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# Patterns of mitochondrial TSPO binding in cerebral small vessel disease: an *in vivo* PET study with neuropathological comparison

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## 20 **Abstract**

21 Small vessel disease (SVD) can be associated with cognitive impairment in older age and be  
22 implicated in vascular dementia. Post-mortem studies show proliferation of activated microglia in the  
23 affected white matter. However, the role of inflammation in SVD pathogenesis is incompletely  
24 understood and better biomarkers are needed. We hypothesized that expression of the 18kDa  
25 translocator protein (TSPO), a marker of microglial activation, would be higher in SVD. Positron  
26 emission tomography (PET) was performed with the second-generation TSPO ligand [11C]PBR28 in  
27 11 participants with SVD. TSPO binding was evaluated by a two-tissue compartment model, with  
28 and without a vascular binding component, in white matter hyperintensities (WMH) and normal-  
29 appearing white matter (NAWM). In post-mortem tissue, in a separate cohort of individuals with  
30 SVD, immunohistochemistry was performed for TSPO and a pan-microglial marker Iba1. Kinetic  
31 modeling showed reduced tracer volume and blood volume fraction in WMH compared with  
32 NAWM, but a significant increase in vascular binding. Vascular [11C]PBR28 binding was also  
33 increased compared with normal-appearing white matter of healthy participants free of SVD.  
34 Immunohistochemistry showed a diffuse increase in microglial staining (with Iba1) in sampled tissue  
35 in SVD compared with control samples, but with only a subset of microglia staining positively for

36 TSPO. Intense TSPO staining (including perivascular macrophages) was observed in the vicinity of  
 37 damaged small blood vessels. The results suggest an altered phenotype of activated microglia, with  
 38 reduced TSPO expression, in the areas of greatest white matter ischemia in SVD, with implications  
 39 for the interpretation of TSPO PET studies in older individuals or those with vascular risk factors.

## 40 1 Introduction

41 Cerebrovascular small vessel disease (SVD) is increasingly recognised as an important cause of age-  
 42 related cognitive impairment and dementia. The term defines a heterogeneous group of hereditary  
 43 and sporadic conditions that impair the brain microcirculation (Iadecola, 2013). Neuropathological  
 44 findings in SVD affect parenchymal and leptomeningeal small perforating arteries, arterioles,  
 45 capillaries and, less commonly, small veins and venules (Charidimou et al., 2016). The radiological  
 46 manifestations include focal lacunar infarcts and ill-defined lesions, hyperintense on T2-weighted  
 47 MRI. These abnormalities occur in both deep white matter, with relative sparing of subcortical U-  
 48 fibres, and the deep grey matter of the thalamus and striatum. Diffuse lesions in white matter are  
 49 often referred to as diffuse white matter hyperintensities (WMH) or leukoaraiosis (Hachinski et al.,  
 50 1986). Histologically, diffuse lesions correspond to areas of rarefaction of myelin (Fazekas et al.,  
 51 1993), enlargement of perivascular spaces but general sparing of the neuropil. Hallmark pathology of  
 52 small vessels in these regions includes endothelial proliferation, thickening and splitting of the walls,  
 53 small plaque-like accumulations of plasma proteins, perivascular reactive astrocytosis and  
 54 accumulation of perivascular macrophages (Alafuzoff et al., 2012). Increasingly, interest has shifted  
 55 towards a critical role for the neurovascular unit in the pathogenesis of SVD (Hassan et al., 2003),  
 56 with evidence for compromise of the blood-brain barrier (BBB) and cerebral blood flow regulation  
 57 (Rosenberg, 2009; Holland et al., 2015). This has reignited interest in inflammation, as regulation of  
 58 immune responses is a cardinal function of the neurovascular unit and blood-brain barrier.

59 Neuropathological evidence supports a role for inflammation in the pathogenesis of SVD. Activated  
 60 microglia are abundant in areas of damaged white matter, more so than in areas of morphologically  
 61 unaffected control white matter. Microglia cells show the morphology of activated cells, which  
 62 suggests immune response and a role in antigen presentation, possibly in response to BBB disruption  
 63 and extravasation of plasma proteins (Simpson et al., 2007). Epidemiological evidence also suggests  
 64 an association between systemic inflammation and WMH extent (Sjogren et al., 2001). Microglial  
 65 activation is associated with increased metabolic activity and mitochondrial biogenesis. The latter  
 66 leads to enhanced expression of the mitochondrial 18kDa translocator protein (TSPO) (Albrecht et  
 67 al., 2016). This alteration in protein expression provides a possible molecular marker of microglial  
 68 activation, which has been exploited by positron emission tomography (PET) studies, using  
 69 radioligands to investigate microglial activation *in vivo* in the human brain. PET studies in a number  
 70 of neurodegenerative and neuroinflammatory diseases have shown higher TSPO expression,  
 71 consistent with *post-mortem* studies showing microglia activation (Jacobs et al., 2012). Moreover,  
 72 PET imaging studies suggest that focal lacunar infarction, a feature of SVD, initiates microglial  
 73 activation (Radlinska et al., 2009). However, few data are available on TSPO in the diffuse,  
 74 progressive form of SVD (Evans et al., 2017). The role of inflammation in diffuse SVD has  
 75 important therapeutic implications, as WMH progression is associated with cognitive decline and risk  
 76 of dementia. New treatment avenues to retard progression of diffuse SVD are therefore urgently  
 77 needed.

78 This study utilized the second generation (Owen et al., 2014) tracer [<sup>11</sup>C]PBR28 to investigate TSPO  
 79 binding patterns in individuals with SVD. Based on *post-mortem* observations, we hypothesized that  
 80 [<sup>11</sup>C]PBR28 binding would be higher within WMH than normal-appearing white matter (NAWM).

81 We included a group of participants with symptomatic lacunar stroke within the last 12 months, to  
 82 investigate whether acute infarction modulated inflammation within SVD. We compared these results  
 83 with a dataset of [<sup>11</sup>C]PBR28 brain PET scans from healthy controls. To facilitate interpretation of  
 84 PET binding results, we also investigated *post-mortem* brains of subjects with neuropathologically-  
 85 confirmed SVD.

