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DOI: 10.1152/ajpheart.00081.2021

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Citation for published version (APA):

O'Gallagher, K., Shah, A., Ryan, M., Roomi, A., Gu, H., Chowienczyk, P., Webb, A., & Kevin, OG. (in press). Direct cardiac versus systemic effects of inorganic nitrite on human left ventricular function: Effect of inorganic nitrite on LV function. *American Journal of Physiology*. https://doi.org/10.1152/ajpheart.00081.2021

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| 1 | Direct cardiac versus systemic effects of inorganic nitrite on human left ventricular | | | | |
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| 2 | function | | | | |
| 3 | | | | | |
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| 14 | clinical responsibility for patients. | | | | |
| 15 | | | | | |
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| 22 | | | | | |
| 23 | Manuscript word count (excluding references): 3775 | | | | |
| 24 | Abstract word count: 249 | | | | |
| 25 | Total number of Figures: 6 | | | | |

- **Data availability statement:** The data that support the findings of this study are available
- 27 from the corresponding author upon reasonable request.

30 ABSTRACT

31 Background

Inorganic nitrite is a source of nitric oxide (NO) and is considered a potential therapy in settings where endogenous NO bioactivity is reduced and left ventricular (LV) function impaired. However, the effects of nitrite on human cardiac contractile function, and the extent to which these are direct or indirect, are unclear.

36 Methods and Results

We studied 40 patients undergoing diagnostic cardiac catheterisation who had normal LV 37 38 systolic function and were not found to have obstructive coronary disease. They received either an intracoronary sodium nitrite infusion (8.7-26 µmol/min, n=20) or an intravenous 39 sodium nitrite infusion (50 µg/kg/min, n=20). LV pressure-volume relations were recorded. 40 41 The primary end point was LV end-diastolic pressure (LVEDP). Secondary end points included indices of LV systolic and diastolic function. Intracoronary nitrite infusion induced 42 a significant reduction in LVEDP, LV end-diastolic pressure-volume relationship (EDPVR) 43 44 and the time to LV end-systole (LVEST) but had no significant effect on LV systolic function 45 or systemic haemodynamics. Intravenous nitrite infusion induced greater effects, with 46 significant decreases in LVEDP, EDPVR, LVEST, LV dP/dtmin, tau, and mean arterial 47 pressure.

48 Conclusions

Inorganic nitrite has modest direct effects on human LV diastolic function, independent of LV loading conditions and without affecting LV systolic properties. However, the systemic administration of nitrite has larger effects on LV diastolic function which are related to reduction in both preload and afterload. These contractile effects of inorganic nitrite may indicate a favourable profile for conditions characterized by LV diastolic dysfunction.

54 Keywords: Inorganic nitrite, Nitric oxide, HFpEF, Diastolic function, Pressure-volume
55 relationship

56

57 New and Noteworthy (max 75 words)

This is the first study to assess the direct and indirect effects of inorganic nitrite on invasive measures of left ventricular function in humans *in vivo*. Inorganic nitrite has a modest direct myocardial effect, improving diastolic function. Systemic administration of nitrite has larger effects related to alterations in cardiac preload and afterload. The changes induced by nitrite appear favourable for potential use in conditions characterised by LV diastolic dysfunction.

67 Introduction

68 Nitric oxide (NO) has important roles in the physiological regulation of cardiovascular function while dysfunction of endogenous NO production or NO-cyclic GMP (cGMP) 69 70 signaling are implicated in the pathophysiology of several cardiovascular diseases[1, 2]. 71 Accordingly, strategies to increase local tissue concentrations of NO or to enhance NOdependent signaling may have the rapeutic potential. Inorganic nitrite (NO_2) is of interest in 72 73 this regard as it can be reduced to NO and have effects similar to NO donors but tolerance does not develop to its effects with continued use, unlike the case with organic nitrates[3, 4]. 74 75 Inorganic nitrite is a vasodilator, affecting both arterial[5-7] and venous tone[6]. In the 76 coronary bed, nitrite is relatively selective for conduit versus resistance vessels[8]. When given via intravenous infusion, nitrite causes vasodilatation and a reduction in central blood 77 78 pressure[7]. Nitrite also inhibits platelet aggregation[9, 10] and can improve mitochondrial 79 efficiency[11]. Previous experimental and clinical studies have therefore explored the potential therapeutic benefit of nitrite in conditions such as myocardial ischemia-80 81 reperfusion[12] [13], pulmonary hypertension[14], cerebral vasospasm[15] and impaired 82 exercise capacity in heart failure[16, 17].

