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REVIEW ARTICLE

Recently Identified Forms of Epidermolysis Bullosa

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Epidermolysis bullosa (EB) comprises a collection of clinically diverse inherited blistering diseases that affect the skin and, in some subtypes, mucous membranes and other organs. Currently classified into four main subtypes (EB simplex, junctional EB, dystrophic EB, and Kindler syndrome, mainly based on the level of skin cleavage), the spectrum of EB extends to more than 30 clinical subtypes with pathogenic mutations in at least 18 distinct genes. This review focuses on three recent additions to variants of EB: all are autosomal recessive, and result from mutations in either DST-e (coding for epidermal dystonin, also known as the 230 kDa bullous pemphigoid antigen, BP230), EXPH5 (coding for exophilin-5, also known as Slac2-b), or ITGA3 (coding for the integrin alpha-3 subunit). Each of these new forms of EB is reviewed with respect to the initial gene discovery, clinical features, the current mutation database, and skin pathology. Awareness of these recently described forms of EB is helpful in the clinical evaluation of patients with EB and in defining genotype-phenotype correlation for inherited blistering skin diseases. (Ann Dermatol 27(6) 658~666, 2015)

-Keywords-

Basement membrane, Blister, Epidermolysis bullosa, Hemidesmosome, Mutation, Transport vesicles

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INTRODUCTION

Over the past 25 years, enormous advances have been made in understanding the clinical and molecular basis of epidermolysis bullosa (EB); new phenotypes have been described, molecular insights have been gained, and translational research has launched innovative clinical trials of new cell- and gene-based therapies¹. Summarizing recent data, a schematic of the protein/structural pathology currently implicated in the pathophysiology of EB is shown in Fig. 1. Concerning disease taxonomy, several attempts have been made to classify and reclassify EB, with helpful guidelines published by an international consensus group². Although elements of the current classification of EB are still based on the level of blister formation at or within the dermal-epidermal junction or epidermis, these latest guidelines introduced an "onion skin" classification, providing a workable diagnostic algorithm based on variable access to general or specialized skin and molecular laboratory tests². Most people with EB can now be classified into one of the existing disease categories, although, over the past few years several new clinicopathologic entities have been added to the collection of EB disorders. These newly reported conditions are often very rare and affect just a few individuals or families. Nevertheless, identification and recognition of these distinct clinicopathologic entities is important in improving clinical skills and gaining better insight into the pathophysiology of skin blistering and the macromolecular intricacies of adhesion and signaling that maintain healthy skin³. This review focuses on three relatively recent discoveries in EB. All three disorders are autosomal recessive, and comprise two forms of EB simplex and one of junctional EB with extracutaneous abnormalities, which result from biallelic mutations in DST-e, EXPH5, or ITGA3, respectively. This review describes the discovery of these conditions, outlines the clinical manifestations, summarizes the current known mutations, and places the discoveries in the context of skin pathology and the pathophysiology of blistering.

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Fig. 1. The molecular basis of epidermolysis bullosa. Mutations in structural components of hemidesmosomes, desmosomes, corneodesmosomes, intermediate filaments, actin microfilaments, focal contacts, and cell vesicle transport underlie a spectrum of skin fragility phenotypes.

DST-e: autosomal recessive epidermolysis bullosa simplex

Pathogenic mutations in DST-e were first reported in 2010⁴. Their discovery followed identification of a parent-related Kuwaiti family with a relatively minor form of acral skin blistering. The clues to diagnosis came from transmission electron microscopy: the patient's skin was completely lacking in hemidesmosomal inner plaques, raising the possibility that the inherent gene pathology lay in a protein normally sited within this part of the hemidesmosomal complex. A candidate gene approach with immunofluorescence microscopy and antibodies to various hemidesmosomal inner plaque components demonstrated a complete absence of immunostaining for the 230 kDa bullous pemphigoid antigen (BP230). Sanger sequencing of DST-e, which encodes the BP230 protein, also known as epidermal dystonin, revealed a homozygous nonsense mutation, thus establishing a new form of autosomal recessive EB simplex with loss-of-function mutations in DST-e.