86 **2 Methods**

87 **2.1 SVD participants**

88 SVD was defined as the presence of confluent or near confluent (corresponding to Fazekas grade 2 or  
 89 above) WMH on T2-weighted MRI scans of the brain. Participants were defined as ‘asymptomatic’ if  
 90 they had no history of stroke or TIA and were free of cognitive and gait symptoms. Asymptomatic  
 91 SVD participants were recruited from the local community. Symptomatic SVD patients (individuals  
 92 with a history of lacunar stroke in the last year) were recruited from a cohort enrolled in the  
 93 longitudinal STRATEGIC study of cognitive function after stroke (registered with ClinicalTrials.gov  
 94 as <https://www.clinicaltrials.gov/show/NCT03982147>). All participants were aged over 50 and fluent  
 95 in English; we excluded those with large artery infarcts, diagnosis of dementia, active malignancy,  
 96 major neurological or psychiatric illness (as defined by DSM-IV-TR), previous moderate to severe  
 97 head injury (Mayo clinic classification of severity) or lack of capacity to consent. Those invited to  
 98 participate in the PET study all had high or medium TSPO binding status based on Ala147Thr  
 99 polymorphism genotyping (Fazekas et al., 1993; Owen et al., 2012). In total, six asymptomatic SVD  
 100 participants and five stroke patients underwent PET (Table 1).

101 The study was approved by the Bromley Research Ethics Committee (ref: 13-LO-1745) and was  
 102 conducted in accordance with the Declaration of Helsinki. All participants provided written,  
 103 informed consent.

104

[INSERT TABLE 1 HERE]

106

107 **2.2 [<sup>11</sup>C]PBR28 PET imaging**

108 Radiopharmaceutical preparation of [<sup>11</sup>C]PBR28 was performed as previously described (Owen et  
 109 al., 2014) and the imaging protocol was adopted from previous [<sup>11</sup>C]PBR28 PET studies (Veronese et  
 110 al., 2018). Briefly, an initial low-dose computed tomography (CT) scan was acquired for attenuation  
 111 and scatter correction using a Siemens Biograph™ True Point™ PET/CT scanner (Siemens Medical  
 112 Systems, Germany). Subjects then received a bolus injection of [<sup>11</sup>C]PBR28 (injected dose mean±SD  
 113 349±10 MBq) followed by a 90-minute PET emission scan. PET data were acquired in three-  
 114 dimensional mode and binned into 26 frames (durations: 8 x 15 s, 3 x 1 min, 5 x 2 min, 5 x 5 min, 5 x  
 115 10 min). Images were corrected for attenuation and scatter and reconstructed using filtered back  
 116 projection.

117 In parallel to the PET acquisition, arterial blood was sampled from the radial artery using a combined  
 118 automatic (from 0 to 15 minutes after tracer injection) and manual approach (samples collected at 5,  
 119 10, 15, 20, 25, 30, 40, 50, 60, 70, 80, 90 minutes) in agreement with the experimental protocol used  
 120 in previous publication (Bloomfield et al., 2016). From these blood samples, a time-continuous

121 metabolite-free plasma input function was derived for each individual to describe the tracer delivery  
 122 to the brain by using Multiblood software (<https://github.com/MatteoTonietto/MultiBlood>) (Tonietto  
 123 et al., 2019). PET scans started at a similar time of day to reduce potential effects of circadian rhythm  
 124 on TSPO density (between 10.00 am and 3.30 pm) (Collste et al., 2016). Cumulative scanner  
 125 movement, defined as the sum of total frame-to-frame movement during imaging acquisition, was  
 126  $15.2 \pm 4.6$  (mean $\pm$ SD) mm and none of the participants showed interframe motion spikes  $> 5$ mm. Free  
 127 plasma fraction ( $f_p$ ) ranged from 1.4% to 2.7% (mean $\pm$ SD:  $1.8\% \pm 0.4\%$ ). These numbers are  
 128 qualitatively comparable with the historical archive of dynamic [ $^{11}\text{C}$ ]PBR28 PET studies  
 129 (Bloomfield et al., 2016; Nair et al., 2016; Veronese et al., 2018).

### 130 2.3 Magnetic Resonance Imaging (MRI)

131 MRI sequences were acquired using an MR750 3.0 Tesla MR scanner (GE Healthcare, Little  
 132 Chalfont, Buckinghamshire, United Kingdom). We selected sequences to meet the Standards for  
 133 Reporting Vascular changes on nEuroimaging (STRIVE) (Wardlaw et al., 2013). T1-weighted scans  
 134 were acquired with Magnetization Prepared Rapid Gradient Echo (MPRAGE) sequence with  
 135 repetition time of 7.312ms, echo time of 3.016ms and a flip angle of  $11^\circ$ . Images were acquired in  
 136 the sagittal plane covering the whole head with field of view (FOV) of 270 x 270 mm and matrix size  
 137 of 256 x 256 voxels. Slice thickness and slice gap were 1.2 mm. T2-weighted fast recovery fast spin  
 138 echo (FRFSE) and fluid-attenuated inversion recovery (FLAIR) sequences were acquired to delineate  
 139 infarcts and other vascular lesions. The FRFSE sequence used a TR of 4380 ms, TE of 54-65 ms and  
 140 flip angle of  $90\text{-}111^\circ$ . The FLAIR sequence used a TR of 8000 msec, TE of 120-130 msec and flip  
 141 angle of  $90\text{-}111^\circ$ . Images were acquired in the axial plane with FOV of 240 x 240 mm and matrix  
 142 sizes of 320 x 256 and 256 x 128 voxels for FRFSE and FLAIR respectively. Slice positions were  
 143 aligned for both sequences with 72 slices at 2 mm thickness for FRFSE and 36 slices at 4 mm  
 144 thickness for FLAIR.. Perfusion measurements were obtained from an arterial spin labelling  
 145 acquisition. Pseudo-continuous arterial spin labelling (ASL) MRI was obtained (geometry of  $1.875 \times$   
 146  $1.875 \times 3$  mm and a post-labelling delay of 2525 ms). One patient (P2) was unable to have a research  
 147 MRI scan and clinical MR images obtained at 1.5T with a comparable FLAIR acquisition were used  
 148 to define WMH. An additional patient did not have ASL during their research scan, leaving nine out  
 149 of eleven patients with ASL scans.

