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β -catenin promotes endothelial survival by regulating eNOS activity and flow-dependent anti-apoptotic gene expression

Virginia Tajadura¹, Marie Haugsten Hansen¹, Joy Smith¹, Hannah Charles¹, Matthew Rickman², Keith Farrell-Dillon¹, Vasco Claro¹, Christina Warboys^{2,3*} and Albert Ferro^{1*}

¹*School of Cardiovascular Medicine & Sciences, British Heart Foundation Centre of Research Excellence, King's College London, London SE1 9NH, UK*

²*Department of Bioengineering, Imperial College London, London, SW7 2BP, UK*

³*Department of Comparative Biomedical Sciences, Royal Veterinary College, London, NW1 0TU, UK*

*Joint corresponding author

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Correspondence to:

Albert Ferro, School of Cardiovascular Medicine & Sciences, British Heart Foundation Centre of Research Excellence, King's College London, London SE1 9NH, UK
Phone: +44(0)20 7848 4283 E-mail: albert.ferro@kcl.ac.uk

OR

Christina Warboys, Department of Comparative Biomedical Sciences, Royal Veterinary College, London NW1 0TU, UK
Phone +44 (0)203 905 4790 E-mail cwarboys@rvc.ac.uk

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1 **Abstract**

2 Increased endothelial cell apoptosis is associated with the development of atherosclerotic
3 plaques that develop predominantly at sites exposed to disturbed flow. Strategies to promote
4 endothelial cell survival may therefore represent a novel therapeutic approach in
5 cardiovascular disease. Nitric oxide (NO) and β -catenin have both been shown to promote cell
6 survival and they interact in endothelial cells as we previously demonstrated. Here we
7 investigated the physiological role of β -catenin as a mediator of NO-induced cell survival in
8 endothelial cells. We found that β -catenin depleted human umbilical vein endothelial cells
9 (HUVEC) stimulated with pharmacological activators of endothelial NO synthase (eNOS)
10 showed a reduction in eNOS phosphorylation (Ser1177) as well as reduced intracellular cyclic
11 guanosine monophosphate (cGMP) levels compared to control cells in static cultures. In
12 addition, β -catenin depletion abrogated the protective effects of the NO donor, SNAP, during
13 TNF α - and H₂O₂-induced apoptosis. Using an orbital shaker to generate shear stress, we
14 confirmed eNOS and β -catenin interaction in HUVEC exposed to undisturbed flow (UF) and
15 disturbed flow (DF) and showed that β -catenin depletion reduced eNOS phosphorylation. β -
16 catenin depletion promoted apoptosis exclusively in HUVEC exposed to DF as did inhibition
17 of soluble guanylate cyclase (sGC) or β -catenin transcriptional activity. The expression of the
18 pro-survival genes, Bcl-2 and survivin was also reduced following inhibition of β -catenin
19 transcriptional activity, as was the expression of eNOS. In conclusion, our data demonstrate
20 that β -catenin is a positive regulator of eNOS activity and cell survival in human endothelial
21 cells. sGC activity and β -catenin-dependent transcription of Bcl-2, survivin, BIRC3 and eNOS
22 are essential to maintain cell survival in endothelial cells under DF.

23

1 Introduction

2 Apoptosis is implicated in a number of cardiovascular diseases, in particular the development
3 and progression of atherosclerosis, plaque rupture, ischaemia reperfusion injury and heart
4 failure¹. Increased endothelial cell (EC) apoptosis is associated with the development of
5 atherosclerotic plaques², vascular injury³ and raised vessel permeability⁴. Strategies to
6 promote cell survival may therefore be important in reducing cardiovascular disease.

7

8 Atherosclerosis is characterised by dysfunction of the vascular endothelium which is
9 associated with reduced bioavailability and bioactivity of nitric oxide (NO)⁵. Endothelial NO
10 synthase (eNOS), the main vascular source of NO, confers protection from cardiovascular
11 disease⁶, through a number of mechanisms including inhibition of EC apoptosis^{7,8,9,10,11}.
12 Similarly, laminar shear stress prevents TNF α and H₂O₂-induced apoptosis and this effect is
13 dependent on eNOS activity⁹. NO has previously been shown to inhibit apoptosis at several
14 levels; via S-nitrosylation of caspases^{8,12}, increased expression and stability of Bcl-2 by
15 destabilization of MKP-3 mRNA¹³ and inhibition of JNK signalling pathways^{7,14}. Recently we
16 identified β -catenin as a novel eNOS binding partner in human umbilical vein EC (HUVEC)
17 and showed that pharmacological activation of eNOS, acting through sGC and cGMP,
18 promotes nuclear translocation of β -catenin and transcription of some β -catenin target genes
19 providing evidence of a novel signalling axis in EC¹⁵.

20

21 β -catenin is a component of the adherens junction, linking VE-cadherin to the actin
22 cytoskeleton, where it plays an important role in the dynamic regulation of endothelial
23 permeability¹⁶. Non-junctional (cytosolic) β -catenin is rapidly degraded under resting
24 conditions by interacting with an inhibitory complex comprised of APC, axin and GSK-3 β that
25 phosphorylates β -catenin and targets it for ubiquitin-mediated degradation¹⁶. Cytosolic β -
26 catenin can be stabilised by canonical and non-canonical Wnt signalling pathways and, as
27 recently established, by NO-cGMP signalling¹⁵, whereby dephosphorylated (active) β -catenin

1 accumulates and translocates to the nucleus where it regulates gene expression through its
2 interaction with TCF-LEF transcription factors¹⁶. A subset of β -catenin target genes are
3 associated with anti-apoptotic (cell survival) functions raising the possibility that NO may
4 promote cell survival through transcriptional activation of β -catenin.

5

6 Here we sought to assess the role of β -catenin in eNOS signalling and the physiological role
7 of the NO-cGMP- β -catenin axis on apoptosis in EC under disturbed (atheroprone) or
8 undisturbed (atheroprotective) flow.

9

10

11 **Materials and methods**

12

13 ***Cell culture, transfection and application of shear stress***

14 HUVEC were purchased from Promocell as pools from several donors and cultured in
15 Promocell Endothelial Cell Growth Medium (containing 2% FCS). Cells were cultured at 37°C
16 and 5% CO₂ and confluent HUVEC at up to passage 6 were used for experiments. Human
17 aortic endothelial cells (HAEC) from single donors were purchased from Promocell and
18 cultured on fibronectin in Endothelial Growth Medium MV (Promocell). HAEC were used up to
19 passage 6. Mouse pulmonary endothelial cells (MPEC) were cultured as previously
20 described¹⁵. Culture media was supplemented with 100 U/ml penicillin and 100 μ g/ml
21 streptomycin. Antibiotic free media was used for the cell assays and added before application
22 of flow (see below) and/or before a treatment was added. At least 3 different biologically
23 independent cell batches were studied for each experiment.

24

25 RNA interference was performed using siRNA sequences specific for human target genes.

26 Non-targeting scrambled sequences were used as a control. HUVEC were transfected with

27 siRNAs (100nM) using Lipofectamine RNAiMAX (Invitrogen) in serum-free media (Optimem,

1 Invitrogen) without antibiotics. Medium was changed to growth medium 16 h after transfection.
2 Scrambled control and β -catenin siRNA pool was purchased from Ambion and Santa Cruz
3 respectively.

4
5 For assays in which application of flow was required, an orbital shaker was used. EC were
6 seeded at passage 3-7 onto fibronectin-coated 6-well plates. Where experiments required
7 immunostaining, EC were seeded onto fibronectin-coated glass-bottom plates (In vitro
8 scientific). Once monolayers were confluent (after 24-48hrs), media was changed and the 6-
9 well plates were placed onto an orbital rotating platform (Grant Instruments) housed inside the
10 incubator and cultured for a further 72 h. The radius of orbit of the orbital shaker was 10 mm
11 and the rotation rate was set to 150 rpm which caused swirling of the culture medium over the
12 cell surface that creates distinct flow patterns at the centre and edge of the well; cells at the
13 edge are exposed to undisturbed uniaxial flow (UF) whereas cells at the centre are exposed
14 to disturbed, multidirectional flow (DF)¹⁷.

15
16 For transfection of HUVEC for flow experiments, immediately prior to seeding into 6-well
17 plates, HUVEC were transfected with 100nM MISSION® pre-designed and validated siRNA
18 targeting β -catenin (Sigma) or 100 nM scrambled control (Ambion) by electroporation.
19 Electroporation was carried out using a Neon™ Transfection System according to
20 manufacturer's instructions. Cells were seeded at a density of 1×10^5 cells per well and cultured
21 under static conditions for ~6h to allow cells to adhere and become confluent before exposure
22 to flow using the orbital shaker method. For analysis of protein expression, 3 wells were pooled
23 for each flow condition. Knockdown of target proteins was confirmed by western blot for each
24 experiment.

25
26 EC were exposed to disturbed or undisturbed flow for 72h using an orbital shaker (150rpm;
27 Grant Instruments) housed inside the incubator^{17,18}. At least 3 different biologically
28 independent cell batches were studied for each experiment.

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Cell lysis, fractionation and western blotting

Cells were lysed in ice-cold RIPA buffer (1% Triton-X 100, 1% sodium deoxycholate, 2.5 mmol/l ethylenediaminetetraacetic acid (EDTA), 100 mmol/l NaCl, 20mmol/l Tris-base; pH 7.4) supplemented with protease and phosphatase inhibitor cocktails (Roche). Lysates were incubated on ice for 45 min, then centrifuged for 10 min at 16,000g to separate soluble from insoluble fractions.

Cell surface and cytosolic extracts were separated from nuclear. Cells were scraped, washed with phosphate-buffered saline (pH 7.4), resuspended in hypotonic buffer (10 mM Hepes (pH 7.9), 1.5 mM MgCl₂, 10 mM KCl, 0.2 mM phenylmethylsulfonyl fluoride, and 0.5 mM dithiothreitol), and allowed to swell on ice for 10 min. After that 1% NP40 was added and the cells were homogenized with a syringe and needle and vortexed for 2 min. The nuclei were separated by spinning at 3300g for 5 min at 4 °C. The supernatant was used as soluble cytoplasmic/membrane extract. The nuclear pellet was extracted in nuclear extraction buffer (20 mM Hepes (pH 7.9), 100mM NaCl, 1.5 mM MgCl₂, 1% Triton, 1 mM EDTA, 1 mM EGTA, 10% glycerol, 0.5 % deoxycholate, 0.1% SDS with protease and phosphatase inhibitor cocktails (Roche)) for 30 min on ice and centrifuged at 12,000g for 30 min. The supernatant was used as a nuclear extract.

Soluble nuclear and cytoplasmic/membrane protein lysates were analysed by SDS-PAGE and immunoblotting. Bound antibodies were visualised with horseradish peroxidase-conjugated anti-IgG antibodies and enhanced chemiluminescence substrates (Thermo Scientific). Antibodies for western blotting were obtained from the following sources: anti cleaved caspase 3, total caspase 3, β -catenin, eNOS, eNOS phosphoS1177, Calnexin, cIAP1, TBP (Cell Signalling), β -catenin, active β -catenin, VE-cadherin, eNOS phosphoS635, eNOS phosphoS114 (BD Biosciences), NOS3, PDHX and GAPDH (Santa Cruz).

1 **cGMP ELISA**

2 Lysates were extracted by addition of 0.1 mol/L HCl supplemented with 1 mmol/L 3-isobutyl-
3 1-methylxanthine. cGMP concentration was assessed following acetylation using Cyclic GMP
4 EIA Kit (Cayman Chemicals) according to the manufacturer's instructions. Resulting cGMP
5 concentrations were normalized to protein content per sample.

6

7 ***Immunostaining and confocal microscopy***

8 HUVEC on fibronectin-coated glass plates (In vitro scientific IBL) were fixed with 4%
9 paraformaldehyde solution for 20 min, permeabilized with 0.1% Triton X-100 in PBS for 5 min
10 and blocked with 5% BSA in PBS for a further 30 min. Cells were incubated overnight at 4°C
11 with anti-cleaved caspase 3 antibody (cell signalling), active β -catenin (BD biosciences) or
12 VE-Cadherin (BD Biosciences) or active β -catenin (Millipore) and/or 4',6-diamidino-2-
13 phenylindole (DAPI) to stain nuclei. Images were generated with a Nikon Spinning disk
14 confocal microscope using a 20x objective and Nikon software. The percentage of cleaved
15 caspase 3 positive cells was calculated in at least 16 randomly selected fields of view for each
16 condition, covering approximately 2000-4000 cells to estimate the level of apoptosis.

17

18 ***En face staining of mouse aortas***

19 All procedures were conducted in accordance with the Directive 2010/63/EU of the European
20 Parliament on the protection of animals used for scientific purposes, as enforced by national
21 legislation, the UK Animal (Scientific Procedures) Act 1986 (as amended), under authorisation
22 of the UK Home Office (Project License No. 70-8934). Male, 8-week-old C57BL/6J mice were
23 purchased from Charles River Laboratories (Harlow, UK), maintained on a 12-hour day/night
24 cycle, and fed a standard breeding/maintenance chow ad libitum (RM3, Special Diets
25 Services, UK) for two weeks prior to tissue harvest. Mice were terminally anaesthetised with
26 an overdose of pentobarbitone (120 mg/kg i.p.) then perfused transcardially with an ice-cold
27 0.9% saline, 100 U/ml heparin solution, followed by ice-cold 4% paraformaldehyde (Parafix,
28 Pioneer Research Chemicals Ltd, UK). Aortas were removed intact from the heart to the renal

1 bifurcation, further post-fixed in 4% paraformaldehyde at 4°C overnight, then micro-dissected
2 under a stereomicroscope in 0.1 M phosphate buffered saline to produce en face preparations.
3 Co-localization of eNOS (C-20; Santa Cruz) and β -catenin (BD biosciences) was visualised in
4 EC from wild type C57BL/6 mice by *en face* staining of susceptible (inner curvature) or
5 protected (outer curvature) regions of the aorta followed by laser scanning confocal
6 microscopy. Nuclei were stained with DAPI.

