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1 Title

2 T2* placental MRI in pregnancies complicated with fetal congenital heart disease

3 Authors

- 4 Johannes K Steinweg¹; Grace Tin Yan Hui³; Maximilian Pietsch^{3,4}, Alison Ho³; Milou
- 5 PM van Poppel ¹; David Lloyd ^{1,2}; Kathleen Colford ³; John M Simpson ^{1,2}, Reza Razavi
- 6 ^{1,2}, Kuberan Pushparajah ^{1,2}; Mary Rutherford ³, Jana Hutter ^{3,4}

7 Affiliations

- Department of Cardiovascular Imaging, School of Biomedical Engineering &
 Imaging Science, King's College London, London, United Kingdom
- Department of Congenital Heart Disease, Evelina Children's Hospital, London,
 United Kingdom
- Centre for the Developing Brain, King's College London, London, United
 Kingdom
- Department of Biomedical Engineering, School of Biomedical Engineering &
 Imaging Science, King's College London, London, United Kingdom
- 16 Corresponding author
- 17 johannes.steinweg@kcl.ac.uk
- 18 Johannes K Steinweg
- 19 Department of Cardiovascular Imaging
- 20 Wellcome/EPSRC Centre for Medical Engineering
- 21 School of Biomedical Engineering & Imaging Sciences
- 22 King's College London
- 23 3rd Floor Lambeth Wing
- 24 St. Thomas' Hospital
- 25 Westminster Bridge Road
- 26 London SE1 7EH
- 27 United Kingdom

28 Abstract

29 Background

- 30 Congenital heart disease (CHD) is one of the most important and common group of
- 31 congenital malformations in humans. Concurrent development and close functional
- 32 links between the fetal heart and placenta emphasise the importance of understanding
- 33 placental function and its influence in pregnancy outcomes. The aim of this study was
- 34 to evaluate placental oxygenation by relaxometry (T2*) to assess differences in
- 35 placental phenotype and function in CHD.

36 Methods

- 37 In this prospective cross-sectional observational study, 69 women with a fetus affected
- 38 with CHD and 37 controls, whole placental T2* was acquired using a 1.5-Tesla MRI
- 39 scanner. Gaussian Process Regression was used to assess differences in placental
- 40 phenotype in CHD cohorts compared to our controls.

41 Results

- 42 Placental T2* maps demonstrated significant differences in CHD compared to controls
- 43 at equivalent gestational age. Mean T2* values over the entire placental volume were
- 44 lowest compared to predicted normal in right sided obstructive lesions (RSOL) (Z-
- 45 Score 2.30). This cohort also showed highest lacunarity indices (Z-score -1.7), as a
- 46 marker of lobule size. Distribution patterns of T2* values over the entire placental
- 47 volume were positively skewed in RSOL (Z-score -4.69) and suspected, not confirmed
- 48 coarctation of the aorta (CoA-) (Z-score -3.83). Deviations were also reflected in
- 49 positive kurtosis in RSOL (Z-score -3.47) and CoA- (Z-score -2.86).

50 Conclusion

- 51 Placental structure and function appear to deviate from normal development in
- 52 pregnancies with fetal CHD. Specific patterns of altered placental function assessed by
- 53 T2* deliver crucial complementary information to antenatal assessments in the
- 54 presence of fetal CHD.

55 Keywords

- 56 Congenital Heart disease (CHD), Placenta, Magnetic resonance imaging (MRI), T2*
- 57 Mapping, Gaussian Process Regression (GPR), Machine learning

59 Introduction

60 Congenital heart disease (CHD) is a common group of congenital malformations with a

61 prevalence of up to 1% of all live births, a leading cause of neonatal and infant death

and a global burden in child health [1,2]. Underlying aetiology is considered

63 multifactorial combining genetic, epigenetic and environmental causes [3–5]. Recently,

64 placental vascular malperfusion has been reported at pathological examination in

association with CHD [6,7] and it has been postulated that this may contribute to the

66 neurodevelopmental abnormalities observed in children with CHD [8].

67 The placenta is the only connection between the fetal and maternal circulation. It plays

68 a pivotal role in fetal development due to its responsibility for all fetomaternal

69 exchange, including oxygen, carbon dioxide and nutrients, and essential immunological

70 and homeostatic functions. The placenta and fetal heart develop concurrently and

share similar developmental pathways – amplifying its unique role and vulnerability to

72 disturbances especially in the presence of fetal CHD [9,10]. A sophisticated in vivo

assessment of placental structure and function may inform understanding of complex

antenatal pathophysiology in pregnancies with fetal CHD and help to identify fetuses at

75 greater risk of adverse long term neurodevelopmental outcomes.

