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# Phosphodiesterase 5 Inhibition Limits Doxorubicin-induced Heart Failure by Attenuating Protein Kinase G $\alpha$ Oxidation<sup>\*S</sup>

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Phosphodiesterase 5 (PDE5) inhibitors limit myocardial injury caused by stresses, including doxorubicin chemotherapy. cGMP binding to PKG  $\alpha$  attenuates oxidant-induced disulfide formation. Because PDE5 inhibition elevates cGMP and protects from doxorubicin-induced injury, we reasoned that this may be because it limits PKG  $\alpha$  disulfide formation. To investigate the role of PKG  $\alpha$  disulfide dimerization in the development of apoptosis, doxorubicin-induced cardiomyopathy was compared in male wild type (WT) or disulfide-resistant C42S PKG  $\alpha$  knock-in (KI) mice. Echocardiography showed that doxorubicin treatment caused loss of myocardial tissue and depressed left ventricular function in WT mice. Doxorubicin also reduced pro-survival signaling and increased apoptosis in WT hearts. In contrast, KI mice were markedly resistant to the dysfunction induced by doxorubicin in WTs. In follow-on experiments the influence of the PDE5 inhibitor tadalafil on the development of doxorubicin-induced cardiomyopathy in WT and KI mice was investigated. In WT mice, co-administration of tadalafil with doxorubicin reduced PKG  $\alpha$  oxidation caused by doxorubicin and also protected against cardiac injury and loss of function. KI mice were again innately resistant to doxorubicin-induced cardiotoxicity, and therefore tadalafil afforded no additional protection. Doxorubicin decreased phosphorylation of RhoA (Ser-188), stimulating its GTPase activity to activate Rho-associated protein kinase (ROCK) in WTs. These pro-apoptotic events were absent in KI mice and were attenuated in WTs co-administered tadalafil. PKG  $\alpha$  disulfide formation triggers cardiac injury, and this initiation of maladaptive signaling can be blocked by pharmacological therapies that elevate cGMP, which binds kinase to limit its oxidation.

The anthracycline drug doxorubicin is an effective and frequently used chemotherapeutic in the treatment of cancer. A major side effect of doxorubicin is cardiotoxicity, leading to

heart failure. This cardiotoxicity occurs acutely within days of treatment in ~11% of cases but also after chronic exposure in ~2% of patients (1). Mechanisms proposed to contribute to doxorubicin cardiotoxicity include oxidative stress, down-regulation of genes expressing contractile proteins, and apoptosis (2). Doxorubicin-induced cardiomyopathy has poor prognosis and is frequently fatal; consequently, there is a need for defining therapies that combat this common side effect of chemotherapy.

Several animal and human studies showed cGMP analogues or phosphodiesterase (PDE)<sup>2</sup> 5 inhibitors, which prevent hydrolysis of cGMP, are protective against doxorubicin-induced cardiomyopathy without interfering with the efficacy of the treatment (3, 4), although the mechanism of this protection remains incompletely understood. cGMP binds and allosterically activates cGMP-dependent protein kinase, otherwise known as protein kinase G (PKG). PKG  $\alpha$  comprises a homodimer with two parallel-aligned monomers held together by a leucine zipper (5). PKG  $\alpha$  forms a homo interprotein disulfide between Cys-42 on each of its two chains in response to oxidative stress, activating the kinase independently of cGMP (6). This disulfide activation of PKG  $\alpha$  in blood vessels induces vasodilation and blood pressure lowering. Thus, C42S PKG  $\alpha$  knock-in (KI) mice engineered so that they cannot form this disulfide are resistant to oxidant-induced vasodilation and are basally hypertensive *in vivo*. Despite living with chronic hypertension, it was notable that the KI mice did not develop cardiac hypertrophy or progress to heart failure (7). This may suggest that expression of the mutant C42S PKG  $\alpha$  in the heart is able to limit the maladaptive changes that normally occur because of the workload stress imposed on the myocardium by hypertension.

When cGMP binds PKG  $\alpha$ , it attenuates oxidant-induced disulfide formation (8, 9). Because inhibition of PDE5 elevates cGMP and also provides protection from doxorubicin- or pressure overload-induced injury, we reasoned that this may be because it limits oxidation of the kinase to the disulfide. Oxidation of PKG  $\alpha$  is anticipated during doxorubicin treatment because it induces oxidative stress through mitochondrial redox cycling reactions (10). In this scenario disulfide activation of myocardial PKG  $\alpha$  would be rationalized to be maladaptive, explaining why strategies like cGMP elevation are cardiopro-

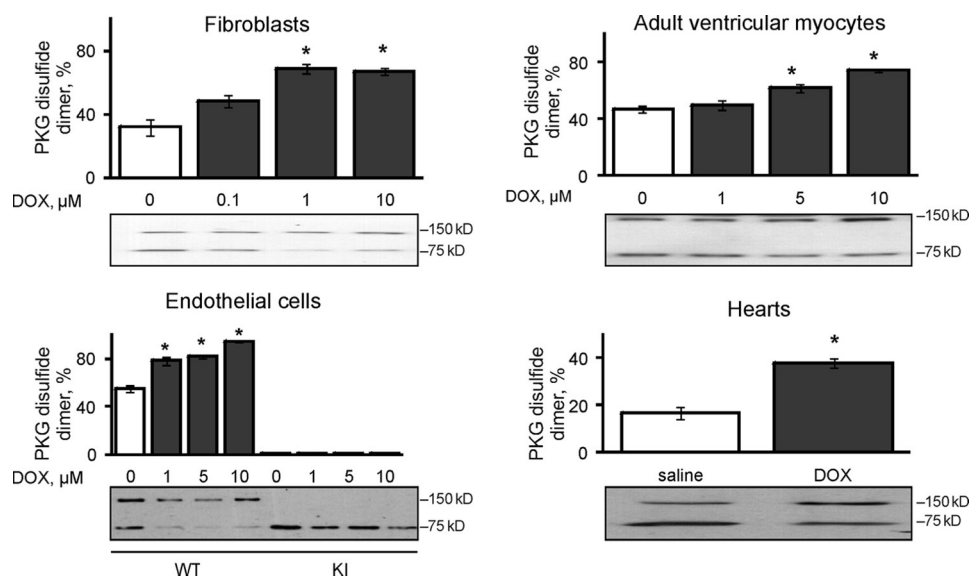
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<sup>S</sup> This article contains supplemental Table S1.

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<sup>2</sup> The abbreviations used are: PDE, phosphodiesterase; KI, knock-in; PKG, protein kinase G; TAC, transaortic constriction; DOX, doxorubicin; ROCK, rho-associated protein kinase.