7

8 ***Proximity ligation assay***

9 Proximity ligation assays were carried out using a Duolink *In-Situ* Detection Kit as previously
10 described¹⁵. HUVEC were cultured in 6-well plates until confluent and subjected to flow for 72
11 h using an orbital shaker. Following flow exposure, cells were fixed with 4% paraformaldehyde
12 then permeabilized with 0.5% Triton®X-100. In situ proximity ligation assay (PLA) was carried
13 out using rabbit anti-eNOS and mouse anti- β -catenin primary antibodies in combination with
14 Duolink In Situ Red Detection Kit (Sigma). PLA was carried out according to the
15 manufacturer's instructions. Afterwards cells were washed to eliminate excess of reagents
16 and cells were counterstained with 4',6-diamidino-2-phenylindole (DAPI) and VE-Cadherin
17 (BD Biosciences) to visualize cell junctions and nuclei respectively. Images were generated
18 with a Nikon Spinning disk confocal microscope using a 20x objective and Nikon software NIS
19 elements. PLA analysis was carried out on confocal images. Approximately 2000 cells from 4
20 independent experiments were quantified. The PLA signal intensity per cell was analysed
21 using Image J and the particle analysis function on PLA images and cells numbers calculated
22 using the same function on DAPI images. A mask for the cell edge was generated with the
23 VE-cadherin image and imposed over the PLA image to measure signal inside and outside of
24 the mask.

25

26

27 ***TUNEL assay***

1 To detect DNA fragmentation in apoptotic cells, terminal transferase dUTP Nick End Labelling
2 (TUNEL) was performed as previously described¹⁹. A Click-iT TUNEL Alexa Fluor 594 Imaging
3 Assay was used following the manufacturer instructions (Life technologies). Briefly cells were
4 fixed using 4% paraformaldehyde in PBS for 15 min and followed by a permeabilization step
5 with 0.25% Triton®X-100 for 20 min. Cells were then treated with terminal deoxynucleotidyl
6 transferase (TdT) for 60 minutes at 37°C to allow the incorporation of modified dUTPs at the
7 3'-OH ends of fragmented DNA, followed by a Click-iT® reaction for 30 min at 37°C to label
8 ends with a fluorescent dye through click chemistry. Afterwards cells were washed gently to
9 eliminate excess of reagents and cells were counterstained with 4',6-diamidino-2-phenylindole
10 (DAPI) and VE-Cadherin (BD Biosciences) to visualize the cell edges and nuclei respectively.
11 Images were generated with a Nikon Spinning disk confocal microscope using a 20x objective
12 and Nikon software NIS elements. The percentage of TUNEL positive cells was calculated in
13 16 selected fields of view for each condition, covering approximately 2000-4000 cells to
14 estimate the level of apoptosis.

15

16 ***RNA isolation and quantitative RT-PCR***

17 RNA was isolated from cells using RNeasy Mini kits (Qiagen). Contaminating DNA was
18 removed by on-column DNase digestion (Qiagen). cDNA was prepared using a High-Capacity
19 Reverse Transcription Kit (Thermo Scientific). Quantitative real-time PCR (qPCR) was carried
20 out with cDNA using SYBR green mastermix (Primer Design). GAPDH was used as a
21 reference gene. The qPCR oligonucleotide primers used for *eNOS* were: F:
22 CATCTTCAGCCCCAAACGGA R: AGCGGATTGTAGCCTGGAAC; for *Survivin*: F:
23 TGAGAACGAGCCAGACTTGG R: TGTTCTCTATGGGGTCGTCA; for *KLF-2*: F:
24 TGGGCATTTTTGGGCTACCT R: CCCAGTTCCAAGCAACCAGA; for *E-SEL*: F:
25 GCTCTGCAGCTCGGACAT R: GAAAGTCCAGCTACCAAGGGAAT; for *Bcl-2*: F:
26 ATGTGTGTGGAGAGCGTCAA R: GGGCCGTACAGTTCCACAAA; for *GAPDH*: F:
27 CTATAAATTGAGCCCGCAGCC R: ACCAAATCCGTTGACTCCGA; for *XIAP*: F:
28 AGTGTCTGGTAAGAACTACTG R: CCCATTCGTATAGCTTCTTG; for *WISP-1*: F:

1 TCATTAAGGCAGGGAAGAAG R: GTCTTAGACTTGTAGGGGATG; for BIRC3: F:
2 ACAAGCAAGAGAACTGATTG R: GATCTGAAACATCTTCTGTGG and for Caspase 3 F:
3 AAAGCACTGGAATGACATC R: CGCATCAATTCCACAATTTTC. The amplification process
4 included one cycle of 10 min at 95°C, 40 cycles for 15 s at 95°C, followed by 40 cycles for 1
5 min at 60°C. Thermal cycling and fluorescence detection were performed using an ABI 7500
6 Fast Prism (PE Applied Biosystems, Foster City, CA, USA).

7

8 ***Apoptosis gene expression array***

9 HUVEC were cultured in 6-well plates until confluent and subjected to flow for 72 h using an
10 orbital shaker. Following flow exposure, cells were washed twice with cold PBS and total DNA
11 free mRNA was isolated using RNeasy Mini kits (Qiagen) and on-column DNase digestion as
12 described above. mRNA integrity and concentration were determined spectrophotometrically.
13 An RT2 Profilertm polymerase chain reaction (PCR) apoptosis array (PAHS-012ZA-Qiagen)
14 was performed according to the manufacturer's instructions. Briefly, a total of 0.5 µg of RNA
15 per sample was used with the RT2 First Strand kit (Qiagen) to obtain cDNA after incubation
16 for 5 min with the gDNA elimination buffer. The PCR amplification process included one cycle
17 of 10 min at 95°C, 40 cycles for 15 s at 95°C, followed by 40 cycles for 1 min at 60°C. Thermal
18 cycling and fluorescence detection were performed using an ABI 7500 Fast Prism (PE Applied
19 Biosystems, Foster City, CA, USA). The signals of the target cDNAs were normalized by
20 comparison with the housekeeping genes HPRT1 supplied within the 96-well microtiter plate.
21 The normalized amount of each target mRNA present in each condition was calculated using
22 a comparative Ct method and using a web-based PCR array data analysis tool
23 ([https://www.qiagen.com/gb/shop/genes-and-pathways/data-analysis-center-overview-](https://www.qiagen.com/gb/shop/genes-and-pathways/data-analysis-center-overview-page/)
24 [page/](https://www.qiagen.com/gb/shop/genes-and-pathways/data-analysis-center-overview-page/)) with 1.5-fold difference set as baseline.

25

26 ***Statistical analysis***

27 All data are presented as mean ± SEM. Statistical analysis was performed using GraphPad
28 Prism software (v7.1). Statistical significance was assessed using paired two-tailed t-test (for

1 comparing two conditions) or by one-way analysis of variance (ANOVA) with repeated
2 measures for multiple conditions. Each n is generated with a separate batch of ECs. For
3 HUVEC these are pools of cells from different donors and for HAEC, in each batch EC had
4 been isolated from a single donor. When using one-way ANOVA, tests for equal variance were
5 run and if significantly different standard deviations were found (thus different variances) in
6 the ANOVA with repeated measures a Gaussian distribution and no sphericity (not equal
7 variability of the differences) was assumed and the Greenhouse-Geisser correction applied.

11 **Results**

12 **β -catenin regulates eNOS activity in static HUVEC**

13 To investigate whether β -catenin regulates eNOS activation in HUVEC, we assessed eNOS
14 phosphorylation in cells following transfection with a pool of β -catenin siRNA oligonucleotides
15 or an siRNA scrambled control pool. β -catenin depletion did not alter basal levels of eNOS
16 phosphorylation (Figure 1A-B and S1A-B), however it did reduce agonist-induced eNOS
17 phosphorylation on Ser1177 (Figure 1A and S1A). Interestingly, β -catenin depletion had no
18 effect on agonist-induced eNOS phosphorylation on Ser633 (Figure 1B and S1B). Intracellular
19 cGMP levels are a well-established indicator of bioactive NO levels; we observed that in
20 HUVEC, the histamine-induced increase in cGMP production was reduced following depletion
21 of β -catenin with siRNA (Figure 1C). The absence of β -catenin protein in HUVEC transfected
22 with β -catenin siRNA was confirmed by western blotting (Figure S1C), furthermore, eNOS
23 expression was not altered in β -catenin knockdown static cells (Figure S1D).

24
25 To confirm that β -catenin can promote eNOS phosphorylation on Ser1177 and thus increase
26 NO and cGMP production, we treated HUVEC with LiCl that inhibits GSK3 β -dependent
27 phosphorylation of β -catenin and promotes its accumulation. We found that elevating β -

1 catenin levels with LiCl increased eNOS phosphorylation on Ser1177 but had no effect on
2 Ser633 in static HUVEC (Figure 1D-F). Together these data demonstrate that β -catenin
3 enhances agonist-dependent eNOS activation and subsequent cGMP production in HUVEC
4 under static conditions.

5

6 **β -catenin mediates the anti-apoptotic effects of NO-cGMP in static HUVEC**

7 Since reduction of β -catenin may impair eNOS function and since NO is an important factor
8 for EC survival⁷, we assessed the potential protective effects of β -catenin, in relation to NO
9 signalling, in static cultures following induction of apoptosis. In wild-type MPEC application of
10 an NO donor (S-nitroso-N-acetylpenicillamine; SNAP) attenuated TNF α -induced apoptosis,
11 indicated by a lower number of cleaved caspase-3 positive cells in the presence of SNAP,
12 however in β -catenin^{-/-} MPEC, the protective effects of SNAP on TNF α -induced apoptosis were
13 abrogated (Figure 2A). We also examined TNF α -induced apoptosis in HUVEC and observed
14 that siRNA depletion of β -catenin reduced the anti-apoptotic action of SNAP in this context
15 (Figures 2B, 2E and S1E), demonstrating that β -catenin also mediates the pro-survival effects
16 of NO in human EC under static conditions. Since β -catenin appears to regulate the level of
17 activated eNOS and subsequent cGMP production in HUVEC, we examined activation of
18 caspase-3 by H₂O₂ in HUVEC in the presence of sildenafil, a pharmacological sGC activator.
19 Whilst cleaved caspase-3 levels induced by H₂O₂ are reduced by sildenafil treatment in
20 scrambled control-treated cells, this was not the case in β -catenin depleted HUVEC (Figure
21 2C). Furthermore, ODQ, a pharmacological sGC inhibitor, abrogated the protective effects of
22 SNAP in the presence of H₂O₂ (Figure 2D), indicating that NO exerts its anti-apoptotic effects
23 through sGC activation and cGMP production. Together these data suggest that β -catenin
24 mediates the pro-survival effects of NO and cGMP upon pharmacological (non-physiological)
25 induction of apoptosis in static EC. eNOS expression and activation is known to increase in
26 EC exposed to undisturbed flow¹⁸ and enhanced endothelial NO synthesis promotes survival
27 of EC under physiological levels of shear stress against TNF α and H₂O₂^{8,9}. For these reasons

1 we next sought to determine whether β -catenin mediates the pro-survival effects of NO under
2 physiological flow conditions.

3

4 **β -catenin associates with eNOS in HUVEC exposed to physiological flow**

5 To confirm our previous observation made in static EC¹⁵, and to test whether eNOS and β -
6 catenin interact under physiological flow conditions, we carried out a proximity ligation assay
7 (PLA) in HUVEC subjected to flow for 72h. We used an orbital shaking platform to generate
8 reproducible spatially separated atheroprotective (undisturbed; uniaxial, high wall shear
9 stress) and atheroprone (disturbed; multiaxial, low wall shear stress) flow patterns^{17,18}. As
10 previously described, HUVEC growing under atheroprotective, undisturbed flow (UF) were
11 elongated and aligned meanwhile the cells in the atheroprone, disturbed flow (DF) central
12 region showed a non-aligned mosaic-like morphology (Figure 3A and S2A). Furthermore, EC
13 in the UF region expressed high levels of KLF2 and KLF4 and lower levels of MCP-1 and E-
14 selectin compared to EC exposed to DF^{20,21} (Figure S2B). Co-localization was observed in EC
15 fixed and stained with anti-eNOS and anti- β -catenin antibodies (Figure S2A) and amplification
16 products were detected by PLA indicating proximity (< 40nm) of both proteins in HUVEC
17 exposed to both UF and DF (Figure 3A) but not in controls stained separately with either anti-
18 eNOS or anti- β -catenin antibody. The average PLA signal per cell was lower in EC exposed
19 to UF (Figure 3A) consistent with increased eNOS activity¹⁵. β -catenin and eNOS also co-
20 localise *in vivo* in ECs of the inner and outer curvature of the aortic arch, regions of disturbed
21 and undisturbed flow respectively, however co-localization was more prominent in the inner
22 aortic arch (Figure 3B). In contrast with observations made in HUVEC subjected to acute low
23 magnitude shear stress²², no difference in the subcellular localization of β -catenin was
24 observed in HUVEC exposed to chronic flow using an orbital shaker (Figure S2C).

25

26 **β -catenin regulates eNOS phosphorylation in HUVEC exposed to physiological flow**

27 Since activation of eNOS causes dissociation from β -catenin in static cells¹⁵, the higher level
28 of interaction observed in EC exposed to DF suggests lower activation of eNOS in these cells.