76 A common MR contrast mechanism employed to study tissue oxygen concentration is

produced by the blood oxygen level dependency (BOLD) effect, exploited in

78 quantitative T2 relaxometry (T2*). The parametric properties of deoxyhaemoglobin

allow for a faster T2* decay than its oxygenated counterpart [11,12]. Widely used in

80 functional brain MRI, it has also recently found application in placental MRI, allowing in-

81 vivo insights into the tissue properties without the use of exogenous contrast agents

82 [13–15].

83 Previous studies in humans have shown a linear negative correlation of placental mean

84 T2* values over gestational age (GA) and found it to be predictive for low birth weight

85 [15,16]. An increase in placental mean T2* was previously reported in response to

86 maternal oxygen administration [17,18]. Decreased mean T2* values can be induced

87 by vasoconstrictive agents in animal models and have been demonstrated in

pregnancies with fetal growth restriction in both animals and humans [19–21]. Reduced

89 whole placental mean T2* values for GA were recently also associated with

90 preeclampsia [22].

91 Mean T2* value calculated over the placental parenchyma, either assessed in selected

92 slices or the entire placental volume have been used for quantification in previous

- 93 studies. However, novel advances extend this to include spatial analysis using
- 94 histograms and texture-based measurements, first shown in rhesus monkeys [23,24].
- 95 This study aimed to evaluate whether CHD is associated with altered placental
- 96 phenotype and function, including signs of lower oxygenation and altered tissue
- 97 morphology, as estimated by high-resolution whole placental MR relaxometry (T2*) and
- 98 to establish methods to evaluate deviations from the expected values over GA.

99 Methods

100 In this prospective cross-sectional observational study, we recruited pregnant women 101 carrying a fetus diagnosed with congenital heart disease (CHD) from a tertiary fetal 102 cardiology service for CHD (St Thomas' Hospital, London, UK) alongside a control 103 group of women with uncomplicated pregnancies during the second and third trimester. 104 Inclusion criteria for both cohorts were singleton pregnancy, maternal age over 18 105 years and ability to consent in English language. Exclusion criteria for both cohorts 106 were multiple pregnancies, major maternal health issues, any treatment for 107 hypertension at time of scan as well as contraindications for MRI such as metallic 108 implants and claustrophobia. Exclusion criteria for controls also included diagnosis of 109 fetal or intrauterine growth restriction (FGR/IUGR) and low birth weight (SGA), signs of 110 preeclampsia or (gestational) diabetes at time of scan.

111 Prospectively specified data collection included demographic characteristics and

112 maternal pregnancy data at time of scan, as well as delivery notes and neonatal

113 outcomes. Maternal data included age and BMI at scan, parity, gravida, medical history

of smoking, (gestational) diabetes, hypertension, preeclampsia, HELLP syndrome,

115 thyroid disease and anxiety or depression as noted at time of scan and in their delivery

notes. Neonatal data included fetal and neonatal cardiac diagnosis, sex, GA at scan

and birth, birth weight, 5 min APGAR, neonatal outcome, genetic testing, suspicion of

118 genetic abnormality and place of birth as noted on the delivery or (cardiology)

119 discharge notes.

120 Centiles and standard scores for birth weight were calculated following the

121 INTERGROWTH-21st project [25]. SGA was defined as birthweight less than 10th

122 centile in keeping with common clinical practice. Our CHD cohort was classified into 7

123 groups based on the main antenatal diagnosis (Figure 1, Table 1). We divided our

124 cohort into left sided obstructive lesions, namely hypoplastic left heart syndrome

125 (HLHS) and coarctation of the aorta (CoA), right-sided obstructive lesions (RSOL)

126 defined as structural or functional obstruction of the right ventricular outflow tract,

127 disorders of mixing (e.g., transposition of the great arteries (TGA)), suspected vascular

128 rings (VR) and other major lesions comprising of common arterial trunk (CAT), partial

anomalous pulmonary venous drainage (PAPVD) and cardiac rhabdomyomas (CR).

130 The group of suspected CoA was further divided by those with postnatal confirmation

131 requiring surgery within the neonatal period (CoA+) and without postnatal CoA during

follow up (CoA-). All our infants are therefore followed up by our team at least until 1

133 year of age.