### 150 2.4 Image processing and analysis

151 All PET images were corrected for head movement by realigning all the PET frames to a single  
 152 “reference” space identified by the PET frame with the highest activity as implemented in  
 153 MIAKAT<sup>TM</sup> (<http://www.miakat.org>). Regional time-activity curves were obtained by sampling the  
 154 dynamic PET image with predefined regions of interest (ROIs). ROIs delineating WMH were drawn  
 155 manually on FLAIR images by a single rater (PW). White matter was defined using automated  
 156 segmentation of T1-weighted images in SPM12. NAWM ROIs were defined by subtracting WMH  
 157 voxels from segmented white matter. For comparison with the post-mortem tissue analysis (see  
 158 below), a striatum ROI was defined using the Hammersmith atlas, combining the caudate, putamen  
 159 and nucleus accumbens (Hammers et al., 2003).

160 MR images and their ROIs were co-registered with a reference PET image for each subject to allow  
 161 analysis of tracer uptake within specified ROIs (Figure 1). Using SPM12 (Functional Imaging  
 162 Laboratory, University College London, UK), the FLAIR images were co-registered with the high  
 163 resolution T1-weighted images, which were in turn co-registered with the reference PET image. The  
 164 ASL images were co-registered with the T1-weighted images in PET space.

165 ASL images were processed to generate maps of cerebral blood flow (CBF) and a matched proton  
 166 density weighted image as described previously (Modinos et al., 2018). The proton density images  
 167 show anatomical features in the same geometry as CBF and were used for co-registration to PET  
 168 space.

169

170 [INSERT FIGURE 1 HERE]

171

172 Quantification of [ $^{11}\text{C}$ ]PBR28 tissue distribution was performed using the standard 2-tissue  
 173 compartmental modelling (2TCM) and 2-tissue compartmental model with the inclusion of vascular  
 174 binding (2TCM-1K) (Rizzo et al., 2014). Both models have been used with [ $^{11}\text{C}$ ]PBR28 PET for  
 175 TSPO tissue quantification in controls and patients (Bloomfield et al., 2016; Rizzo et al., 2019) and  
 176 tested in TSPO specific blocking studies (Owen et al., 2014; Veronese et al., 2018). In a principally  
 177 vascular disease, modelling the vascular compartment could provide useful disease-relevant  
 178 information, therefore the 2TCM-1K approach had potential advantages for clinical application to  
 179 SVD. Note that these kinetic models share most of the micro-parameters with the exception of  $K_b$   
 180 which is explicitly used in 2TCM-1K to account for the vascular TSPO component. Inclusion of an  
 181 explicit vascular compartment allows the model to account for two possible confounding factors in  
 182 SVD: reduced tissue blood flow; and binding of TSPO by the endothelium (so that the tracer remains  
 183 within the vascular compartment). Both blood flow and altered blood-to-tissue extraction are  
 184 modelled by the  $K_1$  parameter. In addition to  $K_b$ , the total volume of distribution of the tracer in  
 185 tissue ( $V_T$ , ml/cm $^3$ ), the blood-to-tissue tracer transport constant ( $K_1$ , ml/g/cm $^3$ ) and the blood-to-  
 186 tissue volume fraction ( $V_b$ , no units) were considered main parameters of interest. A full description  
 187 of the model kinetic parameters and their mathematical identifiability is reported in original  
 188 references (Bloomfield et al., 2016).

## 189 2.5 Healthy control participants

190 A dataset of [ $^{11}\text{C}$ ]PBR28 brain PET scans from healthy individuals was obtained from an  
 191 institutional PET repository NODE (Maudsley Biomedical Research Centre, London, UK). This  
 192 dataset was used to compare the [ $^{11}\text{C}$ ]PBR28 PET signal in the NAWM and WMH of the SVD  
 193 participants with healthy WM tissue. Twenty-one healthy controls (age: 38 $\pm$ 15 years, gender: 15  
 194 males/6 females, 3 MABs/18 HABs) were included in this analysis. Radiotracer synthesis,  
 195 experimental protocol, image acquisition and reconstruction, analysis pipeline and software were  
 196 consistent across cohorts (Bloomfield et al., 2016). To confirm that the control participants were free  
 197 of SVD, T1-weighted MR images were inspected, to confirm the absence of diffuse white matter  
 198 hypointensities or focal lesions > 4 mm in the basal ganglia (Fazekas et al., 1993; Wahlund et al.,  
 199 2001).

## 200 2.6 Post-mortem tissue analysis

201 Five *post-mortem* brains found to contain neuropathological evidence of sporadic SVD, were  
 202 selected from the Manchester Brain Bank cohort (ethics: 09/H0906/52+5). The subjects' age ranged  
 203 between 71 and 97 years; four were female. The individual samples were selected for relatively pure  
 204 vascular pathology: all had low levels of tau-related pathology consistent with Braak & Braak stage  
 205 II and low amyloid load (Thal phase III) (Braak and Braak, 1991; Thal et al., 2002; Braak et al.,  
 206 2006). *APOE* allele was  $\epsilon 3/\epsilon 3$  in all subjects. None of the brains demonstrated amyloid angiopathy.



207 Cases with watershed infarcts and laminar necrosis were excluded. From the coronal slices stored in  
 208 10% buffered formalin, we resampled the striatum at the levels of the septum and nucleus  
 209 accumbens, and at the level of anterior commissure. The demographics and essential clinical  
 210 information of the five subjects are reported in Table 1.