## cGMP Protects the Heart by Limiting PKG I $\alpha$ Oxidation



**FIGURE 1. Doxorubicin induced PKG I $\alpha$  disulfide dimerization in cells and in the heart.** The treatment of primary cultures of mouse fibroblasts ( $n = 3$ ) or adult rat ventricular myocytes ( $n = 3$ ) with 0–10  $\mu\text{M}$  doxorubicin (DOX) induced dose-dependent disulfide dimerization of endogenous WT but not C42S kinase. Bovine aortic endothelial cells, which were constitutively deficient in PKG I $\alpha$ , were transfected with WT or a C42S kinase ( $n = 3$ ) and showed similar results. Intraperitoneal injection of doxorubicin into mice induced cardiac PKG I $\alpha$  disulfide dimerization ( $n = 12$ ). \*,  $p < 0.05$  between vehicle and DOX groups.

protective. Furthermore, the C42S PKG I $\alpha$  KI would likely be protected from doxorubicin-induced injury, in the same way as they are from hypertension-induced cardiac hypertrophy (7). Indeed, in this study, we provide evidence that disulfide activation of PKG I $\alpha$  in the heart couples to apoptosis and explains why therapies that limit oxidation are cardioprotective. Previous studies have primarily investigated the redox control of vascular PKG I $\alpha$  in terms of blood pressure regulation, whereas here the focus is the heart, where this kinase is also abundantly expressed.

### Results

Doxorubicin caused dose-dependent PKG I $\alpha$  disulfide dimerization in a primary culture of mouse fibroblasts, freshly isolated adult rat ventricular myocytes and bovine aorta endothelial cells transfected with WT, but not a C42S PKG I $\alpha$  construct. Intraperitoneal injection of doxorubicin into WT mice induced the acute oxidation of cardiac PKG I $\alpha$  measured on day 5 after treatment (Fig. 1).

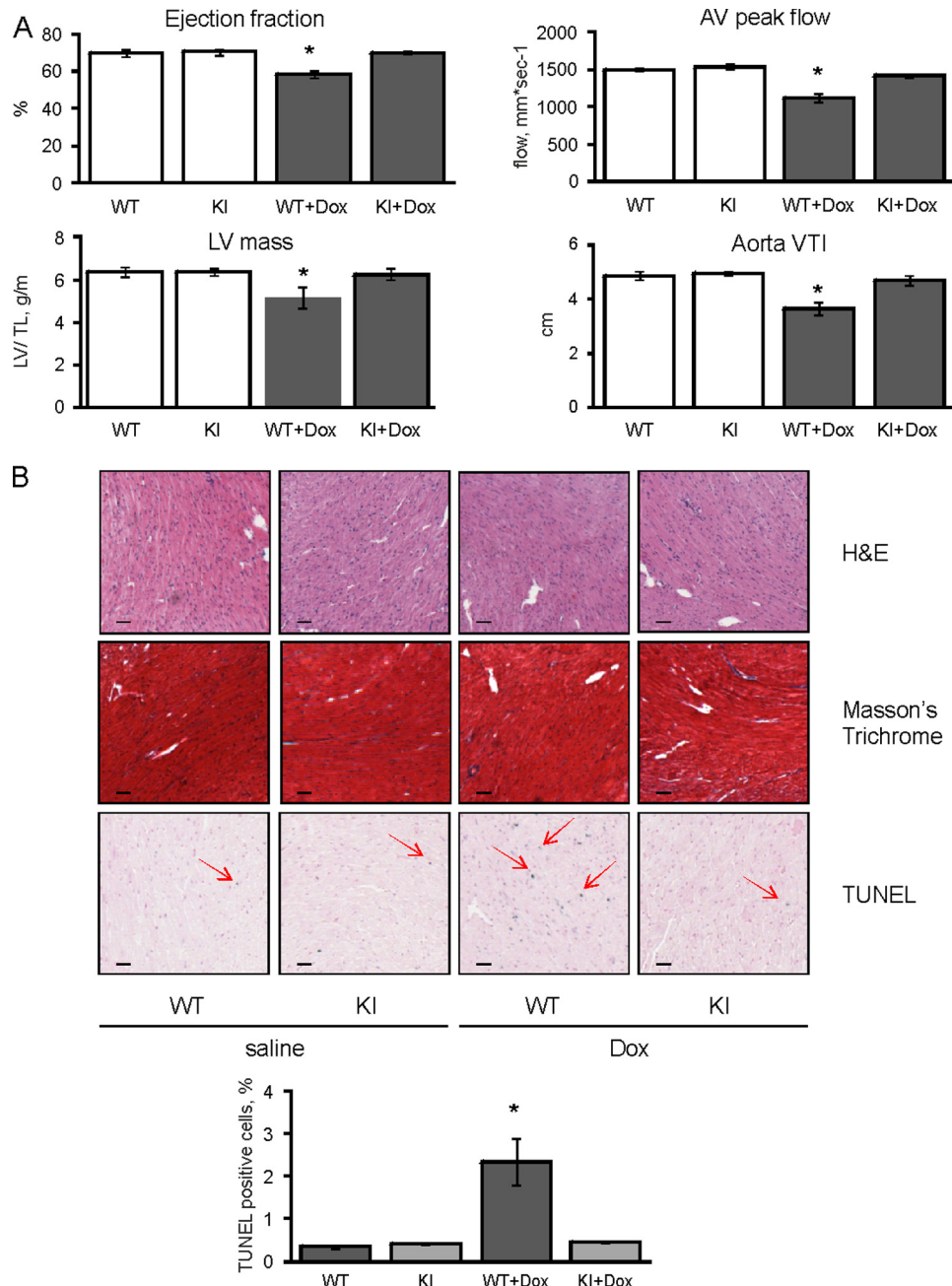
Doxorubicin-induced cardiomyopathy was compared in WT or C42S PKG I $\alpha$  KI mice. Echocardiographic analysis of the heart showed that treatment of WT mice with doxorubicin has adverse effects on myocardial structure and function. The drug decreased ejection fraction by 17.1%, reduced left ventricular mass by 19.1%, lowered aortic valve peak flow by 25.3%, and attenuated the aortic velocity time integral by 24.7%. In marked contrast KI mice were resistant to this dysfunction induced by doxorubicin. For example, the ejection fraction was only rescued by 0.3%, left ventricular mass by 1.9%, aortic valve peak flow by 7.2%, and aortic velocity time integral by 5.8% in the KI mice expressing PKG that cannot be disulfide-activated (Fig. 2A).

This cardioprotection afforded to the KI mouse was associated with reduction in myocardial tissue apoptosis compared with WT. Doxorubicin treatment increased myocardial tissue TUNEL-positive nuclear staining in WT heart from  $0.34 \pm$

$0.04\%$  to  $2.35 \pm 0.54\%$ . In contrast, doxorubicin did not increase the number of apoptotic nuclei in KI hearts, which was  $0.41 \pm 0.02\%$  basally and remained similar at  $0.44 \pm 0.02\%$  following chemotherapy treatment (Fig. 2B). Consistent with protection in the KI, the BCL2/Bax ratio, phospho-ERK, phospho-AKT, and phospho-GSK3 $\beta$  were each significantly decreased in doxorubicin-treated WT but not C42S PKG transgenic hearts subjected to the chemotherapy (Fig. 3).

In a subsequent, separate series of experiments the influence of PDE3, PDE5, or PDE9 inhibitors on the development of doxorubicin-induced cardiomyopathy and levels of cyclic nucleotides (cGMP or cAMP) in WT or KI mice was investigated. The PDE3 inhibitor milrinone did not protect WT mice from doxorubicin-induced cardiomyopathy and did not alter cGMP or cAMP levels. The PDE5 long half-life inhibitor tadalafil significantly increased cGMP, but not cAMP, in both WT or KI hearts and protected the WT myocardium from loss of function. Administration of the PDE9 inhibitor BAY 73-6691 resulted in partial protection of contractile function and a trend toward increased cardiac cGMP levels (supplemental Table S1).