- 134 Ethics:
- 135 This study was approved by London Research Ethics Committees of the Health
- 136 Research Authority (HRA) of the Department of Health in the United Kingdom,
- 137 "Quantification of fetal brain growth and development using MRI" (REC:
- 138 07/H0707/105), "Fetal Imaging with Maternal Oxygen" (REC: 17/LO/0282) and "iFIND-
- 139 2. Further Imaging" (REC: 14/LO/1806). Controls were also included from the
- 140 "Placenta Imaging Project" (REC: 16/LO/1573).
- 141 MRI Acquisition:
- 142 All women were scanned using a clinical 1.5-Tesla Philips Achieva MRI with a 28-
- 143 channel torso coil under clinical monitoring and medical cover during the entire scan.
- 144 All mothers carrying a fetus with CHD were scanned in left lateral tilt. A multi-echo
- 145 gradient echo sequence covering the entire uterus in coronal orientation was acquired
- 146 with a resolution of 2.5mm isotropic, FOV=360x360, 50-88 slices, no SENSE, no half-
- 147 scan, TR=14s, TE=11.376ms / 57.313ms / 103.249ms / 149.186ms / 195.122ms, free
- 148 breathing, TA=1min.
- 149 MRI data processing:
- 150 T2* maps were calculated using an in-house monoexponential fitting in MATLAB (The
- 151 MathWorks Inc, USA). The whole placenta was manually segmented by experienced
- observers (JKS, GH, AH, JH) using ITK-SNAP [26], with exactly matched instructions
- to segment the placenta conservatively, avoiding inclusion of both amniotic fluid and
- 154 maternal vasculature. Reproducibility of manual segmentations between observers
- 155 was assessed using the Sørensen–Dice coefficient [27].
- 156 The masks were automatically refined by excluding non-physiological values. Mean
- 157 T2*, skewness, kurtosis and lacunarity values were obtained using a purpose-build
- python script [13,28]. Lacunarity values thereby reflect the spatial distribution of gaps ofa specific size within lobules [29] and a box-size matched to typical placental lobule
- 160 size.
- 161 To estimate placental development over GA we used Gaussian Process Regression
- 162 (GPR), a Bayesian non-parametric regression [30]. Clinical cohorts are inherently
- 163 heterogenous necessitating an estimation of uncertainty of probable distributions.
- 164 Accounting for this and a covariance between the data points GPR provides normative
- 165 group mean function, allowing point estimates and predictive confidence for each
- 166 observation. This allows the calculation of standard (Z-) scores for all measured test
- 167 data points, describing the distance to expected value following the normative group
- 168 mean function [31].

- 169 The control cohort was split into training and test data (0.7 to 0.3 ratio) and the test
- 170 subjects were used to train the model. The kernel function used was an additive
- 171 combination of Constant function, Radial Basis Functions and Noise kernel. The data
- 172 was scaled pre-training. Predictive posterior distributions were obtained for mean T2*,
- 173 lacunarity, skewness and kurtosis separately. Z-scores for the observed values were
- 174 derived for all CHD cohorts by estimation of mean deviation and median deviation from
- 175 GPR predicted value normalised by the prediction uncertainty.
- 176 For comparison of clinical parameters controls were restricted to GA at scan between
- 177 28 and 37 weeks to match GA for CHD cohort, categorical variables were compared
- 178 using Fisher's exact test, continuous variables were evaluated for normality by Shapiro
- 179 compared using Independent T-test (normal distribution), 2-tailed Mann-Whitney U test
- 180 (non-normal distribution). Dependence of results from clinical parameters was
- 181 evaluated by coefficient of determination. All statistical analysis and visualisation were
- 182 performed using SPSS Statistics v27 (IBM) and Jupyter Notebook, python3.

184 **Results**

- 185 Maternal and neonatal demographics are demonstrated in Table 1. Overall, 119
- 186 participants were enrolled in this study. Eight subjects from our CHD cohort were
- 187 excluded: for twin pregnancy (n=1), insufficient scan data (n=3) and insufficient
- 188 outcome data at time of analysis (n=4). Five controls were excluded for small for GA at
- birth (n=3) and insufficient scan data (n=2). In total 69 women with pregnancies with
- 190 fetal diagnosis of CHD and 37 women with uncomplicated pregnancies were included
- in the analysis (Figure 1). The median GA at scan was 31.3 weeks (IQR 2.21) and 31.2
- weeks (IQR 8.11) respectively. Results of genetic testing from antenatal invasive
- 193 procedures or postnatal blood sample using at least array comparative genomic
- 194 hybridization (aCGH) were available for 46 (67%) subjects in our CHD cohort. 5/46
- 195 identified an abnormal result (two with Chr 2q31 deletion, one with a Chr 9 deletion and
- 196 gene copy number on Chr 2, one with TSC1 gene mutation, and one with mosaic
- Monosomy X). All remaining patients caused no phenotypic suspicion for a geneticabnormality after birth.
- 199 Seven newborns with CHD from our cohort died due to necrotising enterocolitis (1),
- 200 hypoxic ischemic encephalopathy (1), congenital diaphragmatic hernia (1) and cardiac
- 201 collapse or palliation (4). The CHD cohort had a higher incidence of low APGAR score
- 202 (<7) at 5 minutes (p=0.024) compared to our control cohort. GA at birth (p<0.001) and
- birth weight (p<0.001) and birth head circumference (p=0.005) were significantly lower
- in the CHD cohort, whose mothers were also younger (p=0.017). None of the otherclinical collected parameters achieved clinical significance.
- 206 We have reviewed medical records at time of scan and delivery. Our CHD cohort
- 207 included three women diagnosed with preeclampsia (4.3%). Two needed delivery at 32
- 208 weeks of gestation, one for severe HELLP and one for uncontrollable hypertension.
- 209 One woman delivered after induction early term at 37 weeks of GA.
- 210 In our CHD cohort 18 (26%) newborns were born <10th birth weight centile (SGA), 25
- 211 (36%) newborns were born with low head circumference (HC) <10th centile, 13
- 212 newborns (19%) were SGA and had low HC. Only one of these 13, would be defined
- as growth restricted following the consensus-based definition in the newborn by Beuneet al. [32].
- 215 Placental histology was available in 12 pregnancies complicated by fetal CHD on
- 216 special clinical request mostly due to maternal pyrexia during delivery (Supplemental
- 217 Table 1). From the two placentas demonstrating signs of maternal vascular
- 218 malperfusion (MVM), one placenta showed also acute subchorionitis and maternal