211 Two control brains from individuals of comparable age were supplied by the UK Parkinson's Society  
 212 Brain Bank at Imperial College, London, UK (ethics: 18/WA/0238). They were selected from a  
 213 cohort of over 900 brains using the following stringent criteria: mild SVD, absence of  $\alpha$ -synuclein  
 214 and TDP-43 inclusions, tau Braak stage I-III and low Thal A $\beta$  phase. None of the subjects had  
 215 previous history of stroke or cerebrovascular disease. Post-mortem delay for all cases was less than  
 216 48 hours. Similar to SVD cases, samples of the basal ganglia were taken at the levels of septum and  
 217 anterior commissure. The H&E-stained sections were reviewed to confirm the diagnosis;  
 218 immunostains for  $\alpha$ -synuclein, Tau, A $\beta$  peptide, p62 and TDP-43 were also available for review. The  
 219 two control donors were males aged 71 and 77 years at the time of death. The cause of death was  
 220 malignancy in both cases; brain metastases were not present (Table 1).

## 221 **2.7 Tissue analysis and quantification of microglia/macrophage density and TSPO expression**

222 The tissue samples were routinely processed over three days on a Shandon Citadel 1000 Processor  
 223 and embedded in molten Histoplast Paraffin wax using a ThermoFisher HistoStar embedding station.  
 224 Ten consecutive sections number from 1 to 10 were cut at 5  $\mu$ m from each block on a Shandon  
 225 Finesse 325 microtome. Section 1 was stained with hematoxylin-eosin (H&E). Sections 2 and 3 were  
 226 used for immunohistochemistry. Dewaxing, rehydration and antigen retrieval was performed using a  
 227 Ventana BenchMark Ultra and the reagents supplied by the manufacturer as per the standard  
 228 preprogramed protocol (Ventana Medical Systems, Roche Group, Tucson, AZ, USA). The anti-  
 229 ionized calcium binding adaptor molecule 1 (Iba1) polyclonal antibody (Wako, 019-19741) for  
 230 microglia and macrophages was used at the dilution of 1:5000 and incubated for 32 minutes. The  
 231 anti-TSPO polyclonal antibody (Abnova, PAB7095) was used at the dilution of 1:250 for 60 minutes.  
 232 Nuclei were counterstained with hematoxylin and both post counterstained in bluing reagent for 4  
 233 minutes.

## 234 **2.8 Quantification of Iba1 and TSPO immunostains**

235 Immunostains were scanned at the Bioimaging Facility at University of Manchester  
 236 ([www.bmh.manchester.ac.uk/research/facilities/bioimaging](http://www.bmh.manchester.ac.uk/research/facilities/bioimaging)) using 3D Hitech Panoramic 250 slide  
 237 scanner (3D Hitech ltd, Hungry). Anatomical landmarks were outlined on the digital images and  
 238 region of interest for quantification were randomly chosen by the 3D Hitech program. The regions  
 239 were selected in the head of caudate, anterior and posterior putamen, globus pallidus and anterior and  
 240 posterior limbs of the internal capsule. Iba1 and TSPO positive microglia were counted at the  
 241 magnification of x20 in 60 ROIs overall in each SVD case and control brain. The accuracy of  
 242 anatomical margins was validated by an experienced neuropathologist (FR). All images from ROIs  
 243 were then imported to ImageJ using the Kurt De Vos cell counter (<https://imagej.nih.gov/ij>, USA)  
 244 for postproduction editing and evaluation.

245 Two separate automated counting macros coded in JavaScript were run on ImageJ to count the  
 246 percentage of area occupied by positive staining signal of TSPO or Iba1 in each ROI (See appendix  
 247 for JavaScript). Each image was separated into the three RGB channels by applying the Color  
 248 Deconvolution tool using the H DAB vector. The red channel, showing the oxidized DAB brown  
 249 precipitate indicating positive immunohistochemistry staining for TSPO or Iba1, was selected and  
 250 converted to a binary image. The threshold was adjusted to minimize background staining artefacts

251 and applied consistently across each ROI. The percentage area occupied by the positively stained  
 252 signal indicated by black was calculated with the Analyze Particle tool (Supplementary Figure 1).  
 253 Each of the two automated counting macros for TSPO and Iba1 were applied uniformly across all  
 254 ROI following a quality control assessment comparing manual counts with the automated macros for  
 255 each stain. Double blinded validation was also carried out independently by three co-authors (RW,  
 256 BO and FR) with multipoint tagging on ImageJ. Only microglial cells with a clearly identifiable  
 257 nucleus were counted.

## 258 2.9 Statistical Analysis

259 Statistical analyses were performed using SPSS Statistics version 25 (IBM UK Ltd., Portsmouth,  
 260 UK). For the imaging data analysis, differences in kinetic parameter estimates between the modelled  
 261 ROIs were tested using paired t-tests. Comparisons between groups were tested using independent  
 262 sample t-tests. Equality of variances was tested using Levene's test and correction applied to the  
 263 degrees of freedom for comparisons where this assumption was not met. Data points were excluded if  
 264 the values were extreme (more than three interquartile ranges from the edge of the interquartile  
 265 range) or physiologically implausible ( $K_b$  values  $>1$  or close to  $0 \text{ min}^{-1}$ ). Exclusions were made on a  
 266 by-ROI basis, with data points for all parameters for a given ROI being excluded if one parameter  
 267 was invalid. For the post-mortem study, the effect of SVD on microglia/macrophage density and Iba1  
 268 expression was tested using two-way analysis of variance (ANOVA). Given the low number of  
 269 subjects, each region was considered a separate measure, with region and group as fixed effects.

## 270 3 Results

### 271 3.1 TSPO PET binding in lesions and NAWM

272 The main PET findings were consistent between 2TCM-1K and 2TCM models. Therefore, unless  
 273 otherwise stated, the results below refer to 2TCM-1K (for a full comparison with the 2TCM, please  
 274 see Supplementary Material).

