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1

1 Diagnostic Biomarkers in Women With Suspected Preeclampsia in a Prospective

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- 45 received honoraria for speaking at an Alere-sponsored symposium at an international
- 46 conference in 2013. Nigel Simpson and Christopher W.G. Redman have been paid consultants
- 47 for Alere up to 2013. Louise C. Kenny has a minority shareholding in Metabolomic

- 3
- 48 Diagnostics, a company with an interest in preeclampsia biomarkers, based on technology
- 49 developed by her and licensed from University College Cork. Andrew H. Shennan has been a
- 50 paid consultant for Alere, Roche, and Perkin Elmer up to 2013. The other authors did not
- 51 *report any potential conflicts of interest.*
- 52 Short title: Diagnostic markers in suspected preeclampsia

- 55 **Précis:** In women with suspected preterm preeclampsia, a single angiogenesis-related
- 56 biomarker is a useful diagnostic test to determine preeclampsia that requires delivery within
- 57 14 days.
- 58

59

60 Abstract

61 **Objective:** To evaluate 47 biomarkers (selected from the current medical literature), in

62 isolation or in combination with placental growth factor (PIGF), to determine the need for

63 delivery within 14 days, in women presenting with suspected preterm preeclampsia.

64

Methods: In a prospective, multicentre observational study, 47 biomarkers were measured in 423 women presenting with suspected preterm preeclampsia (in two prespecified groups: Group 1 at <35 weeks of gestation and Group 2 presenting between 35⁺⁰ and 36⁺⁶ weeks of gestation), to evaluate their ability to determine the primary endpoint: preeclampsia requiring delivery within 14 days. Using factor analysis and stepwise logistic regression, we sought one or more additional biomarkers for optimal determination of the primary endpoint.

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Results: In women presenting <35 weeks of gestation (n=286), the best-performing 73 combination of PIGF, podocalyxin, endoglin, procalcitonin (receiver operating curve (ROC) 74 75 area 0.90; 95% CI 0.86 to 0.93) was not statistically better than PIGF alone (ROC 0.87; 95% CI 76 0.83 to 0.92; p=0.43) for preeclampsia requiring delivery within 14 days. Two other single 77 markers had test performance that was not significantly different to PIGF (soluble fms-like tyrosine kinase-1 [sflt-1] ROC 0.83; 95% CI 0.78 - 0.88; endoglin ROC 0.83; 95% CI 0.79 -78 0.88). Similar findings were found in women presenting between 35⁺⁰ and 36⁺⁶ weeks of 79 gestation (n=137): ROC for PIGF alone 0.75 (95%CI 0.67 to 0.83); ROC for PIGF, cystatin, 80 pregnancy-associated plasma protein A (PAPP-A) in combination 0.81 (95% CI 0.74 to 0.88; 81 82 p=0.40).

- 84 **Conclusions:** This study supports the growing body of evidence that a single angiogenesis-
- 85 related biomarker (PIGF, sflt-1 or endoglin) alone represents a useful diagnostic test for
- 86 women presenting with suspected preterm preeclampsia.
- 87

89 Introduction

90 Preeclampsia is a common disorder affecting between 5-7% of all pregnancies.(1) It remains a major contributor to maternal mortality(1) and accounts for a substantial proportion of 91 92 low birthweight infants and iatrogenic preterm delivery.(2) Prevalence and morbidity has remained unchanged over the last decade highlighting the need to improve diagnostic(3, 4) 93 and prognostic(5) testing facilitating appropriate resource allocation. Preeclampsia is unique 94 95 to pregnancy and is characterised by poor placentation(6) and abnormal inflammatory and vascular responses(7) resulting in multi-organ dysfunction. 96 Presenting symptoms of preeclampsia are often subjective and non-specific with 97 clinical findings based on features of advanced disease or markers of end organ involvement. 98 High blood pressure and urinary protein excretion are typically used to diagnose the disease 99 100 but both are secondary features of a primary placental problem and subject to 101 measurement error and poor test accuracy.(8) It is currently difficult to distinguish 102 preeclampsia of a severity that requires early delivery from other less serious phenotypes.(9, 103 10) An accurate biomarker (or panel of biomarkers) to enable prognosis of perinatal 104 complications could have substantial impact on management strategies with the aim of 105 minimising adverse maternal and fetal outcomes.