Based on the findings noted above, the PDE5 inhibitor tadalafil was used in subsequent experiments. Co-administration of tadalafil with doxorubicin reduced the oxidation induced by acute 4- or 6-h treatment with the chemotherapeutic alone (Fig. 4A). Again doxorubicin induced cardiac dysfunction in WT, lowering ejection fraction and left ventricular mass by 16.5 and 18.2%, respectively. Tadalafil afforded protection against doxorubicin, with only 1.3 and 5.5% losses in ejection fraction and left ventricular mass, respectively (Fig. 4B). Tadalafil treatment did not provide protection against doxorubicin-mediated injury in KI (Fig. 4B), although this was probably because the chemotherapy alone had little adverse effect on the myocardium of these mice. Similarly, the WT hearts exposed to doxorubicin once again showed enhanced levels of apoptosis as



**FIGURE 2. Doxorubicin induces apoptosis and reduces heart function in WT but not KI myocardium.** *A*, echocardiographic examination of cardiac function was performed on WT or KI mice 5 days after doxorubicin (*Dox*) or vehicle injection. The ejection fraction, left ventricular mass (normalized by tibia length), aortic valve peak flow, and aortic velocity time integral decreased in WT, but not KI mice, treated with doxorubicin ( $n = 4$ ). *B*, histological assessment of hearts from WT and KI mice treated with doxorubicin or vehicle ( $n = 4$ ). Hematoxylin and eosin did not show any structural changes. Masson's Trichrome did not provide any evidence for collagen formation. TUNEL staining demonstrated a significant increase in the percentage of apoptotic nuclei (red arrows) after doxorubicin treatment in WT, but not KI hearts (representative image and quantification). Scale bar, 50  $\mu\text{m}$ . \*,  $p < 0.05$  between vehicle and doxorubicin groups.

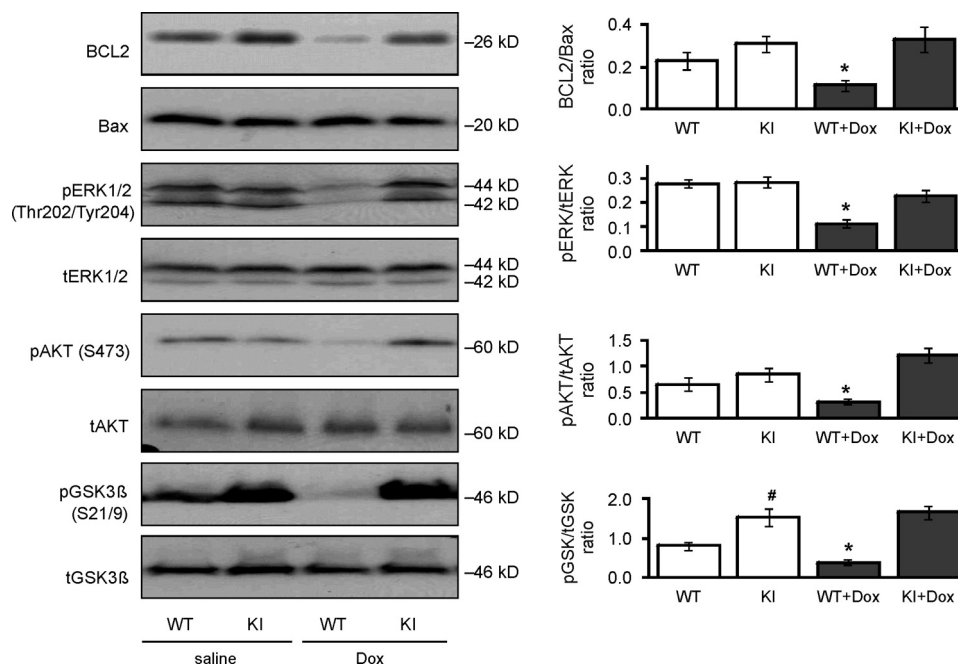
indexed by nuclear TUNEL staining ( $2.56 \pm 0.24\%$ ). Treatment of WT mice with tadalafil protected their hearts as evidenced by a lower level of TUNEL staining ( $1.26 \pm 0.29\%$ ). The KIs were again resistant to doxorubicin-induced apoptosis ( $0.75 \pm 0.07\%$ ) compared with WT mice; this innate protection was not further improved by the co-administration of tadalafil ( $0.52 \pm 0.04\%$ ; Fig. 4C).

Recurrent daily co-treatment with tadalafil limited disulfide dimerization in WT mouse hearts induced by 5 days of continuous doxorubicin exposure (Fig. 5A). Doxorubicin once again

induced a significant reduction in the BCL2/Bax ratio, phospho-ERK, phospho-AKT, and phospho-GSK3 $\beta$  in WT mouse hearts. This doxorubicin-induced apoptosis (BCL2/Bax ratio) and attenuation of pro-survival kinase (phospho-ERK, phospho-AKT, and phospho-GSK3 $\beta$ ) signaling in WT hearts was blocked by co-treatment with tadalafil (Fig. 5B). Tadalafil had little impact on these indices of cell health measured in KI hearts exposed to doxorubicin, albeit the C42S PKG transgenic mice had innate resistance to injury caused by doxorubicin (Figs. 4 and 5). Doxorubicin decreased phospho-RhoA (Ser-



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**FIGURE 3. Doxorubicin decreased anti-apoptotic signaling in WT but not KI hearts.** The expression and phosphorylation of the pro-survival, anti-apoptotic signaling proteins BCL2, Bax, ERK, AKT, and GSK3 $\beta$  were compared in hearts from WT or KI mice treated with doxorubicin (Dox) or vehicle. Doxorubicin caused a general loss in pro-survival signaling in WT cardiac tissue, but the hearts from KI were resistant to this pro-apoptotic event ( $n = 9-12$ ). \*,  $p < 0.05$  between vehicle and doxorubicin groups; #,  $p < 0.05$  between WT and KI groups.

188) levels in WT hearts, which was abrogated by co-treatment with tadalafil (Fig. 5A). Mirroring these changes, doxorubicin also increased Rho-associated protein kinase (ROCK) activity in hearts from WTs exposed to doxorubicin. The phospho-RhoA Ser-188 levels or ROCK activity was the same in both genotypes basally, and was not modulated in KI following doxorubicin treatment either with or without tadalafil co-administration (Fig. 5A).