Endogenously generated NO induces direct acute effects on the onset of myocardial 83 relaxation and on diastolic distensibility, independent of changes in systolic function or 84 85 systemic loading. A selective NO- and cGMP/protein kinase G (PKG)-dependent earlier 86 onset of relaxation without change in systolic function was found in isolated mammalian 87 cardiomyocytes and isolated hearts [18, 19]. NO also reduced diastolic stiffness [19]. Similar effects on onset of LV relaxation and LV diastolic distensibility were observed in human 88 89 subjects in vivo after acute intracoronary infusion of substance P to trigger the endogenous release of NO[20]. Consistent with these effects, it has been suggested that dysfunction of 90 91 NO-cGMP signaling contributes to left ventricular (LV) diastolic dysfunction both

experimentally and in patients[21-23]. As such, the clinical utility of nitrite to enhance
relaxation and diastolic function is of interest. However, the direct myocardial effects of
nitrite in the human heart and their relationship to its systemic effects have not been
established. In this study, we investigated the effect of either intracoronary or intravenous
nitrite infusion on LV contractile function.
Methods

99 The data that support the findings of this study are available from the corresponding author100 on reasonable request.

101

102 Participants

103 Invasive LV pressure-volume (PV) studies were performed on patients (n=40) with suspected coronary artery disease who were referred for diagnostic coronary angiography. All subjects 104 105 were known to have normal left ventricular systolic function on echocardiography. Written 106 informed consent was obtained prior to cardiac catheterization and the research study was 107 performed at the end of the diagnostic procedure if there was an absence of significant 108 epicardial coronary artery disease (<50% stenosis on coronary angiography and/or a fractional flow reserve >0.80). Patients were also excluded if they had heart failure (either a 109 110 pre-existing diagnosis or a current clinical syndrome consistent with heart failure), clinically 111 significant valve disease, or had a history of glucose-6-phosphate dehydrogenase deficiency. Patients were required to be in sinus rhythm at the time of assessment, with atrial fibrillation 112 and ventricular bigeminy/trigeminy being considered excluding factors. The study complied 113 114 with the Declaration of Helsinki and was approved by the institutional ethics committee (Reference: 12/LO/1067). 115

117 *Study protocols*

We studied either intracoronary nitrite infusion (n=20) or intravenous nitrite infusion (n=20).
Radial or femoral arterial access was used for diagnostic coronary angiography at the
discretion of the operator. A second arterial puncture was required for patients receiving
intracoronary infusion. All patients received unfractionated heparin (5000 IU bolus), with
additional doses as required to maintain an activated clotting time (ACT) of >250 s.

123 For intracoronary infusion studies, a 6Fr guide catheter was positioned at the ostium of the left main coronary artery. Patients first received a normal saline infusion for at least 5 124 125 minutes during which stable LV function parameters and BP were confirmed. They next 126 received an intracoronary infusion of sodium nitrite (NaNO₂, Tayside NHS, UK) at 8.7 µmol/min for 5 min, followed by 26 µmol/min for 5 min. The higher dose is estimated to 127 achieve a maximal intracoronary concentration of approximately 1000 µM, using average 128 resting coronary blood flow estimates as described previously[8] and is equivalent to 129 concentrations that when administered intra-arterially in the peripheral circulation are locally 130 131 active (i.e. devoid of systemic effects)[7]. For intravenous infusion studies, sodium nitrite was administered at 50 µg/kg/min for 7 min via a canula in a large antecubital fossa vein. 132 This dose was chosen to achieve physiologically significant reduction in systemic blood 133 pressure and pulmonary capillary wedge pressure (i.e. both afterload and preload)[16]. The 134 135 local concentration of nitrite in the coronary circulation after systemic infusion is estimated to 136 be >100-fold lower than after intra-coronary infusion but achieves significant reduction in peripheral loading due to its generalized systemic actions. The direct myocardial actions of 137 138 intracoronary nitrite could therefore be compared with the indirect effects (due to altered peripheral loading) of systemic nitrite. A micromanometer-conductance catheter (CD 139 Leycom, Netherlands) was placed in the left ventricle to record steady-state LV PV relations 140 141 via an Intra-Cardiac Analyser (INCA) console (CD Leycom, Netherlands). Recordings of PV