The aim of this study was to evaluate a wide panel of 47 candidate biomarkers (including those that are currently widely reported and reflect the heterogeneity of the disease) in women presenting preterm with suspected preeclampsia in order to optimise determination of an important clinical outcome, that of preeclampsia requiring delivery within 14 days.

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8

112 Materials and Methods

113 A prospective multicentre cohort study was undertaken between January 2011 and February 114 2012 in seven consultant-led maternity units in the United Kingdom and Ireland.(4) Women were eligible for the study if they had been referred or presented with suspected 115 preeclampsia (i.e. signs or symptoms of preeclampsia), were 20⁺⁰ to 36⁺⁶ weeks of gestation 116 with a singleton or twin pregnancy and were aged ≥16 years. Women with confirmed 117 preeclampsia (or with any adverse outcome already present) were not eligible. We 118 undertook a planned analysis reported here on two groups of women: Group 1: presenting 119 prior to 35 weeks of gestation, and Group 2: presenting between 35⁺⁰ and 36⁺⁶ weeks of 120 gestation. These gestational age groupings were pre-specified, based on known differences 121 122 in pathophysiological pathways associated with preterm pre-eclampsia and our prior knowledge of gestational changes of biomarker concentrations related to these pathways. 123 124 Written informed consent was obtained and baseline demographic and pregnancy-specific information, including blood pressure readings, were entered onto the study database. 125 Blood pressure was taken according to unit guidelines. Blood samples were drawn into 126 ethylenediamine tetra-acetic acid, with consent, at the time of enrolment. The samples were 127 128 labelled, transported to the laboratory and the plasma was stored until analysis at -80°C. 129 Pregnancy outcomes were determined by case note review with independent adjudication 130 (masked to all biomarker concentrations) for final maternal diagnosis. All hypertensive 131 disorders of pregnancy were defined according to the American College of Obstetricians and 132 Gynaecologists practice bulletin in use at the time of the study.(11) Independent adjudication was undertaken by two senior physicians, masked to biomarker measurements, 133 requiring documentation of end points required to fulfil the diagnostic criteria; disagreement 134 135 was resolved by a third adjudicator. The predefined adverse maternal outcomes had been

136	identified for a previous study in preeclampsia by iterative Delphi consensus(10) and have
137	been described in detail elsewhere.(4) All sites managed women (including decision for
138	delivery) in line with the Hypertension in Pregnancy recommendations from the National
139	Institute for Health and Care Excellence.(12)
140	An initial panel of biomarkers was selected based on either a priori knowledge of an
141	association with preeclampsia, a biological role in placentation or a role in cellular
142	mechanisms involved in the pathogenesis of preeclampsia e.g., angiogenesis, inflammation,
143	coagulation. The full list of 47 biomarkers, measured with 57 assays (where potentially
144	biologically important assays of different epitope specificity were available) was generated
145	following a review of the literature, appraisal of selected bibliographies and consultation
146	with medical experts (Appendix 1, available online at http://links.lww.com/xxx).
147	Plasma samples were tested for Placental Growth Factor (PIGF) using the Triage PIGF Test by
148	trained laboratory staff at the study site where the sample was taken (as previously
149	published). Samples were labelled, and transported to the laboratory where they were spun
150	at 3000 rotations per minute for 10 minutes. The additional 56 biomarker assays were
151	analysed in a central laboratory facility (Alere, San Diego, CA) and full details of assay
152	methods given in Appendix 2, <u>http://links.lww.com/xxx and Appendix 3</u> ,
153	http://links.lww.com/xxx. All participants had delivered and pregnancy outcomes recorded
154	before biomarker concentrations were analysed and revealed and all laboratory staff were
155	masked to clinical outcomes.
156	Standard distributional checks showed high levels of skewness for all 57 assays, consistent
157	with underlying log normal distributions. Logged values of these biomarkers were therefore
158	used. Before considering the pregnancy outcomes, statistical factor analysis of biomarker