1 We thus measured eNOS phosphorylation on Ser1177, Ser633 and Ser114 and observed
2 lower eNOS phosphorylation in EC exposed to DF compared to those exposed to UF (Figure
3 4A). To investigate whether β -catenin regulates eNOS activation in HUVEC exposed to flow,
4 we assessed eNOS phosphorylation in HUVEC following transfection with β -catenin siRNA or
5 a siRNA scrambled control and exposed to flow for 72h (Figure 4B). We observed that eNOS
6 phosphorylation on Ser1177 decreased in EC exposed to UF when β -catenin was depleted
7 but not in EC exposed to DF, consistent with our findings in static EC. eNOS expression was
8 not altered by β -catenin knockdown, compared with scrambled control transfection, although
9 eNOS expression was different in EC exposed to DF compared to UF (Figure S2D); but
10 interestingly, phosphorylation on Ser114 was reduced in both UF and DF exposed HUVEC
11 when β -catenin was depleted (Figure 4B). In contrast, treatment of HUVEC with LiCl increased
12 Ser1177 phosphorylation in both regions (Figure 4C), confirming that β -catenin interacts with
13 and can activate eNOS under physiological and atheroprone flow conditions.

14

15 **Deletion of β -catenin increases apoptosis only in HUVEC exposed to disturbed flow**

16 Atheroprotective, laminar flow activates eNOS and is the predominant source of NO in ECs.
17 It has also been associated with EC survival^{8,10}. In contrast, atherogenic shear stress profiles
18 are associated with reduced expression of pro-survival genes and increased apoptosis, both
19 *in vitro* and *in vivo*^{23,24}. We measured apoptosis by cleaved caspase-3 staining of HUVEC
20 subjected to flow using an orbital shaker and observed that the percentage of apoptosis was
21 higher under DF compared to UF as expected (Figure S3A). Having established the
22 involvement of β -catenin in NO-mediated anti-apoptotic activity in static cultures, we sought
23 to determine the pro-survival actions of NO and β -catenin under physiological flow conditions.
24 Inhibition of sGC activity with ODQ in HUVEC subjected to shear stress for 72h, increased
25 apoptosis of HUVEC exposed to DF as assessed by cleaved caspase-3 immunostaining
26 (Figure 5A). Furthermore, depletion of β -catenin in HUVEC promoted apoptosis exclusively in
27 HUVEC exposed to DF (Figure 5B and S3B). In agreement with the higher level of apoptotic
28 cells observed in DF exposed HUVEC, we also detected higher levels of cleaved caspase-3

1 in lysates from HUVEC subjected to DF for 72h (Figure S3C). Unexpectedly we found that the
2 expression level of procaspase-3 (35 kDa) was lower in lysates from EC exposed to UF
3 compared to DF (Figure 5C), though caspase-3 mRNA expression showed only a 20%
4 increase in cells exposed to DF compared to UF (Figure S3D), suggesting that a post-
5 translational mechanism may be regulating the protein expression and/or stability of caspase-
6 3 in HUVEC exposed to UF.

7

8 **Inhibition of β -catenin transcriptional activity increases apoptosis in HUVEC exposed** 9 **to disturbed flow**

10 Since β -catenin can regulate the expression of pro-survival genes and has also been shown
11 to act downstream of eNOS/NO/cGMP, we investigated whether inhibiting its transcriptional
12 activity also influenced cell survival under flow conditions. Inhibition of β -catenin-dependent
13 transcriptional activation with the specific inhibitors of β -catenin/TCF-LEF interaction, iCRT5
14 or FH535^{25,26}, also exclusively increased apoptosis in HUVEC under DF in the same
15 conditions (Figure 5D and S3E) and in HAEC exposed to DF (Figure S3F). The low level of
16 apoptosis observed under UF was not altered by any method used to manipulate eNOS or β -
17 catenin signalling (Figure 5A-E and S3E-G). Whilst treatment with histamine, which
18 upregulates eNOS, reduced apoptosis in HUVEC exposed to DF (Figure 5E), inhibition of
19 eNOS with 100mM L-NAME did not affect apoptosis in HUVEC exposed to either DF or UF
20 (Figure S3G). These data indicate that signalling through sGC and β -catenin is essential to
21 maintain cell survival in EC exposed to DF and that other additional mechanisms contribute to
22 cell survival in UF-exposed HUVEC.

23

24 **Inhibition of β -catenin-dependent transcription downregulates the expression of anti-** 25 **apoptotic genes in HUVEC under flow**

26 As the inhibition of cGMP signalling and β -catenin-dependent transcription increases
27 apoptosis in HUVEC exposed to DF, we studied the expression of several anti-apoptotic genes
28 that are potential targets of β -catenin: XIAP, WISP-1, Bcl-2 and survivin (BIRC5). Bcl-2 and

1 survivin exhibited differential expression between DF and UF regions in HUVEC (Figure 6A-
2 B) as did eNOS (Figure 5C). Interestingly, survivin mRNA expression was reduced when cells
3 were treated with iCRT5 or FH535, in HUVEC exposed to both UF and DF (Figure 6A and
4 S4A). Bcl-2 and eNOS expression were also reduced in cells under UF in the presence of
5 iCRT5. Treatment of HUVEC with ODQ also reduced the expression of eNOS (Figure 6D),
6 suggesting the presence of a positive feedback mechanism in the eNOS-sGC- β -catenin
7 pathway. WISP-1 showed very low expression in HUVEC and no differences were found in
8 expression of XIAP between HUVEC exposed to UF and DF in the presence or absence of
9 iCRT5 (not shown).

10

11 To identify novel putative genes regulating apoptosis and cell survival in EC exposed to flow,
12 an apoptosis transcriptome array was performed with HUVEC exposed to UF or DF using an
13 orbital shaker for 72h (Table S1). We classified the genes up- and downregulated in DF
14 conditions according to the apoptotic pathways they regulate²⁷ and their function as shown in
15 Table 1. We observed that the most significant change in EC exposed to DF was the
16 downregulation of anti-apoptotic genes (Figure 6F and S5). These include members of the
17 BCL and IAP (inhibitors of apoptosis) families including BIRC5 (survivin), NIAP1, BIRC-2
18 (cIAP-1), BIRC6, BCL2L2 and MCL-1. Although BIRC3 expression did not change from UF to
19 DF, it was reduced in EC treated with iCRT5 (Figure S4B) and constitutes a novel target of β -
20 catenin in EC. BIRC2 and BIRC3 are ubiquitin kinases which bind and promote caspase-3
21 inactivation and degradation²⁸. We validated the expression of cIAP-1 by western blotting in
22 HUVEC exposed to UF or DF (Figure S4C) and found its expression upregulated in UF-
23 exposed HUVEC as expected, correlating with low levels of caspase-3 in UF-exposed EC.
24 Treatment of cells with histamine, a pharmacological eNOS activator, that also promotes β -
25 catenin nuclear translocation¹⁵, reduced apoptosis in HUVEC exposed to DF (Figure 5E) and
26 increased the level of survivin (Figure 6E) suggesting a central role for survivin in regulating
27 cell survival in EC. Together these results support the central role of inhibitors of apoptosis,

1 and their positive regulation of expression by β -catenin, in mediating the pro-survival effects
2 of the eNOS-cGMP pathway in EC exposed to flow.

3

4 **Discussion**

5 Phosphorylation of eNOS on Ser1177 is associated with increased eNOS activity and we show
6 here in static EC that depletion of β -catenin reduced eNOS phosphorylation on Ser1177 in
7 response to histamine and VEGF stimulation. We also demonstrated increased Ser1177
8 phosphorylation in EC exposed to UF and found that this was reduced following depletion of
9 β -catenin. Stabilisation of β -catenin in HUVEC treated with LiCl increased Ser1177
10 phosphorylation in static and flow exposed EC. We conclude that β -catenin activates eNOS
11 in human EC.

12

13 We previously reported that eNOS and β -catenin interact in static endothelial cells¹⁵. We show
14 here that eNOS and β -catenin co-localise in regions of UF and DF in the mouse aorta *in vivo*
15 with a higher degree of co-localization in the inner aortic arch region, supporting our finding
16 that eNOS and β -catenin show a higher level of interaction in DF-exposed HUVEC *in vitro*.
17 This may reflect higher eNOS activation under UF conditions and subsequent dissociation of
18 the complex consistent with our finding that acute pharmacological activation of eNOS causes
19 dissociation from β -catenin¹⁵. Since reduced levels of β -catenin associate with reduced eNOS
20 phosphorylation in HUVEC, it may be that interaction of eNOS and β -catenin facilitates the
21 access or recruitment of kinases that lead to phosphorylation of eNOS and subsequent
22 dissociation of β -catenin from the complex. PKA and AKT are kinases that phosphorylate
23 Ser1177 and activate eNOS in EC in response to different stimuli such as shear stress or
24 VEGF treatment²⁹. PKA and AKT also phosphorylate and stabilize β -catenin and enhance its
25 transcriptional activity³⁰. The identification of the putative kinases recruited by β -catenin to
26 eNOS will be an important area of further study in order to understand the mechanism of action
27 for the novel β -catenin dependent activation of eNOS described here.

1

2 We also demonstrate here that β -catenin and sGC signalling are essential mediators of the
3 pro-survival effects of eNOS in static EC challenged with either $\text{TNF}\alpha$ or H_2O_2 to induce
4 apoptosis. We previously reported that NO/GMP can stabilise β -catenin leading to
5 transcriptional changes¹⁵. Furthermore, for the first time we present evidence showing that
6 both NO-cGMP signalling and β -catenin transcriptional activity contribute to maintain cell
7 survival in ECs under atheroprone flow conditions. HUVEC treated with the sGC inhibitor ODQ
8 showed an increase in apoptosis in EC exposed to DF that was also observed in both HAEC
9 and HUVEC treated with iCRT5, a specific inhibitor of β -catenin transcriptional activity. Our
10 findings are supported by Saran *et al.*³¹ who showed that the pro-apoptotic antagonist of Wnt
11 signalling, sFRP4, causes endothelial dysfunction by suppressing NO-cGMP signalling.

12

13 Wnt/ β -catenin promotes cell survival in static EC³², but to our knowledge this is the first study
14 to show that β -catenin regulates apoptosis in EC exposed to atheroprone disturbed flow.
15 Several groups have studied the pro-survival and anti-apoptotic effects of undisturbed flow on
16 EC^{8,9} and identified GSH and NO as key regulators of cell survival in EC under
17 atheroprotective flow conditions. Few studies have assessed the differential expression of the
18 genes and signalling pathways regulating cell survival between disturbed and undisturbed
19 flow^{23,24,33}. Amini *et al.* demonstrated that JNK activity/expression was required to drive EC
20 apoptosis at atheroprone sites in mice. Similarly, PERP, a p53 regulator was found to be
21 upregulated in atheroprone areas of the porcine aorta, predisposing EC to apoptosis³³.

22

23 S-nitrosylation of β -catenin by iNOS can affect junctional permeability³⁴, a characteristic
24 usually associated with EC exposed to DF. Recent findings suggest that β -catenin S-
25 nitrosylation by eNOS impedes binding to the transcription factor TCF4³⁵. This seems to be in
26 contrast with our and others' findings suggesting that NO favours β -catenin separation from
27 VE-cadherin and translocation to the cell nucleus³⁶. In addition to NO, ROS production is
28 necessary for S-nitrosylation in cells³⁷. ROS increases in EC exposed to DF leading to low NO

1 bioavailability due to the reaction of ROS with NO to form peroxynitrite that promotes protein
2 S-nitrosylation³⁸. S-nitrosylation of β -catenin may explain the fact that we observe reduced
3 levels of β -catenin dependent gene transcription in DF compared to UF exposed EC. Another
4 interesting possibility that would need further investigation is that S-nitrosylation may allow β -
5 catenin/TCF to discriminate certain promoters or would allow β -catenin interaction with a
6 different member of the TCF family to activate cell survival vs proliferation programs (Axin2/
7 cyclinD1 vs anti-apoptotic genes).

8

9 β -catenin controls the transcriptional activation of several pro-survival and anti-apoptotic
10 genes such as WISP-1, Bcl-2 and survivin in static cells^{39,40}. Survivin has previously been
11 shown to be downregulated in porcine aortic EC exposed to oscillatory flow⁴¹ and Bcl-2 has
12 been reported to be downregulated under low shear stress compared to high shear stress in
13 HUVEC. Interestingly the expression of Bcl-2 in EC under high shear stress depends on eNOS
14 activity²⁴. Here we show that in HUVEC, survivin and Bcl-2 are upregulated in EC exposed to
15 UF compared to DF, confirming the previous findings^{24,40}, and also that their expression is
16 regulated by β -catenin under flow conditions. In addition, the expression of BIRC3, an inhibitor
17 of apoptosis family member whose expression is flow independent, was also found to be
18 positively regulated by β -catenin in HUVEC. Survivin has been identified as a key mediator of
19 VEGF⁴⁰ and angiopoietin^{42,43} induced survival; since both these stimuli activate eNOS activity
20 their anti-apoptotic actions may be mediated via an NO-driven increase in β -catenin activation
21 and consequent increase in the transcription of pro-survival/anti-apoptotic genes. We also
22 observed that survivin expression increased with histamine treatment in HUVEC. The
23 correlation between survivin expression in EC under flow with NO and β -catenin levels further
24 supports our finding that β -catenin is a novel mediator of the pro-survival effects of NO,
25 possibly via regulation of survivin and Bcl-2 expression. Although our experiments have
26 identified clear changes in survivin and Bcl-2 transcript expression, in future work such
27 changes in expression will need confirmation also at the protein level.

