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# Author's Accepted Manuscript

Comparative Multimodal Meta-Analysis of Structural and Functional Brain Abnormalities in Autism Spectrum Disorder and Obsessive- Compulsive DisorderComparative Neuroimaging Meta-Analysis of ASD and OCD



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# Comparative multimodal meta-analysis of structural and functional brain abnormalities in autism spectrum disorder and obsessivecompulsive disorder

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*Short Title:* Comparative neuroimaging meta-analysis of ASD and OCD

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#### **Abstract**

**Objective:** Autism spectrum disorder (ASD) and obsessive-compulsive disorder (OCD) share inhibitory control deficits possibly underlying poor control over stereotyped/repetitive and compulsive behaviours, respectively. However, it is unclear whether these symptom profiles are mediated by common or distinct neural profiles. This comparative multimodal meta-analysis assessed shared and disorder-specific neuroanatomy and neurofunction of inhibitory functions. **Methods:** A comparative meta-analysis of 62 voxel-based morphometry (VBM) and 26 functional magnetic resonance imaging (fMRI) studies of inhibitory control was conducted comparing grey matter volume (GMV) and activation abnormalities between ASD (sMRI:911;fMRI:188) and OCD (sMRI:928;fMRI:247) patients versus controls. Multimodal meta-analysis compared groups across VBM and fMRI.

**Results:** Both disorders shared reduced function and structure in rostral/dorsomedial prefrontal cortex including anterior cingulate. OCD had disorder-specific increase in structure and function of left basal ganglia (BG)/insula relative to controls and ASD, who had reduced right BG/insula volumes versus OCD. In fMRI, ASD patients showed disorder-specific reduced left dorsolateral-prefrontal activation and reduced posterior cingulate deactivation, while OCD patients showed temporoparietal underactivation.

**Conclusions:** The multimodal comparative meta-analysis shows shared and disorder-specific abnormalities. While rostro-dorsomedial prefrontal cortex was smaller in structure and function in both disorders, this was concomitant with increased structure and function in BG/insula in OCD, but a reduction in ASD, presumably reflecting a disorder-specific fronto-striato-insular dysregulation in OCD in the form of poor frontal control over overactive BG, and a fronto-striato-insular maldevelopment in ASD with reduced structure and function in this network. Disorder-differential mechanisms appear to drive overlapping phenotypes of inhibitory control abnormalities in ASD and OCD.

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#### **INTRODUCTION**

Autism spectrum disorder (ASD) is a predominantly male neurodevelopmental disorder characterised by difficulties in reciprocal social-communication and stereotyped repetitive behaviours(1) with a prevalence of 0.6-1%(2).

Obsessive-compulsive disorder (OCD) is characterized by recurrent intrusive and distressing thoughts (obsessions) and repetitive mental and behavioural rituals (compulsions)(1), affecting 1-3% of the population, with a slightly higher prevalence among paediatric males and adult females(3).

Both disorders are highly heterogeneous(4), carry more than 25% comorbidity with one another(5) and can be clinically difficult to separate. Both disorders are thought to be associated with poor top-down behavioural and neurocognitive inhibitory control(6), which may underlie poor control over stereotyped repetitive behaviours in ASD(7) and compulsions and intrusive thoughts in OCD(8). Inhibitory control is typically measured in motor and interference inhibition or switching tasks(9). Motor response inhibition tasks including go/no-go (GNG) and stop tasks measure selective inhibition or withdrawal of a built-up pre-potent response to frequent stimuli after presentation of an infrequent no-go or stop signal, respectively(10). Stroop, Simon or Erikson flanker interference inhibition tasks measure the ability to inhibit a pre-potent response tendency that conflicts with the primary intended action, while switching measures the ability to inhibit previously valid stimulusresponse associations to engage in new ones(10). While in Stop, GNG and interference inhibition tasks, a pre-potent motor response has to be inhibited, switching requires, in addition to motor inhibition, reengagement in a different response. However, all these tasks share inhibitory processes(11) which are mediated in adults and children by overlapping inferior and medial frontostriato-thalamo-parietal networks, including ventrolateral prefrontal cortex (VLPFC)/anterior insula, supplementary motor (SMA), anterior cingulate cortex (ACC), caudate, subthalamic nucleus, and inferior parietal lobe (IPL)(11-15). Both OCD(8,16,17) and ASD(18-20) have deficits in performance

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and fronto-striato-parietal activation during these inhibitory control tasks, suggesting that impaired inhibition could be a trans-diagnostic behavioural phenotype.