*In vitro* kinase assays showed disulfide-activated WT PKG I $\alpha$ , as well as cGMP-activated C42S PKG I $\alpha$  that cannot undergo oxidant-induced activation, phosphorylated histone H1. Similarly, cGMP-activated C42S PKG I $\alpha$  also induced phosphorylation of RhoA, whereas the disulfide-activated kinase failed to induce phosphorylation of this target protein (Fig. 6A). Because oxidant-induced PKG I $\alpha$  interprotein disulfide formation modulates cGMP-dependent substrate phosphorylation (9), the impact of the disulfide bond on the ability of PKG I $\alpha$  to phosphorylate Ser-188 in RhoA was investigated using an *in vitro* kinase activity assay. Both oxidized or C42S mutant PKG I $\alpha$  showed dose-dependent activation to cGMP as assessed by RhoA phosphorylation. However, the disulfide form of PKG I $\alpha$  was less sensitive than the C42S mutant to cGMP-dependent activation. Thus, the EC<sub>50</sub> for cGMP was  $0.22 \pm 0.07 \mu\text{M}$  for C42S PKG I $\alpha$ , whereas the presence of the disulfide significantly ( $p < 0.05$ ) desensitized the kinase  $\sim 2.5$ -fold to  $0.56 \pm 0.06 \mu\text{M}$  cGMP (Fig. 6B).

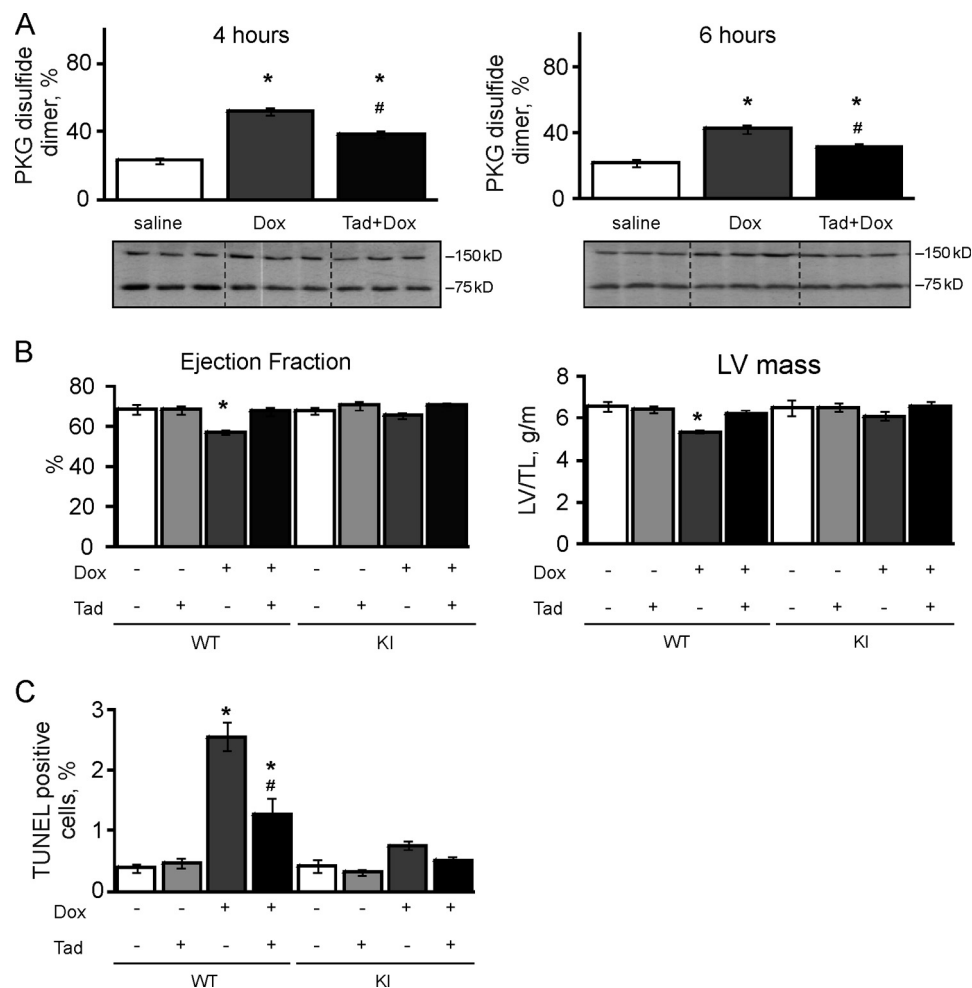
### Discussion

The widely expressed PKG I $\alpha$  is stimulated by binding of cGMP, a second messenger that is elevated in cells in response to NO or natriuretic peptides. PKG I $\alpha$  can also be activated independently of the NO-cGMP pathway by oxidants that induce interprotein disulfide bond formation (6). cGMP-

disulfide-activated PKG likely induce different conformations in the N terminus of PKG I $\alpha$ . Because the N-terminal leucine zipper of the kinase mediates substrate binding, it is probable that differential targeting occurs depending on the amount of cGMP or oxidant in the cell. There is likely additional regulatory complexity because cGMP or endogenous oxidants can also be generated at different locations within the cell. Consequently, it is possible that scenario-specific localization of PKG I $\alpha$  occurs depending on the subcellular source of cGMP or oxidant, as well as the amounts of each generated. Indeed, it is notable that the ability of PKG I $\alpha$  to form a disulfide dimer impacts on its subcellular localization in cardiac myocytes in response to exogenous hydrogen peroxide or those from transaortic constriction (TAC)-stressed hearts (11).

The disulfide activation of PKG I $\alpha$  is an integral mechanism of physiological blood pressure regulation under basal conditions. This PKG disulfide-induced vasodilation mechanism also in part mediates nitroglycerin- or hydrogen peroxide disulfide-induced blood pressure lowering, as well as contributing to sepsis-induced hypotension (7, 12–14). In contrast to the vasculature, the role of oxidant-induced disulfide activation of PKG in the heart is less explored and was the focus of this work.

Although doxorubicin treatment doubles the amount of PKG I $\alpha$  disulfide to modulate downstream signaling, it is notable that there is also a significant level of oxidation under basal conditions. If PKG I $\alpha$  oxidation limits cell survival, we have to reconcile this with the basal level present in viable tissue. There are many pro-survival or pro-apoptotic pathways, with a balance between them that has the net effect of limiting cell death in healthy myocardium. We reason that there is probably a threshold effect, in this case PKG I $\alpha$  oxidation, which, when exceeded, tips the net balance in favor of apoptosis. Such



**FIGURE 4. Tadalafil protects WT hearts from doxorubicin-induced injury and dysfunction.** *A*, intraperitoneal injection of doxorubicin (*Dox*) caused oxidation of PKG I $\alpha$  in mouse hearts 4 or 6 h after treatment ( $n = 3$ ). Tadalafil (*Tad*) co-treatment significantly decreased the disulfide dimerization induced by the chemotherapy. *B*, echocardiographic examination of cardiac function was performed on WT or KI mice 5 days after doxorubicin or vehicle injection with or without Tadalafil treatment ( $n = 4$ ). The ejection fraction and left ventricular mass (normalized by tibia length) decreased in WT, but not KI mice, treated with doxorubicin. Co-treatment with tadalafil prevented these maladaptive changes induced by the chemotherapy. *C*, a histological assessment was carried out on hearts from WT or KI mice treated with doxorubicin or vehicle in the presence or absence of tadalafil ( $n = 4$ ). TUNEL staining demonstrated increased apoptotic nuclei after doxorubicin treatment in WT, but not KI hearts. Tadalafil treatment prevented the induction of apoptosis in WT but had little effect on the KI, which was basally resistant. \*,  $p < 0.05$  between vehicle and DOX groups; #,  $p < 0.05$  between DOX alone and DOX + tadalafil groups.