DST-e: clinical features

To date, six individuals from six different families with autosomal recessive EB simplex due to *DST-e* pathology have been reported; five individuals were from Kuwait, the other patient was from Iran. All were from parent-related families. In most cases, blistering began at or shortly after birth. The blistering differed from more classic localized forms of EB simplex associated with mutations in keratin 5 (*KRT5*) and keratin 14 (*KRT14*), on the basis that



Fig. 2. Clinical features associated with autosomal recessive mutations in *DST-e*. An intra-epidermal blister on the heel resulting from a homozygous nonsense mutation in *DST-e*.

some of the blisters were not directly related to pressure points on the soles of the feet or toes and the blisters were somewhat larger (up to several centimeters in diameter). The sides or dorsae of the feet were often affected (Fig. 2). There were also a few other scattered generalized blisters, but overall the clinical features were of mild severity. No ocular, genitourinary, or other mucosal abnormalities have been observed. Blistering has tended to heal without scarring, but in the affected Middle-Eastern patients, post-in-

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flammatory hyperpigmentation was common. Although the condition is autosomal recessive, a semi-dominant transmission mode is also plausible, given that some heterozygous carriers (e.g., parents of affected cases) recall some blistering in childhood that usually improves and then stops completely by the teenage years^{5,6}. Notably, the father of one the Kuwaiti patients reported some blistering during childhood that resolved in adulthood, and both heterozygous children of an affected Iranian woman had minor skin blistering.

DST-e: molecular pathology

Thus far, two pathogenic homozygous nonsense mutations in DST-e have been identified^{4,5}. The first case reported was in a parent-related Kuwaiti family⁴, with Sanger sequencing of genomic DNA revealing homozygosity for p.Gln1124*. The DST gene encodes multiple transcripts with different tissue expression patterns, but the mutation identified in this case is specific to the epidermis, which is consistent with the lack of extracutaneous clinical findings. The second mutation identified was p.Arg1249*. It was reported in an Iranian woman born to consanguineous parents⁵. This mutation is also located within the coiled-coil domain of the epidermis-specific isoform of dystonin. Subsequently, four other individuals from Kuwait⁶, who were not known to be related to one another, presented with similar blistering and were all shown to be homozygous for p.Gln1124*, the mutation that was originally identified in a Kuwaiti patient. Haplotype analysis in the five pedigrees revealed a shared ~60 kb block of genomic DNA across the site of the mutation, consistent with a founder effect⁶.

DST-e: skin pathology

Strikingly, loss-of-function mutations in *DST-e* give rise to major ultrastructural abnormalities with a complete absence of the hemidesmosomal inner plaque (Fig. 3), a key attachment point for keratin intermediate filaments and the location for other major plaque proteins, such as plectin^{4,5}. Therefore, it is perhaps somewhat surprising that clinical features associated with complete loss of DST-e present with such relatively minor blistering, a finding that contrasts with the blistering found among many patients with the acquired autoimmune condition bullous pemphigoid who have autoantibodies to BP230 (although many of the latter also have pathogenic antibodies that target the 180 kDa bullous pemphigoid antigen). Studies of keratinocytes from patients with DST-e mutations have identified loss of adhesion and increased cell spreading and migration⁷. Mutant cells also display reduced β 4 integrin at the cell surface and have increased total protein levels of keratin 14 and β 1 integrin⁷. The upregulation of keratin 14 expression at the protein level might offer partial compensation, which may help to explain the relatively mild blistering phenotype associated with loss of DST-e expression. Collectively, these cell biology studies identify a previously unexpected role for *DST-e* in regulating keratinocyte adhesion and in controlling functional switching between integrin subtypes in keratinocytes.