In ASD, functional magnetic resonance imaging (fMRI) studies of motor/cognitive interference inhibition and switching report abnormalities in fronto-striato-parietal areas including DLPFC and VLPFC(19,21-23), r/dACC/MPFC(24,25), insula(23,26,27), parietal regions(19,28) and caudate(22,24), as also shown in meta-analyses of non-social processes that included inhibitory control tasks(17,29,30). Structural meta-analyses of GMV in ASD implicate fronto-limbic and frontoparietal abnormalities, reporting decreased GMV in cerebellar, hippocampal, amygdala and parietal regions but increased GMV in superior frontal, striatal and temporal regions(31-33), with basal ganglia (BG) abnormalities associated with symptom severity(34).

FMRI studies of response/interference inhibition and switching in children and adults with OCD have consistently shown hypoactivation in rostral and dorsal ACC and medial prefrontal cortex (r/dACC/MPFC), VLPFC and dorsolateral prefrontal cortex (DLPFC) as well as altered striatal activation(16,35), supported by a recent meta-analysis and review(8,18). Structural meta- and megaanalyses of whole-brain voxel-based morphometry (VBM) studies in OCD report decreased grey matter volumes (GMV) in r/dACC/MPFC and ventromedial orbitofrontal cortex (vmOFC) but increased GMV in bilateral striatum(18,36-38), which furthermore has been linked to poor inhibitory performance, suggesting fronto-striatal dysregulation(39).

Despite apparent overlap in frontal and striatal abnormalities between the two disorders, no neuroimaging studies have directly compared ASD and OCD patients. Given the similarities in clinical phenotypes between these disorders(6), establishing common and distinct neuroanatomical and neurofunctional biomarkers may help with future differential diagnosis and treatment development.

The aim of this study was therefore to investigate whether a common behavioural phenotype may be underpinned by common and/or distinct neural signatures in the two disorders.

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For this purpose, we conducted a quantitative meta-analysis comparing OCD and ASD in brain function/structure abnormalities using whole-brain VBM and fMRI studies of inhibitory control, and compared multimodal structural and functional neural abnormalities.

We hypothesized that OCD patients would show disorder-specific fronto-striatal dysregulation, i.e. increased BG but decreased ventromedial and r/dACC/MPFC GMV activation(8,36), while ASD patients would show disorder-specific reductions in lateral fronto-striatolimbic volumes and activations(31,32). We further predicted shared underactivation and reduced structure in medial prefrontal regions(18,24,25).

#### **METHODS AND MATERIALS**

#### *Study selection*

A comprehensive literature search was conducted by CC, SL and LN through December 2015 for whole-brain imaging studies using VBM or fMRI of inhibitory control in paediatric and adult ASD and OCD (using stop, go/no-go, Simon, Stroop, Eriksen Flanker or switching tasks). For details and search terms see Supplement. Studies meeting the following criteria were included: (1) comparison with a control group (2) for fMRI, use of a task investigating inhibitory control (see above), (3) included minimum 10 patients, (4) used standardised measures to assess OCD or ASD, (5) reported sufficient information to calculate effect-sizes (i.e. software/coordinates for relevant contrasts) and (6) within one study, used the same significance/extent threshold throughout the whole brain in all analyses. Authors were contacted for additional information if necessary. Studies were excluded if they (1) used region-of-interest (ROI) approaches, (2) did not perform statistical comparisons between cases and controls and (3) did not report peak coordinates for relevant contrasts. ROI approaches may be more appropriate than whole-brain investigations when researchers are interested in the activation of a specific brain region. However, ROI studies were excluded from this meta-analysis because when conducting a *voxel-wise whole-brain* meta-analysis, inclusion of ROI analyses would bias the results, as voxels within ROIs would be set to have the effect-sizes reported

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in the papers whereas the voxels in the rest of the brain would be *unfairly* set to have no effect-size. The exclusion of ROI studies is therefore recommended practice in structural and functional MRI whole-brain meta-analyses (see e.g. 31,36,40-50).MOOSE guidelines for meta-analyses of observational studies were followed(51). To avoid duplication, conjunctive group differences across tasks/conditions or main group effects across task conditions were excluded. Peak coordinates and effect-sizes of significant activation differences between patients and controls (or statistical maps where possible) were extracted from contrasts of interest for each study.