275 [ $^{11}\text{C}$ ]PBR28  $V_T$  was lower in WMH than in NAWM ( $t(10) = 5.76, p < .001$ ). Similarly, the blood  
 276 volume fraction ( $V_b$ ) was also reduced in WMH compared with NAWM ( $t(10) = 6.39, p < .001$ ). The  
 277 plasma-to-tissue tracer transport kinetic constant ( $K_I$ ) was also reduced in WMH ( $t(10) = 8.29, p <$   
 278  $.001$ ). In contrast, vascular TSPO binding ( $K_b$ ) was higher in WMH than in NAWM ( $t(10) = -3.24, p$   
 279  $< .01$ ). There was no evidence that TSPO binding differed between symptomatic and asymptomatic  
 280 individuals. Reduction in  $V_b$  and  $K_I$ , as well as increase in  $K_b$  were confirmed when WHM was  
 281 compared to WM tissues from healthy controls ( $V_b$   $t(20) = 5.04, p < .001$ ;  $K_I$   $t(20) = 2.29, p = .033$ ;  
 282  $K_b$   $t(15.3) = 2.52, p = .023$ , equal variances not assumed). Individual data points are shown in Figure  
 283 2.

284

285 [INSERT FIGURE 2 HERE]

286

### 287 3.2 Regional CBF analysis

288 Regional CBF was reduced in WMH versus NAWM (mean $\pm$  SD  $31.4 \pm 3.8$  vs  $43.0 \pm 4.5 \text{ mL}/100$   
 289  $\text{g}/\text{min}$ ,  $t(8) = 16.07, p < .001$ , Supplementary Figure 3). There were no significant correlations



290 between rCBF and any of the kinetic parameters in either WMH or NAWM (Pearson's  $|r| \leq .55$ ,  $p$   
 291  $\geq .12$ ).

### 292 3.3 Neuropathological assessment

293 The five *post-mortem* cases showed features of severe SVD according to the criteria proposed by  
 294 Skrobot et al (Skrobot et al., 2016). (Figure 3). One of the brains showed a microinfarct in the  
 295 anterior putamen that was excluded from tissue sampling. The distribution and density of microglial  
 296 cells in striatum and anterior and posterior limbs of the internal capsule was similar across the five  
 297 cases. Of microglia positively stained with Iba1, a mean of only 23% also stained positively for  
 298 TSPO (Table 2, Figure 4). The fraction of TSPO-positive microglia was similar in all regions  
 299 examined. The breakdown of values in each region is shown in Table 2 and individual values are  
 300 presented in Figure 5. TSPO was expressed in the endothelium as normally seen in vessels whereas  
 301 expression was considerably reduced or absent in the tunica media of vessels with fibrosis of their  
 302 walls. When present, perivascular macrophages were TSPO-positive whereas no detectable TSPO  
 303 expression was present in perivascular astrocytes.

304

305 [INSERT FIGURE 3, FIGURE 4 AND TABLE 2 HERE]

306

307 Perforating arteries in the two control brains showed thin walls, only minimal widening of  
 308 perivascular spaces and mild perivascular astrocytosis. The mean proportion of Iba1 stained  
 309 microglia also staining positively for TSPO was 63%. The ratio of TSPO to Iba1 density differed  
 310 significantly between groups ( $F(1,15) = 5.79$ ,  $p = .029$ ) but not regions ( $F(2,15) = 2.49$ ,  $p = .116$ ).  
 311 This effect appeared to be driven by an increase in Iba1 density in SVD tissue ( $F(1,15) = 7.93$ ,  $p =$   
 312  $.013$ ), while TSPO density did not differ between groups ( $F(1,15) = 0.25$ ,  $p = .623$ ).

313 For comparison with the neuropathological assessment, we modelled PET TSPO tracer binding in the  
 314 striatum. There were no significant differences between participants with SVD and healthy controls  
 315 in the striatum with either the 2TCM or the 2TCM-1K model. Of the 11 participants with SVD, only  
 316 three had one or more lesions  $>4$  mm in the striatum, with one accompanied by widespread smaller  
 317 lesions. These three participants are distinguished in Figure 2 and do not appear to differ from the  
 318 rest of the SVD group.

319

320 [INSERT FIGURE 5 HERE]

321

## 322 4 Discussion

323 Expression of TSPO, often increased in the presence of activated microglia (Pannell et al., 2019), was  
 324 reduced in WMH in comparison with normal-appearing white matter. In contrast, TSPO binding in  
 325 the vascular compartment was higher in WMH, relative to both normal-appearing tissue in SVD and  
 326 white matter of healthy individuals free of SVD. Immunohistochemistry in *post-mortem* brain tissue  
 327 showed a higher number of Iba1-positive microglia in SVD, but a reduction in the proportion of

328 TSPO-positive microglia. In and around affected small vessels, TSPO expression was found in vessel  
 329 walls and perivascular macrophages, consistent with the PET binding results. These results suggest  
 330 an alteration of the phenotype of activated microglia in ischemic WMH, in which microglial  
 331 activation is uncoupled from TSPO expression. Furthermore, they suggest that TSPO can provide  
 332 potentially useful information about vascular and perivascular pathology in SVD.

333 A previous *post-mortem* analysis of microglial staining, with careful alignment of histological  
 334 sampling and imaging abnormalities, was performed in the MRC-CFAS neuropathology cohort  
 335 (Simpson et al., 2007). Activated microglia were found to be abundant in regions affected by WMH  
 336 and present at lesser abundance in normal-appearing white matter. However, in the MRC-CFAS  
 337 study, an activated microglial phenotype was inferred from expression of HLA-DR;  
 338 immunohistochemistry of TSPO was not performed. In the present study, histological analysis of  
 339 post-mortem white matter confirmed that microglia are abundant in SVD (Figure 4). However, many  
 340 of these microglia stained negatively for TSPO (Figure 5). One possible explanation is that the  
 341 microglial phenotype – and particularly the upregulation of mitochondrial biosynthesis – is altered in  
 342 the ischemic conditions of visible areas of injury in SVD. Relative ischemia, compared with normal-  
 343 appearing white matter, was confirmed experimentally in WMH in the patients investigated with  
 344 PET. Conceivably, microglial activation without enhanced expression of TSPO occurs because  
 345 regions of WMH are chronically hypoperfused, so that the role of oxidative phosphorylation, and  
 346 thereby mitochondrial proliferation, in the microglial response is diminished. Alternatively,  
 347 microglial phenotype may change as tissue injury and repair enters a more chronic phase (i.e. in  
 348 contrast to acute ischemic injury). Little is known about the role of activated microglia at a late stage  
 349 remote from injury. Persistent activated morphology could reflect either ongoing tissue remodeling  
 350 or recurrent immune challenge, for example from cells or molecules that cross a compromised blood-  
 351 brain barrier. If there is a *chronic* activated microglial phenotype, this might be less tightly coupled to  
 352 mitochondrial biosynthesis and metabolism. Altered tracer dynamics might have also influenced the  
 353 pattern of results. The decreases in the modelled tracer transport suggest exactly this. However, even  
 354 after modelling these effects, there is still an apparent reduction in TSPO binding. Overall, the results  
 355 point not to a reduction of inflammatory response in WMH, but rather to an altered phenotype of  
 356 activated microglia, with reduced TSPO expression.