DST-e: clinicopathologic comments

The limited degree of predominately acral skin blistering may make it clinically difficult to distinguish autosomal recessive EB simplex with *DST-e* pathology from other forms of EB simplex, although, the presence of larger acral blisters in non-pressure prone sites may be indicative. However, the lack of hemidesmosomal inner plaques on transmission electron microscopy gives the clearest clue to the underlying diagnosis. Alternatively, immunostaining of the patient's skin with an antibody to DST-e (BP230) is also likely to show a marked reduction in or complete absence of immunostaining, thereby highlighting the candidate gene for mutations and the likely diagnosis (Fig. 4).

EXPH5: autosomal recessive epidermolysis bullosa simplex

The identification of EXPH5 as a potential gene for EB was



Fig. 3. Transmission electron microscopy of the dermal-epidermal junction in an individual with autosomal recessive mutations in *DST-e.* (A) Complete lack of hemidesmosomal inner plaques (arrows) in skin from an affected individual. (B) Clearly discernible inner and outer hemidesmosomal plaques are visible in healthy, unaffected skin. Scale bar=0.2 μ m.



Fig. 4. Immunofluorescence microscopy labeling of skin for DST-e (BP230). (A) In healthy control skin, there is bright linear staining at the dermal-epidermal junction. (B) In contrast, in skin from a patient with biallelic *DST-e* mutations, there is a complete absence of immunostaining. Scale bar=50 μ m.

made by next-generation sequencing⁸. Three affected children from a parent-related Iraqi family presented with superficial generalized blistering with histological evidence of intraepidermal skin fragility and keratin tonofilament disruption, predominately in basal keratinocytes. Sanger sequencing of known genes for EB simplex, *KRT5*, *KRT14*, and *PLEC* (plectin), failed to identify pathogenic mutations; therefore, whole exome sequencing was performed, with a focus on identifying novel homozygous, potentially damaging variants. A homozygous frame-shift mutation in *EXPH5* was identified. *EXPH5* encodes exophilin-5, also known as Slac2-b, a Rab27 GTPase with a role in intracellular vesicle transport to the cell membrane⁹.

EXPH5: clinical features

So far, seven cases of autosomal recessive EB simplex due to EXPH5 pathology have been reported in four different families from several countries: Iraq, Germany, the United Kingdom, and Pakistan. The initial parent-related Iraqi family contained eight siblings, of whom three had similar skin fragility⁸. Starting in early life, affected individuals had trauma-induced scale crusts and intermittent blistering (Fig. 5). Intact blisters were often rare, but the siblings typically presented with trauma-induced grazes and scale crusts that were sometimes slow to heal. Affected sites recovered with very slight scarring and post-inflammatory hyperpigmentation. There were no extracutaneous abnormalities. In all patients, blistering tended to decrease with age. The second individual, from a non-parent-related European family, presented with more generalized blistering and large erosions that subsequently became milder, with later lesions predominantly consisting of acral vesicles¹⁰. In the third case, also from a European family, blis-



Fig. 5. Clinical features associated with autosomal recessive mutations in *EXPH5*. There is minor trauma-induced blistering and erosions on both knees, as well as surrounding patchy erythema.

tering only became evident after several months when the child started to walk¹¹. He experienced widespread small erosions and bleeding, the major areas affected being the lower back, knees, and ankles. There were no intact blisters and he was able to tolerate sticking plasters without harm. In the fourth family, from Pakistan, two siblings had scattered vesicles and blisters from birth, with individual lesions healing within one to two weeks to leave post-in-flammatory hypopigmentation¹². With increasing age, the blistering tendency gradually improved and almost remitted.