- 219 inflammatory response (MIR) in keeping with ascending intra-uterine infection showing
- 220 infarcts of variable age, but no thrombi. The other placenta was from a patient
- 221 diagnosed with severe preeclampsia and HELLP syndrome leading to early delivery.
- 222 Placental histology was also available for 15 control subjects as part of other study
- 223 protocols (Supplemental Table 1).

224 **Qualitative assessments**

- Placental T2* maps in our cohort of RSOL showed most marked differences compared to age-matched controls as depicted in mid-parenchymal slices (Figure 2). Specifically, short T2* values were noted in the entire placenta with additional and faster decay from the centre to the periphery of the lobules. Furthermore, increased heterogeneity could be observed in RSOL. Our cohorts of left sided obstructive lesions, disorders of mixing and other lesions appeared only moderately different to controls at similar GA (Figure
- 231 2). Overall, our CHD cohort appeared to have generally lower signal intensity
- throughout the placenta, advanced lobularity and higher granularity within the lobules
- at a given GA compared to our control cohort.

234 **Quantitative assessments**

- 235 Interobserver variability of manually segmented placental masks showed good
- correlation in 10 randomly selected with a Sørensen–Dice coefficient of 0.87.
- 237 Quantitative results from the control cohort illustrate decay in mean T2* with increasing
- GA, in keeping with previous literature [15,29]. Lacunarity, kurtosis and skewness tend
- to increase over GA in all our cohorts as previously shown in controls [28]. The
- obtained posterior mean of the Gaussian process is given for all quantitative values inFigure 3.
- 242 Mean T2* values over the entire placental volume were lowest compared to predicted
- 243 normal in RSOL (Z-Score 2.30) and our cohort with other major lesions [CAT, PAPVD,
- 244 CR] (Z-Score 2.31). Our CoA- cohort had a larger deviation from expected values (Z-
- 245 Score 1.39) than CoA+ (Z-score 0.24). Mean T2* values for HLHS (Z-score 0.63), VR
- 246 (0.09) and TGA (Z-score -0.11) were within one standard deviation (SD) from expected247 results.
- 248 RSOL (Z-score -1.7), our group of other major lesions (Z-score -1.26) and CoA- (Z-
- score -1.02) showed significantly higher lacunarity compared to expected results at GA
- equivalent. HLHS (Z-score -0.18), TGA (Z-score -0.01) and suspected VR (Z-score
- 251 0.06) were similar to expected controls. CoA+ showed slightly lower lacunarity (Z-score
- 252 0.26).

- 253 Distribution of T2* values over the entire placental volume was positively skewed in
- 254 RSOL (Z-score -4.69) and CoA- (Z-score -3.83), followed by our group of other major
- 255 lesions (Z-score -1.75) and HLHS (Z-score -1.12). Suspected VR (Z-score -0.8), CoA+
- 256 (Z-score -0.66) distributions were positively skewed within one SD. Our TGA cohort

257 was closest to expected skewness (Z-score 0.02).

