 studies, of which 57 pattern classification and 19 stratification studies were included. We observed large variance across pattern classification studies in terms of predictive performance from about 60% to 98% accuracy, which is among other factors likely linked to sampling bias, different validation procedures across studies, the heterogeneity of ASD and differences in data quality. Stratification studies were less prevalent with only two studies reporting replications and just a few showing external validation. While some identified strata based on cognition and intelligence reappear across studies, biology as a stratification marker is clearly underexplored. In summary, mapping biological differences at the level of the individual with ASD is a major challenge for the field now. Conceptualizing those mappings and individual trajectories that lead to the diagnosis of ASD, will become a major challenge in the near future.

# **Keywords**

Autism Spectrum Disorder, Machine learning, Pattern Recognition, Classification, Clustering,

Stratification, Biotypes, Precision Medicine

#### **Introduction**

Autism spectrum disorder (ASD) is a heterogeneous neurodevelopmental disorder with an estimated worldwide prevalence of about one percent (Elsabbagh et al., 2012). The diagnosis of ASD is based on behavioral symptoms such as impairments in social communication and interaction, and restricted and repetitive behaviors, interests and activities. The most recent DSM-5 (American Psychiatric Association, 2013) revision of the diagnostic criteria has dropped previously defined subtypes. Today, we have no effective pharmacological treatments for the core symptoms of ASD and most clinical trials fail (LeClerc and Easley, 2015). Two of the major reasons for this are that the biology(ies) of ASD are poorly understood (i.e. we lack treatment targets), and prior trials used an 'all comers' approach (i.e. gave the same treatment to all ASD individuals - though they likely vary considerably). Hence there has been increasing focus on the identification of biologically meaningful subcategories within the ASD phenotype (Amaral et al., 2008; Coleman, 2005; Ecker et al., 2015; Lombardo et al., 2019; Masi et al., 2017; Simonoff et al., 2008; Tang et al., 2018). There are three main types of heterogeneity that impact studies. First, different clinical symptom profiles can lead to the diagnosis of ASD (clinical heterogeneity). Second, different biological mechanisms may converge onto a common set of symptoms for ASD (biological heterogeneity). Third, different environmental factors, may modulate the expression of ASD (environmental heterogeneity). Largely due to these forms of heterogeneity, no current theory captures all aspects of ASD based on biological processes (Sanders, 2015). Therefore initiatives are essential, comprising increasingly larger cohorts of individuals with ASD to capture the variation in the biological and clinical characteristics across individuals (Di Martino et al., 2014; Loth et al., 2017; Szatmari et al., 2007).

In order to take advantage of increasingly large datasets, pattern recognition and machine learning methods are gaining more importance. Generally speaking these approaches can be summarized under the umbrella terms supervised and unsupervised learning. In the former, labels -for instance clinical diagnoses- are known and utilized to find an optimal decision rule. In the latter, the algorithm infers a decision on class membership by relying exclusively on the inherent structure of the unlabeled input data (Bishop, 2007; Hastie et al., 2009). Here, we use the term pattern classification to refer to supervised approaches that integrate biological and/or behavioral measures in order to extract a predictive pattern corresponding to the diagnosis of ASD. In contrast, we use the term stratification to refer to unsupervised approaches that use different sources of information to find meaningful substructures within the ASD phenotype.

A number of reviews on mental disorders have focused on one of these two approaches -pattern classification or stratification- (Andrews et al., 2018; Arbabshirani et al., 2017; Hahn et al., 2017; Huys et al., 2016; Marquand et al., 2016b; Orrù et al., 2012; Varoquaux, 2017; Wolfers et al., 2015). However, none has synthesized the utility of both approaches systematically. Therefore, we surveyed the literature on pattern classification and stratification methods in ASD using our previously published methods (Marquand et al., 2016b; Wolfers et al., 2015). In this scoping review, we contribute to the literature by focusing on pattern classification studies based on behavioral, neuroimaging, and other biological readouts in ASD. Earlier work mostly focused on one modality, usually brain imaging. In addition, we also included stratification studies and compared the two approaches on their utility to shape the future of ASD research. In doing so we i) provide an in-depth review of both approaches, ii) identify important common outcomes, iii) outline opportunities and shortcomings, and iv) present potential future directions for pattern classification and stratification approaches in ASD research and clinical practice.