data was undertaken, reducing the 47 biomarkers into a smaller group of factors. Factor

analysis sorted the biomarkers into a small number of highly correlated groups, without 160 161 reference to outcome, containing the majority of the information in the full dataset.(13) 162 Factor summary scores were then calculated for all women. Consideration of scree plots and Eigen-values (> two) identified the most important factors for further analysis.(14) These 163 164 factors were rotated (orthogonal varimax method) so that each factor related strongly (correlation >0.6) to a small number of biomarkers only (factor analysis is displayed in 165 Appendix 4, http://links.lww.com/xxx). Significant factors (and their biomarkers) were 166 167 identified for further investigation (Appendix 5, http://links.lww.com/xxx). For the multiple logistic regression model, the principal outcome was preeclampsia requiring delivery within 168 14 days (pre-specified by consensus of clinical investigators). Stepwise logistic regression 169 was used to determine which biomarkers or factors appeared to provide additional 170 information beyond that derived from PIGF and prediction scores were extracted for the 171 172 best combinations. A comparison of Receiver Operating Curves (ROC) areas of individual 173 biomarkers and combinations was made to see if any of the additional information was both consistent and large enough to be clinically useful. Significance was assessed through use of 174 a non-parametric test which allowed for non-independence of observations on the same 175 176 participant, with Bonferroni correction for multiple testing.(15)

Some biomarkers, with high uniqueness scores, were not strongly associated with any factor. To investigate whether any of these biomarkers had diagnostic power in addition to that provided by PIGF and biomarkers identified earlier, stepwise logistic regression was undertaken. To avoid excluding a biomarker that may be of potential value, it had to pass a series of tests, so that the chance of a false positive was greatly reduced (rather than using a standard multiple-testing correction to p-values, such as Bonferroni). The biomarker had to be a component of a significant factor, a significant predictor in logistic regression both

alone and after allowing for PIGF and have a ROC area for the combined score significantly 184 185 greater than PIGF alone. For biomarkers with a substantial proportion of measurements 186 outside the limits of detection, we used a non-parametric test (ROC area) to determine whether the biomarkers had useful predictive power. Where the biomarker measurement 187 (whether due to censoring or lack of predictive ability) was non-informative, it was excluded 188 from further analysis. 189 Statistical analysis was carried out in the statistical package Stata (version 11.2), 190 191 College Station Texas, USA. Clinical variables and outcomes were compared using a Wilcoxon rank-sum non-parametric test. The pre-specified sample size was calculated for accurate 192 193 estimation of the sensitivity (within 10%) and specificity (within 6%) of a biomarker, assumed a sensitivity of 0.90, specificity 0.90, and 95% confidence intervals (2-tailed), for determining 194 the primary endpoint; this required 62 preeclampsia cases and 150 women not meeting the 195 196 primary endpoint. The study is reported in accordance with STROBE guidelines (). The study was approved by East London Research Ethics Committee (ref. 10/H0701/117). 197 Participants gave informed consent and the study followed institutional guidelines. 198 199 Results 200 201 Four hundred twenty three women with enrolment samples and outcome data available 202 were recruited to the study in seven centres across the UK and Ireland between January 2011 and February 2012, 286 women in Group 1 (presenting at 20⁺⁰ to 34⁺⁶ weeks of 203 gestation) and 137 women in Group 2 (presenting at 35^{+0} to 36^{+6} weeks of gestation) (Figure 204 1). 205 For the 286 women who were enrolled prior to 35⁺⁰ weeks of gestation, characteristics of 206

207 the study population at antenatal booking are shown in table 1, subdivided into those that