relations were made immediately prior to, and immediately after the nitrite infusion.

143 Measurements were also made of heart rate, blood pressure and the ECG. All patients had a

144 3D transthoracic echocardiogram to estimate LV volumes, which were used for volumetric

145 calibration. Dedicated software (CD Leycom Netherlands) was used for analysis of PV loop

146 data including LV systolic and diastolic indices, and ventricular-arterial coupling (VA

147 coupling, calculated as the ratio of arterial elastance to end systolic elastance, Ea/Ees)[24,

148 25]. Recordings were made at end-expiration. Ten beats were averaged to provide each data149 point.

We also quantified first-phase ejection fraction (EF1), which represents the proportion of blood ejected from the LV from the onset of systole to the time of the first peak of LV pressure. EF1 has been suggested as an index that assesses systolic function early during contraction and reflects systolic-diastolic coupling[26, 27].

154

155 Sample size and study end-points

156 Previous work reported that a bi-coronary infusion of sodium nitroprusside induced a

decrease in LV end-diastolic pressure (LVEDP) from 18±5mmHg to 12±3mmHg[28],

equating to an effect size of 1.37. We estimated that a single left coronary infusion of sodium

nitrite might have an effect of two thirds of this magnitude, i.e. an effect size of 0.91.

160 Therefore, with an alpha of 0.05 and power (1-beta) of 0.95, the required sample size was 18

161 for a primary end-point of reduction in LVEDP. To allow an $\sim 10\%$ margin for patients who

162 may fail to complete the protocol (e.g. due to technical issues), 20 patients per group were

163 recruited. Exploratory secondary end-points included other measures of LV systolic and

164 diastolic function.

165

166 *Statistical analyses*

| 167 | Analyses were performed using GraphPad Prism 8 (GraphPad Software Inc, USA). The | | | | | | |
|-----|---|--|--|--|--|--|--|
| 168 | Shapiro-Wilk test was used to assess normality. Data are expressed as mean \pm SD for | | | | | | |
| 169 | parametric data and median [IQR] for non-parametric data. Intracoronary data were | | | | | | |
| 170 | compared by repeated measures ANOVA with Tukey's post-test for multiple comparisons (or | | | | | | |
| 171 | non-parametric equivalent). Student's t test was used to compare the intravenous data as well | | | | | | |
| 172 | as the effect of intracoronary versus intravenous nitrite on PV parameters (change from | | | | | | |
| 173 | baseline). Linear regression analysis was used to test for correlation between measures of LV | | | | | | |
| 174 | structure and changes in the primary end-point. P<0.05 was considered statistically | | | | | | |
| 175 | significant. | | | | | | |
| 176 | | | | | | | |
| 177 | | | | | | | |
| 178 | Results | | | | | | |
| 179 | The baseline characteristics of the patients included in the study are shown in Table 1. Risk | | | | | | |
| 180 | factors for coronary artery disease such as hypertension, smoking, hypercholesterolemia and | | | | | | |
| 181 | diabetes were common but well matched between the intracoronary and intravenous infusion | | | | | | |
| 182 | groups. All patients had a normal LV ejection fraction (EF) on echocardiography. However, | | | | | | |
| 183 | some of the patients had an elevated LV mass index (LVMI) and left atrial volume index. | | | | | | |
| 184 | The studies were performed without clinical complications in any patient. | | | | | | |
| 185 | | | | | | | |
| 186 | Effects of intracoronary nitrite infusion | | | | | | |
| 187 | Intracoronary nitrite had no significant effect on heart rate or mean arterial blood pressure | | | | | | |
| 188 | (MAP), consistent with a lack of systemic effect (Figure 1A-B). Markers of LV systolic | | | | | | |
| 189 | function, namely LV end-systolic elastance (Ees), stroke work and dP/dt_{max} were unaltered by | | | | | | |
| 190 | intracoronary nitrite (Figure 1E-G). However, there was a significant decrease in the primary | | | | | | |
| 191 | end-point, LVEDP, following intracoronary nitrite (P=0.004) (Figure 11). When considered | | | | | | |
| | | | | | | | |