- 258 We found positive kurtosis of distribution most significantly in RSOL with highest mean
- deviation (Z-score -3.47), followed by CoA- (Z-score -2.86) and our group of other
- 260 major lesions (Z-score -1.97). HLHS and CoA+ showed positive kurtosis with almost
- one SD from expected results (Z-Scores -0.98), while suspected VR (Z-score -0.73)
- and TGA (Z-Score -0.27) showed similar kurtosis of distribution compared to ourcontrol cohort.
- All placentas (19/69, 28%) with individual z-scores > ± 3 for any of calculated results
- 265 were individually reviewed for correlation with clinical confounders, while we found
- 266 MVM in two placentas and SGA complicating one pregnancy, overall numbers did not
- 267 reach statistical significance.
- 268 Mean and median deviation form GP (Z-score) for all cohorts and measured values are
- listed in Table 2. Individual heterogeneity is demonstrated in histograms of occurrence
- 270 fraction of T2* values in all voxels within the individual placenta from all participants in
- 271 Figure 4. These histograms are color-coded by results of genetic testing in
- 272 Supplemental Figure 1.
- 273 Maternal BMI at scan did not have an effect on mean T2* values ($R^2 = 0.004$). Maternal
- lie supine or left lateral, 30 and 7 scans respectively, had no significant effect on mean
- 275 T2* values in our control group (p = 0.44). Placental position dichotomised in mostly
- anterior or posterior was also not associated with mean T2* values (p = 0.98). There
- 277 was no linear correlation with mean T2* Z-scores at scan and weight ($R^2 = 0.13$) or
- 278 head circumference at birth ($R^2 = 0.11$).

279 **Discussion**

- 280 In this study we have shown for the first time a comprehensive approach to placental
- tissue characterisation in CHD. Using T2 relaxometry (T2*) and Gaussian Process
- 282 Regression (GPR) we were able to provide standard deviations for a range of placental
- 283 metrics across various CHD groups from predicted values derived by our model trained
- on a control group. Mean T2* values over the entire placenta may not represent
- regional differences adequately and can lead to misinterpretation of imaging findings.
- 286 Therefore, we also used histograms and evaluated skewness and kurtosis to show
- specific pattern of distribution depending on CHD subtype, which in turn may representpathophysiological substrates.
- 289 Requiring minimal acquisition time (<1min) and minor modification to clinical scan
- protocols, these baseline placental assessments have been included into all our clinicalfetal MRI scans.
- 292 While mean T2* deviation for RSOL (Z-score 2.30) is comparable with our group of
- 293 other cardiovascular lesions (Z-score 2.31), the latter shows much less deviation from
- 294 calculated normal distribution as described in skewness and kurtosis (Z-scores -1.75
- and -1.97, respectively). Strikingly, right-sided obstructive lesions (RSOL) show highest
- deviation from expected normal distribution represented in skewness (Z-score -4.69)and kurtosis (Z-score -3.47).
- Our findings of abnormal placental imaging appear CHD lesions specific. One might
 speculate that common intrinsic developmental pathways of placenta and fetal heart
 may play a larger role, warranting further investigations towards understanding the
- 301 pathophysiology. Future investigations in conjunction with assessments of fetal
- 302 circulation in the presence of CHD, a flourishing field in both ultrasound and MRI
- 303 research [33,34], may allow a more detailed interpretation of our results.
- 304 Given the severe implications after birth, the cohort of HLHS appears to have
- 305 surprisingly limited deviations from control in placental structure and function. This
- 306 suggests less co-dependence between the development and or antenatal effects of
- this anomaly and the development and function of the placenta also requiring furtherresearch.
- 309 Our findings are in keeping with data from a very large Danish cohort from Matthiesen
- 310 et al. also depicting an association of RSOL, but not left outflow tract obstructions
- 311 including HLHS, aortic valve stenosis, and coarctation of the aorta, with lower placental
- 312 weight [35]. Moreover Llurba et al. have suggested an imbalance in maternal and fetal

angiogenic factors may contribute to CHD and placental dysfunction most marked incohorts other than left sided lesions [36].

Fetuses with antenatal suspicion of CoA without confirmation after birth (CoA-) were purposely not classified as controls in the design of this study. Firstly, presentation of

317 CoA may present several weeks (up to a year) after closure of the arterial duct [37].

318 None of the infants included here showed signs of coarctation at the time of manuscript

319 preparation. Secondly, there is a growing evidence that the observed ventricular

320 asymmetry is a feature of abnormal loading conditions leading to abnormal myocardial

deformation in fetuses with suspected coarctation [38]. In turn our CoA cohort spreads

322 relatively widely through the range of values provided by our placental assessments

323 (Supplemental Figure 2), which may reflect the wide clinical spectrum of CoA+

324 observed after birth, but also may indicate previously underexplored CHD entities

some of which do not require an extensive surgical arch repair within the first year oflife.