208	met the primary outcome (pre-eclampsia requiring delivery within 14 days) and all others.
209	Table 2 shows characteristics of delivery and maternal and neonatal outcome. Table 3 shows
210	the test performance for the most promising individual biomarkers, depicted by ROC areas.
211	PIGF had the highest ROC area (0.87) for determining preeclampsia requiring delivery within
212	14 days; the ROC areas for sflt-1 (0.83) and endoglin (0.83) were not significantly different to
213	that for PIGF. Addition of further biomarkers to PIGF increased the ROC area by a small, non-
214	significant increment only. The highest test performance for preeclampsia requiring delivery
215	within 14 days was found using a combination of PIGF, podocalyxin, soluble endoglin and
216	procalcitonin, with a ROC area of 0.90, not significantly greater than the ROC area for PIGF
217	alone (0.87; p=0.43). Appendix 6, http://links.lww.com/xxx shows ROC areas for all 47
218	biomarkers analysed and individual median biomarker concentrations in all women sampled
219	are shown in Appendix 7, http://links.lww.com/xxx. Sensitivity analysis demonstrated that
220	excluding twin pregnancies altered PIGF test performance by <1%.
220 221	excluding twin pregnancies altered PIGF test performance by <1%. For women presenting between 35 ⁺⁰ and 36 ⁺⁶ weeks of gestation (n=137), the characteristics
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221 222	For women presenting between 35 ⁺⁰ and 36 ⁺⁶ weeks of gestation (n=137), the characteristics at booking and enrolment are shown in Appendix 8, http://links.lww.com/xxx and those for
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221 222 223 224 225	For women presenting between 35 ⁺⁰ and 36 ⁺⁶ weeks of gestation (n=137), the characteristics at booking and enrolment are shown in Appendix 8, http://links.lww.com/xxx and those for delivery and pregnancy outcomes in Appendix 9, http://links.lww.com/xxx. ROC areas and individual median biomarker concentrations for the individual biomarkers are given in Appendix 10, http://links.lww.com/xxx and Appendix 11, http://links.lww.com/xxx,
221 222 223 224 225 226	For women presenting between 35 ⁺⁰ and 36 ⁺⁶ weeks of gestation (n=137), the characteristics at booking and enrolment are shown in Appendix 8, http://links.lww.com/xxx and those for delivery and pregnancy outcomes in Appendix 9, http://links.lww.com/xxx. ROC areas and individual median biomarker concentrations for the individual biomarkers are given in Appendix 10, http://links.lww.com/xxx and Appendix 11, http://links.lww.com/xxx, respectively. The results follow a similar pattern as for women presenting at earlier
221 222 223 224 225 226 227	For women presenting between 35 ⁺⁰ and 36 ⁺⁶ weeks of gestation (n=137), the characteristics at booking and enrolment are shown in Appendix 8, http://links.lww.com/xxx and those for delivery and pregnancy outcomes in Appendix 9, http://links.lww.com/xxx. ROC areas and individual median biomarker concentrations for the individual biomarkers are given in Appendix 10, http://links.lww.com/xxx and Appendix 11, http://links.lww.com/xxx, respectively. The results follow a similar pattern as for women presenting at earlier gestations. The ROC area for PIGF alone (0.75; 95% CI (0.67 to 0.83)) in determining need for
221 222 223 224 225 226 227 228	For women presenting between 35 ⁺⁰ and 36 ⁺⁶ weeks of gestation (n=137), the characteristics at booking and enrolment are shown in Appendix 8, http://links.lww.com/xxx and those for delivery and pregnancy outcomes in Appendix 9, http://links.lww.com/xxx. ROC areas and individual median biomarker concentrations for the individual biomarkers are given in Appendix 10, http://links.lww.com/xxx and Appendix 11, http://links.lww.com/xxx, respectively. The results follow a similar pattern as for women presenting at earlier gestations. The ROC area for PIGF alone (0.75; 95% CI (0.67 to 0.83)) in determining need for delivery for preeclampsia within 14 days was lower than that achieved in earlier gestations