28

1 Despite the decreased expression of Bcl-2 and survivin in EC exposed to UF following
2 inhibition of β -catenin, we saw no accompanying increase in apoptosis. This finding suggested
3 that other redundant mechanisms exist in cells exposed to UF that protect the cells from pro-
4 apoptotic stimuli resulting in a powerful pro-survival phenotype. Interestingly we found that the
5 expression of pro-caspase-3 was extremely low in HUVEC exposed to UF when compared to
6 DF conditions. Since caspase-3 is considered the main executioner caspase in EC, this may
7 be a parallel regulatory mechanism limiting apoptosis in EC exposed to UF. Caspases are
8 regulated post-translationally by IAPs (inhibitors of apoptosis), a family of E3 ubiquitin ligases.
9 In particular caspase-3 activity is regulated by BIRC2 (cIAP1) and BIRC3 (cIAP2), that
10 ubiquitinate caspases and promote inactivation and/or subsequent degradation by the
11 proteasome⁴⁴. In HUVEC, cIAP1 which is upregulated by high shear stress was also shown
12 to cause a decrease in caspase-3 activity, although caspase expression was not assessed⁴⁵.
13 Here we describe for the first time that protein levels of caspase-3 are decreased in EC
14 exposed to atheroprotective UF. In our mRNA apoptosis array, BIRC2 (cIAP1) was
15 upregulated under UF compared to DF and protein expression was confirmed by western
16 blotting, suggesting that high levels of cIAP1 in EC exposed to UF may contribute to the
17 degradation and loss of caspase-3 in these cells.

18

19 Our data suggests a bidirectional regulation of the eNOS- β -catenin interaction. Upon eNOS
20 activation, β -catenin translocates to the nucleus to activate gene transcription but β -catenin
21 also promotes eNOS activation suggesting that activation of one of the pathways will activate
22 the other one providing a cross talk between the Wnt/ β -catenin and NO. In future work, it
23 would be instructive to also investigate the role of caspases -8 and -9, which are upstream of
24 caspase-3, as well as the functional relevance of caspase activation, for example by the use
25 of pharmacological inhibitors, in the apoptosis pathways investigated here. It will also be
26 important to dissect in further detail the effects on eNOS phosphorylation observed in our
27 study, by assaying individual kinases. Nevertheless, our data provide strong evidence of an

1 interaction between two well-established pro-survival pathways and we propose that the
2 eNOS-cGMP- β -catenin axis is essential to maintain cell survival in EC under disturbed flow.
3

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8

9

10 **Conflicts of interest**

11 None declared.

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Tables

Table 1: Apoptosis genes regulated by UF and DF in HUVEC

Extrinsic Pathway (Death Receptor)	UF	DF	p-value	Fold regulation
Receptors and positive regulators				
TNFRSF25 (DR3)	2.0240	0.5587	0.0005	-3.6224
TNFRSF7 (CD27)	0.0702	0.0214	0.0098	-3.2806
TNFRSF6 (FAS)	1.0081	0.4273	0.0001	-2.4041
TNFSF6 (FASLG)	0.0194	0.0095	0.0033	-2.0387
TNFSF5 (CD40LG)	0.0466	0.0237	0.0136	-1.9686
TNFRSF1A (TNFR1)	6.8953	3.7187	0.0265	-1.8542
TNFRSF10B (DR5)	7.3743	4.4220	0.0210	-1.6939
TRAF2	0.6532	0.4123	0.0290	-1.5841
Negative regulators				
CFLAR (cFLIP/Casper)	11.0632	5.2331	0.0005	-2.1141
IL10	0.0046	0.0022	0.0449	-2.0572
Intrinsic Pathway (Mitochondrial/DNA Damage)	NT UF	NT DF	p-value	Fold regulation
Positive regulators				
BCL2L11	0.3164	0.6653	0.0008	2.1026
PYCARD	0.9250	1.9230	0.0067	2.0788
CYCS	0.2805	0.1124	0.0003	-2.4964
APAF1	2.1224	0.9547	0.0032	-2.2230
BIK	0.0158	0.0075	0.0019	-2.1070
TP53BP2	2.2696	1.1816	0.0059	-1.9209
AIFM1	1.2792	0.6753	0.0265	-1.8542
BAK1	0.6385	0.4079	0.0240	-1.5654
Negative regulators				
BRAF	0.2838	0.1096	0.0001	-2.5910
BCL2L2	3.6138	1.5032	0.0006	-2.4041
BAG1	0.1032	0.0459	0.0281	-2.2514
MCL1	16.5490	10.5281	0.0263	-1.5719
Executioners	NT UF	NT DF	p-value	Fold regulation
NOD1	2.3301	1.0904	0.0001	-2.1370
Caspase 10	2.8597	1.5029	0.0008	-1.9028
Caspase 9	0.9849	0.5731	0.0044	-1.7186
Caspase 8	0.4631	0.2622	0.0067	-1.7663
CIDEB	1.5123	0.8723	0.0228	-1.7336
ABL1	2.3718	1.5154	0.0207	-1.5651
Inhibitors and Negative regulators				
BIRC1 (NAIP)	2.4156	0.6697	0.0015	-3.6072
BIRC6	4.1225	1.5979	0.0001	-2.5799
BIRC2	5.5505	2.7168	0.0007	-2.0430
BIRC5 (Survivin)	0.1991	0.1175	0.0210	-1.6939
NOL3	0.8344	0.5255	0.0061	-1.5877

Gene names are indicated and common synonyms are shown in brackets. UF and DF represent fold change ($2^{\Delta\Delta Ct}$) in mRNA expression compared to the housekeeping gene (HPRT1) in non-treated HUVEC exposed to UF or DF for 72h, n=3. Fold-regulation is the negative inverse of the fold-change. Fold regulation values greater than one indicates up-regulation and fold-regulation values less than one indicate down-regulation. In red are indicated genes that can behave like anti or pro-apoptotic depending on alternative splicing.

Figure Legends

Figure 1. β -catenin depletion inhibits agonist induced eNOS phosphorylation in static HUVEC. (A-C) HUVEC were transfected with siRNA targeting β -catenin (100 nM) or scrambled control siRNA (Scr) and cultured for 72h before treatment for 5 min with vehicle or histamine (100 mmol/L). Cell lysates were analysed by western blot using total eNOS, β -catenin, phospho-Ser1177 (A) or phospho-Ser633 (B) antibodies. (C) cGMP levels were quantified by ELISA and results expressed relative to protein content per sample (shown relative to scrambled control; n=4). (D-F) HUVEC were cultured for 72h before treatment for the indicated times with vehicle or LiCl (20mM). Cell lysates were analysed by western blot using total eNOS, phospho-Ser1177 (D) or phospho-Ser633 (E) and β -catenin (F) antibodies. (A,B,D,E) Results expressed as the densitometric ratio of phospho-eNOS/GAPDH to total eNOS/GAPDH and shown relative to untreated control (n=5); analysis by one-way ANOVA with repeated measures, ns: non significant, * $p \leq 0.05$, ** $p \leq 0.01$, *** $p \leq 0.001$.

Figure 2. β -catenin mediates the anti-apoptotic effects of NO in static HUVEC. (A) Wild-type and β -catenin^{-/-} MPECs were treated with SNAP (10 μ M) or vehicle. (B) HUVEC were transfected with siRNA targeting β -catenin (100 nM) or scrambled control and cultured for 72h before treatment with TNF α (10 ng/ml) for 18h in the presence or absence of SNAP (10 μ M). (A-B) EC were fixed and incubated with anti-cleaved caspase-3 antibody and DAPI. Representative images are shown. The percentage of cleaved caspase-3 positive cells was calculated in 5 randomly selected fields of view (n=4). (C) HUVEC were transfected with siRNA targeting β -catenin (100 nM) or scrambled control and cultured for 72h before treatment with H₂O₂ (200 μ M) for 6h in the presence or absence of sildenafil (50 nM; n=4). The bands shown by way of example are from the same experiment. (D) HUVEC were treated with H₂O₂ (200 μ M) for 6h in the presence of SNAP (10 μ M), ODQ (10 μ M) or both in combination (n=3). (C-D) Cleaved (17kDa and 19kDa) and full length (35kDa) caspase-3 were detected in western blots of cell lysates and normalised to β -actin. Densitometry values are shown expressed

relative to vehicle control. **(E)** HUVEC were transfected with siRNA targeting β -catenin (100 nM) or scrambled control and cultured for 72h before treatment with H_2O_2 (200 μ M) for 6h in the presence or absence of SNAP (10 μ M, following which cells were fixed and DNA fragmentation assessed using a Click-IT TUNEL Imaging Kit (n=5), All analyses by one-way ANOVA with repeated measures, ns non-significant, * $p \leq 0.05$, ** $p \leq 0.01$, *** $p \leq 0.001$. Scale bars show 100 μ m.

Figure 3: β -catenin interacts with eNOS under flow. **(A)** HUVEC were exposed to orbital flow for 72h, fixed and subject to PLA using antibodies targeting eNOS and β -catenin. In control samples PLA was carried out in the absence of β -catenin (I) or eNOS antibody (II). VE-cadherin and DAPI were used to stain cell junctions and nuclei, respectively. Representative images are shown and the average PLA signal quantified in HUVEC under disturbed flow (DF) or undisturbed flow (UF; n=4); analysis by paired Student's t-test, ** $p \leq 0.01$. **(B)** EC from protected (outer curvature) or atherosusceptible (inner curvature) regions of the mouse aorta were stained with eNOS (red) and β -catenin (green) antibodies and imaged en face by confocal microscopy. Merged representative images with DAPI (blue) are shown (n=3). Scale bars show 50 μ m.

Figure 4: β -catenin regulates eNOS under flow. **(A)** Cell lysates were obtained from HUVEC exposed to UF or DF for 72h (n=4). **(B)** EC transfected with non-targeting scrambled or β -catenin targeting siRNA (100 nM) were exposed to orbital flow for 72h (n=5). **(C)** Cell lysates obtained from HUVEC exposed to UF or DF for 72h and treated with vehicle or LiCl (20mM) for the last 4h (n=3). **(A-C)** Cell lysates were analysed by western blot with the indicated antibodies. Results are expressed as the densitometric ratio of phospho-eNOS/eNOS to total eNOS/calnexin and shown relative to levels in UF in vehicle or scr treated

conditions; analysis by paired Student's t-test **(A)** or analysis by one-way ANOVA with repeated measures **(B-C)**, * $p \leq 0.05$, ** $p \leq 0.01$, *** $p \leq 0.001$.

Figure 5: Inhibition of sGC and β -catenin transcriptional activity increases apoptosis in HUVEC exposed to disturbed flow. (A-E) HUVEC were exposed to orbital flow for 72h and treated with DMSO, ODQ (10mM) **(A)**, iCRT5 (50 mM) **(D)** or Histamine (100 mmol/L) **(E)** for the last 24h of flow exposure or transfected with b-catenin or Scr siRNA (100nM) **(B)**. **(B)** ECs were fixed and incubated with a cleaved caspase-3 antibody (green), anti-b-catenin (red) and nuclei stained with DAPI. Representative images are shown. **(A,B,D,E)** The percentage of cleaved caspase-3 positive cells was quantified in regions of undisturbed (UF) or disturbed flow (DF) (n=3-7). **(C)** HUVEC were exposed to orbital flow or static conditions for 72h. Full length (35 kDa) caspase-3 was detected in western blots of cell lysates. Results are expressed as the densitometric ratio of caspase-3 to calnexin. Representative western blots are shown (right panel) (n=9); analysis by paired Student's t-test **(C)** or analysis by one-way ANOVA with repeated measures **(A-B,D-E)**, * $p \leq 0.05$, ** $p \leq 0.01$, *** $p \leq 0.001$. Scale bars show 50 μ m.

Figure 6. Inhibition of β -catenin downregulates the expression of survivin and Bcl-2 in HUVEC exposed to flow. (A-F) HUVEC were exposed to orbital flow for 72h and treated with DMSO or iCRT5 (50 μ M) **(A-C)**, ODQ (10 mM) **(D)** or histamine (100 mM) **(E)** for the last 24h of flow or left untreated **(F)**. Transcript levels of survivin **(A,E)**, Bcl-2 **(B)** and eNOS **(C-D)** were assessed in HUVEC under disturbed flow (DF) or undisturbed flow (UF) by qRT-PCR using GAPDH as a housekeeping gene. Values are shown relative to expression in vehicle treated HUVEC under UF; analysis by ANOVA with repeated measures (n=3-4); n.s., not significant, * $p \leq 0.05$, ** $p \leq 0.01$, *** $p \leq 0.001$. **(F)** mRNA samples from HUVEC exposed to DF or UF were analysed using an mRNA expression array targeting 84 apoptotic related genes. HPRT1 was used as housekeeping gene (n=3). The Volcano plot shows expression fold change of mean

across replicates in each condition from DF to UF on x axis (\log_2) and p-value ($-\log_{10}$) on y axis. Significantly differentially expressed genes (p-value < 0.05) are highlighted in red (up-regulated $FC > 1.5$) or green (down-regulated; $FC < -1.5$). Relevant genes are indicated.