#### *Statistical Methods*

Meta-analyses of regional differences in activation or GMV were conducted using voxel-wise anisotropic effect-size Seed-based *d* Mapping (AES-SDM; http://www.sdmproject.com). Methods employed by SDM are described elsewhere(47,52) and summarized briefly here. SDM uses reported peak coordinates and effect-sizes from each study to recreate effect-size maps and an effect-size variance map of the signed (positive/negative) GMV or activation differences between patients and controls, converting the *t-*value of each peak to Hedges effect-size and applying an anisotropic nonnormalized Gaussian kernel so voxels more correlated with the peak have higher effect-sizes. All maps were combined with a standard random-effects model, accounting for sample size, intra-study variability and between-study heterogeneity(53). Statistical significance was determined by permutation tests and default thresholds(52).

Some studies included different fMRI tasks in identical or largely overlapping samples(27,54- 56), or compared patient subgroups to the same controls(57,58). To address this, SDM was modified to allow calculation of a single, combined map with reduced variance for such studies to avoid dependent data in analyses (see Supplement).

Separate analyses within each patient group were first performed to examine GMV and activation differences compared to their respective controls. Then, a quantitative comparison of

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abnormalities in GMV and activation between ASD and OCD relative to controls was conducted by calculating the difference between each patient group across each voxel and using randomization tests to establish significance.

Meta-regressions were conducted within the OCD group(47) to examine effects of antidepressants on GMV and fMRI abnormalities. Most ASD patients were not receiving medication or insufficient information was provided.

Areas of shared abnormalities between patient groups versus controls within each modality were determined in conjunction analyses by computing *p*-value overlap within each voxel from the original meta-analytic maps accounting for error(59). This method was similarly used to perform multimodal analyses showing overlapping functional and structural abnormalities within each patient group relative to controls. Conjunction analysis determined overlapping (or distinct) regions between patient groups across both modalities.

The inclusion of several paradigms to assess inhibitory control introduces task-related heterogeneity. Given that there were not sufficient studies (minimum 10 studies recommended for SDM meta-analyses(47)) to conduct subgroup analyses by task-type, a supplementary meta-analysis was performed covarying for task-type (response/interference inhibition, switching).

Default SDM thresholds were used (voxel *p*<.005;peak height *z*=1;cluster extent=10 voxels); a threshold of *p*<.0005 was used for meta-regressions, and only regions found in the main betweengroup analysis were included(47,53). Jackknife sensitivity analyses were conducted to establish reproducibility of results by iteratively repeating analyses, excluding one dataset each time(47). Funnel plots and Egger's tests were conducted to detect abnormalities in results, e.g. conflicting studies or publication bias.

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#### **RESULTS**

#### *Included studies*

Included were 32 VBM studies comparing ASD individuals to controls (ASD=911;Controls=932), 30 VBM studies comparing OCD patients to controls (OCD=928;Controls=942), 12 inhibitory control fMRI studies comparing ASD patients to controls (ASD=188;Controls=196) and 14 fMRI studies comparing OCD patients to controls (OCD=247;Controls=244) (**Table 1** and Supplement).

#### *Group differences in demographics*

Across all studies, patients were age and sex-matched to controls. Compared to OCD, ASD VBM [patients: *F*(1,61)=42, *p*<.001;controls: *F*(1,61)=37, *p*<.001] and fMRI studies [patients: *F*(1,25)=18, *p*<.001;controls: *F*(1,25)=19, *p*<.001] included more males. In the VBM meta-analysis, ASD patients were younger than OCD patients [*F*(1,61)=19, *p*<.001] (corresponding controls [*F*(1,61)=21, *p*<.001]). Across fMRI studies, patients [*F*(1,18)=.1, *p*=.71] and controls [*F*(1,16)=.3, *p*=.56] were matched on IQ, but too few VBM studies reported IQ scores to include this analysis (**Table 2A**).