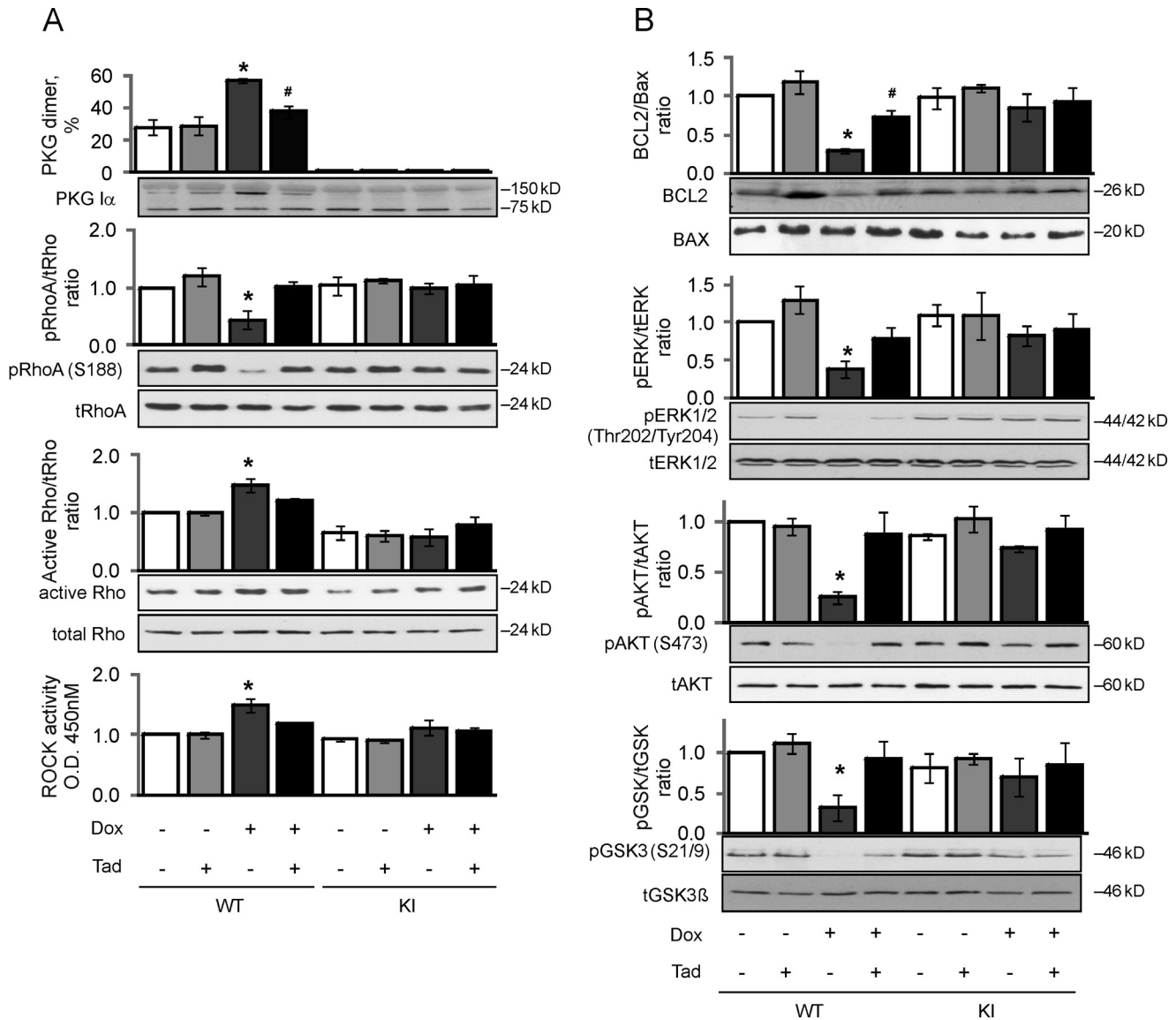
threshold-mediated regulatory mechanisms are common in biological systems.

The role of different PDE isoforms in the development of cardiomyopathy and apoptosis has been widely explored. PDE3 has high affinity for both cAMP and cGMP. However, because PDE3 only slowly hydrolyzes the cGMP, this competitively blocks degradation of cAMP; thus, it has been called a “cGMP-inhibited PDE” (15). Acute PDE3 inhibition increases inotropy and cardiac output, as well as vasodilation. Thus, PDE3 inhibitors, including milrinone, have been used to treat congestive heart failure but failed because they increased mortality with long term therapy (16). One of the potential explanations of the detrimental effects of chronic PDE3 inhibition is enhanced cardiomyocyte apoptosis (15). In our experiments milrinone did not attenuate dysfunction induced by doxorubicin, but it only increased cAMP levels slightly and insignificantly. The lack of an effect by milrinone may have differed if an alternant dosing regimen had been used, especially because it has a half-life of only  $\sim 2.3$  h. PDE9, which is also expressed in the heart, hydro-

lyzes natriuretic-peptide-stimulated cGMP in cardiomyocytes. Its genetic depletion or selective pharmacological inhibition protects against pressure overload-induced pathological remodeling and reverses hypertrophy (17). BAY 73-6691, a selective and potent PDE9 inhibitor, efficiently inhibited this phosphodiesterase in cells (18). It improved learning and memory in rats (19) and increased corpus cavernosum relaxation (20). BAY 73-3391 co-treatment partially protected WT hearts from doxorubicin-induced loss of contractile function. However, although the inhibitor increased the cGMP levels by  $\sim 50\%$ , this did not reach statistical significance. The short 2-h half-life of BAY 73-3391 adds complexity when trying to correlate cGMP levels with cardioprotection from doxorubicin-induced toxicity.

Previously cGMP-elevating strategies achieved with pharmacological inhibitors of PDE5 limited cardiac injury caused by treatment with the anti-cancer drug doxorubicin, which induces oxidative stress through redox cycling reactions (3, 21–23). Indeed, cells or mice exposed to doxorubicin showed