Figure 1

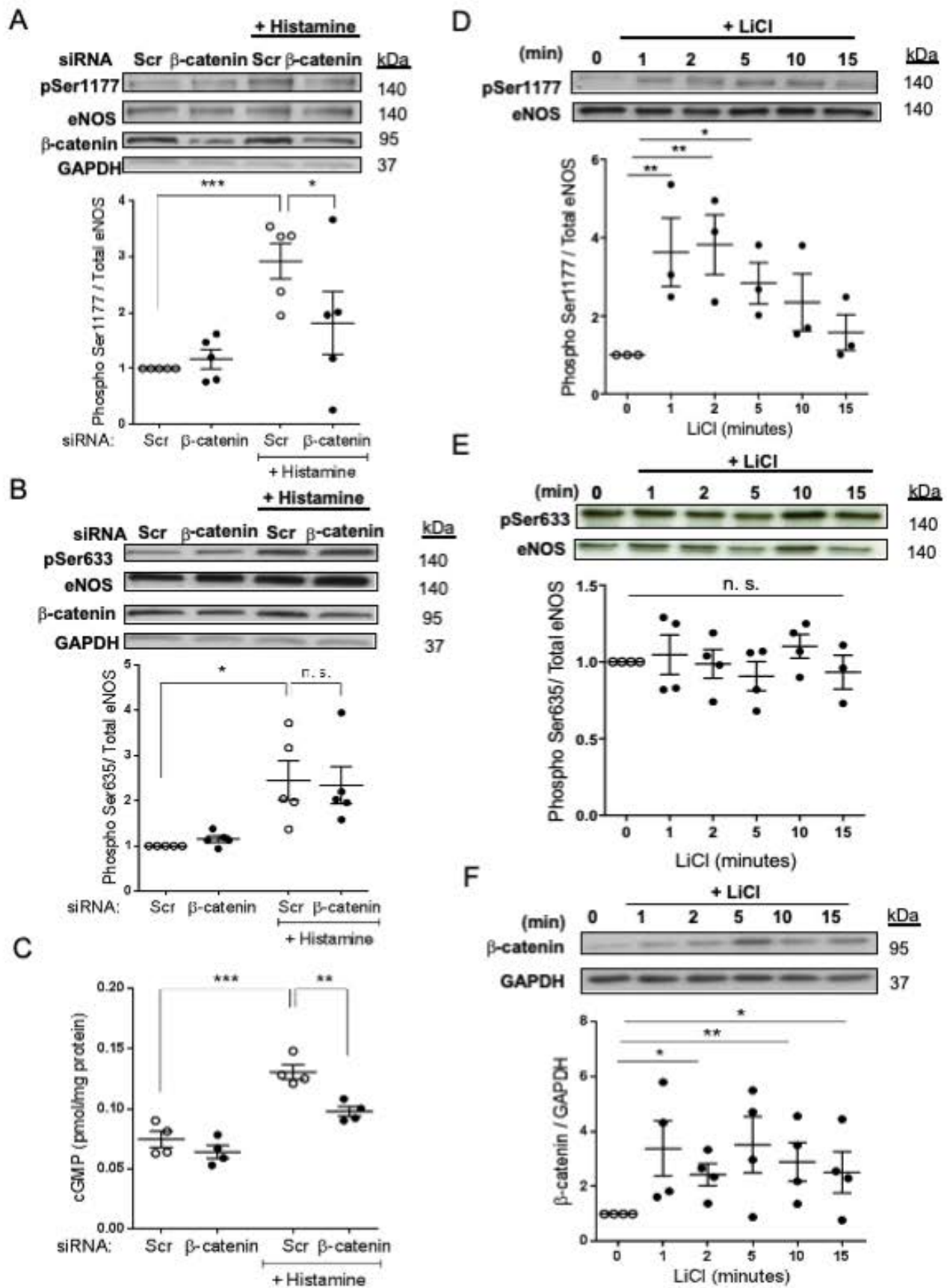


Figure 2

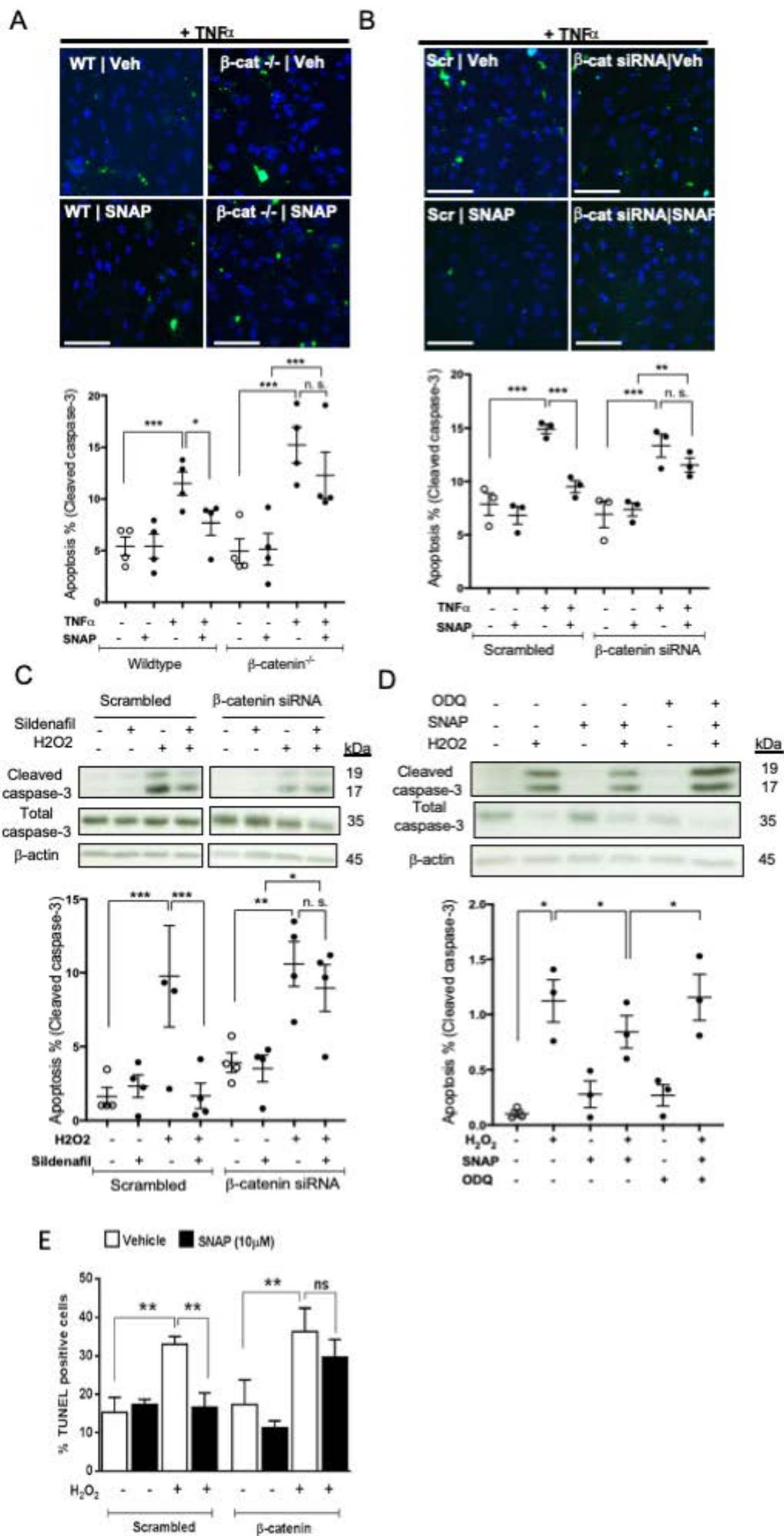


Figure 3

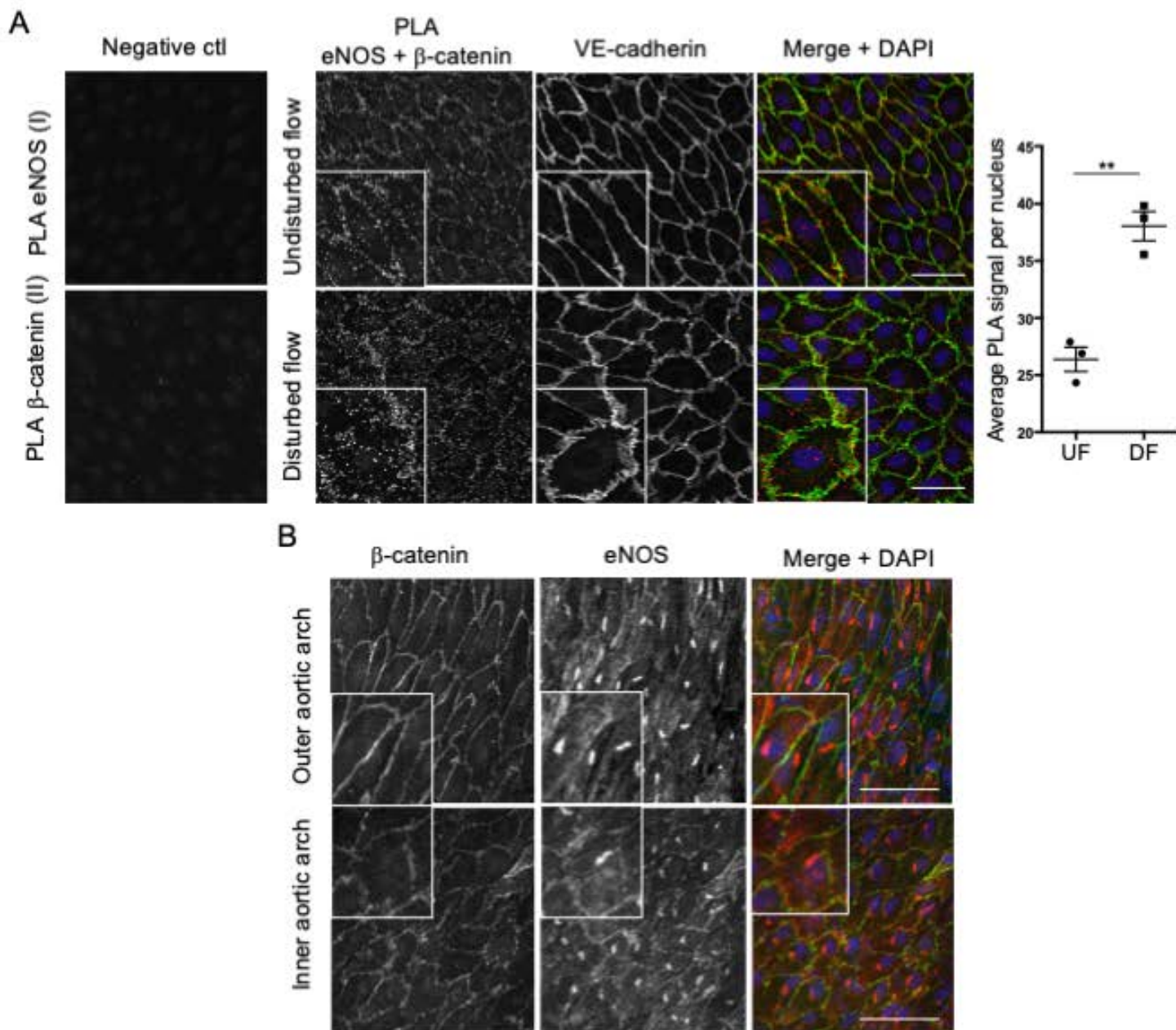


Figure 4

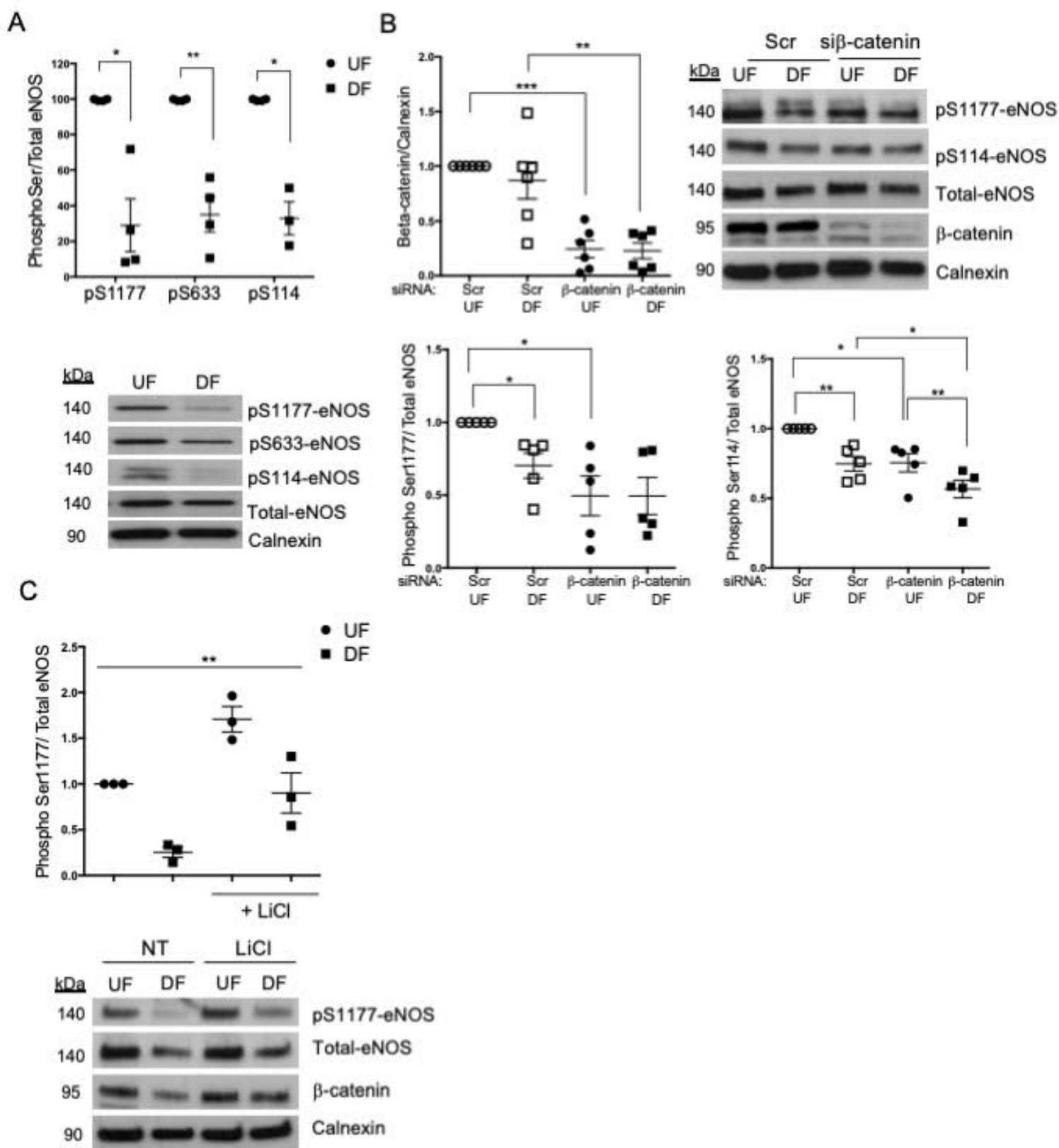


Figure 5

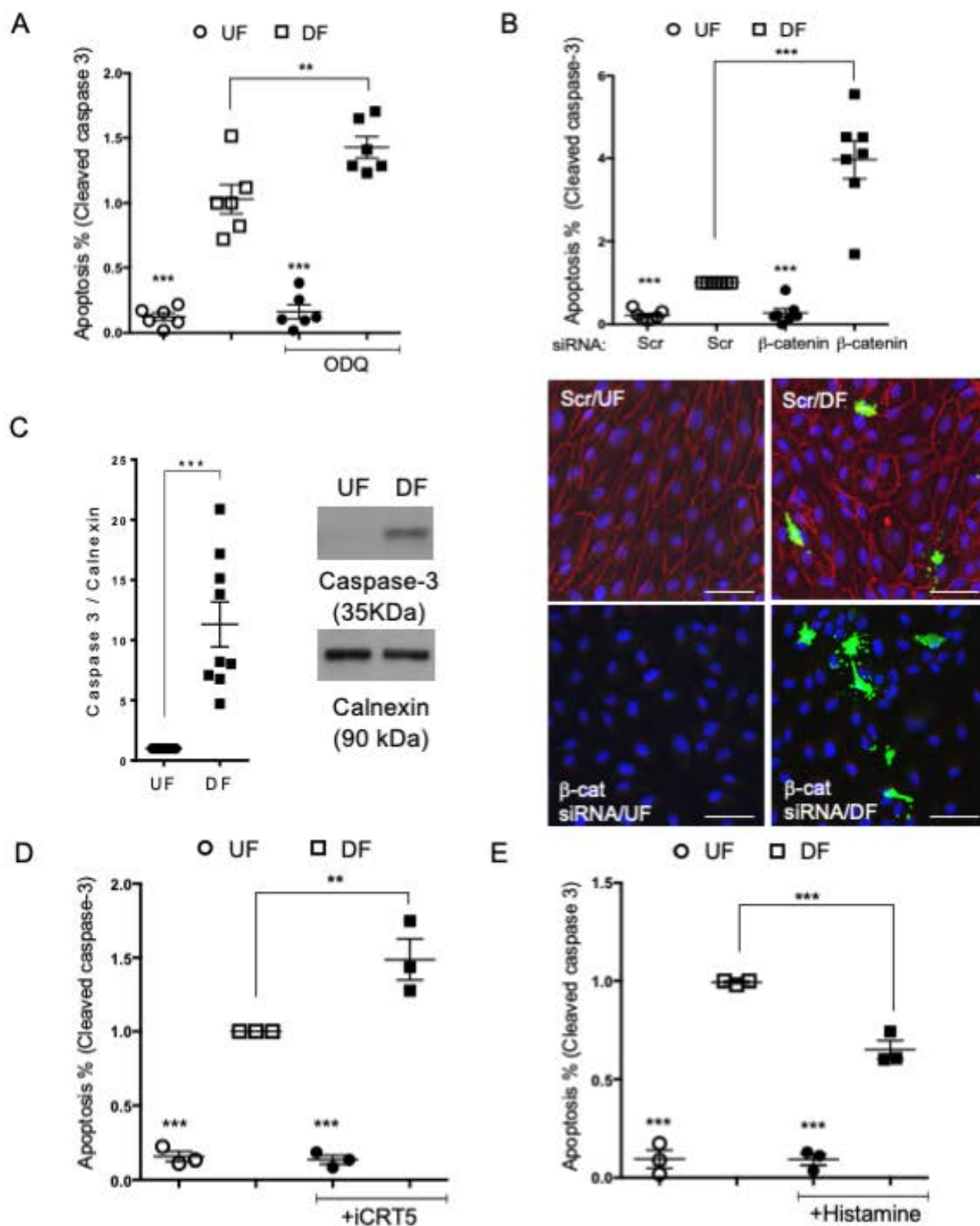
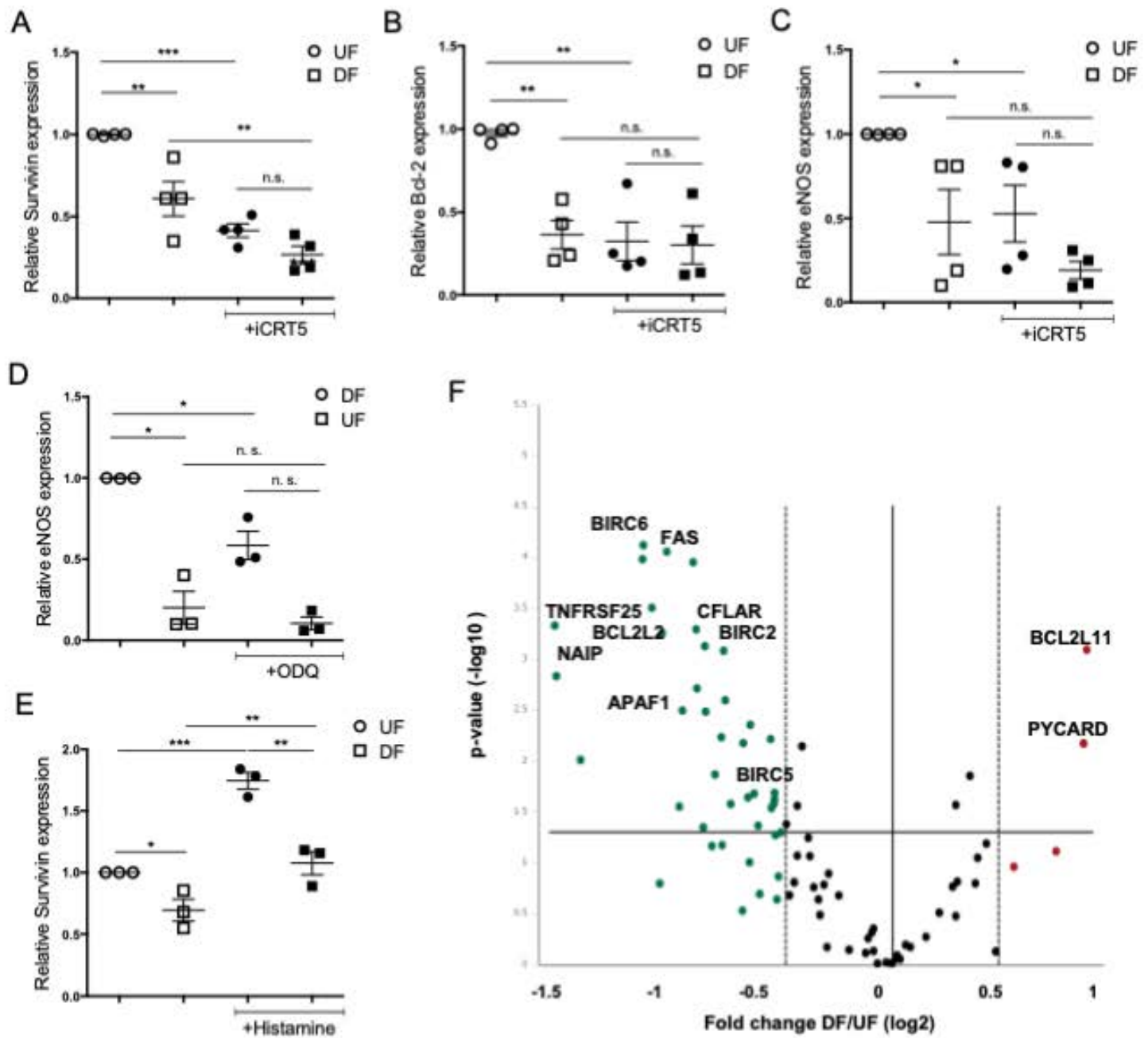


Figure 6



β -catenin promotes endothelial survival by regulating eNOS activity and flow-dependent anti-apoptotic gene expression

Virginia Tajadura¹, Marie Haugsten Hansen¹, Joy Smith¹, Hannah Charles¹, Matthew Rickman², Keith Farrell-Dillon¹, Vasco Claro¹, Christina Warboys^{2,3*} and Albert Ferro^{1*}

¹*School of Cardiovascular Medicine & Sciences, British Heart Foundation Centre of Research Excellence, King's College London, London SE1 9NH, UK*

²*Department of Bioengineering, Imperial College London, London, SW7 2BP, UK*

³*Department of Comparative Biomedical Sciences, Royal Veterinary College, London, NW1 0TU, UK*

**Joint corresponding author*

Supplementary Figures and Table

Supplementary Figure S1: β -catenin depletion inhibits agonist induced eNOS phosphorylation in static HUVEC. (A-B) HUVEC were transfected with siRNA targeting β -catenin or scrambled control (Scr) and cultured for 72h before treatment for 5 min with vehicle or VEGF (20 nmol/L). Cell lysates were analysed by western blot using anti- β -catenin, total eNOS, phospho-Ser1177 (A) or phospho-Ser633 (B) antibodies. Results expressed as the densitometric ratio of phospho-eNOS/GAPDH to total eNOS/GAPDH (A-B) and shown relative to untreated scrambled control (n=5); analysis by one-way ANOVA with repeated measures, n s: non significant, * $p \leq 0.05$, ** $p \leq 0.01$, *** $p \leq 0.001$. (C-E) Cell lysates from non treated HUVEC transfected with siRNA targeting β -catenin or scrambled control (Scr) were analysed by western blot using anti- β -catenin (C,E) total eNOS (D) and GAPDH antibodies and bands quantified by densitometry (n=22); analysis by paired student t-test (C-E) or ANOVA with repeated measures (A-B); n.s., not significant, * $p \leq 0.05$, ** $p \leq 0.01$, *** $p \leq 0.001$.

Supplementary Figure S2: eNOS and β -catenin co-localize in HUVEC. (A) HUVEC were exposed to orbital flow for 72h, fixed and stained with eNOS (green), β -catenin (red) and DAPI (blue) antibodies. Representative images are shown of HUVEC either in the periphery of the well (Undisturbed flow) or in the centre of the well (Disturbed flow). Scale bar represents 50 μ m. (B) HUVEC were exposed to orbital flow for 72h and mRNA samples prepared from EC either in the periphery of the well (UF) or in the centre of the well (DF). Transcript levels of KLF2 and E-Selectin (ESEL) were assessed by quantitative RT-PCR using GAPDH as a housekeeping gene (n=3). (C) Lysates from HUVEC exposed to orbital flow for 72h were obtained and separation into a soluble cytoplasm+membrane and nuclear fractions was performed. Lysates were analysed by western blotting using β -catenin, lamin B1 and PECAM1 antibodies. Densitometry values for the cytoplasmic (β -catenin/PECAM-1) and the nuclear (β -catenin/lamin B1) fractions are shown relative to UF. Representative western blots are shown in right panel (n=4). (D) EC transfected with non-targeting scrambled or β -catenin targeting siRNA (100 nM) were exposed to orbital flow for 72h. Lysates obtained from UF and DF exposed

cells were analysed by western blotting, (n=5). Analysis by paired Student's t-test (B-C) or analysis by ANOVA with repeated measures (D), n s: non significant, *p≤0.05, **p≤0.01.

Supplementary Figure S3: β -catenin regulates apoptosis in EC exposed to flow. (A)

HUVEC were exposed to orbital flow for 72h, fixed and stained with cleaved caspase 3 (green), active β -catenin (red) and DAPI (blue) antibodies. Representative images are shown of HUVEC either in the periphery of the well (UF) or in the centre of the well (DF). Scale bar shows 25 μ m. (B) EC transfected with non-targeting scrambled or β -catenin targeting siRNA (100 nM) were exposed to orbital flow and cell lysates analysed by western blot (n=6). (C) Lysates from HUVEC exposed to UF or DF for 72h were immunoblotted with caspase 3 and calnexin antibodies. Densitometry values are shown relative to UF. Representative western blots with calnexin and cleaved caspase 3 (17kDa) are shown in right panel (n=3). (D) HUVEC were exposed to orbital flow for 72h and mRNA samples prepared from EC either in the periphery of the well (UF) or in the centre of the well (DF). Transcript levels of caspase 3 were assessed by quantitative RT-PCR using GAPDH as a housekeeping gene (n=3). (E) HUVEC were exposed to orbital flow for 72h and treated with FH535 (50 μ M) or DMSO for the last 24h. EC were fixed and incubated with an antibody that detects the cleaved form of caspase-3 (Asp175) and nuclei stained with DAPI. The percentage of cleaved caspase-3 positive cells was calculated in the periphery of the well (UF) and in the centre of the cell (DF). Values are shown relative to vehicle treated DF (n=3). (F) HAEC were exposed to orbital flow for 72h and treated with iCRT5 (50 μ M) or DMSO for the last 24h. The relative rate of apoptosis was quantified as in D (n=5). (G) HUVEC were exposed to orbital flow for 72h and treated with L-NAME (100 μ M) or left untreated for the last 24h and the relative rate of apoptosis was quantified as in D (n=4); analysis by paired Student's t-test (B-D) or ANOVA with repeated measures (E-G); n s: non-significant, *p≤0.05, **p≤0.01, ***p≤0.001.

