

HARD TO SWALLOW?

Nearly **HALF** of
Rheumatoid Arthritis
medication is not taken

* My medications help my arthritis, but I'll have to take them for the rest of my life

* I need to stay well so that I can keep doing the things I want to do

* These pills will make me better, but they're difficult to manage

* Sometimes I forget to take my tablets, especially if I'm on holiday

* I think drugs are used too much, I'll only take mine when I need to

* The side effects are too much to cope with, I want to decide what treatment I should have

Musculo-skeletal conditions cost the UK
£5.7bn per year

Understanding patients' decisions behind medication taking could increase adherence & reduce disease progression, lowering the social & economic costs of increased disability