#### **Methods**

#### *Scoping review*

We conducted a literature search on all studies that used pattern classification as well as stratification approaches in ASD. We defined pattern classification studies as those that predict ASD clinical diagnostic status either cross-sectionally or longitudinally on the basis of biology, cognition and/or behavior. Importantly, we only included studies that report out-ofsample predictions. In other words, a predictive model was trained on one part of the data and tested on another. Other statistical approaches that are validated within the same sample may describe biological factors underlying ASD but are not predictive at the individual level. Stratification studies were defined as those that aimed to identify meaningful clusters within ASD on the basis of biological, cognitive, behavioral or symptom measures. The search terms<sup>12</sup>, inclusion criteria and the number of studies that were reviewed are depicted in Figure 1. The search was concluded on the  $10<sup>th</sup>$  of April 2019.

[insert Figure 1]

#### *Pattern classification and stratification*

Pattern classification approaches on the basis of quantifiable biological readouts and behavior started gaining prominence in the ASD literature about 10 years ago. Since then many studies have been performed with the goal to predict ASD diagnosis. Similarly, stratifications on the basis of primarily behavior have gained more attention in the ASD literature in the last

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 $<sup>1</sup>$  Search term - pattern classification:</sup>

<sup>(</sup>Autism OR Autism spectrum disorder) AND (pattern classification OR machine learning)

<sup>2</sup> Search term - stratification:

<sup>(</sup>Autism OR Autism spectrum disorder) AND (subtyping OR stratification OR clustering)

decade. In this section, we briefly introduce the main categories by which we described and classified the existing literature. This classification scheme is kept throughout the text, tables, and figures.

#### *Modality and features*

In the present review, we classified studies based on the modalities they used to extract features from for their predictions. Modality refers to the type of biological readout. We cannot easily measure brain structure or function directly. Therefore, we rely on indirect measures, such as electroencephalography (EEG), magnetoencephalography (MEG), magnetic resonance imaging (MRI), cognitive and behavioral assessments and genetic measures. All these measures have unique advantages and disadvantages in assessing biological or psychological states. While, for instance, functional MRI allows us to image the brain even in deep subcortical nuclei of the brain, it has a poor temporal resolution (Dale and Halgren, 2001). In contrast, EEG has exceptional temporal, but poor spatial, resolution.

A feature is a characteristic that can be extracted from the data generated with a certain measurement modality and is used as input to any kind of algorithm. In the last decade, the predominant measures used for classification were biological features while stratification was primarily based on symptoms and cognition. Importantly, while most clustering algorithms require the measurements to be continuous or ordinal, some algorithms can deal with different types of variables measured on different kinds of non-continuous scales (Bishop, 2007). The engineering of novel features that can be extracted from all kinds of biological measurements is an important research topic as the biological relevance and reliability of this step often determines the predictability of ASD more substantially than the classifier itself.

#### *Classifiers and stratification algorithms*

Classifiers used for pattern classification range from simple linear models to more sophisticated nonlinear variants such as multilayer neural networks or Gaussian processes (Bishop, 2007). All these approaches were used in the reviewed literature. In simple terms, a classifier learns a rule, which separates the classes. The algorithms thus differ with regard to the method that determines this rule. In the following we shortly introduce the main algorithms. A Linear Discriminant Classifier (LDC), a classical linear model, is used to separate classes by maximizing the ratio of between-class to within-class variance. A Logistic Regression Classifier (LRC) is a probabilistic discriminant model that aims to learn an optimal decision rule by modelling the log-odds ratio as a linear combination of predictor variables. Under the Gaussian assumption (assuming that individuals within each class are distributed according to a Gaussian distribution), LDC and LRC are equivalent (Hastie et al., 2009). Both methods yield probabilistic predictions that a new case corresponds to a particular class and can be transformed into a class label. The Support Vector Machine (SVM) is an algorithm designed for binary classification that maximizes the margin between classes in a high dimensional space. Mathematically, the discriminant function is defined by a weight vector orthogonal to the decision boundary, which can be uniquely specified by the samples that lie closest to the decision boundary, referred to as support vectors. The decision boundary represents the rule for classification of new examples. A Gaussian Process Classifier (GPC) is a Bayesian extension of LRC, a probabilistic model often described as a distribution over functions. In contrast to SVM, the predicted class is augmented by an estimate of the certainty of the prediction. Based on Bayes's rule, the posterior distribution of functions on the training data is found by maximizing the negative log-likelihood. This posterior distribution is then used to classify new examples according to the rules of probability. Previous approaches typically utilize linear techniques for class boundary definitions, though non-linear extensions are possible. For example, Artificial Neural Networks (NN) are a broad class of algorithms that are inspired from biological neural networks (Rosenblatt, 1958). Generally, NNs consist of a set of artificial neurons that are trained by adjusting the weights connecting them and can be used for a range of pattern recognition tasks including classification. The learned relation of these artificial neurons represents the decision rule which is applied to make predictions for new examples. Deep learning is one prominent extension of the neural networks theory, which is characterized by many layers of artificial neurons (Lecun et al., 2015). In many fields, these networks outperform other algorithms (Silver et al., 2016), provided that sufficient training data is available (Jia Deng et al., 2009). This is a problem in neuroscience in which big-data is just emerging as the acquisition of a large number of samples is very challenging and costly (Miller et al., 2016).