357 We found no evidence that the pattern of TSPO binding was different in individuals with  
 358 symptomatic stroke in the year leading up to PET. The number of individuals in each subgroup was  
 359 small so these results must be interpreted with caution. However, the lack of an obvious difference in  
 360 the scatter plots in Figure 2 argues against the contention that neuroinflammation is limited to those  
 361 with recent symptoms.

362 Our findings would fit with a view of progression of SVD whereby initial increases in TSPO  
 363 expression are followed by a chronic phase in which decreased TSPO accompanies worsening  
 364 hypoperfusion and increased damage to neurons. Imaging studies have shown that leakage of plasma  
 365 proteins begins early in SVD and creates an inflammatory microenvironment that sustains and  
 366 maintains tissue damage (Fu and Yan, 2018). Macrophages and activated microglia release proteases,  
 367 reactive oxygen species (ROS) and reactive nitrogen species that can attack the blood vessel walls,  
 368 extra cellular matrix and myelin (Rosenberg, 2017; Fu and Yan, 2018). Increased TSPO in microglia  
 369 initially protects brain tissue from high levels of ROS (Guilarte et al., 2016). During the course of the  
 370 disease lower TSPO in microglia and macrophages can reflect a progressive reduction of  
 371 inflammatory response (Mulugeta et al., 2008) but conversely can be instrumental in maintaining  
 372 tissue damage given its role in the resistance against ROS cytotoxicity. In addition, ROS and nitric  
 373 oxide intermediates produced by activated microglia are effective in damaging mitochondria and the

374 resulting mitochondrial dysfunction can cause further downregulation of TSPO. Low microglial  
 375 TSPO in SVD could therefore reflect a chronic ‘toxic state’ in which microglia-induced ROS exceeds  
 376 antioxidant defenses with subsequent injury of neurons, ECM and vessel walls (Guilarte et al., 2016).

377 Interestingly, the differences in tracer kinetic modelling parameters between WHM and NAWM were  
 378 consistent with both standard 2TCM and 2TCM-1K (see Supplementary Material). The latter  
 379 includes an additional term that separates TSPO tracer binding within parenchymal and vascular  
 380 compartments. Modelling [<sup>11</sup>C]PBR28 with 2TCM-1K has shown several advantages compared to  
 381 standard 2TCM. Firstly, 2TCM-1K leads to a better and more efficient data description (improved fit  
 382 and lower Akaike coefficient) compared to standard 2TCM in both healthy individuals and patients  
 383 with CNS diseases (Rizzo et al., 2014; Bloomfield et al., 2016). Secondly, the 2TCM-1K is more  
 384 sensitive to changes in affinity as demonstrated by its higher sensitivity to changes in rs6971  
 385 polymorphism (Rizzo et al., 2014). Finally, the 2TMC-1K has a stronger agreement with TSPO  
 386 mRNA expression than the 2TCM – this was demonstrated both in terms of binding data at baseline  
 387 (Rizzo et al., 2014) and in terms of displacement after TSPO blocking (Veronese et al., 2018). The  
 388 work presented here extends existing literature by showing how 2TCM-1K can also be used to  
 389 investigate TSPO distribution at the intact and disrupted vascular interface. Irrespective of the type of  
 390 model used for the tracer quantification, both 2TCM and 2TCM-1K showed a reduction of blood  
 391 volume ( $V_b$ ) and blood to tissue tracer transport ( $K_I$ ) in WHM as compared to NAWM and WM  
 392 tissues in healthy controls, so that the main PET results are consistent across models.

393 Explicit modelling of the vascular compartment led to the striking finding of an increase in the  
 394 vascular tracer binding constant,  $K_b$ , in WMH compared to NAWM and healthy white matter.  
 395 Elevated  $K_b$  most likely reflects a higher density of TSPO in or around vessel walls. TSPO is  
 396 expressed in endothelium and the extent of WMH in patients with SVD correlates with  
 397 thrombomodulin, a circulating marker of endothelial cell activation (Hassan et al., 2003). However,  
 398 endothelial TSPO staining appeared normal in our *post-mortem* SVD specimens. Perivascular  
 399 macrophages also bind TSPO ligands and were indeed observed in our specimens. Higher  
 400 [<sup>11</sup>C]PBR28 signal in the vascular compartment in SVD may be further explained by the formation of  
 401 pockets delimited by collagen type IV-positive membranes in vessels walls (Forsberg et al., 2018).  
 402 These pockets contain plasma proteins which can bind and entrap TSPO ligands, delaying their  
 403 diffusion through vessel walls (Lockhart et al., 2003; Turkheimer et al., 2015). According to this  
 404 hypothesis, the increase in TSPO PET signal in the vascular compartment in SVD may be driven in  
 405 party by tracer trapped within the vessel wall rather than a true increase in TSPO expression.

406 The persistence of TSPO tracer in vascular compartment might also reflect the progressive loss of  
 407 smooth muscle cells in the tunica media and their replacement by fibrous connective tissue, collagen  
 408 type IV in particular (Veronese et al., 2018), with a possible subsequent increase in resistance to  
 409 lipophilic tracers.