192 as change from baseline, the 26 μ mol/min nitrite dose decreased LVEDP by 1.9 mmHg [-3.3,

193 -0.5] (mean [95% CI]), P=0.006. Intracoronary nitrite also significantly decreased EDPVR,

while the time to LV end-systole (LVEST) was decreased by 11 ms [-19, -4] (P=0.002) at the

195 higher dose of nitrite (Figure 1J-K). There were no significant changes in dP/dt_{min}, tau or LV

196 volumes (Figure 1C-D,H,L). There was no significant change in VA coupling (Ea/Ees $0.6 \pm$

197 0.2 at baseline, 0.6 ± 0.2 following 26 µmol/min nitrite).

198

199 Effects of intravenous nitrite infusion

200 Intravenous nitrite resulted in a significant decrease in MAP of 6.9 mmHg [-4.3, -9.5] (mean

201 [95% CI]), P<0.001, but had no effect on heart rate (Figure 2A-B). Consistent with a

reduction in afterload, the arterial elastance (Ea) decreased from 2.1 ± 0.7 to 1.9 ± 0.7

203 (P=0.002). There was no change in the total peripheral resistance: mean change -0.7 [-2.2,

+0.7] (mean [95% CI]), P=0.3. Intravenous nitrite also induced a significant reduction in

205 LVEDV (-8.3 ml [-15.4, -1.1] (mean [95% CI]), P=0.03), consistent with a decrease in

206 preload (Figure 2C). No changes were observed in Ees (regardless of whether the outlier

data point is included or not, see Figure 2E) or dP/dt_{max} while stroke work decreased

208 significantly: -829 centijoules (cJ) [-1327, -331] (mean [95% CI], P=0.003) (Figure 2E-G).

209 Intravenous nitrite caused a significant reduction in LVEDP from a baseline of 10.6 mmHg

210 [4.7 – 15.3] (median [IQR]) to 5.2mmHg [2.9, 9.9], P<0.001 (Figure 2I). Intravenous nitrite

also resulted in significant decreases in EDPVR, LVEST, dP/dt_{min} and tau (Figure 2H, J-L).

There was no significant change in ventricular-arterial coupling (Ea/Ees from 0.6 ± 0.2 to 0.5

213 ± 0.3 , P=0.06).

214

215 Comparison of intracoronary and intravenous nitrite

216 Representative PV loops showing the effect of intracoronary and intravenous nitrite infusion 217 are shown in Figure 3 and suggest that intravenous infusion had a larger effect. Figure 4 shows a quantitative comparison of the effects of intravenous and intracoronary (26 218 219 µmol/min nitrite) infusion. There was no significant difference at baseline between the groups in MAP (99.0 mmHg [89.7, 110.3] (median [IQR]) vs 93.0 mmHg [86.0, 107.0] for 220 221 intracoronary vs intravenous) or LVEDP (11.0 mmHg [8.1, 14.3] vs 10.6 mmHg [4.7, 15.3] 222 for intracoronary vs intravenous). Intravenous nitrite had significantly greater effects than 223 intracoronary nitrite on MAP (Figure 4I), LV end-systolic pressure (LVESP) (Figure 4F), 224 and tau (Figure 4D). While the mean decrease in LVEDP following intravenous nitrite was 225 numerically greater than after intracoronary infusion (Figure 4E), this was not statistically 226 significant.