With regard to stratification, there are two related types of approaches that have been used in ASD research, i) clustering and ii) finite mixture models (FMM). Clustering methods explore the data with the goal to identify clusters or subtypes within a dataset. The goal is to identify a partitioning of the data such that the samples comprising each cluster are more similar to one another than to samples assigned to the other clusters. Given this goal, these algorithms require a measure of similarity or distance to be defined (Xu and Tian, 2015). A simple clustering algorithm is the iterative 'K-means' approach (MacQueen, 1967). It involves two steps: (i) for each data point, find the closest cluster center according to for example the squared Euclidean distance and (ii) replace each cluster center with the coordinate-wise mean of all points assigned to it. These steps are iterated until the cluster assignments do not change. Kmeans is just one of the many methods that have been used in the literature (Hartigan and Wong, 1979). Generally, these algorithms differ in the way they operationalize class similarity or class difference (Xu and Tian, 2015; Xu and Wunsch, 2005). It is important to note that the results of the clustering method heavily depend on the assumptions of the algorithm chosen and the particular notion of similarity or distance that each algorithm implies (von Luxburg et al., 2012). Unfortunately, despite a proliferation of different algorithms for clustering, there is no way to tell unambiguously whether an algorithm performs better than any other as there is no universal metric that can adjudicate this. Finite mixture models are a broad class of probabilistic stratification approaches (Bishop, 2007). The models partition the data into a mixture of a given number of parametric distributions. For instance, a Gaussian mixture model describes the input data as a mixture of Gaussians (Bishop, 2007). Generally, these models work by estimating the number of components that are represented by a certain probability distribution and the algorithm estimates the mixing coefficients that determine the proportion that each component contributing to the mixture along with the parameters of each component distribution. A number of different models belong to the class of finite mixture models (Bratchell, 1987; Jobson, 1992; Vermunt and Magidson, 2002), that all have their own advantages and disadvantages. The performance evaluation of pattern classifications and stratification is generally quite different. Therefore, we discuss both approaches separately in the following two sections.

#### *Performance evaluation for pattern classification*

To estimate model performance on unseen data, usually, some form of data splitting is performed. The simplest, but least efficient way (Steyerberg et al., 2007), is to split the data into two parts, a training set used to develop a model, and a test set that is used for model validation. However, this limits the number of available samples for evaluation and the results are too dependent on the initial split. Hence, cross-validation is usually performed. As part of this, data are split into a number of parts, and the training and validation steps are repeated, each time leaving a different partition out as a test set. A special case where one subject is left out each time is called leave-one-out cross-validation. This method has an intuitive appeal (since most of the subjects can used for model training). However, it is less reliable than alternatives and so it is now not recommended (Varoquaux, 2017). Another method, that is less common in psychiatry research, is called bootstrapping. Here, the training samples are repeatedly selected with replacement from the original data.

In medicine, it is recommended that both diagnostic and prognostic models are probabilistic and are evaluated based on their calibration and discrimination (Collins et al., 2015). Calibration is defined as degree of agreement between the predicted probabilities of an event and its observed frequency (e.g. good calibration means that events that are predicted with 0.6 probability, if they happen 60% of the time). In contrast, discrimination is usually evaluated using the area under the receiver operating characteristic curve (ROC), where we compare the false-positive rate of a classifier relative to the true positive rate and which is equivalent to concordance probability in the case of a binary outcome. It can therefore be interpreted as the probability that a randomly selected participant from a specific group will be predicted to belong to this group with higher probability than a randomly selected person from another group. Evaluating models based solely on thresholded categorical predictions (i.e. accuracy, balanced accuracy, sensitivity, specificity), is usually not recommended, because categorical predictions are very crude and hide potentially clinically important information. It also moves the decision making from 'stakeholders' (e.g. clinicians or patients) to the data analyst - thus assuming that the appropriate decision threshold is known and constant across all situations the model can be applied to. It is important to note, however, that measures like ROC and balanced accuracy are not affected by relative class frequency or disease prevalence. Therefore, it is possible to have what is seemingly a high performing model that still produces a high number of false positive predictions. The reported performance measures varied across articles we have reviewed here. Despite its problems, accuracy was the most commonly reported performance measure. Therefore, we focused our review on accuracy. In studies where accuracy was not reported, we report the area under the curve.