EXPH5: molecular pathology

Six different frameshift or nonsense mutations in *EXPH5* have been reported thus far. The first mutation, identified in the Iraqi family, was a homozygous frameshift mutation, c.5786delC (p.Pro1929Leufs*8). Then, two European cases were shown to be compound heterozygotes for bial-

lelic loss-of-function mutations: the mutations in the German case were c.1395delC (p.Phe466Leufs*44) and c.2897delC (p.Pro966Leufs*11), whereas in the British case the mutations comprised c.1947dupC (p.Pro649Profs*11) and c.2249C>A (p.Ser750*). The most recently reported case, from Pakistan, involved homozygosity for c.3650T> A (p.Leu1217*). All pathogenic mutations were located within exon 6 and complete loss of exophilin-5 immunostaining was observed in all three of the cases for which immunofluorescence microscopy was performed. In each case, the route to molecular diagnosis followed different strategies: The first case involved whole exome sequencing. The second case was extracted from a panel of 70 undiagnosed cases of EB simplex (i.e. previously negative for mutations in KRT5, KRT14, and PLEC). In the third case, the clue to diagnosis came from transmission electron microscopy, which revealed large perinuclear collections of vesicles in basal keratinocytes (Fig. 6). In contrast, the fourth case was diagnosed clinically on the basis of a spontaneously improving, autosomal recessive blistering disorder during childhood.

EXPH5: skin pathology

The nature of the pathology in this subtype of EB simplex appears to be somewhat different from other EB simplex entities in that exophilin-5 is (a) not a structural protein and (b) not an integral component of intermediate filaments, hemidesmosomes, or desmosomes¹³. Indeed, the precise role of exophilin-5 in keratinocytes is unknown: it is a Rab27B GTPase, with a proposed contribution to the regulation of cell membrane traffic, including vesicle formation and vesicle movement along actin and tubulin networks. Knockdown experiments in HaCaT cells have shown a key role for transport of some vesicles to the cell membrane, leading to speculation about keratinocyte integrity being compromised as a result of defective exosome trafficking and release of certain proteins, RNAs, and microRNAs from the cell¹⁴. Knockdown of EXPH5 also leads to reduced cell adhesion to the basement membrane, providing an explanation for the observed skin fragility⁸. In terms of the cell pathology, there is marked disruption of the keratin filament network. Indeed, some of the keratin filament aggregation shows a basket-weave



Fig. 6. Skin microscopic abnormalities resulting from mutations in *EXPH5*. (A) Semi-thin section reveals acanthosis and mild hyperkeratosis. There is also pallor within the basal keratinocyte layer and evidence of darkly stained, condensed cellular material Scale bar=50 μ m (Richardson's stain). (B) Transmission electron microscopy confirms a low level, intra-epidermal cleavage (asterisks) between basal keratinocyte nuclei and the cell membrane. Scale bar=5 μ m. (C) Higher magnification establishes that the intracellular darkly stained material seen on light microscopy is composed of aggregated keratin tonofilaments (arrow). Scale bar=0.5 μ m. (D) Some keratinocytes have numerous perinuclear vesicles (arrow). Scale bar=0.5 μ m.

pattern and ball-like aggregates that are reminiscent of generalized severe EB simplex associated with dominant-negative mutations in *KRT5* or *KRT14*. Exophilin-5 only colocalizes with Rab27B in certain compartments of the cell and appears to have a role in controling β 4 integrin function in keratinocytes⁸. It is not presently known how this particular GTPase affects the microtubule and keratin filament interaction. Future identification of key proteins involved in this connectivity will most likely provide fascinating new insights into both the pathophysiology of skin blistering and skin homeostasis.

EXPH5: clinicopathologic comments

Clues to the diagnosis of this subtype of autosomal recessive EB simplex can come from both clinical and skin biopsy evaluation. First, the finding of relatively mild blistering in someone with a pattern of inheritance consistent with autosomal recessive transmission provides a good clue. Indeed, there is also a natural history for the skin blistering to improve or remit during childhood. Ultrastructurally, the skin may show abnormal collections of cytoplasmic vesicles and, where available, immunostaining with an antibody to exophilin-5 may show a complete absence of skin staining (Fig. 7). For next-generation sequencing approaches, biallelic loss-of-function mutations in *EXPH5* will help uncover this diagnosis.