Intracoronary nitrite had no significant effect on EF1 (P=0.5 by 1-way ANOVA)
(Figure 5A) but intravenous nitrite induced a marked increase in EF1 (Figure 5B-C). From a
baseline of 23.0±2.1%, the EF1 post-nitrite was 34.2±3.1% - a relative increase of

approximately 50% as illustrated by the representative traces in Figure 5D-E.

231

232 Association between baseline LV structure and function and the effect of nitrite

233 To assess whether inter-individual variation in the response to nitrite might be related to

baseline cardiac structure, we determined the association between LVMI and the magnitude

of change in LVEDP but found no significant correlation either in the intracoronary or

intravenous nitrite groups (Figure 6A-B). We also assessed whether the magnitude of

237 reduction in LVEDP was related to baseline LV EDPVR. There was a significant association

- between the nitrite-induced decrease in LVEDP and baseline EDPVR for both the
- intracoronary group ($R^2=0.33$, P=0.008) (Figure 6C) and the intravenous group ($R^2=0.38$,
- 240 P=0.004) (Figure 6D). It should be noted, however, that when the data are analyzed as

percentage rather than absolute change in LVEDP, the association with baseline EDPVR is
no longer significant in the intracoronary group but remains significant in the intravenous
group.

244

245 Discussion

In this study, we have examined in detail the direct and indirect acute effects of inorganic nitrite on contractile function of the human heart in patients undergoing diagnostic cardiac catheterization who did not have coronary disease or heart failure. We demonstrate several important findings that may have relevance to the potential therapeutic use of nitrite.

250 Firstly, inorganic nitrite delivered via the intracoronary route induces a small but 251 significant decrease in LVEDP and EDPVR and hastens the onset of LV relaxation (i.e. 252 reduces LVEST). These effects are not accompanied by any change in blood pressure or heart 253 rate, consistent with a local action on the heart. They occur without any alteration in indices 254 of LV systolic function, indicating a selective effect on diastolic properties of the heart. No 255 change in tau or LV dP/dt_{min} is observed following intracoronary nitrite, suggesting that 256 while nitrite improves LV distensibility (a passive property), there is a lack of effect on active 257 (ATP-dependent) myocardial relaxation. This pattern of effect on LV contractile function is entirely consistent with prior studies reporting similar direct myocardial effects of NO donors 258 259 and NO-cGMP signaling on the onset of relaxation and diastolic stiffness, both in isolated 260 preparations and in humans in vivo[18, 20, 28, 29]. At a mechanistic level, such actions are considered to involve cGMP/protein kinase G (PKG)-mediated phosphorylation of troponin I 261 262 and titin in cardiomyocytes[19, 30-32], although other NO-mediated mechanisms such as 263 altered S-nitrosylation of proteins[33, 34] or an effect on sympathetic nerve activity[35, 36] may have a role. Taken together, the data from the intracoronary infusion study suggest that 264 265 inorganic nitrite has a direct and selective action on the myocardium to reduce ventricular

stiffness and hasten the onset of relaxation. However, the magnitude of these changes is smallin patients with normal LV function .

Secondly, the results of the intravenous infusion studies indicate that systemic 268 269 administration of nitrite significantly reduces LV preload (LVEDV) and afterload (MAP and Ea) and is associated with more marked effects on LV diastolic function than observed after 270 intracoronary infusion. In addition to decreases in LVEDP, EDPVR and LVEST, intravenous 271 272 nitrite significantly accelerates tau and reduces LV dP/dtmin. The effects of intravenous 273 nitrite on LV function are likely to be due to the reduced loading of the heart rather than a 274 direct myocardial action since the local intracoronary concentration of nitrite achieved with 275 systemic infusion is estimated to be substantially lower than with intracoronary infusion (see 276 Methods). Therefore, intravenous nitrite-induced effects on LV diastolic function appear to 277 be driven mainly by its actions to reduce afterload and preload rather than a direct myocardial 278 action in this patient group. The effect of nitrite to reduce afterload and preload is well 279 established and the underlying mechanism is NO-mediated direct (endothelium-independent) 280 vasodilation[5-7].