- associated plasma protein A and cystatin yielded the highest ROC area of 0.81 (95% CI (0.74
- to 0.88) (table 4). Both increments were small and not significant.
- 234
- 235 Discussion
- 236 This prospective multicentre study is a comprehensive direct comparison of diagnostic
- 237 biomarkers for preeclampsia. The results demonstrate that in women with suspected
- 238 preeclampsia presenting preterm, use of a single angiogenesis-related biomarker (PIGF, sflt-
- 239 1 or endoglin) alone represents a useful diagnostic test for determining preeclampsia
- 240 requiring delivery within 14 days, a relevant endpoint indicating that a clinician has
- 241 considered that the risks of adverse outcomes associated with ongoing expectant
- 242 management are outweighed by the risks of delivery.

243 Suspected hypertensive disorders in pregnancy are the commonest reason for presentation for obstetric assessment in the third trimester of pregnancy. Diagnostic 244 uncertainty is common when women present to obstetric assessment units with one or 245 246 more signs suggestive of preeclampsia. Women undergo a series of investigations, many of which are poor predictors of the need for delivery or likely adverse outcome. In practice, 247 obstetricians require a test that enables a woman to be triaged, to determine those that 248 require increased surveillance, and those where the likelihood of needing delivery for 249 250 preeclampsia within fourteen days is very low and outpatient care may be appropriate. Such 251 a test would enable development of safe clinical algorithms and avoid inappropriate 252 intervention or unnecessary maternal anxiety.

PIGF is an angiogenic factor synthesised by the trophoblast, a marker of associated
placental dysfunction in preeclampsia, with known low plasma concentrations in the
disease.(16) Whilst combining PIGF with some of the other 46 biologically plausible

biomarkers marginally improved the ROC area, the combinations added little to the 256 diagnostic performance of a single biomarker alone. This important negative result 257 258 demonstrates the diagnostic option of using a single biomarker (over and above a combination of biomarkers) in preterm preeclampsia. These findings are more marked in 259 women presenting prior to 35 weeks of gestation, and are similar, with lesser diagnostic 260 efficacy, in women presenting between 35^{+0} and 36^{+6} weeks of gestation. This probably 261 262 reflects the inclusion of women who meet the primary outcome definition (preeclampsia with delivery within 14 days) who were delivered routinely at 37 weeks of gestation 263 264 following national guideline recommendations and not because of a clinician concern over a potential placentally-mediated adverse event. 265

Strengths of this study include use of seven study sites and a large participant cohort, encompassing a wide demographic and ethnic profile including women with underlying maternal disease. Plasma testing was carried out in a central laboratory ensuring that results were obtained with rigorous quality control. Progressive statistical analysis explored single biomarker predictive power, and compared the impact of combining groups of markers, or using biomarker ratios. A limitation was that test results were not validated in a repeat sample or by comparative testing at a second laboratory.

273 Previous studies have described other pathophysiologically relevant third trimester 274 markers, including soluble endoglin,(17) or measurement of a ratio such as PIGF/ soluble 275 fms-like tyrosine kinase-1.(3, 5) However, some of these studies have been small or from a 276 single centre, often using a case-control design. Such study design can result in over-fitting 277 and does not provide data indicative of how a biomarker may perform if introduced into 278 clinical practice.