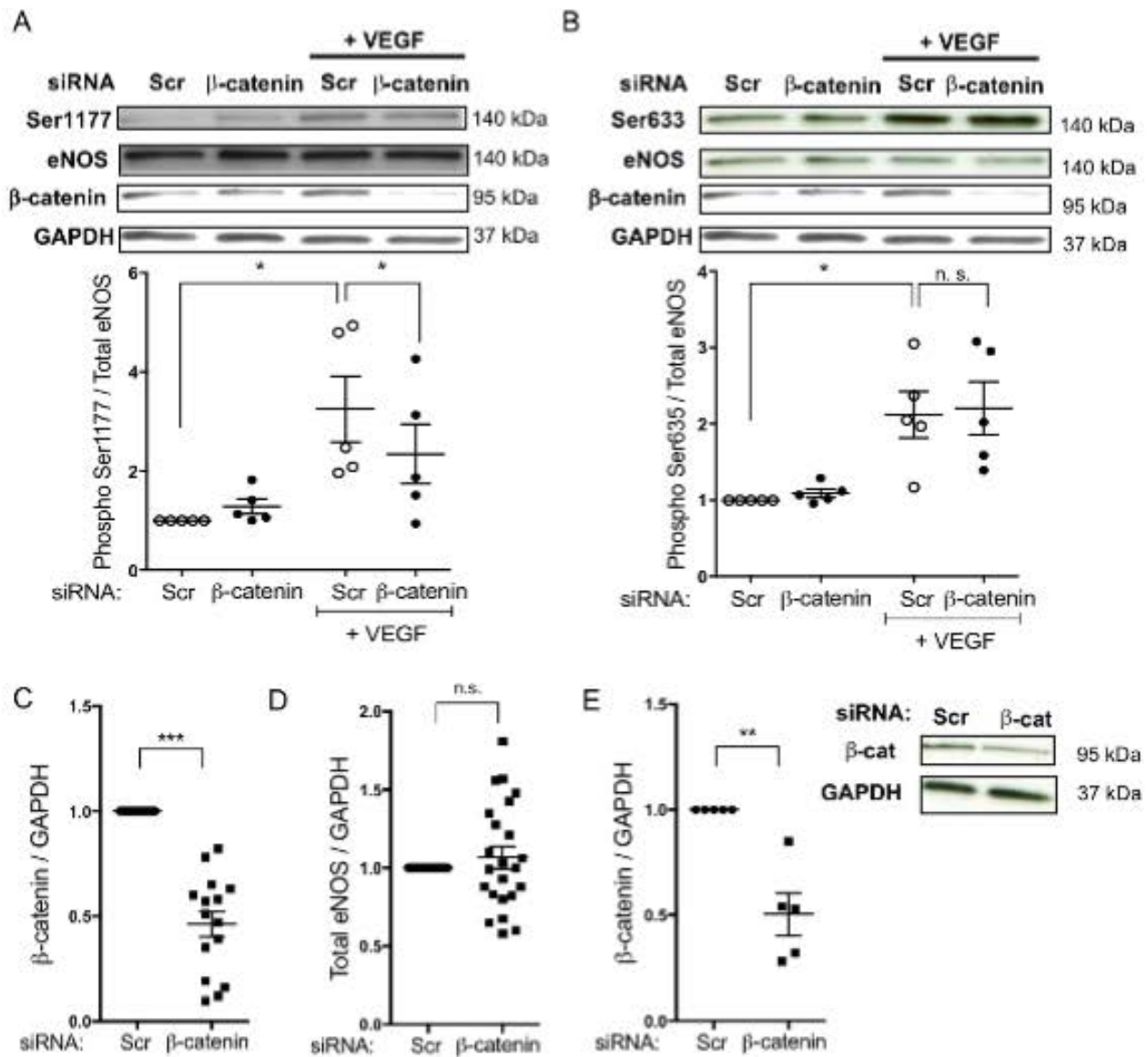
Supplementary Figure S4: Inhibitors of apoptosis are downregulated in DF exposed HUVEC. (A) HUVEC were exposed to orbital flow for 72h and treated with FH535 (25 μ M) or DMSO for the last 24h. Transcript levels of survivin were assessed by quantitative RT-PCR using GAPDH as a housekeeping gene. Values are shown relative to DMSO (n=3). (B) HUVEC were exposed to orbital flow for 72h and treated with iCRT5 (50 μ M) or DMSO for the last 24h. Transcript levels of BIRC3 were assessed as in B (n=3). (C) HUVEC were exposed to orbital flow for 72h and protein levels of BIRC2 were assessed in HUVEC under disturbed flow (DF) or undisturbed flow (UF) by western blot. Values are shown relative to expression in EC under UF. Right panel shows blot representative of n=3; analysis by paired Student's t-test (A,C) or one-way ANOVA with repeated measures (B); n s: non significant, *p \leq 0.05, ***p \leq 0.001).

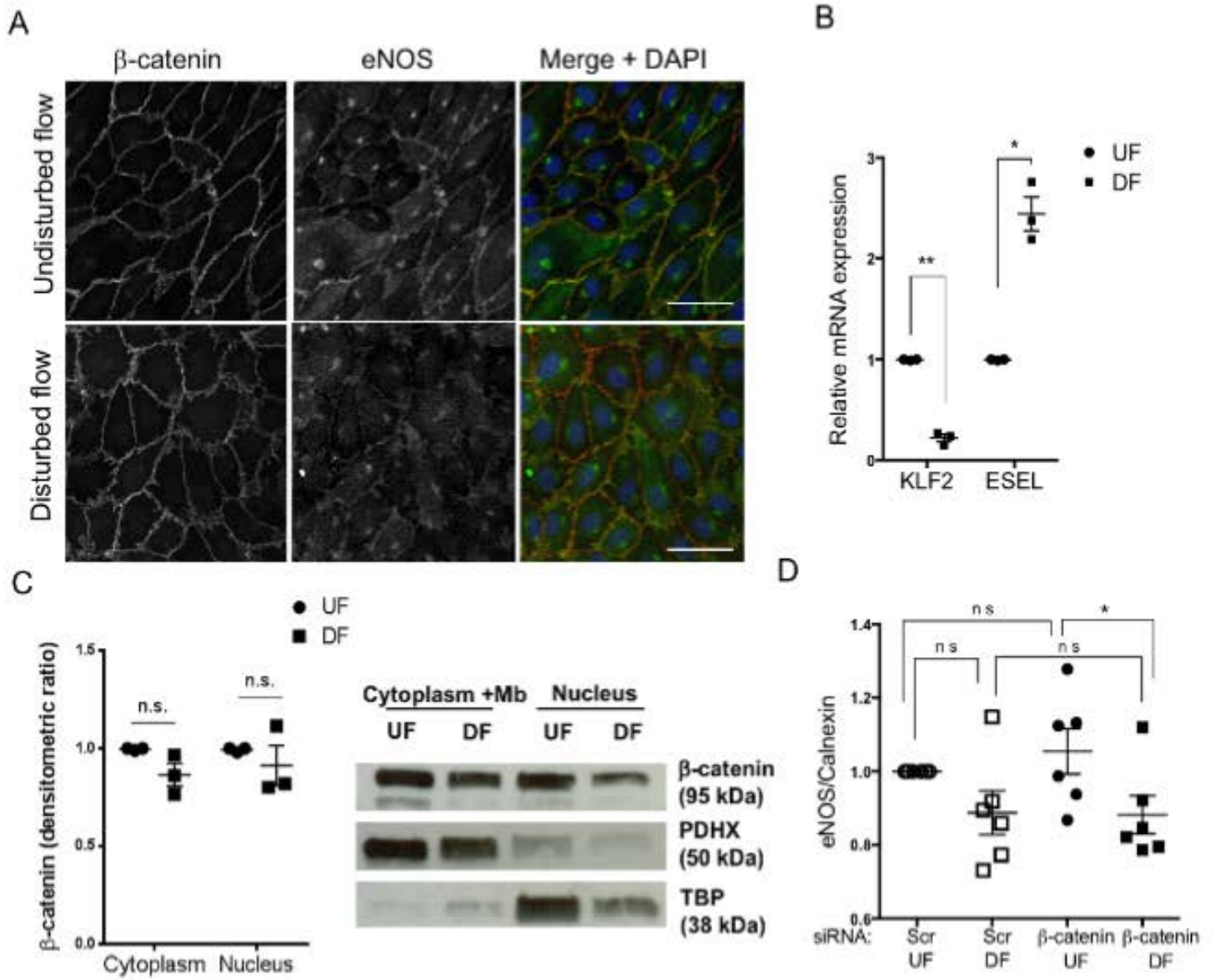
Supplementary Figure S5: Anti-apoptotic genes are down-regulated in EC exposed to disturbed flow. HUVEC were exposed to orbital flow for 72h and mRNA samples prepared from EC either in the periphery of the well (UF) or in the centre of the well (DF). An mRNA expression array targeting 84 apoptotic related genes was performed. HPRT1 was used as housekeeping gene (n=3). Significantly differentially expressed genes with a p-value < 0.05 and with a FC>1.5 or FC<-1.5 were selected as hits. (A) 39% of the genes tested (33 out of 84) showed at least a 1.5-fold change in expression between DF and UF conditions. Of those, 31 were genes downregulated in EC exposed to DF compared to UF and only 2 genes were found to be upregulated. Of the 84 genes tested, 19 encoded death receptors or ligands, 19 encoded anti-apoptotic or pro-survival proteins, 27 encoded pro-apoptotic factors, 15 encoded effector caspases and other downstream executor proteins [27] and 4 encoded proteins that can be pro- or anti-apoptotic (Supplementary Table S1). Both of the genes that were upregulated in DF conditions, encoded pro-apoptotic proteins. Of the genes found to be downregulated, 35.4% (11 out of 31) encoded anti-apoptotic or pro-survival proteins, 22.5% (7 out of 31) pro-apoptotic proteins, 22.5% (7 out of 31) death receptors and 18% (6 out of 31)

caspases and other executor proteins. The anti-apoptotic genes downregulated in EC exposed to DF constitute 57.8% of the anti-apoptotic genes included in the array (11 out of 19) meanwhile the other genes represented 26.9%, 36.8 % and 33% of the pro-apoptotic, receptors and ligands or effector genes tested respectively. (B) Pie chart showing the number of hits in each category.

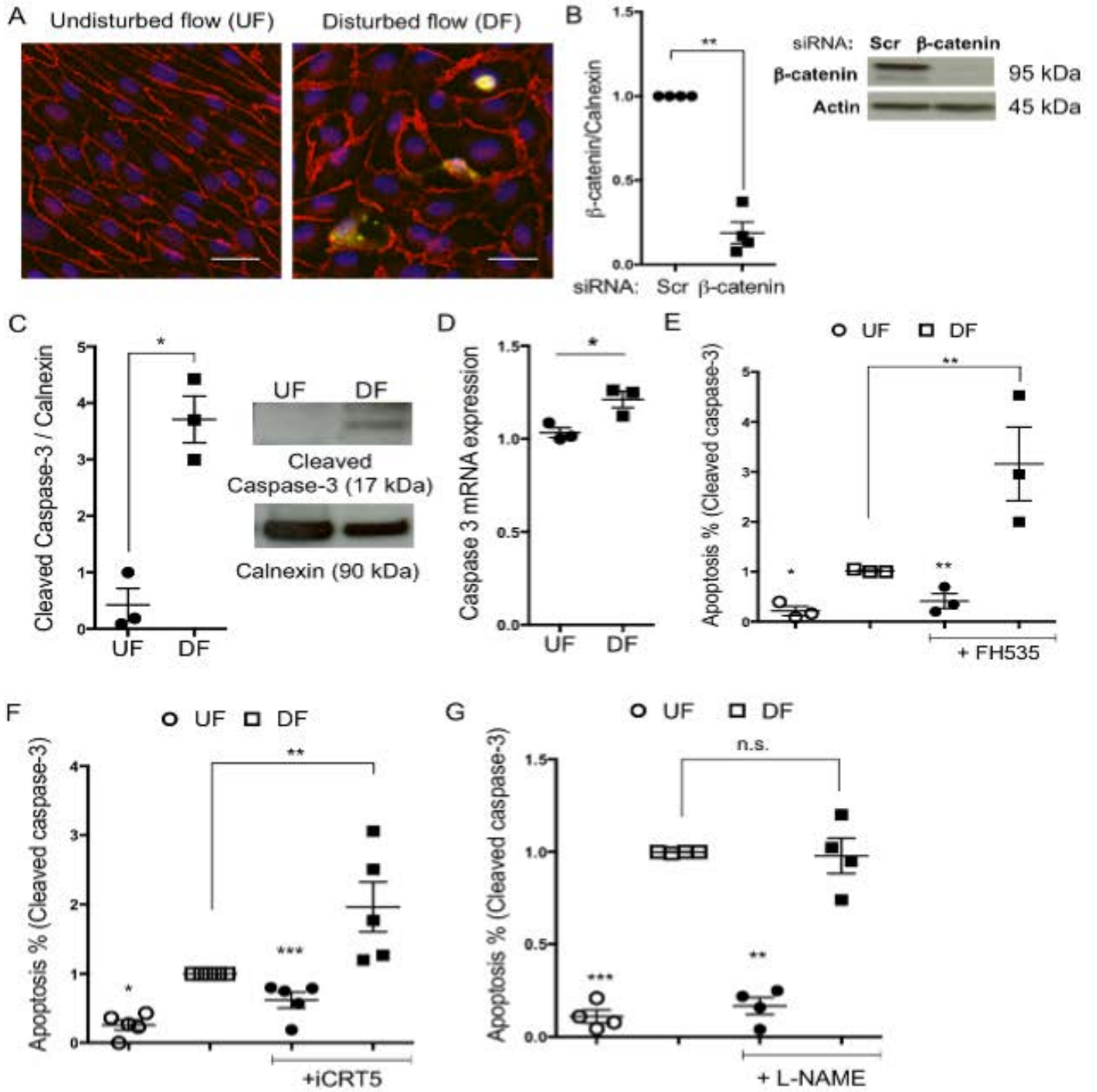
Supplementary Table S1: Summary of apoptosis-related gene expression in HUVEC exposed to UF and DF.