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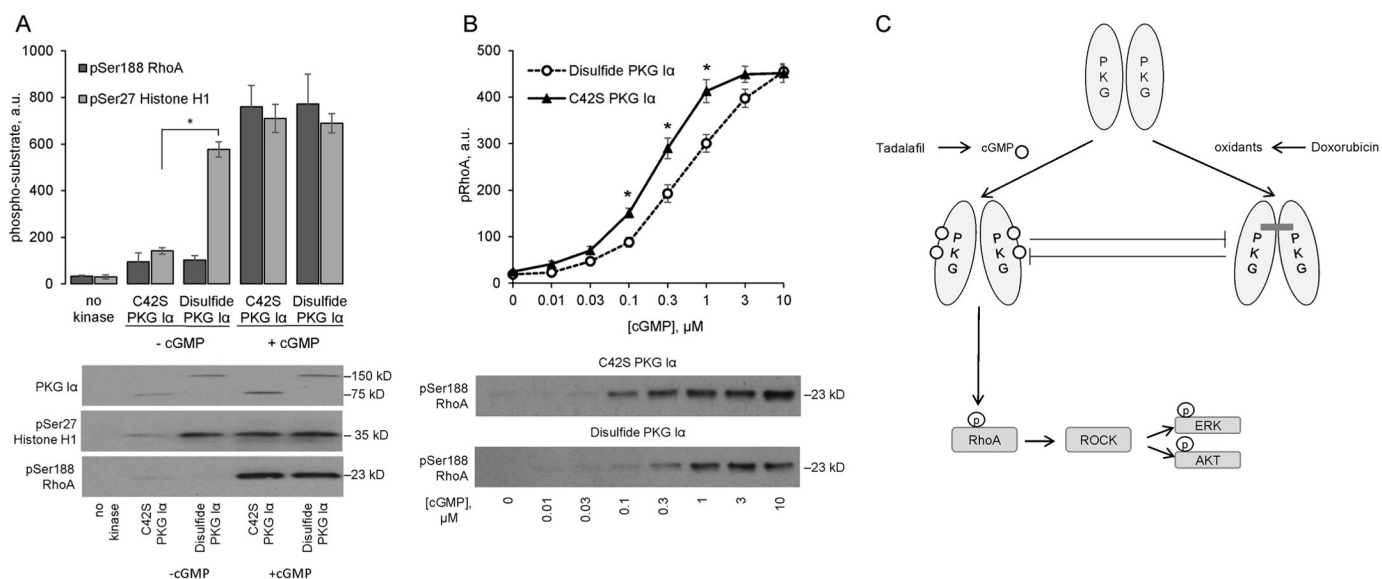


**FIGURE 5. Tadalafil limits doxorubicin-induced PKG I $\alpha$  oxidation and the associated apoptotic signaling in WT, whereas KI are basally protected.** A, PKG I $\alpha$  disulfide dimerization, RhoA Ser-188 phosphorylation, RhoA, and ROCK activity in WT or KI hearts treated with doxorubicin (Dox) or vehicle, in the presence or absence of tadalafil (Tad), was indexed ( $n = 4$ ). This demonstrated that doxorubicin triggered a loss of pro-survival phospho-RhoA (Ser-188) signaling in WT, and this was attenuated by PDE5 inhibition with tadalafil. B, BCL2/Bax ratio, ERK, AKT, and GSK3 $\beta$  phosphorylation in hearts from WT or KI mice treated with doxorubicin or vehicle, in the presence or absence of tadalafil, was indexed. Consistent with the loss in anti-apoptotic phospho-RhoA induced by doxorubicin in WT hearts, there was a concomitant loss of pro-survival signaling in terms of BCL2/Bax ratio, ERK, AKT, and GSK3 $\beta$ . \*,  $p < 0.05$  between vehicle and DOX groups; #,  $p < 0.05$  between DOX alone and DOX + tadalafil groups.

elevated PKG disulfide levels, which was attenuated by the presence of tadalafil. Because tadalafil increases cGMP, we reasoned that the protective effect of this long half-life PDE5 inhibitor involved it blocking PKG oxidation to the activated disulfide state. This was plausible because two independent previous studies showed that cGMP blocks PKG oxidation (8, 9). Indeed, this turned out to be the case, with tadalafil limiting increases in disulfide PKG I $\alpha$  occurring during either acute (several hours) or chronic (5 days) exposure to doxorubicin. This led to the hypothesis that disulfide bond formation in myocardial PKG I $\alpha$  may be maladaptive, because it would provide a rational mechanistic explanation for the reported ability of tadalafil, and also sildenafil, to limit doxorubicin-induced injury (3, 21–23).

To further investigate the potential causative role for PKG oxidation in myocardial injury, a C42S PKG I $\alpha$  KI mouse that is

fully resistant to interprotein disulfide formation was compared with littermate WT controls. This involved monitoring their basal status and subsequent responses to doxorubicin with or without co-treatment with tadalafil in both genotypes. The most significant finding was that the KI mouse was highly resistant to myocardial injury induced by doxorubicin compared with the WT. This protection in the KI was evident from echocardiographic analysis of heart mass and cardiac function, as well as histological assessment of apoptosis. Clearly genetic engineering strategies that prevent, or pharmacological interventions that limit, PKG I $\alpha$  oxidation are cardioprotective. The protective effect of PDE5 inhibitors, including sildenafil or tadalafil, has been widely observed in different models of heart failure (4, 21, 24–26). This protection afforded by cGMP is not mediated by classical activation of PKG, because the PDE5



**FIGURE 6. Oxidation of PKG I $\alpha$  to the interprotein disulfide state attenuates cGMP-stimulated phosphorylation of Ser-188 RhoA.** *A*, comparison of phosphorylation of Ser-188 RhoA with that of Ser-27 histone H1 by recombinant interprotein disulfide dimer or C42S PKG I $\alpha$  ( $n = 3$ ). Disulfide dimerization of PKG I $\alpha$  caused its activation and resulted in phosphorylation of histone H1 but not of RhoA. In contrast, cGMP-dependent activation of the kinase resulted in phosphorylation of both substrates. *B*, impact of interprotein disulfide formation on the dose-dependent activation and phosphorylation of RhoA by PKG I $\alpha$  ( $n = 4$ ). Oxidation of PKG I $\alpha$  attenuated cGMP-dependent activation of the kinase, such that the  $EC_{50}$  for cGMP was  $0.22 \pm 0.07 \mu$ M for C42S PKG I $\alpha$ , whereas the presence of the disulfide significantly desensitized the kinase  $\sim 2.5$ -fold to  $0.56 \pm 0.06 \mu$ M cGMP. \*,  $p < 0.05$  between disulfide dimer and C42S PKG I $\alpha$  groups. *C*, schematic overview of the proposed mechanism by which tadalafil limits cardiac injury otherwise caused by chemotherapy with doxorubicin. Oxidation of PKG I $\alpha$  to its disulfide state triggered by doxorubicin limits its classical activation and interaction with RhoA. This abolishes classical cGMP-PKG I $\alpha$  pro-survival signaling that Rho phosphorylation would otherwise stimulate in the absence of oxidized kinase; this potentiates apoptosis with a consequential loss in cardiac tissue and function. These observations provide a molecular level rationalization for the cardioprotection PDE5 inhibitors can offer in the setting of failure, including that commonly triggered by doxorubicin chemotherapy.

inhibitors were not protective in the C42S PKG I $\alpha$  KI, which is fully responsive to the NO-cGMP pathway (7). These findings were consistent with oxidative activation of the kinase coupling to injury, with cGMP elevating strategies being protective significantly because they limit PKG I $\alpha$  oxidation.

The NO-cGMP-PKG pathway is known to regulate apoptosis (27, 28), with cGMP limiting activation of pro-apoptotic pathways to promote cell survival (29). Consequently, a logical hypothesis was that the KI was innately protected from doxorubicin toxicity because it was resistant to induction of apoptosis, and this could be recapitulated in WT by tadalafil because it represses the maladaptive pathway triggered by PKG I $\alpha$  oxidation. Several lines of evidence suggested that the myocardium of KI mice was highly resistant to apoptosis (TUNEL positive nuclei) or loss of flux through the ERK, AKT, and GSK3 $\beta$  pro-survival signaling pathways that occurred in WT following exposure to doxorubicin. This loss or pro-survival kinase signaling and elevated levels of apoptosis induced by doxorubicin was efficiently blocked by co-administration of tadalafil, further supporting a causative role for disulfide PKG I $\alpha$  in myocardial cell death during oxidative stress.