281 Thirdly, intravenous nitrite infusion significantly increases EF1 - a hemodynamic index that describes the proportion of LV ejection that occurs up to the time of maximal rate 282 of ventricular contraction[26]. EF1 has been proposed to reflect coupling between systolic 283 284 and diastolic function and therefore to provide a more integrated readout of overall changes 285 in cardiac function. EF1 may be reduced even in patients in whom the overall EF is within 286 the normal range, in which group it strongly correlates with abnormal LV diastolic function 287 as indexed by an elevated E/e' ratio (indicating elevated filling pressures) on 288 echocardiography[26]. Furthermore, a reduced EF1 may predict a worse prognosis in patients with aortic stenosis or heart failure [27]. In the present study, the intravenous nitrite-induced 289 290 increases in EF1 suggest that an improvement in early ejection phase LV systolic function is

291 induced in addition to the enhancement of diastolic function. Given that no change in EF1 292 was observed with intracoronary infusion, it is likely that the increase following intravenous 293 nitrite infusion is due to the improved cardiac loading conditions rather than a direct 294 myocardial effect. This is consistent with prior data that nitrite decreases pressure wave 295 reflections in the arterial tree and decreases late systolic load on the LV[37] and that EF1 is highly sensitive to changes in late systolic load[26]. The results with EF1 therefore further 296 297 emphasise that the predominant effects of intravenous nitrite appear to relate to its actions to 298 reduce afterload and preload.

299 A careful assessment of the systemic versus direct myocardial actions of either NO donors such as sodium nitroprusside or of inorganic nitrite on cardiac contractile function has 300 not previously been undertaken. It was reported that intracoronary infusion of the NO donor 301 302 sodium nitroprusside reduced LVEDP and LVEST (similar to the current study) in patients 303 with normal LV function but that investigation did not involve measurement of PV relations 304 nor the assessment of the effects of systemic administration[28]. Recently, there has been 305 considerable interest in the therapeutic potential of nitrite in conditions associated with 306 decreased NO bioavailability, including heart failure[4]. The current study was performed in 307 patients with normal LV function in order to first establish the effects in this group but future studies need to also study its effects in patients with impaired LV function - where the 308 309 magnitude or pattern of effect could be different. For example, the effects of the nitrite-NO 310 pathway are reportedly greater under hypoxic or ischemic conditions[6]. Extending the 311 findings on the acute effects of nitrite to its potential therapeutic value also requires consideration of chronic administration. Nitrite can be administered in the form of oral nitrite 312 313 salts (such as sodium nitrite) or plasma nitrite levels can be elevated via inorganic nitrate, for example an oral nitrate salt or by ingestion of beetroot juice. Previous studies in which oral 314 315 sodium nitrite (or nitrate) was administered chronically achieved post-dose plasma nitrite

concentration of a similar order of magnitude to those obtained after intravenous
administration, while trough levels remain increased compared to placebo[38, 39]. The
chronic administration of beetroot juice is able to achieve slightly lower levels of plasma
nitrite[40]. Future studies to assess the effect of chronic elevation of plasma nitrite on cardiac
function will be of value.