327 Studies of placental dysfunction and vascular malperfusion have shown altered

328 baseline conditions on assessment with T2 relaxometry accounting for a higher relative

response to maternal hyperoxygenation [15]. In our study we show similar altered

330 placental baseline conditions in case of fetal CHD. This is a critical insight to

331 understand the reported effects of short term maternal hyperoxygenation in CHD,

332 which are being explored to improve fetal oxygenation in CHD [39].

333 Altered placental baseline functions are of particular importance to understand the

334 complex intertwined fetomaternal environment in CHD and will also be essential to

understand further approaches on antenatal intervention such as maternalhyperoxygenation [40].

337 Furthermore, structural assessments based on T2-weighted, and more recently also T1 338 imaging, depict changes over GA encompassing advanced lobulation with varied 339 lobule sizes, higher granularity, and substantial areas of low-signal intensity and an 340 increasing microstructural heterogeneity [41]. These changes are pronounced in FGR 341 or PE compared to healthy controls [22,42]. Although we did not report weighted MR 342 imaging in this study, observations from our T2* maps of increasing lacunarity over GA 343 is in keeping with the literature for our control and CHD cohort. Moreover, our CHD 344 cohorts also present higher lacunarity compared to healthy controls, most pronounced

345 in RSOL (Z-score -1.70).

As previously reported factors such as maternal age, BMI, fetal sex, parity, mode of

347 delivery and placental location were not correlated with T2* once corrected for GA [28].

348 Limitations of this study

- Although we are based at a major referral centre for congenital heart disease in the
 UK, this was a single centre study, with some patients delivering outside of our
 hospital, having been referred for antenatal imaging. Our CHD groups are of moderate
 sample size and may influence statistical significance.
- 353 Our placental scan protocol consistent of one single timepoint, therefore temporal
- 354 variance in placental T2* measurements, as recently suggested by other groups, might
- not be accounted for in our data [43]. Recent literature describes also the possible
- 356 influence of maternal or placental position on T2* signals in higher field MRI [44]. While
- 357 we have scanned all our CHD patients in left lateral position, controls were also
- scanned supine, resulting in higher statistical variance, 371.6 vs 776.5 respectively, butnot reaching statistical significance.
- 360 While in-utero MRI provides an excellent opportunity to provide early, in-vivo evidence
- 361 for specific placental phenotypes associated with CHD and hence a window of
- 362 observation into the intertwined relation between developing heart and placenta, it
- 363 cannot directly answer the question on causality and order of events.
- 364 Despite recent attempts to standardize definitions for FGR/IUGR, there is currently no
- 365 universal definition, which would include fetuses with congenital malformations such as
- 366 CHD [45]. Furthermore, the recent consensus-based definition of growth restriction on
- 367 the newborn excludes congenital and chromosomal abnormalities specifically, although
- 368 stating it may be applicable for this group due to the lack of any other option [32].
- 369 Previous literature, including a large population of 924,422 cohorts with over 5500 CHD
- 370 cases from Denmark also suggests an association of some CHD subtypes with lower
- birth weight and head circumference [46]. Therefore, we did not exclude any
- 372 participants in our CHD cohort solely due diagnosis for FGR/IUGR or SGA.
- 373 Placental histopathology results were only available in 25% of all our assessments and
- in CHD patients only with a specific clinical question at time of birth, such as maternal
- 375 pyrexia. Statistical analysis of features of MVM or fetal vascular malperfusion (FVM) or
- 376 Chorioamnionitis could therefore not be included. Similarly, only two placentas showed
- 377 infarcts in histopathology. These could be identified on the in-vivo imaging but did not
- 378 significantly alter the observed whole placental mean T2* results and have therefore
- not been factored in the statistical analysis. Previous literature from postnatal placental
- 380 histopathology describe increased findings of FVM and MVM in the presence of
- 381 preeclampsia as well as CHD supporting the hypothesis of similar etiopathogenetic
- 382 factors contributing to the development of placental malformation and CHD [6].

- 383 While T2* values are an indicator of oxygen concentration, direct measurement was
- 384
 not possible in our setting. Oxygen-haemoglobin dissociation curves derived from MRI
- in animal models might be available for future studies to allow close estimation ofactual oxygen content in the fetoplacental circulation [47,48].
- Including only five pregnancies with confirmed fetal chromosomal abnormalities in our
 cohort did not allow for further statistical analysis of potential associations. This study
 did not include volumetric assessments of the placenta given echo planar imaging is
 associated with geometric distortions.
- 391 Future studies applied to CHD cohorts with more complex and time-consuming scan
- 392 protocols, including diffusion-weighted imaging or texture analysis using T1 and T2
- 393 weighted methods, may allow modelling of fetal and maternal peculiarities in circulation
- and disentangle tissue characteristics and flow pathophysiology, as recently in CHD
- cohorts [41,49–51]. Slator et al. have recently published a study with a focused
- 396 extensive research protocol on the microenvironments within the placenta depicting
- 397 heterogenous compartments from maternal and fetal side [52]. Using Velocity-
- 398 Selective Arterial Spin Labelled MRI Zun et al. also reported that global placental
- 399 perfusion significantly decreased and regional variation of placental perfusion
- 400 significantly increased over GA in fetuses with CHD [53,54].
- 401