ITGA3: junctional epidermolysis bullosa

A candidate gene approach was also used to discover the first pathogenic mutations in ITGA3, although, the skin component of the underlying disorder was minor in comparison to the major inflammation affecting the lungs and kidneys¹⁵. The initial case had minor blistering, and transmission electron microscopy showed cleavage within the lamina lucida, some lamina densa reduplication, and the complete absence of immunostaining for the α 3 integrin subunit in the basement membrane of the skin. Sanger sequencing subsequently confirmed loss-of-function mutations in ITGA3. Following diagnosis of the initial case, two more cases, presenting with nephrotic syndrome, pulmonary inflammation, and minor skin blistering, were also Sanger sequenced and further mutations were identified¹⁵. Subsequently, two further cases have been reported, although neither had skin blistering as part of the phenotype^{16,17}.

ITGA3: clinical features

To date, only five cases of EB related to mutations in *ITGA3* have been described; all presented as very sick neonates and the skin was not the major health concern¹⁵⁻¹⁷. The first neonate presented within a few hours of birth with respiratory difficulty and required assisted ventilation. Within two weeks, this neonate developed renal failure with massive proteinuria. However, skin fragility did not manifest until after three months, with small blisters and erosions occurring after minor trauma. The child died before eight months of age because of pulmonary infection. A second neonate presented with respiratory distress at 48 hours of life, developed nephrotic syndrome at six weeks of life, and died from multi-organ failure aged two months; skin fragility was not highlighted in this case. The third patient developed fever and respiratory distress at two months of age, proteinuria at five months, and blisters on the shins (initially manifesting as erythematous macules) from the age of four months. The child died aged 17 months from multi-organ failure. For the causative gene abnormality in these cases, it was evident from the symptoms that the candidate gene was expressed in the kidneys, lungs, and skin. However, the fourth case presented with respiratory distress at birth and nephrotic syndrome but no blisters¹⁶. There was interstitial lung disease and unilateral renal hypoplasia and hydronephrosis; the child died from respiratory failure aged 7 months. The fifth case presented with respiratory distress at 2 weeks of age re-



Fig. 7. Immunofluorescence microscopy labeling of skin for exophilin-5. (A) In healthy control skin, there is bright pan-epidermal cytoplasmic staining. (B) In contrast, in skin from a patient with biallelic *EXPH5* mutations, there is a complete absence of immunostaining. Scale bar=50 μ m.

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quiring ventilator support¹⁷. There was interstitial lung disease, chest infections and renal anomalies (crossed fused renal ectopia) and nephrotic syndrome; dermatologic changes were limited to sparse hair and toe nail dystrophy which were evident from five months. The child died before the age of 7 months from pulmonary infection.

ITGA3: molecular pathology

The first three described cases of EB related to mutations in *ITGA3* were published together in a single report¹⁵. All patients were from parent-related families and were identified has having homozygous mutations. The first case, from Southern Italy, had a homozygous frameshift mutation, c.1173 1174del (p.Pro392Valfs*2). The second case, from Gaza, had a homozygous acceptor splice site mutation, c.1538-1G > A. The third case, from Pakistan, had a homozygous missense mutation, c.1883G>C (p.Arg628Pro) that occurred within the extracellular domain of α 3 integrin, which may also compromise exon splicing. The mutation in the fourth case (from The Netherlands) was also a homozygous missense mutation, c.1045G>T (p.Ala-349Ser)¹⁶, as was the mutation in the fifth case, c.1387C> T (p.Arg463Trp)¹⁷. Clues to the molecular pathology of the first case came from skin histology and immunohistochemistry, with evident disruption of the basement membrane and a complete absence of immunostaining for α 3 integrin¹⁵. The other two cases in the initial report were diagnosed by screening DNA for mutations in ITGA3 from a DNA archive of eight unrelated patients with congenital nephrotic syndrome¹⁵. Case four was diagnosed following exclusion of other candidate genes, homozygosity mapping and direct Sanger sequencing of $ITGA3^{16}$, whereas in case five, skin immunohistochemistry was used to identify α 3 integrin as the candidate gene despite the lack of skin fragility clinically¹⁷.