#### *Performance evaluation for stratification*

Generally, stratification requires the user of most clustering algorithms to determine the number of clusters or components a priori. This has a substantial effect on the outcome of the algorithm as it determines its flexibility. Therefore, different heuristics and test procedures have been developed that can be used to determine whether a certain cluster solution is better than another, or if it is appropriate in the first place (Bratchell, 1987; Jobson, 1992; Vermunt and Magidson, 2002). However, all these methods rely on assumptions on the nature of similarity and they apply heuristics that can (and often do) fail. Therefore, there is no way of determining the optimal number of clusters with certainty (Bratchell, 1987). Consequentially, it is essential that identified stratifications are replicated (e.g. to assess the stability of the cluster solution) and validated (e.g. to assess clinical plausibility) to be meaningful. This is not straightforward and specific steps need to be taken. Moreover, it is important to note that those steps (while important) might not be sufficient for all kinds of stratification(s). First, the number of clusters should be replicated in an independent dataset that includes the same kind of variables. If this replication is successful, the clusters should then be validated against variables that are of interest but have not been part of the clustering procedure. In the case of clinical validation, one would be interested in a certain outcome measure that is predictive of long-term assessment of quality of life for instance. In an ideal world emerging clusters boil down to reliable subtypes and are externally validated against those clinical measures. In the real world, however, this is often impossible (as the number of datasets available with identical measures is limited). In the present article we reviewed the literature on those validation criteria.

### **Results**

#### *Pattern classification of ASD*

For the section of this review, we characterized the pattern classification literature on ASD in detail based on biological, cognitive and behavioral factors. We included a total of 57 ASD studies for detailed review and condensed the most salient features of those studies in Figure 2. In the following, we review some of the most prominent findings of those studies.

One of the first studies in which ASD was predicted was based on structural brain measures, used a SVM approach, and reported promising results with accuracies of up to 86% (Ecker et al., 2010b, 2010a). Subsequently, several other studies also reported accuracies that were up to 90% and higher, and these were based on structural MRI, resting state MRI, and other imaging modalities (Ahmadlou et al., 2010; Jiao et al., 2010; Uddin et al., 2011). These initial results were also backed up by follow-up publications showing similarly high accuracies, indicating that it was possible to discriminate ASD from healthy individuals (Table1), and in some cases from those with other neurodevelopmental disorders (such as ADHD). After about three years, the sample size of pattern classification studies increased from around 50 individuals with ASD to more than 300. One study that represents a shift in the literature performed a classification of 325 individuals with ASD using structural MRI (Sabuncu and Konukoglu, 2014). They reported, however, that ASD could only be predicted with an accuracy of 60%. Since this was a multisite study, scanner 'noise' might be an important factor influencing the lower accuracies. Nonetheless, the prior smaller studies might have been prone to cross-validation failure (Varoquaux, 2017) and a stronger publication bias. For example, a non-surprising finding in a small sample is less likely to find its place in the literature than the same finding in a large sample. Furthermore, larger samples also imply that more of the intrinsic heterogeneity of both non-autistic and individuals with ASD is sampled. This results in a larger overlap between groups and lower accuracies during classification. In one of the largest multi-site studies on ASD to date (using the ABIDE sample) showed that with increasing sample sizes, inter-site prediction approached intra-site predictions with the highest accuracies of around 67% (Abraham et al., 2017). Therefore, increasingly larger sample sizes may allow for the identification of more robust decision functions. While diagnostic predictions were important in determining the predictability of ASD on the basis of biological measures, there are increasing reports from longitudinal studies of 'at-risk' infants (Hazlett et al., 2017; Shen et al., 2017) with promising (but mixed) predictive accuracies ranging from 94% and 69% for the development of ASD. Although, this performance is too low and unreliable for clinical translation at this stage, those studies hold the potential for the identification of signatures indicative for the development of ASD very early in life.

In summary, predictive accuracies are variable across studies from about 60% to 98% dependent on features, cross-validation, and sampling. Structural and functional MRI predictions of ASD are over-represented in comparison with diffusion MRI, EEG, behavior and multimodal data-based classifications (Figure 2). The accuracies dropped with sample size and the predictions are usually not calibrated by the base-rate of the diagnosis with ASD. Crosssectional prediction studies are the most prevalent, and only recently have longitudinal prediction studies allowed the assessment of ASD trajectories.