402 Conclusion

This study describes in vivo differences in placental tissue phenotypes in healthy
controls and fetuses with antenatal diagnosis of congenital heart disease based on T2
relaxometry. Using machine learning we depict unique features of T2* value
distribution and their standard score from our normal cohort for a wide range of major
cardiac lesions, providing information on placental dysfunction complementary in the
antenatal assessment of CHD.

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421 **Declaration of competing interests**

422 The authors declare that they have no competing interest.

423 Keywords

- 424 Congenital Heart disease (CHD), Placenta, Magnetic resonance imaging (MRI), T2*
- 425 Mapping, Gaussian Process Regression (GPR), Bayesian non-parametric regression,
- 426 Machine learning

427 **References**

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669 Tables/figures

	Median	IQR	Min	Max	р	
Control cohort (n=37)						
Maternal age at scan (a)	34.65	4.65	27.69	44.03		
Maternal BMI at scan (kg/m ²)	30.03	8.67	18.75	42.59		
Gestational age at scan (w)	30.86	8.36	19.57	37.86		
Fetal sex (female/total)	0.62					
Gestational age at birth (w)	40.14	2.14	38.14	42.14		
Birth weight (g)	3583	534	2780	4450		
BW Z-score	0.9558	1.2147	-1.0550	2.1966		
BW Centile	83.04	39.16	14.57	98.60		
CHD cohort (n=69)						
Maternal age at scan (a)	32.63	8.39	18.60	40.79	0.002†	
Maternal BMI at scan (kg/m ²)	28.39	5.63	18.81	40.35	0.094†	
Gestational age at scan (w)	31.57	2.64	28.43	36.29	0.069†	
Fetal sex (female/total)	0.58				0.836	
Gestational age at birth (w)	38.71	1.57	32.71	41.71	<0.001	
Birth weight (g)	3080	964	1610	5150	<0.001	
BW Z-score	-0.1230	1.7762	-2.9547	3.7986	0.003	
BW Centile	48.20	62.20	0.16	99.99	0.003	
Diagnosis	N	%				
Left-sided obstructive lesions	10	14.5	HLHS			
	13	18.8	COA- (suspected, not confirmed)			
	8	11.6	COA+ (confirmed neonatal)			
Right-sided obstructive lesions	10	14.5	TOF, PA, PS, TA, Ebstein anomaly			
Disorders of mixing	5	7.2	TGA			
Suspected vascular rings	17	24.6	DAA, RAA (DAA, RAA (+/- ALSA)		
Other major lesions	6	8.7	CAT, PAPVD, CR			

670 Table 1: Maternal and pregnancy characteristics.

 (\dagger) For statistical analysis controls were restrained to GA range at scan (28 – 37

672 weeks, N=23).

Mean deviation from GP [Z-score] +/- SD of Z-scores within group									
	Control	CHD	HLHS	COA-	COA+	RSOL	TGA	Other	VR
Ν	9	69	10	13	8	10	5	6	17
Mean T2*	-0.56	0.93*	0.64	1.39*	0.24	2.30***	-0.11	2.31**	0.09
	+/-1.34	+/-2.26	+/-2.03	+/-2.91	+/-1.34	+/-2.07	+/-1.86	+/-2.01	+/-2.06
Skewness	-0.08	-1.99*	-1.12	-3.83	-0.66	-4.69*	0.02	-1.75**	-0.80
	+/-0.59	+/-4.27	+/-1.58	+/-7.18	+/-0.73	+/-5.56	+/-0.73	+/-1.25	+/-2.70
Kurtosis	-0.53	-1.67	-0.98	-2.86*	-0.98	-3.47**	-0.27	-1.97**	-0.73
	+/-1.01	+/-2.34	+/-1.39	+/-3.25	+/-0.67	+/-3.02	+/-1.50	+/-0.93	+/-1.66
Lacunarity	-0.15	-0.54	-0.18	-1.02	0.26	-1.70*	-0.01	-1.26	0.06
	+/-1.27	+/-1.55	+/-1.21	+/-1.69	+/-0.53	+/-1.99	+/-0.98	+/-2.35	+/-0.93
Median deviation from GP [Z-score] (IQR within group)									
	Control	CHD	HLHS	COA-	COA+	RSOL	TGA	Other	VR
Ν	9	69	10	13	8	10	5	6	17
Mean T2*	-0.78	0.70*	0.57	0.89*	0.25	2.36***	-0.41	2.10**	-0.59
	(2.05)	(2.93)	(2.37)	(4.05)	(2.06)	(3.32)	(3.68)	(3.77)	(2.76)
Skewness	0.01	-0.47*	-0.49	-0.96	-0.62	-2.12*	0.73	-1.89**	0.02
	(0.71)	(2.19)	(2.94)	(4.38)	(0.98)	(10.23)	(2.32)	(2.40)	(0.83)
Kurtosis	-0.80	-1.10	-0.75	-1.72*	-0.86	-2.15**	0.41	-1.83**	-0.63
	(1.67)	(1.95)	(2.07)	(3.35)	(1.04)	(5.64)	(2.65)	(1.83)	(1.23)
Lacunarity	0.01	-0.18	-0.09	-0.68	0.17	-1.43*	0.29	-0.37	0.05
	(1.95)	(1.67)	(1.28)	(2.49)	(0.82)	(2.22)	(1.84)	(3.84)	(1.35)