ITGA3: skin pathology

The alpha-3 integrin subunit normally dimerizes with the β 1 integrin subunit within focal contacts at the dermal-epidermal junction¹⁸. In the first patient with loss-of-function mutations in ITGA3, transmission electron microscopy showed some structural similarities with those previously reported in α 3 integrin knockout mice¹⁹. Notably, the patient's skin had a thin, discontinuous lamina densa. Although the lamina densa was typically located in the blister floor, it was occasionally adhered to cell fragments, indicating multiple levels of cleavage in and around the basement membrane¹⁵. Although the skin pathology showed some histological overlap with Kindler syndrome, the candidate gene was identified by the complete lack of α 3 integrin immunoreactivity in the patient's skin. Initial skin biopsy findings from patient three in the initial report that are presented for the first time in this review, revealed cleavage mostly within the lamina lucida and focal reduplication of the basement membrane, but normal hemidesmosome-anchoring fibril complexes (Fig. 8). In this case, immunostaining for the α 3 integrin subunit was completely absent, in contrast to a normal staining intensity and pattern for the β 1 integrin subunit (Fig. 9), consistent with a capacity for β 1 integrin to dimerize with other integrin subunits²⁰. Functional studies in three cases have demonstrated the deleterious effects of the mutations (p.Ala349Ser, c.1538-1



Fig. 8. Transmission electron microscopy of the dermal-epidermal junction in an individual with autosomal recessive mutations in *ITGA3.* (A) There is cleavage formation within the lamina lucida consistent with a junctional from of epidermolysis bullosa. (B) There is also evidence of focal reduplication of the lamina densa. (C) The ultrastructural appearances of keratin tonofilaments, hemidesmosomes, and anchoring fibrils show no major structural abnormalities. Scale bar=0.5 μ m.



Fig. 9. Immunofluorescence microscopy labeling of skin for the α 3 integrin and β 1 integrin subunits. (A) In healthy control skin, there is α 3 integrin labeling at the cell margins of basal keratinocytes. (B) In contrast, in skin from a patient with biallelic ITGA3 mutations, there is a complete absence of $\alpha 3$ integrin immunostaining. (C) Immunostaining for β 1 integrin in healthy control skin shows a similar pattern of labeling to α 3 integrin. (D) In skin from a patient with biallelic ITGA3 mutations, no abnormalities in β 1 integrin labeling are noted, with the appearances resembling the healthy control skin. Scale bar= 50 μm.

G>A, and p.Arg463Trp) on α 3 integrin structure, processing and dimerization^{16,17,21}.

ITGA3: clinicopathologic comments

Clues to diagnosing this rare form of EB relate to the major clinical features of lung and kidney inflammation²². In the presence of severe respiratory distress, lung infiltration and infection, as well as nephrotic syndrome and renal failure, and the finding of minor skin blistering that starts between two to four months of life, then skin immunostaining for α 3 integrin or Sanger sequencing of *ITGA3* is recommended for candidate gene screening. The constellation of clinical features in this genodermatosis reflects the predominant tissue expression of α 3 integrin in the kidneys, lungs, and skin. Nevertheless, it is clear that skin blistering is either mild or absent in this disorder and thus whether the phenotypic consequences of ITGA3 mutations should remain as part of the designated spectrum of EB, defined as a group of inherited blistering skin diseases, or not, is debatable.

<u>CONCLUSIONS</u>

This review has described the salient clinical and molecular features associated with three recently described forms of EB. Although these disorders are rare, understanding their nature allows their recognition as distinct clinicopathologic entities and their clinical diagnosis in similar cases. Moreover, all cases are associated with loss-of-function mutations, giving some indication as to the human consequences of complete loss of expression of these specific proteins. Thus, the clinical, pathology, and molecular data provide an improved understanding of the mechanisms underlying skin integrity, whilst highlighting some of the compensatory processes that may occur. In future, it is most likely that a small number of other novel forms of EB will be identified that further add to what is known about the pathophysiology of skin blistering.

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