Systematic reviews have indicated that currently utilised tests such as proteinuria,(8) 279 280 transaminases(18) and uric acid(19) are not good predictors of maternal or fetal 281 complications in women with suspected preeclampsia. The lack of reliable diagnostic tests results in poorly targeted antenatal monitoring and hospitalisation.(20) Development of an 282 283 improved diagnostic test, using pathophysiologically relevant biomarkers may have advantages over traditional diagnostic measures.(21) A test performed at presentation that 284 285 enables targeted surveillance for those at increased risk of maternal or fetal complications 286 and provides appropriate reassurance to those who test negative has the potential to assist in the allocation of health resources.(22) Further work is also needed on prognosis of multi-287 organ maternal complications in established preeclampsia. 288 Improved detection of placental disease remains a global health priority. Growing 289 290 evidence suggests the use of angiogenic factors as biomarkers across a range of 291 demographic settings in the prediction of preeclampsia, (4) adverse outcome (23) and placentally related stillbirth.(24) Previous work has shown that women with low or very low 292 293 PIGF concentrations experienced adverse perinatal outcomes (4) and our findings suggest that increased surveillance should be considered for these women. 294 295 We have previously reported that PIGF out-performs disease markers currently in use;(4) 296 this study confirms that use of a single angiogenesis-related biomarker may be clinically 297 useful as a diagnostic test, without the need for combinations (which entail additional cost 298 and complexity).. Biomarkers such as PIGF can be analysed quickly, representing a test that could aid risk stratification of women with suspected preterm preeclampsia. Further 299 research, through randomised controlled trials, is essential to assess how these biomarker 300 measurements can assist in determining (or refuting) diagnosis in preeclampsia, and how 301

- 302 this can improve outcomes for mother and baby through optimal tailored clinical
- 303 management.
- 304
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381

382 Table 1: Characteristics of participants at booking and enrolment for women presenting

383 between 20⁺⁰ and 34⁺⁶ weeks of gestation (according to diagnosis of preeclampsia). Values

384 given are median (quartiles) or n (%) as appropriate.

Characteristics	Women with	All other	p value	All women
	preeclampsia	participants		n=286
	requiring delivery	n=210		
	within 14 days			
	n=76			
At booking:				
Age (years)	31.2 (26.8 - 35.6)	32.0 (27.3 -	0.84	31.9 (27.0 - 35.8)
		35.9)		
Body mass index (kg/m ²)	26.2 (22.8 - 30.1)	29.1 (25.0 -	<0.001	28.6 (24.2 - 33.6)
		34.7)		
White ethnicity	50 (66)	137 (65)	0.62	187 (65)

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20				
Singleton pregnancy	71 (93)	203 (97)	0.27	274 (96)
Highest first trimester	120 (110 - 130)	121 (110 - 130)	0.32	120 (110 - 130)
systolic BP (mmHg)				
Highest first trimester	70 (65 - 80)	75 (66 - 84)	0.04	74 (66 - 81)
diastolic BP (mmHg)				
Smoker at booking	11 (15)	42 (21)	0.30	58 (19)
Quit smoking during	7 (10)	27 (13)	0.41	34 (12)
pregnancy				
Previous medical history:				
Preeclampsia requiring	10 (13)	20 (10)	0.20	30 (11)
delivery <34 weeks				
Chronic hypertension	7 (10)	38 (19)	0.08	45 (17)
Known SLE or APS	2 (3)	10 (5)	0.44	12 (5)
Pre-existing diabetes	2 (3)	4 (2)	0.71	6 (2)
mellitus				
Renal disease	5 (7)	14 (7)	0.98	19 (7)
At enrolment:				
Gestational age at	32.1 (29.5 - 33.2)	30.9 (26.3 -	0.03	31.1 (28.0 - 33.4)
sampling (weeks)		33.3)		
New onset hypertension	53 (70)	101 (48)	<0.001	154 (54)
Worsening of	14 (18)	42 (20)	0.77	56 (20)
hypertension				
New onset of dipstick	57 (75)	103 (49)	<0.001	160 (56)

21

21				
proteinuria (1+ or				
greater)				
Highest systolic BP	150 (140 - 165)	141 (129 - 156)	<0.001	143 (131 - 159)
(mmHg)				
Highest diastolic BP	97 (88 - 102)	90 (80 - 98)	<0.001	91 (82 - 100)
(mmHg)				
Alanine transaminase	16 (12 - 21)	14 (11 - 19)	0.10	14 (11 - 20)
(U/L)				
Creatinine (mg/dl)	0.68 (0.57 – 0.83)	0.55 (0.48 –	<0.001	0.58 (0.50 –
		0.64)		0.70)
Uric acid (mg/dl)	5.50 (4.30 - 6.89)	4.03 (3.03 -	<0.001	4.32 (3.19 - 5.55)
		4.86)		
Platelet count (x10 ⁹ /l)	221 (179 - 269)	238 (204 - 274)	0.06	234 (197 - 271)