We reasoned that there was likely a molecular link between disulfide PKG I $\alpha$  and loss of pro-survival signaling and induction of apoptosis. One of the well established targets of PKG I $\alpha$  is RhoA, a member of the small GTPase family, members of which are known for their ability to regulate growth and survival (30). Indeed, RhoA itself mediates many cell processes including survival (31, 32), transmitting signals to end effectors by binding the C terminus of ROCK, which activates it (33). Unfortunately, we failed to develop a co-immunoprecipitation protocol that

would allow the interaction of PKG I $\alpha$  with RhoA to be assessed in tissue under the various experimental conditions. However, we did demonstrate that disulfide-activated PKG I $\alpha$  does not phosphorylate RhoA *in vitro*. This was not because the disulfide-activated kinase lacked catalytic competency, because this oxidized form efficiently phosphorylated histone protein. Furthermore, when this disulfide form of PKG I $\alpha$  was subsequently incubated with cGMP, it then also induced phosphorylation of RhoA. Although we found that the interprotein disulfide decreased the sensitivity of the kinase to cGMP-dependent activation. Thus, a higher concentration of cGMP is required to induce the same degree of RhoA phosphorylation achieved by C42S PKG I $\alpha$ , which cannot form the disulfide. Thus, disulfide-PKG alters its substrate preference, an event that is further modulated by the cGMP concentration. In WT heart there was a basal level of phospho-RhoA (Ser-188), which was enhanced by tadalafil treatment, consistent with an elevation in cGMP levels that classically activate PKG. In contrast, doxorubicin treatment that induced disulfide PKG I $\alpha$  caused a robust decrease in phospho-RhoA levels. Thus, it seems that oxidation of PKG I $\alpha$  limits the phosphorylation of RhoA stimulated by the NO-cGMP pathway that can be potentiated by tadalafil, which enhances cGMP levels by inhibiting its hydrolysis by PDE5. This concept is robustly supported by the *in vitro* studies that show that interprotein disulfide formation activates the kinase, although this form of the kinase does not phosphorylate RhoA unless cGMP is also present. Even when cGMP is present, the interdisulfide desensitizes the kinase to this classical mode of activation by the second messenger. These observations are in line with another study also showing that PKG I $\alpha$  interprotein



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disulfide desensitizes the kinase to cGMP-dependent phosphorylation of VASP (vasodilator-stimulated phosphoprotein) protein (9). Because cGMP abrogates disulfide formation in PKG I $\alpha$  (8, 9), we conclude that each mode of activation reciprocally negatively regulates the alternate mechanism as illustrated in Fig. 6C.

The phosphorylation of RhoA at Ser-188 negatively regulates its activity through an enhanced Rho guanine-dissociation inhibitor interaction (34), and so the reduced phospho-RhoA levels induced by doxorubicin in WT hearts are anticipated to stimulate RhoA activity, which it did. This enhanced RhoA activity should elevate ROCK activity, which it did, an event tightly associated with myocardial apoptotic injury (35). This series of events provides an explanation for why doxorubicin triggers apoptosis in WT but not KI mouse heart and why tadalafil limits the development of injury. Further credence for this proposed order of events, which are summarized in Fig. 6C, comes from studies showing that RhoA binds the N-terminal leucine zipper of PKG I $\alpha$  (36). The importance of the leucine zipper in the cGMP-dependent binding to RhoA with PKG I $\alpha$  is demonstrated by subtle alterations to the amphipathic helix preventing their binding (36). Therefore phosphorylation and inactivation of RhoA requires cGMP-activated PKG I $\alpha$  with an intact leucine zipper (36), which if perturbed *in vivo* results in loss of competent kinase function and hypertension (37). These PKG I $\alpha$  zipper mutant mice also have potentiated pathologic cardiac hypertrophy responses to TAC-induced pressure overload compared with WT mice. Furthermore, the zipper mutant mice lacked the sildenafil-mediated protection from TAC afforded to WT controls (24). Thus, the zipper in PKG I $\alpha$  is integral to the protection that elevation in cGMP by PDE5 inhibitors can provide, and this is because it enables the kinase to bind and phospho-activate RhoA, which ultimately limits apoptosis. The C42S PKG I $\alpha$  KI mice are also innately resistant to TAC-induced cardiac dysfunction (11). The disulfide in PKG I $\alpha$  occurs between Cys-42 residues directly within the leucine zipper domain required for targeting of the kinase to RhoA. This Cys-42 is ideally located to modulate the interaction with the RhoA GTPase depending on the redox state of the kinase, with disulfide formation limiting the phosphoactivation and anti-apoptotic signaling the GTPase would otherwise afford in the absence of Cys-42 oxidation. Pharmacological inhibition of PDE5 also protected hair cells from noise-induced cell death and hearing loss (38), perhaps consistent with disulfide activation of PKG I $\alpha$  being a generic mechanism of cell death in different cell types.

In summary, oxidation of PKG I $\alpha$  to its disulfide state triggered by doxorubicin limits its interaction with RhoA. This abolishes classical cGMP-PKG I $\alpha$  pro-survival signaling, resulting in potentiated apoptosis and a consequential loss in cardiac mass and function. These observations provide a molecular level rationalization for the broad cardioprotection PDE5 inhibitors can offer, including in the setting of doxorubicin chemotherapy. Previous studies have primarily focused on the role of PKG I $\alpha$  redox state in the control of vascular tone and blood pressure, whereas this work highlights an important role for the oxidation state of this kinase in regulating myocardial tissue viability during stress.

## Experimental Procedures

**Animals**—All procedures were performed in accordance with the Home Office Guidance on the Operation of the Animals (Scientific Procedures) Act 1986 in the United Kingdom and were approved by the King's College London Animal Welfare and Ethical Review Body. Mice constitutively expressing PKG I $\alpha$  C42S were generated on a pure C57BL/6 background by Taconic as described elsewhere (7) with male mice solely being used in this study. For the assessment of doxorubicin-induced cardiomyopathy, male WT or C42S PKG I $\alpha$  KI age- and weight-matched littermate mice were randomly assigned to intraperitoneal saline (0.2 ml) or doxorubicin (Sigma) (15 mg/kg) injection.

In a separate set of experiments, the PDE3 inhibitor milrinone (sc-201193, Santa Cruz Biotechnology, 0.5 mg/kg in 10% DMSO), the PDE5 inhibitor tadalafil (14024, Cayman, 1 mg/kg in 10% DMSO), the PDE9 inhibitor BAY 73-6691 (sc-252407, Santa Cruz Biotechnology, 1 mg/kg in 10% DMSO), or vehicle (0.2 ml 10% DMSO in saline) was injected 30 min before doxorubicin on day 0. Thereafter PDE inhibitors were administered daily, until day 5 when the experiment was terminated. The mice were culled by intraperitoneal injection of 6.6% sodium pentobarbitone (200 mg/kg) premixed with heparin (500 USP units), and tissues were collected for biochemical or histological analyses.