410 In addition to offering new insight into the pathogenesis of SVD, the current results have important  
 411 implications for the design and interpretation of PET studies that utilize TSPO as a marker of  
 412 neuroinflammation. Given the fact that in white matter lesions the TSPO signal was mainly at the  
 413 interface between brain parenchyma and vascular unit, blood sampling and full compartmental  
 414 modelling is fundamental to distinguish the contribution of different compartments to the measured  
 415 PET signal. At the same time, reference region quantification approaches are not likely to be  
 416 appropriate because of the assumption of a similar blood-to-tissue tracer exchange between target and  
 417 reference tissue. Therefore, in participants with evidence of cerebrovascular disease, TSPO PET  
 418 studies should adopt blood sampling and full compartment modelling approaches and avoid analyses

419 that depend on reference regions. Practical considerations often argue against invasive blood sampling  
 420 in older groups; the present results show that full modelling strategies are most needed in groups who  
 421 may find these procedures more difficult to tolerate. The third implication is that TSPO upregulation  
 422 and microglial proliferation are uncoupled in damaged tissue: TSPO cellular dynamics are more  
 423 complex than a simple “TSPO upregulation equals microglia activation”. The presence of damaged  
 424 white matter is not confined to those with prior lacunar stroke or a diagnosis of SVD, so these  
 425 implications extend to other clinical settings. A large proportion of patients with established AD,  
 426 perhaps as many as 40%, have diffuse WMH. The possibility of activated but TSPO-negative microglia  
 427 in areas of WMH will require a more careful interpretation of TSPO PET binding results in a wide  
 428 range of clinical settings.

429 The interpretation of TSPO PET signal as a true marker of microglial activation and therefore  
 430 neuroinflammation has been a matter of debate in molecular imaging studies (Owen et al., 2017; Notter  
 431 et al., 2018). Indeed, TSPO signal can be driven by other factors, such as recruitment of peripheral  
 432 monocytes into the parenchyma, adherence of circulating leucocytes to the vascular endothelium and  
 433 the expression of TSPO in other CNS cells including astrocytes, vascular endothelial cells and neurons.  
 434 Potential avenues for future studies might include use of dual tracers with different properties in terms  
 435 of cell type or compartment specificity. The development of new tracers with specificity for different  
 436 classes of immune cells or cell surface markers would also be a major advance. The current results add  
 437 the possibility of TSPO-negative activated microglia to the list of provisos and underscore the value of  
 438 parallel PET and *post-mortem* analyses.

#### 439 4.1 Strengths and limitations

440 This study has limitations. The sample sizes for both the PET and *post-mortem* studies are small.  
 441 This study used a full PET design with dynamic acquisition and arterial blood sampling using high-  
 442 specific TSPO tracer as [<sup>11</sup>C]PBR28. Arterial blood sampling is invasive, which limits its use with  
 443 participants who are elderly or ill. The intention was to provide a preliminary study adopting a  
 444 comprehensive PET methodology, which could be used to plan larger studies and provide a starting  
 445 point to explore less invasive methods, which have been developed (Garcia-Lorenzo et al., 2018;  
 446 Schain et al., 2018; Zanotti-Fregonara et al., 2019) but require more validation work before extending  
 447 them to SVD disease. The healthy control participants were younger than the group with SVD, on  
 448 average. Several TSPO studies show a positive association between age and TSPO brain expression  
 449 (Kumar et al., 2012; Schuitemaker et al., 2012; Paul et al., 2019), raising a confounding effect of age  
 450 on the differences we report between the SVD and healthy controls (see Supplementary Figure 4).  
 451 However, a recent study on a large sample (N=140) of [<sup>11</sup>C]PBR28 PET scans shows that this effect  
 452 might be limited to cortical regions only (Tuisku et al., 2019). Measurement of cerebral blood flow  
 453 with arterial spin labelling made it possible to explore the relationships between tissue blood flow  
 454 and TSPO binding. However, for both methods, signal-to-noise ratio is relatively low in white matter,  
 455 limiting the precision with which these associations can be explored. The PET regions of interest  
 456 were matched as closely as possible to the anatomical landmarks used for post mortem tissue  
 457 sampling, but a fixed frame of reference based on post-mortem MRI was not available for this study.  
 458 A future study would also be strengthened by obtaining systemic markers of inflammation from  
 459 individuals undergoing PET.

#### 460 4.2 Conclusion

461 Elevated TSPO binding provides evidence of inflammatory activation localized to vessel walls and  
 462 perivascular spaces in SVD. Reduced TSPO expression despite microglial proliferation and tissue  
 463 pathology consistent with inflammation may reflect mitochondrial deficiency in microglia as a result

464 of chronic hypoxia or chronic oxidative stress. Our findings add further evidence for a pivotal role of  
 465 the neurovascular unit in the pathogenesis of SVD and should prompt extra caution when interpreting  
 466 TSPO PET in older individuals or those with vascular risk.

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## 472 **6 Author Contributions**

473 PW recruited participants, acquired and processed MR data, analyzed MR and PET statistics and  
 474 contributed to the paper. MV analyzed PET data and contributed to the paper. NM recruited  
 475 participants and acquired PET data. FT assisted in the design of the experiments, interpretation of the  
 476 data and preparation of the manuscript. ER assisted in the design of the experiments, interpretation of  
 477 the data and preparation of the manuscript. CB assisted in the design of the experiments,  
 478 interpretation of the data and preparation of the manuscript. SW assisted in the design of the  
 479 experiments, interpretation of the data and preparation of the manuscript. AH selected,  
 480 immunostained, analyzed and quantified normal control brains. BO, RW performed tissue  
 481 processing, immunostaining and quantification of Iba1 and TSPO in SVD brains. TM, OH  
 482 contributed PET data from healthy controls. FR designed the methodology of tissue analysis, selected  
 483 the cases and contributed to manuscript writing. MO designed and oversaw the PET and MRI studies  
 484 and contributed to the paper.

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## 490 **8 Conflict of Interest**

491 The authors declare that the research was conducted in the absence of any commercial or financial  
 492 relationships that could be construed as a potential conflict of interest.