385

5 BP: blood pressure; SLE: systemic lupus erythematosus; APS: antiphospholipid syndrome.

- **Table 2: Characteristics of delivery and maternal and neonatal outcome for women**
- presenting between 20⁺⁰ and 34⁺⁶ weeks of gestation. Values given are median (quartiles)
- 390 or n (%) as appropriate.

Characteristics	Women with	All other	p value	All women
	preeclampsia	participants		n=286
	requiring delivery	n=210		
	within 14 days			
	n=76			
Onset of labour				
Spontaneous	3 (4)	38 (18)	0.01	41 (14)
Induced	13 (17)	95 (45)	<0.001	108 (38)
Pre-labour caesarean	59 (78)	75 (36)	<0.001	134 (47)
section				
Mode of delivery				
Spontaneous	3 (4)	67 (32)	<0.001	70 (25)
Assisted vaginal delivery	4 (5)	27 (13)	<0.001	31 (11)
Caesarean section	67 (91)	116 (55)	<0.001	183 (64)
Adverse maternal	37 (49)	84 (40)	0.11	121 (42)
outcome*				
Gestation at delivery	32.9 (30 - 34.4)	37.9 (36 - 39.3)	<0.001	36.9 (33.6 - 38.7)
(weeks)				
Enrolment to delivery	6.5 (3.0 – 10.0)	43.5 (25.0 –	<0.001	29.5 (11.0 – 59.0)

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23				
interval (days)		74.0)		
Neonatal outcomes	n=71	n=203		n=274
Fetal death	3 (4)	3 (2)	0.19	6 (2)
Neonatal death	2 (3)	0 (0)	<0.001	2 (1)
Birthweight (g)	1460	2900	<0.001	2500
	(1030 - 1740)	(2320 - 3350)		(1620 - 3170)
Small for gestational age	55 (78)	75 (37)	<0.001	130 (47)
(<10 th birthweight centile)				
Small for gestational age	49 (69)	47 (23)	<0.001	96 (35)
(<3 rd birthweight centile)				
Small for gestational age	38 (54)	30 (15)	<0.001	68 (25)
(<1 st birthweight centile)				
Adverse perinatal	34 (48)	26 (13)	<0.001	60 (22)
outcome†				

391

^{*} Adverse maternal outcome defined as presence of any of the following complications:

392 maternal death, eclampsia, stroke, cortical blindness or retinal detachment, hypertensive

393 encephalopathy, systolic blood pressure \geq 160mmHg, myocardial infarction, Intubation

394 (other than for caesarean section), pulmonary oedema, platelets <50×10⁹/L (without

transfusion), disseminated intravascular coagulation, thrombotic thrombocytopenic

396 purpura/ haemolytic uraemic syndrome, hepatic dysfunction (alanine transaminase

270IU/L), hepatic haematoma or rupture, acute fatty liver of pregnancy, creatinine >150

398 µmol/L, renal dialysis, placental abruption, major postpartum haemorrhage, major infection.

- ³⁹⁹ ⁺ Adverse perinatal outcome defined as presence of any of the following complications:
- 400 antepartum/ intrapartum fetal or neonatal death, neonatal unit admission for >48 hrs at
- 401 term, intraventricular haemorrhage, periventricular leucomalacia, seizure, retinopathy of
- 402 prematurity, respiratory distress syndrome, bronchopulmonary dysplasia or necrotising
- 403 enterocolitis.

406 **Table 3: ROC areas (95% confidence intervals) for individual biomarkers and combinations**

407 (derived from logistic regression) to determine preeclampsia requiring delivery within 14

408 days of sampling in women presenting for women presenting between 20⁺⁰ and 34⁺⁶

409 weeks of gestation. [] indicates low concentration of biomarker/ratio correlated to

410 disease.