321 The pattern of effect of nitrite on LV contractile function raises the possibility that it 322 could be of value in heart failure. Both Heart Failure with Reduced Ejection Fraction 323 (HFrEF) and Heart Failure with Preserved Ejection Fraction (HFpEF) are characterized by 324 significant LV diastolic dysfunction. In HFrEF, it is already well established that a reduction in the loading of the heart is beneficial and previous clinical trials in selected patient groups 325 326 showed benefit from a combination of organic nitrates and hydralazine[41]. HFpEF might theoretically be especially amenable to nitrite therapy as there is quite good evidence of 327 328 impaired NO/cGMP signaling and abnormal loading in this condition[42, 43]. Furthermore, 329 acute nitrite administration is reported to reduce pulmonary capillary wedge pressure 330 (PCWP) during exercise in patients with HFpEF[16]. However, a recent randomised trial of 331 inhaled nitrite in HFpEF failed to show benefit with respect to echocardiographic filling pressures or exercise capacity[17], although inhaled nitrite may be considered more 332 analogous to local than systemic delivery. A randomised trial studying the effects of 6 weeks 333 334 administration of an organic nitrate, isosorbide mononitrate, in patients with HFpEF also 335 failed to show benefit[44]. Whether chronic administration of inorganic nitrite (or dietary manipulation to elevate nitrite levels) has different effects in this patient group merits further 336 study. 337

338

339 *Study limitations*

340 We studied a relatively small number of subjects, many of whom had risk factors for 341 cardiovascular disease and were on medications. Some of the patients also had increased LV mass or raised LV filling pressures at baseline. As such, the study population is not 342 343 comparable to healthy subjects. The possibility that the effects of nitrite may vary depending 344 on risk factor cannot be excluded. The intracoronary group had a higher median LVMI than the intravenous group but the values were within the normal range in both groups. We 345 346 looked for any correlation between LV mass and the magnitude of effect on LVEDP but found no significant relationship. The study design did not include a placebo group but all 347 348 patients received an initial saline infusion (placebo) during which period the stability of LV 349 function parameters was confirmed. It was not practical for logistic reasons to randomise allocation to intracoronary or intravenous nitrite since the two procedures were technically 350 351 different. Due to ethical and logistical considerations, it was also not feasible to perform both 352 intracoronary and intravenous nitrite in the same patients as doing this would have made the study prohibitively long. The current study only looked at the acute effects of a single nitrite 353 354 infusion at rest. It is possible that the effects may be larger upon exercise and the results also 355 cannot necessarily be extrapolated to the effects of chronic administration. It is not known 356 how much bioactive NO is released within the myocardium from a given dose of nitrite in this study and therefore the results are not generalisable to other NO donor drugs. This could 357 358 be addressed in future studies by assessment of blood plasma sampled from both the coronary 359 artery and the coronary sinus. EDPVR was assessed using the single beat method, rather than 360 through vena cava occlusion to induce a loading change, but the single beat method is known to reliably detect the acute effects of interventions. As common in such clinical studies, our 361 362 dataset contained a number of outlier data points. However, repeating the analyses without inclusion of such outliers did not materially alter the overall pattern of results. 363

366 We have undertaken a comprehensive characterisation of the acute effects of intracoronary and intravenous nitrite on human cardiac contractile function, using doses designed to 367 368 achieve solely local myocardial or solely peripheral vascular effects, respectively. Our 369 findings demonstrate that nitrite has modest direct effects on LV diastolic distensibility and the onset of LV relaxation in subjects without heart failure. The effects of systemic infusion 370 371 on diastolic function in this patient group are, however, much greater and involve altered 372 cardiac loading. The overall profile of effect of nitrite may be beneficial in conditions 373 characterized by LV diastolic dysfunction and merits further study. 374 Sources of funding 375 376 This work was supported by a UK Medical Research Council Clinical Research Training 377 Fellowship (MR/R017751/1 to KOG), the British Heart Foundation (RE/18/2/34213), and the Department of Health via a National Institute for Health Research (NIHR) Biomedical 378 379 Research Centre award to Guy's & St Thomas' NHS Foundation Trust in partnership with King's College London (IS-BRC-1215-20006) and King's College Hospital NHS Foundation 380 381 Trust. 382 383 **Author Contribution Statement** 384 Conception of the work: AMS, KOG, PC Acquisition and analysis of data: AMS, KOG, AR, AC, MR, LD, HG, NM, PJC, AJW 385 386 Drafting of the manuscript: AMS, KOG, AJW