[insert Figure 2]

[insert Table 1]

#### *Stratification of ASD*

For this section of this review, we inspected the stratification literature on ASD in detail based on biological and behavioral factors. We included a total of 19 studies and reported the most salient features of those studies in Figure 2. In the following, we review some of the most prominent findings of those studies.

About ten years ago the first research on stratification of ASD was performed (Bitsika et al., 2008; Munson et al., 2008). One of the most prominent clustering approaches is hierarchical clustering. Generally, the number of identified clusters was independent of the respective features on which stratification was based and ranged from three to six across all papers reviewed (Table 2, Figure 2). There was no clear association between the applied stratification method and the number of resulting subgroups. The sample size ranged from about 100 participants to studies that included more than 4000 individuals with ASD (Table 2). The measures that were mostly used for stratification were either symptom scores or cognitive measures, while only a few included sensory processing or biological variables (Lane et al., 2010; Sacco et al., 2012). While the etiology of ASD is likely in large parts biological (Abrahams and Geschwind, 2008) the inclusion of biological information for stratification appeared in 2018 for the first time. Some studies also included a range of different measures for the purpose of stratification; however, in general this did not include biological information such as genetic or brain imaging measures. Of the 19 reviewed studies only two studies replicated the identified clusters in independent samples (Lombardo et al., 2016; Veatch et al., 2014) and about half of the studies did not validate the identified clusters externally. While it is difficult to synthesize common results across stratification studies due to the factors discussed above, there are a few common outcomes. First, a large proportion of the reviewed studies show at least one subgroup that is characterized by decreased cognitive performance or intelligence (Table 2). More importantly, there are only a few studies that report biological subtypes and these subtypes do not seem to converge (Table 2). This highlights the need for more systematic investigation into biological subtypes of ASD. Further, while many samples include individuals with comorbidities on top of a primary diagnosis with ASD, the majority of studies neglected other disorders. This is a limitation for the identification of transdiagnostic clusters that may map better onto biology than clusters constrained by boundaries due to current psychiatric classification which is mostly based on symptoms. Finally, while with increasing sample size the accuracy reported in pattern classifications studies decrease, in stratification studies the reported number of clusters increase. With increasing sample size, one is more likely to sample the large variety of individuals with ASD, so that in larger samples the number of strata or subtypes would increase. This review provides first evidence for this observation (Figure 2).

In summary, the body of literature on stratification approaches is considerably smaller than that on pattern classification approaches on ASD. While the number of identified subgroups differs between studies, the measures utilized for stratifications focused primarily on symptom scores or cognition. Biological measures were largely neglected. Most studies did not independently replicate their findings and about half did not validate their results externally (Figure 2). While these limitations are the core theme across studies, a large proportion of studies also report a subgroup of individuals with ASD characterized by low cognitive performance or intelligence. In line with the debate on heterogeneity of the ASD phenotype we provide first evidence that with increasing sample size the number of clusters reported for ASD increases.

#### [insert Table 2]

#### **Discussion**

In this scooping review, we surveyed the literature on pattern classification and stratification studies on ASD. With increasingly larger samples being made available for analysis, these methods will determine whether we can eventually translate 'big data approaches' into clinical practice. We observed variable accuracies across studies dependent on the selection of features, cross-validation strategy, sampling and differences in data quality. Structural and functional MRI predictions are overrepresented in comparison with diffusion MRI, EEG, behavior, and multimodal classifications. Cross-sectional prediction studies are the most prevalent, and only recently longitudinal studies on high-risk samples allow for the assessment of ASD trajectories in a predictive framework. With respect to stratification methods applied to ASD, the number of identified ASD subgroups differ substantially and symptom scores or cognition were usually the basis of these approaches. This may be a consequence of the high heterogeneity of the ASD phenotype or sensitivity of resulting clusters on arbitrary user-defined clustering parameters. Therefore, clustering methods require further development and need to be more user independent. Generally, the sample size of most stratification studies is large, suggesting that the intrinsic clinical, biological and environmental heterogeneity of the ASD phenotype was captured. That said, biological measures gained momentum in those studies only very recently. This is important, as a stratification on the basis of symptoms in the case of ASD is not sufficient. The emerging subgroups are too heterogeneous and often not reproducible. Therefore, we need to be able to identify clusters that map better onto biology. Cluster approaches based on genetics are being adapted for the stratification for ASD and are expected to gain importance as they did in other medical disciplines (Hofree et al., 2013; Kim et al., 2018). In the following, we discuss in detail the evolution of those two approaches and what we can learn from for the past and present for the future of these approaches in the context of ASD research.