**Echocardiography**—The mice were anesthetized and examined by echocardiography on day 5 using a high resolution Vevo 770 echocardiography system (VisualSonics) with a RMV-707B transducer running at 30 MHz. High resolution, two-dimensional B-mode and M-mode images at the level of the papillary muscles were obtained for offline measurements with Vevo Software (VisualSonics).

**cGMP and cAMP Measurements**—Assessment of cGMP or cAMP content was made with Amersham Biosciences cAMP (RPN225, GE Healthcare) or cGMP (RPN226, GE Healthcare) Biotrak Enzyme immunoassay kits following the manufacturer's instructions. Briefly hearts were snap frozen and homogenized in cold 6% trichloroacetic acid at 2–8 °C to provide a 10% (w/v) homogenate. Aliquots were centrifuged at 2000  $\times$  g for 15 min at 4 °C, and the pellet was discarded. The supernatant was washed 4 times with 5 volumes of water-saturated diethyl ether. The remaining aqueous extract was lyophilized and then dissolved in the manufacturer's assay buffer prior to analysis.

**Western Immunoblotting and Rho-ROCK Activity Assays**—Immunoblotting was carried out as before (39), utilizing maleimide (100 mM) in preparation buffers to alkylate thiols and limit thiol disulfide exchange. Antibodies used in these studies included Enzo Life Science PKG (ADI-KAP-PK005), BD Transduction BCL2 (610538), Sigma phospho-histone H1.4 (Ser-27) (H7664), Cell Signaling Bax (2774), phospho-AKT (Ser-473) (9271), AKT (9272), phospho-p44/42 MAPK (Erk1/2) (Thr-202/Tyr-204) (9101), p44/42 MAPK (Erk1/2) (9102), phospho-GSK-3 $\alpha$ / $\beta$  (Ser-21/9) (9331), GSK-3 $\beta$  (27C10) (9315), Santa Cruz Biotechnology phospho-Rho A (Ser-188) (sc-32954), HRP-linked secondary antibody (Cell Signaling), and ECL reagent (GE Healthcare) were used. Digitized

immunoblots were analyzed quantitatively with Gel-Pro Analyzer 3.1 software.

Rho activity was assessed using a Cell Signaling kit (8820) according to the manufacturer's instructions. Measurement of GTPase activity was based on the ability of GTP-bound (active) form to bind Rhotekin-RBD fusion protein, which can then be immunoprecipitated with glutathione resin. The level of activation was then determined using Western blot analysis with a Rho antibody. ROCK activity was estimated using the ELISA-based ROCK Assay from Cell Biolabs, following the manufacturer's protocol.

**Generation of Recombinant WT or C42S PKG I $\alpha$** —Expression and purification of WT or mutant PKG I $\alpha$  encoded in a pCDNA3 expression vector was essentially as before (40), but with some minor protocol alterations. Suspension FreeStyle 293-F cells (R79007, ThermoFisher Scientific) were transfected with the appropriate PKG I $\alpha$  construct using polyethylenimine as a transfection reagent. The cells were harvested by centrifugation ( $400 \times g$  at room temperature for 15 min) after  $\sim 72$  h. They were then resuspended in ice-cold lysis buffer comprising 25 mM sodium phosphate buffer, pH 6.8, 10 mM EDTA, 100 mM NaCl, 10 mM benzimidazole hydrochloride, and 10 mM dithiothreitol and then frozen in liquid nitrogen. The cells were lysed by three freeze-thaw (liquid nitrogen/ $37^\circ\text{C}$ ) cycles. The resulting lysate was centrifuged at  $140,000 \times g$  and  $4^\circ\text{C}$  for 30 min, and the soluble supernatant was loaded onto a pre-equilibrated 8-(2-aminoethylamino)adenosine-3',5'-cyclic monophosphate column (8-AEA-cAMP agarose; BioLog, Germany), after which the column was washed with 20 column volumes of lysis buffer and then 5 column volumes of lysis buffer supplemented with 3 M NaCl. PKG I $\alpha$  was then eluted with lysis buffer supplemented with 150 mM NaCl and 500  $\mu\text{M}$  cAMP, with subsequent extensive dialysis against 25 mM sodium phosphate buffer, pH 6.8, 2 mM EDTA, and 100 mM NaCl to remove the cAMP. In some protocols, to generate interprotein disulfide WT PKG I $\alpha$ , it was incubated with 10 mM lipoic acid for 2 h on ice to obtain  $\sim 100\%$  oxidized kinase, as confirmed by SDS-PAGE. Disulfide WT or C42S PKG I $\alpha$  was then underwent size exclusion chromatography on a HiLoad 16/600 Superdex 200-pg column (GE Healthcare) conditioned with 50 mM sodium phosphate buffer, pH 7.4, and 100 mM NaCl. Proteins were subsequently concentrated with an Amicon Ultra centrifugal filter (Merck Millipore).

**In Vitro Kinase Activity Assay**—Stoichiometrically oxidized (to the interprotein disulfide homodimer) or C42S recombinant PKG I $\alpha$  (200 ng) was incubated with 800 ng of recombinant RhoA (SRP5127, Sigma) or histone H1 (sc-221729, Santa Cruz) in 20  $\mu\text{l}$  of Omnia Tyr kinase reaction buffer ( $10\times$  stock, KB002A, Invitrogen) comprising 20 mM Tris-HCl, pH 7.5, 5 mM  $\text{MgCl}_2$ , 1 mM EGTA, 5 mM  $\beta$ -glycerophosphate, 5% glycerol, 1 mM ATP, and 0–10  $\mu\text{M}$  cGMP (B1381, Sigma). The reactions were incubated at  $30^\circ\text{C}$  for 15 min and terminated by addition of  $2\times$  non-reducing SDS sample buffer supplemented with 100 mM maleimide. Proteins were separated by 4–20% SDS-PAGE, and phosphorylation of substrates was visualized by Western immunoblot analysis.

**Histology**—Myocardium was fixed with 4% formaldehyde, paraffin-embedded, and sectioned into 5- $\mu\text{m}$  slices. Sections

were stained with hematoxylin and eosin. Masson's trichrome staining was used to visualize collagen. Apoptosis in the left ventricle was detected by TUNEL staining using the Cardio-Tacs staining kit (Trevigen) to generate a dark blue precipitate in sections. Image capture was performed using Leica DMRB microscope tiling. Nuclei count was obtained in a blinded fashion with an automated algorithm using Image Pro Plus (Media Cybernetics).

**Statistics**—The results are presented as means  $\pm$  S.E. Differences between groups were assessed using one-way analysis of variance followed by a *t* test. Differences were considered significant at the 95% confidence level.

**Author Contributions**—O. P., J. B., and P. E. conceived and designed the study and wrote the paper. O. P., J. B., and J. S. performed and analyzed experiments. D. K. conceived the study and contributed to analysis and interpretation of results. S. G. provided technical assistance and contributed to the preparation of Fig. 2. All authors reviewed the results and approved the final version of the manuscript.

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