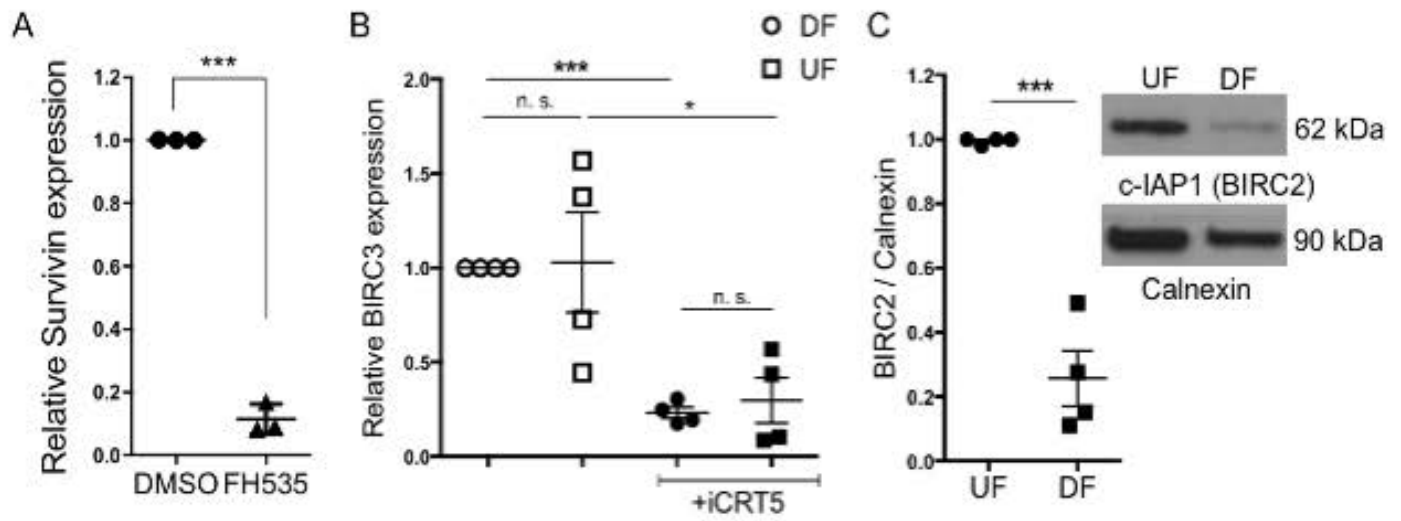
Supplementary Figure S1





Supplementary Figure S3





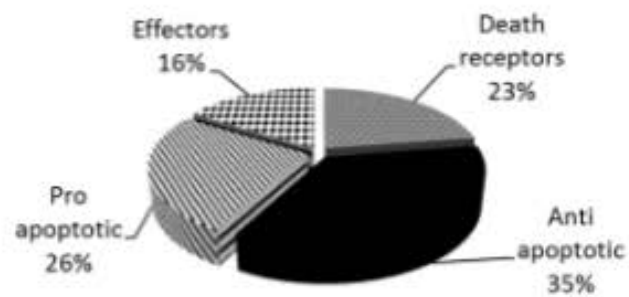
Supplementary Figure S5

A

	Death receptors	Anti apoptotic	Pro apoptotic	Effectors	Bivalent regulators	TOTAL
Number of genes tested	19	19	27	15	4	84
% of total genes tested	22.6	22.6	32.1	17.8	4.7	99.8
Number of genes down-reg in DF	7	11	8	5		31
% of genes down-reg	22.5	35.4	25.8	16.1		99.8
% of genes in category	36.8	57.8	26.9	33.3		N/A
% of total genes tested	8.3	13	9.5	5.9		36.7
Number of genes up-reg in DF			2			2
% of genes up-reg			100			100
% of genes in category			7.4			N/A
% of total genes tested			2.3			2.3

B

Percentage of genes downregulated in EC exposed to DF



				Fold	
				Regulation	<i>p-value</i>
Position	Refseq	Symbol	Apoptotic pathway/category	DF vs UF	<i>DF vs UF</i>
A01	NM_005157	ABL1	Pro-apoptotic	-1.5651	0.02068
A02	NM_004208	AIFM1	Pro-apoptotic	-1.8943	0.002535
A03	NM_005163	AKT1	Anti-apoptotic/pro-survival	1.1985	0.308315
A04	NM_001160	APAF1	Pro-apoptotic	-2.223	0.003211
A05	NM_004322	BAD	Pro-apoptotic	1.3863	0.089515
A06	NM_004323	BAG1	Anti-apoptotic/pro-survival	-2.2514	0.028103
A07	NM_004281	BAG3	Anti-apoptotic/pro-survival	-1.4116	0.007195
A08	NM_001188	BAK1	Pro-apoptotic	-1.5654	0.023977
A09	NM_004324	BAX	Pro-apoptotic	-1.0736	0.736664
A10	NM_003921	BCL10	Pro-apoptotic	1.0144	0.868758
A11	NM_000633	BCL2	Anti-apoptotic/pro-survival	-1.3674	0.086221
A12	NM_004049	BCL2A1	Anti-apoptotic/pro-survival	-2.4236	0.159624
B01	NM_138578	BCL2L1	Anti-apoptotic/pro-survival	1.001	0.972438
B02	NM_020396	BCL2L10	Pro-apoptotic	-1.1049	0.768924
B03	NM_006538	BCL2L11	Pro-apoptotic	2.1026	0.000809
B04	NM_004050	BCL2L2	Anti-apoptotic/pro-survival	-2.4041	0.000559
B05	NM_016561	BFAR	Bifunctional (Pro/Anti-apoptotic)	-1.2742	0.127776
B06	NM_001196	BID	Pro-apoptotic	1.0543	0.641333
B07	NM_001197	BIK	Pro-apoptotic	-2.107	0.001943
B08	NM_001166	BIRC2	Anti-apoptotic/pro-survival	-2.043	0.000747
B09	NM_001165	BIRC3	Anti-apoptotic/pro-survival	-1.0248	0.952439
B10	NM_001168	BIRC5	Anti-apoptotic/pro-survival	-1.6939	0.020966
B11	NM_016252	BIRC6	Anti-apoptotic/pro-survival	-2.5799	0.000076

B12	NM_004330	BNIP2	Bifunctional (Pro/Anti-apoptotic)	-1.3498	0.173635
C01	NM_004052	BNIP3	Bifunctional (Pro/Anti-apoptotic)	1.2745	0.027125
C02	NM_004331	BNIP3L	Bifunctional (Pro/Anti-apoptotic)	1.2849	0.153039
C03	NM_004333	BRAF	Pro-apoptotic	-2.591	0.000104
C04	NM_033292	CASP1	Executor and effector proteins	-1.226	0.209515
C05	NM_001230	CASP10	Executor and effector proteins	-1.9028	0.000829
C06	NM_012114	CASP14	Executor and effector proteins	-1.5276	0.050478
C07	NM_032982	CASP2	Executor and effector proteins	-1.4381	0.085554
C08	NM_004346	CASP3	Executor and effector proteins	-1.5627	0.053641
C09	NM_001225	CASP4	Executor and effector proteins	-1.0731	0.442365
C10	NM_004347	CASP5	Executor and effector proteins	-1.7717	0.295184
C11	NM_032992	CASP6	Executor and effector proteins	-1.095	0.552437
C12	NM_001227	CASP7	Executor and effector proteins	1.0731	0.67144
D01	NM_001228	CASP8	Executor and effector proteins	-1.7663	0.006703
D02	NM_001229	CASP9	Executor and effector proteins	-1.7186	0.004419
				Fold	
				Regulation	p-value
Position	Refseq	Symbol	Apoptotic pathway/category	DF vs UF	DF vs UF
D03	NM_001242	CD27	Death receptors and ligands	-3.2806	0.009785
D04	NM_001250	CD40	Death receptors and ligands	-1.316	0.325528
D05	NM_000074	CD40LG	Death receptors and ligands	-1.9686	0.013581
D06	NM_001252	CD70	Death receptors and ligands	-1.658	0.202356
D07	NM_003879	CFLAR	Anti-apoptotic/pro-survival	-2.1141	0.00051
D08	NM_001279	CIDEA	Executor and effector proteins	-1.5513	0.228807
D09	NM_014430	CIDEB	Executor and effector proteins	-1.7336	0.02284
D10	NM_003805	CRADD	Pro-apoptotic	-1.0064	0.972725
D11	NM_018947	CYCS	Pro-apoptotic	-2.4964	0.000313
D12	NM_004938	DAPK1	Pro-apoptotic	-1.9165	0.067307

E01	NM_004401	DFFA	Executor and effector proteins	1.0199	0.811724
E02	NM_019887	DIABLO	Pro-apoptotic	-1.3226	0.228869
E03	NM_003824	FADD	Pro-apoptotic	1.0296	0.882835
E04	NM_000043	FAS	Death receptors and ligands	-2.3589	0.000088
E05	NM_000639	FASLG	Death receptors and ligands	-2.0387	0.003289
E06	NM_001924	GADD45A	Pro-apoptotic	1.1384	0.534175
E07	NM_003806	HRK	Pro-apoptotic	-1.4549	0.155279
E08	NM_000875	IGF1R	Anti-apoptotic/pro-survival	-1.2957	0.163936
E09	NM_000572	IL10	Anti-apoptotic/pro-survival	-2.0572	0.044915
E10	NM_000595	LTA	Death receptors and ligands	-1.0591	0.978922
E11	NM_002342	LTBR	Death receptors and ligands	-1.3791	0.057066
E12	NM_021960	MCL1	Anti-apoptotic/pro-survival	-1.5719	0.026338
F01	NM_004536	NAIP	Anti-apoptotic/pro-survival	-3.6072	0.00147
F02	NM_003998	NFKB1	Anti-apoptotic/pro-survival	-1.438	0.027655
F03	NM_006092	NOD1	Executor and effector proteins	-2.137	0.000112
F04	NM_003946	NOL3	Anti-apoptotic/pro-survival	-1.5877	0.006106
F05	NM_013258	PYCARD	Pro-apoptotic	2.0788	0.006742
F06	NM_003821	RIPK2	Pro-apoptotic	1.3458	0.01402
F07	NM_000594	TNF	Death receptors and ligands	-1.4549	0.155279
F08	NM_003844	TNFRSF10A	Death receptors and ligands	-1.7219	0.099106
F09	NM_003842	TNFRSF10B	Death receptors and ligands	-1.6676	0.043374
F10	NM_002546	TNFRSF11B	Death receptors and ligands	-1.4796	0.208317
F11	NM_001065	TNFRSF1A	Death receptors and ligands	-1.8542	0.02651
F12	NM_001066	TNFRSF1B	Death receptors and ligands	-1.1768	0.715645
G01	NM_014452	TNFRSF21	Death receptors and ligands	1.8737	0.07722
G02	NM_003790	TNFRSF25	Death receptors and ligands	-3.6224	0.000468
G03	NM_001561	TNFRSF9	Death receptors and ligands	-1.2813	0.674319
G04	NM_003810	TNFSF10	Death receptors and ligands	1.2602	0.171339

G05	NM_001244	TNFSF8	Death receptors and ligands	-1.5442	0.136328
G06	NM_000546	TP53	Pro-apoptotic	1.3765	0.159191
G07	NM_005426	TP53BP2	Pro-apoptotic	-1.9209	0.005864
G08	NM_005427	TP73	Pro-apoptotic	-1.9914	0.068535
				Fold Regulation	<i>p-value</i>
Position	Refseq	Symbol	Apoptotic pathway/category	DF vs UF	<i>DF vs UF</i>
G09	NM_003789	TRADD	Pro-apoptotic	-1.4995	0.041893
G10	NM_021138	TRAF2	Pro-apoptotic	-1.5841	0.029047
G11	NM_003300	TRAF3	Pro-apoptotic	-1.0815	0.481774
G12	NM_001167	XIAP	Anti-apoptotic/pro-survival	1.4862	0.744222
H01	NM_001101	ACTB	N/A	1.5942	0.109598
H02	NM_004048	B2M	N/A	1.4349	0.065041
H03	NM_002046	GAPDH	N/A	1.2743	0.3344
H04	NM_000194	HPRT1	N/A	1	0
H05	NM_001002	RPLP0	N/A	1.6461	0.013995

***Bold: Housekeeping gene used for quantification**