# *The past of pattern classification and stratification in ASD research*

ASD has been investigated using both approaches. Especially, in the early days pattern classification approaches received a lot of attention when on the basis of biological measures, the prediction of ASD was possible with relatively high accuracies of more than 80% (Table 1). Considerable resources have since been spent on identifying biological signatures. However, over time it has become increasingly apparent that earlier studies may have overestimated the 'real' predictability of ASD. This was likely largely due to (for example) sampling biases (Wolfers et al., 2015), cross-validation failures (i.e. cross-validation overestimates the generalizability of an algorithm in comparison to using a test set (Varoquaux, 2017), less heterogeneity in smaller studies, and potentially also publication bias. With increasing sample size, the reported performance drops across studies (Figure 2). Nonetheless, a recent study reported an increase samples size that led to better learning (Abraham et al., 2017) - suggesting that larger samples will allow for the estimation of more complex decision functions that allow us to capture the complex phenotype of ASD with a single decision function. While this debate is not over, we suggest that the more important challenge is to parse the heterogeneity within ASD.

While pattern classification algorithms have been applied to ASD for more than ten years, stratification studies are much less prevalent in ASD research. This may be due to the fact that stratification is a more difficult problem. For instance, replication and external validations become more important in unsupervised learning problems (Marquand et al., 2016b; Schwenker and Trentin, 2014). In other words, subgroups must be validated against an external estimate such as the course of ASD and these variables are usually not readily available. Furthermore, many studies were simply not similar enough in terms of acquisition procedures, protocols, and variables to allow for replication. Last, the biology of potentially emerging subtypes needs to be mapped. While pattern classification was often based on biological factors, stratification studies largely neglect this information. Instead, symptom counts or cognitive measures were fed into a clustering schema. This is in line with the longstanding stratification efforts of ASD based on symptom profiles, which however has shown limited success. Therefore, it may be possible to improve clustering efforts by including biological variables into the stratifications and at the same time using a more systematic way of replicating and validating emerging subgroups. Generally, these improvements require the acquisition of large samples which can be validated against external measures such as course and developmental outcomes.

In summary, i) pattern classification approaches show promise but clinical applicability has not been reached, ii) stratification approaches have not yet robustly detected subgroups for ASD and/or shown how well they map onto underlying biology(ies).

#### *The present of pattern classification and stratification in ASD research*

Pattern classification and stratification approaches for ASD are affected by general trends in the field today. In the following, we discuss major developments and how pattern classification and stratification approaches can contribute.

The analysis of increasingly larger samples is a general mantra across different fields. Therefore, we expect the acquisition of even larger samples and pooling of data across studies (Van Rooij et al., 2018). In genetics, for instance, this has led to the identification of common risk variants for many major mental disorders, among others ASD (Lee et al., 2013). While those studies report robust group level differences with small effect sizes, it is unclear if those differences translate toward individual predictions. After all we treat and care for individuals, not averages or groups. Piling up data and building more advanced classifiers, might allow for the learning of very complex decision functions potentially resulting in more optimal classifications of individuals with ASD (Abraham et al., 2017). Therefore, we see considerable investments into more advanced classification approaches based on, for instance, deep learning (Lecun et al., 2015). Earlier studies using deep learning with neuroimaging data have shown good classification accuracy in small samples (Heinsfeld et al., 2018; Vieira et al., 2017), however, there is no confirmed benchmark in large datasets. A recent prediction challenge of the complex phenotype intelligence suggests that the benefit of deep learning on neuroimage data for improving performance is marginal or non-existent<sup>3</sup>, pointing towards a degree of overfitting in smaller imaging studies on complex traits such as ASD. Considering that we are predicting a highly heterogenous and comorbid disorder, predicting diagnostic status is not sufficient. Therefore, the prediction of the course of ASD which is clinically more meaningful gains further momentum. Research on neonates at risk for development of ASD (Hazlett et al., 2017; Shen et al., 2017) might in particular benefit from applications of pattern classification approaches that can predict their developmental trajectories.