Biomarkers or combinations	ROC areas (95%	P value (vs.
	confidence intervals)	PIGF alone)
[Pregnancy specific plasma protein A] (PAPP-A)	0.65 (0.57 - 0.72)	<0.001
Procalcitonin	0.65 (0.58 - 0.72)	<0.001
Neutrophil gelatinase-associated lipocalin (NGAL)	0.67 (0.61 - 0.74)	<0.001
Cystatin	0.68 (0.61 - 0.75)	<0.001
Brain natriuretic peptide (BNP)	0.75 (0.69 - 0.82)	<0.001
Interleukin-1 receptor-like 1 (ST2)	0.76 (0.85 - 0.93)	<0.001
Endoglin	0.83 (0.79 - 0.88)	0.08
Soluble fms-like tyrosine kinase-1 (sFlt-1)	0.83 (0.78 - 0.88)	0.07
[Placental growth factor] (PIGF)	0.87 (0.83 - 0.92)	-
Combinations		
[PIGF/sFlt-1 ratio]	0.88 (0.83 - 0.91)	>0.99
[PIGF], Tyrosine kinase (C-Met)	0.88 (0.83 - 0.91)	>0.99
[PIGF/endoglin ratio]	0.88 (0.84 - 0.92)	>0.99
[PIGF], endoglin	0.88 (0.84 - 0.92)	>0.99
[PIGF], ST2	0.89 (0.85 - 0.93)	>0.99

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26		
[PIGF], procalcitonin	0.89 (0.84 - 0.92)	0.86
[PIGF], Cystatin, PAPP-A	0.89 (0.85 - 0.93)	>0.99
[PIGF], Podocalyxin, BNP, procalcitonin	0.90 (0.86 - 0.93)	0.23
[PIGF], Podocalyxin, endoglin, procalcitonin	0.90 (0.86 - 0.93)	0.43

411

- 413
- 414 Table 4: ROC areas (95% confidence intervals) for individual biomarkers and combinations
- 415 (derived from logistic regression) to determine preeclampsia requiring delivery within 14
- days of sampling in women presenting between 35⁺⁰ and 36⁺⁶ weeks of gestation. []
- 417 indicates low concentrations of biomarker correlated to disease.

Biomarkers or combinations	ROC areas (95%	P value (vs.
	confidence intervals)	PIGF alone)
Cystatin	0.64 (0.55 - 0.73)	0.11
[Pregnancy specific plasma protein A] (PAPP-A)	0.66 (0.58 - 0.75)	0.12
Neutrophil gelatinase-associated lipocalin (NGAL)	0.67 (0.59 - 0.76)	0.22
Brain natriuretic peptide (BNP)	0.70 (0.61 - 0.78)	0.35
Interleukin-1 receptor-like 1 (ST2)	0.71 (0.63 - 0.79)	0.50
Endoglin	0.71 (0.63 - 0.80)	0.60
Soluble fms-like tyrosine kinase-1 (sFlt-1)	0.75 (0.67 - 0.83)	0.88
[Placental growth factor] (PIGF)	0.75 (0.67 - 0.83)	
Combinations		
[PIGF], procalcitonin	0.73 (0.65 - 0.81)	>0.99
[PIGF], endoglin	0.75 (0.67 - 0.83)	>0.99
[PIGF], Podocalyxin, BNP, procalcitonin	0.76 (0.68 - 0.84)	>0.99
[PIGF], Podocalyxin, sEng, procalcitonin	0.76 (0.68 - 0.83)	>0.99
[PIGF/sFlt-1 ratio]	0.77 (0.69 - 0.84)	>0.99
[PIGF/endoglin ratio]	0.77 (0.66 - 0.82)	>0.99
[PIGF], Cystatin, [PAPP-A]	0.81 (0.74 - 0.88)	0.40

- 418
- 419 Figure legends
- 420 Figure 1: Participant flow diagram