387

388 Acknowledgments

- 389 We are grateful to the King's College Hospital NHS Foundation Trust Cardiac Research
- 390 Nurse Team (Jonathan Breeze, Sheetal Patale, Amy Hoare, Katherine Martin, Michelle

391 Andrews); Dr Dimitris Papasaikas and the King's College Hospital NHS Foundation Trust

echocardiography department; and the members of the cardiac catheterisation laboratory

- team for their assistance and support.
- 394
- 395

396 Conflict of Interest

397 The authors have no conflicts of interest to declare.

- 398
- 399

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543 **Figure legends**

544

Figure 1. Effect of intracoronary nitrite on parameters of LV function. A: Heart rate; B: 545 546 MAP, mean arterial pressure; C: LVEDV, LV end-diastolic volume; D: LVESV, LV endsystolic volume; E: Ees, end-systolic elastance; F: SW, stroke work; G: dP/dt_{max}; H: 547 dP/dt_{min}; I: LVEDP, LV end-diastolic pressure; J: EDPVR, end-diastolic pressure-volume 548 relation; K: LVEST, time to LV end-systole (LVEST); L: tau. **P<0.01 by 1 way ANOVA 549 550 with repeated measures and Tukey's post-test. n=17 for LVEST, n=19 for MAP, n=20 for all 551 other parameters. 552 553 Figure 2. Effect of intravenous nitrite on parameters of LV function. A: Heart rate; B: MAP, 554 mean arterial pressure; C: LVEDV, end-diastolic volume; D: LVESV, end-systolic volume; 555 E: Ees, end-systolic elastance; F: SW, stroke work; G: dP/dt_{max}; H: dP/dt_{min}; I: LVEDP, LV 556 end-diastolic pressure; J: EDPVR, end-diastolic pressure-volume relation; K: LVEST, time to LV end-systole (LVEST); L: tau. *P<0.05, **P<0.01, ***P<0.001, ****P<0.0001 by 557 Student's T test. n=19 for MAP and LVEST, n=20 for all other parameters. 558 559 Figure 3. Representative pressure volume loops showing the effect of (A) Intracoronary 560 561 nitrite, (**B**) Intravenous nitrite. Blue loops represent baseline values and orange loops 562 represent response to inorganic nitrite. 563 564 Figure 4. Comparison of effect between intracoronary and intravenous nitrite. A: EDPVR, 565 End-diastolic pressure volume relationship; B: LVEST, Left ventricular electro-systolic time;

566 C: dP/dt_{min}; D: tau; E: LVEDP, LV end-diastolic pressure; F: LVESP, LV end-systolic

567 pressure; G: LVEDV, LV end-diastolic volume; H: LVESV, time to LV end-systole; I:

- MAP, Mean arterial pressure; J: Stroke work; K: dP/dt_{max}; L: Starling Contractile Index.
 P<0.01, *P<0.001 by Student's T test. n=36 for LVEST and MAP, n=40 for all other
 parameters.
- 571

| 572 | Figure 5. | The effect of nitrite on EF1. A, | Intracoronary nitrite (| (n=20) |). B , | Intravenous n | itrite |
|-----|-----------|----------------------------------|-------------------------|--------|---------------|---------------|--------|
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- 573 (n=19). C, Comparison of peak change after intracoronary versus intravenous nitrite. D,
- 574 Representative baseline trace of LV volume (orange) and dP/dt_{max} (blue) with EF1
- 575 calculation demonstrated. **E**, Representative trace of LV volume (orange) and dP/dt_{max} (blue)
- 576 following intravenous nitrite with EF1 calculation demonstrated. **P<0.01 vs baseline,
- 577 $\dagger \dagger \dagger \dagger P < 0.001$ vs intracoronary nitrite by Student's T test.
- 578

579 Figure 6. Correlation between LV mass index (LVMI) and change in LVEDP (A, B) and

- 580 between baseline EDPVR and change in LVEDP (C, D). A and C show data for
- 581 intracoronary nitrite and B and D show data for intravenous nitrite. n=20 for all panels.
- 582 Statistical analysis by logistical regression.