673 Table 2: Results Gaussian process Regression, groupwise.

674 Entire CHD cohort (CHD), Hypoplastic left heart syndrome (HLHS), Coarctation

675 suspected not confirmed (CoA-), Coarctation confirmed operated (CoA+), Right-sided

676 obstructive lesions (RSOL), Disorders of mixing (TGA), Other lesions, Suspected

677 vascular rings (VR). Significance calculated by Independent t-test (Mean T2*) or Mann-

678 Whitney U (Skewness, Kurtosis, Lacunarity) in comparison to test control cohort, *

679 p≤0.05, ** p≤0.01, *** p≤0.001.



681 Figure 1 - Study cohort.

680

682 CHD subtypes classified by main antenatal diagnosis: Hypoplastic left heart (HLHS),

683 coarctation of the aorta (CoA), right-sided obstructive lesions (RSOL), transposition of

the great arteries (TGA), suspected vascular ring (VR) and other complex lesions.

685 Controls were excluded for low birth weight (SGA) and insufficient scan data,

686 pregnancies complicated by fetal CHD had to be excluded for twin pregnancy and loss

687 in follow-up at time of analysis.





689 Figure 2: Qualitative Imaging

690 Illustration of mid-stack slice in coronal orientation from T2* maps from 3 individual

691 placentas for all included cohorts. Segmented placental parenchyma is highlighted in

692 red/yellow scales.



694 **F**i

Figure 3 – Gaussian Process Regression results

The posterior probability for Mean T2*, Lacunarity, Skewness and Kurtosis over GA for all considered controls in red, the corridors corresponding to Z-scores of 1, 2 and 3 are illustrated in blue. Cohorts: Control (test subset), Hypoplastic left heart syndrome (HLHS), Coarctation of the aorta confirmed (COA+) and not confirmed (COA-), rightsided obstructive lesions (RSOL), disorders of mixing (TGA), other major lesions and suspected vascular rings (VR).



Figure 4 - Individual Histograms

704 Individual Histograms, derived from about 70000 voxels per subject binned in 100,

705 depicting occurrence fraction of T2* values over the entire placental volume from all

participants, coloured by GA at scan. Groups from top left to bottom right. Control,

707 Hypoplastic left heart syndrome (HLHS), coarctation of the aorta not confirmed (CoA-)

and confirmed (COA+), right-sided obstructive lesion (RSOL), Transposition of the

709 great arteries (TGA), Other lesions and suspected vascular ring (VR).



711 Supplemental Figure 1 – Histograms with genetic test results

712 Individual Histograms, as shown in Figure 4. Color coded by results of genetic testing.

Abnormal genetics (yellow), normal genetics (blue), not tested (grey), Hypoplastic left

heart syndrome (HLHS), coarctation of the aorta not confirmed (CoA-) and confirmed

715 (COA+), right-sided obstructive lesion (RSOL), Transposition of the great arteries

716 (TGA), Other lesions and suspected vascular ring (VR).

- 717
- 718

N (%)	Control	CHD
Available placental histology	15/37 (40%)	12/69 (17%)
MVM	1	2
With infarct	1	2
(Sub-)Chorionitis	8	7
With MIR	4	3
With FIR	5	4

719 Supplemental Table 1 – Placental Histology

720 Table shows available placental histology results. Maternal vascular malperfusion

721 (MVM), maternal inflammatory response (MIR), fetal inflammatory response (FIR).



Mean T2*, Lacunarity, Skewness and Kurtosis over GA for all included controls in grey,

confirmed Coarctation of the aorta (CoA+) in pink and not confirmed (CoA-) in blue.