While these developments will remain important, we anticipate that the larger challenge concerns the heterogeneity of ASD. We can clearly observe that classification of ASD tends to decrease with increasing sample size (Figure 2), although the reasons for it are not entirely clear. It may be that the biological overlap of ASD with a healthy population increases when both are sampled more representatively. Therefore, we expect that stratification approaches become more important. The identification of meaningful subgroups within the ASD diagnosis is a very challenging task and requires larger samples that optimally reflect the biological diversity of patients. While this is an important step, it is still only the first, replication of emerging strata is equally important as is validation. Today, most studies do not provide replications, especially when the identified strata are based on biology. Only one study has successfully replicated the cognitive subgroups of ASD (Lombardo et al., 2016) in an independent sample. Note that biology did not play any role in this study. Therefore, we anticipate that replications and biological stratifications of ASD will become important.

We identified three major trends today: i) increasingly larger samples might allow for the training of more complex algorithms. ii) Pattern classification is more focused on predicting the course of individuals at risk for ASD rather than the diagnosis itself. iii) Stratification methods are gaining more importance in comparison with pattern classification. While

 <sup>3</sup> https://sibis.sri.com/abcd-np-challenge/

systematic replication of potentially emerging subtypes is still ahead of us, we anticipate that the identification of meaningful subtypes will gain much more momentum in the near future as well as assembling appropriate datasets for replication and validation.

#### *The future of pattern classification and stratification in ASD research*

Here, we outline major trends in the field that might shape our understanding of ASD suggesting potential novel applications for pattern classification and stratification approaches.

First, increasingly larger samples are and have been acquired with the goal to improve our understanding of ASD. For instance, longitudinal large-scale studies are emerging that capture the heterogeneity of the ASD phenotype to a fuller extent (Di Martino et al., 2014; Loth et al., 2017). These samples contain biological and behavioral readouts acquired with novel methods and provide information across a large number of individuals and biological layers. In order to integrate all this information in a meaningful way, novel methods that are geared toward big-data will become more important (Calhoun and Sui, 2016; Groves et al., 2011; Wolfers et al., 2017). In a recent study, we show that such an integration approach can identify multimodal brain structures relevant to describe complex behaviors biologically (Arenas et al., under review), which are relevant in ASD. Generally, the field is characterized by the emergence of novel methods that allow us to extract features across biological readouts. In this context deep learning might gain more prominence as it allows for the automatic construction of features (Lecun et al., 2015). We expect that those techniques introduce features that have a clearer biological foundation and, therefore, might shape a better understanding of ASD in the near future.

Second, we expect that the limitations of clustering approaches become more apparent and that novel approaches such as normative modelling (Marquand et al., 2016a; Wolfers et al., 2018; Zabihi et al., 2019) will gain more momentum. As mentioned earlier, clustering of the ASD phenotype is primarily based on behavioral data, symptom profiles and only recently includes genetics, and/or brain imaging data as the basis to identify subgroups. All reported studies have similar limitations, such as the predefined number of clusters, which is usually an arbitrary choice, or a lack of external validation of the prospective subtypes. Further, clustering algorithms always give a result, and they usually do not test the null hypothesis that there may be no clusters in the data at all (Liu et al., 2008). Only a few studies have performed extensive out-of-sample validations. One study that generated considerable attention mapped symptom counts on resting state data (Drysdale et al., 2017) in depression. In this way, the researchers identified two dimensions, which formed the basis for hierarchical clustering. The researchers identified four subgroups for depression, which were subsequently validated extensively. While the number of external validations was impressive, the clusters identified seem arbitrary, as individuals might simply be described along two identified continuous dimensions without utilizing clustering at all. In a recent attempt to reproduce the main results of the paper in an independent sample, limitation of this approach became apparent (Dinga et al., 2019). Those pertain the utilization of clustering and the application of statistical methods as well as the replicability of the cluster solutions. In line with this observation, our results, obtained on ASD, ADHD, Bipolar Disorder and Schizophrenia (Wolfers et al., 2019, 2018; Zabihi et al., 2019), show that inter-individual differences between patients with the same diagnosis are extreme. With respect to ASD, we mapped its heterogeneity in terms of brain structure at the level of the individual (Zabihi et al., 2019). In this way we showed that ASD is more variable than anticipated and that many individuals with this disorder have patient-specific deviations from the healthy range, suggesting that each person with this diagnosis is quite different from one another. Note that only a subset of patients showed deviations from an expected normal pattern, and many other patients had a neuroanatomical profile that overlapped with the healthy range. The deviating participants were in many cases quite extreme, which suggests a possible reason for inconsistencies in case-control studies (Bethlehem et al., 2018). Therefore, the description of patients on the group level is certainly not sufficient, a cluster level description may not be refined enough to capture the complexity of ASD, which may, in fact, be relatively patient specific. For these reasons, we expect that approaches which can describe the individual patient will gain moment in the near future.