## 493 **9 Supplementary Material**

494 Supplementary information is available online.

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## 638 11 Figure legends

639 **Figure 1: Image processing pipeline.** Top: WMH and infarcts were drawn in T2-weighted FLAIR  
640 images, which were co-registered with T1-weighted images along with the ROIs. Green = deep  
641 WMH. Blue = periventricular WMH. Red = infarct lesion. Second row: grey and white matter were  
642 segmented using T1-weighted images, which were co-registered to PET space (third row) along with  
643 the tissue ROIs and the ROIs from the FLAIR images. Bottom row: ASL proton density images (left  
644 image) were co-registered to PET space along with CBF maps (right three images). Green = white  
645 matter. Blue = grey matter. Bottom: PET images.

646 **Figure 2: TSPO binding differs between normal appearing white matter (NAWM) and white**  
647 **matter hyperintensities (WMH).** Top row: group frequency maps of WMH (red) and NAWM  
648 (green) with voxel intensity indicating number of participants with corresponding tissue type, and the  
649 atlas region defining the striatum (blue). Plots show volume of tracer ( $V_T$ ), tissue-to-blood ratio ( $V_b$ ),  
650 plasma to tissue tracer transport ( $K_T$ ) and vascular-bound tracer ( $K_b$ ) for individual participants.  
651 Crosses represent healthy controls (HC). Filled and hollow circles represent individuals in the SVD  
652 group with (WMH+) or without (WMH-) a history of lacunar stroke, either in the whole brain for

653 WMH and NAWM ROIs or in the striatum for the striatum ROI. Horizontal line: mean. \*  $p < .05$ .  
654 \*\*\*  $p < .001$ .

655 **Figure 3: Histological confirmation of small vessel disease.** The globus pallidus shows widening  
656 of perivascular spaces, loose-texture neuropil and white matter due to florid reactive astrocytosis (A,  
657 hematoxylin-eosin – x4); perforating arteries demonstrate thickened walls; the tunica media is  
658 replaced by fibrous connective tissue (B, hematoxylin-eosin – x20)

659 **Figure 4: Staining for Iba1 and TSPO.** Panels A-F show whole mount sections from the anterior  
660 (A-C) and posterior basal ganglia (D-E) from a brain with severe SVD. The sections are stained with  
661 hematoxylin-eosin (A, D), and with immunocytochemistry for Iba1 (B, E) and TSPO (C, F). The bar  
662 indicates 1cm. The framed areas show the inner segment of the globus pallidus. Pictures G-I show a  
663 x20 magnification of the framed area. Perforating arteries have thickened walls (G, HE – x20); there  
664 is florid microglial and macrophagic response (red cells) (H, Iba1 immunostain – x20); TSPO  
665 expression is low and limited to a minority of microglia cells. In contrast, endothelial cells are  
666 intensely positive (arrow) (I, TSPO immunostain – x20).

667 **Figure 5: Fewer microglia express TSPO in SVD than control tissue.** A: individual measurements  
668 of the pan-microglial marker Iba1 (hollow markers) and TSPO (filled markers) in SVD and healthy  
669 controls. In SVD, there are greater numbers of microglia but a smaller proportion express TSPO; B:  
670 ratios of TSPO:Iba1 density in each group. The ratio is significantly lower in SVD over all regions.  
671 Horizontal line = mean.

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674 12 Tables

675 12.1 Table 1. Participant demographics.

Group	ID	Age at scan / death	Sex	Extent of white matter lesions	Clinical diagnosis	TSP O trace r affinity	Tau Braak stage	APO E
PET Asymptomatic SVD	P1	73	F	Fazekas DWM grade 2	Healthy	High	n/a	n/a
	P2	78	F	Fazekas DWM grade 2	Healthy	High	n/a	n/a
	P3	85	F	Fazekas DWM grade 2	Healthy	Mixed	n/a	n/a
	P4	69	F	Fazekas DWM grade 2	Healthy	High	n/a	n/a
	P5	90	M	Fazekas DWM grade 2	Healthy	High	n/a	n/a
	P6	72	F	Fazekas DWM grade 3	Healthy	High	n/a	n/a
PET Symptomatic SVD	P7	58	M	Fazekas DWM grade 2	Lacunar stroke	High	n/a	n/a
	P8	86	M	Fazekas DWM grade 2	Lacunar stroke	High	n/a	n/a
	P9	51	M	Fazekas DWM grade 3	Lacunar stroke	High	n/a	n/a
	P10	79	M	Fazekas DWM grade 2	Lacunar stroke	Mixed	n/a	n/a
	P11	55	M	Fazekas DWM grade 2	Lacunar stroke	High	n/a	n/a
PET controls	N = 21	M 37.8 SD 15.7	6 female 14 male	Fazekas DWM grade 0 No striatal lacunes	Healthy	3 mixed 18 high	n/a	n/a
Post-mortem controls	PDC013	77	M	Mild ageing changes	Ageing	n/a	II	n/a
	C073	77	M	Mild ageing changes	Hepatocarcinoma	n/a	II	n/a
Post-mortem patients	DPM10/24	92	F	Severe SVD	Vascular dementia	n/a	III	ε3ε3
	DPM16/07	71	F	Severe SVD	Ageing	n/a	I	ε3ε3
	DPM16/19	97	F	Severe SVD with microinfarction	Ageing	n/a	II	ε3ε3
	DPM16/15	92	F	Severe SVD with ischaemic lesions	Vascular dementia	n/a	II	ε3ε4
	DPM16/02	90	M	Severe SVD with microinfarctions	Ageing	n/a	II	ε3ε3

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679 **12.2 Table 2. Immunohistochemical measures**

<b>Group</b>	<b>ROI</b>	<b>Iba1 density</b>	<b>TSPO density</b>	<b>Density ratio</b>
SVD	Caudate	4.60	0.73	17%
	Internal Capsule	10.21	0.72	8%
	Pallidus	7.62	2.43	56%
	Putamen	4.15	0.38	11%
	<b>Mean</b>	<b>6.65</b>	<b>1.07</b>	<b>23%</b>
HC	Internal Capsule	3.66	1.24	34%
	Pallidus	2.41	1.70	72%
	Putamen	1.68	1.35	83%
	<b>Mean</b>	<b>2.58</b>	<b>1.43</b>	<b>63%</b>

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