Third, in line with the previous arguments, we expect that research initiatives, which suggest an approach to investigate ASD through systematic research across cognitive domains and levels of biological description will gain further relevance. A prominent approach would be the Research Domain Criteria (RDoC) approach (Insel et al., 2010). While RDoC has a number of problems (Weinberger and Goldberg, 2014), we think that a systematic characterization of individuals across different behavioral, cognitive and biological domains is important in addition to moving beyond a classical clustering and subtyping approach. Concretely, we expect that phenotypic instruments capturing different aspects of biology from large populations cohorts will be used to describe biological processes in the general population. These processes can subsequently be captured in a normative modelling framework to build reference panels across biological, cognitive and behavioral domains to map individual differences in ASD. Provided that it makes sense to stratify ASD based on biology, we can chart variation in brain systems. For this effort to be successful we need to acquire samples of patients that captures the full heterogeneity of the ASD and related disorders and that can be placed with respect to variation in population reference samples. If clinical studies included only individuals with ASD without co-occurring psychiatric disorders/symptoms these stratification efforts would inherently be limited by the categorial divisions that are imposed through the current psychiatric (i.e. DSM) classification scheme. Therefore, stratification studies might miss biologically meaningful groups, because they start off with categorical boundaries that may have limited biological relevance as can also be observed in large scale cross-disorder work, showing considerable biological overlap across disorders (Lee et al., 2013). A way forward would be to analyze individuals with multiple different disorders together by circulating those individuals, thus not groups, around a population reference (Marquand et al., 2019). In this way we do not preselect any group neither the healthy nor the disordered to uncover biologically meaningful strata independent of current psychiatric classifications. We expect that these developments will take effect in the near future.

In summary, we expect that the future of ASD research with respect to pattern classification and stratification approaches will be characterized by a few main developments. Pattern classification approaches remain very important for the integration of information in order to extract novel predictive biological signatures. This is important especially for outcome predictions in babies and toddlers at risk for ASD and the prediction of the developmental course of the individual. While studies will further increase in sample size we anticipate that clinical utility of diagnostic predictions based on biology will not be reached and instead stratification approaches will gain further importance. Furthermore, we foresee that the field will move beyond stratification approaches towards the conceptualization of heterogeneity within ASD and across other cooccurring disorders at level of the individual.

#### **Conclusion**

Pattern classification approaches have extensively been used in research on ASD in the last ten years. While initial studies showed promising results, it has not been possible to predict ASD to a degree that translated to clinical practice. This is probably at least partly due to its heterogeneity. While larger samples might allow us to improve our predictions further, we foresee that the predictions at the individual level will remain challenging. Instead, in the future, we will see more efforts to disentangle the heterogeneity of ASD. Further, we expect that it will become increasingly important to predict the developmental trajectories of individuals with ASD, especially in preverbal infants who are at risk of developing ASD. Therefore, there will be more effort directed to those at-risk populations. We anticipate that the biological foundations even in those restricted groups are large and that stratification approaches will be vital here as well. Based on recently emerging work we think that ASD is going to be best described mechanistically at the level of the individual. Therefore, we expect that mapping individual differences using, for instance, normative models will be an important step toward precision medicine in ASD research and eventually clinical practice.

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# **Tables**

Table 1: Pattern classification studies of ASD









Note: TDC = typically developing controls. ASD = Autism spectrum disorder. ASD-sibs = siblings of individuals with Autism spectrum disorder. age-years: we report the age in years and its standard deviation. sex-male: the percentage of males with male-sex. \*age range instead of mean and standard deviation are reported. # the reported accuracy.

#### Table 2: Stratification studies of ASD





# **Figures**

# Figure 1<br>Search strategy and method of selection



The selection process of the studies, inclusion criteria, the number of studies screened and selected, the search term and the date of the search are depicted.



**Figure 2**<br>Overview of pattern classification and stratification studies

A: The classification accuracy for Autism Spectrum Disorder (ASD) on the y-axis and the number of patients in the study on the x-axis. We observe a trend towards decreasing accuracy with increasing sample size. B: The number of studies that base their predictions on different data modalities. C: The number of studies that made cross-sectional versus longitudinal predictions. D: The number of identified clusters for Autism Spectrum Disorder (ASD) on the y-axis and the number of patients in the study on the x-axis. We observe a trend towards increasing number of clusters with increasing sample size. E: The number of studies that base

their stratifications on different data modalities. F: The number of studies replicate and validate their cluster solutions.