To ensure group differences were not due to sex/age differences, comparative VBM and fMRI meta-analyses were covaried with sex, and only the comparative VBM meta-analysis was additionally covaried with age (as groups were age-matched in the fMRI comparison). In addition, the comparative meta-analyses were repeated on age and sex-matched subgroups (**Table 2B**). In this analysis, group-differences were minimized to the point of losing significance (*p*-values>0.5;any mild effect would reach significance given the size of the overall samples) (see Supplement).

Last, the proportion of fMRI studies which showed significant performance differences between patients and controls (ASD:4/12;OCD:4/14) did not differ between ASD and OCD ( $\chi^2$ =0.07,

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*p*=0.8), suggesting that group-differences in performance did not contribute to activation differences.

#### *Regional differences in GMV*

#### *ASD VBM analysis*

ASD patients relative to controls showed reduced GMV in r/dACC/MPFC, right posterior insula and left cerebellum and enhanced GMV in left middle and superior temporal lobe (STL), right IPL/occipital lobe, left middle frontal gyrus (MFG), left and right precentral and right inferior temporal gyri (**Fig 1A;Table 3A**).

#### *OCD VBM analysis*

OCD patients relative to controls showed decreased GMV in v/r/dACC/MPFC, left VLPFC reaching into premotor cortex/insula/STL and in right IPL, left MFG/DLPFC and left VLPFC and increased GMV in bilateral putamen/caudate/nucleus accumbens (NAcc)/pallidum/amygdala/insula and in bilateral cerebellum, left postcentral gyrus and right superior parietal cortex (**Fig 1B;Table 3B**). Meta-regression revealed no association between GMV differences and anti-depressant use in patients at *p*<.0005.

## *Comparison of GMV differences between OCD and ASD*

OCD compared to ASD patients (relative to respective control groups) showed larger GMV in bilateral putamen/caudate/NAcc/pallidum/amygdala/insula, extending into right STL, and in left caudate, right inferior temporal gyrus and cuneus but smaller GMV in dACC/MPFC, left superior frontal gyrus and right MFG/premotor cortex (**Fig 1C;Table 3C**). Effects in right inferior temporal gyrus, cuneus and right MFG/premotor cortex did not survive the age and sex-matched subgroup meta-analysis (**Supplementary Fig S1C;Table S1C**).

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#### *GMV conjunction/disjunction analysis*

Shared GMV increases were in left ventral striatum (VS)/nucleus accumbens [MNI coord:- 20,18,-10;voxels:390] and shared decreases in r/dACC/MPFC [MNI coord:4,44,26;voxels:1843]. Disjunction was seen in right putamen/caudate/insula [MNI coord:34,-4,4;voxels:874] where ASD had decreased GMV but OCD had increased GMV and in right IPL [MNI coord:52,-56,36;voxels:918], left STL [MNI coord:-44,12,-22;voxels:634] and left MFG [MNI coord:-20,32,42;voxels:458] where ASD had increased but OCD decreased GMV (**Fig 1D**). Effects in left VS/nucleus accumbens, right IPL, left STL and left MFG did not survive age and sex-matched subgroup meta-analysis (**Fig S1D**).

#### *FMRI activation differences in inhibitory control tasks*

#### *ASD fMRI analysis*

ASD patients relative to controls showed decreased activation in r/dACC/MPFC, left DLPFC, right VLPFC/anterior insula, left cerebellum vermis, left IPL and right MFG/premotor cortex. Enhanced activation relative to controls was in precuneus/posterior cingulate cortex (PCC), right inferior temporal/occipital and left middle temporal cortices (**Figure 1E;Table 4A**).

#### *OCD fMRI analysis*

OCD patients relative to controls showed decreased activation in v/r/dACC/MPFC, right caudate, right cerebellum, right STL/middle temporal gyrus, left postcentral gyrus and right PCC. Enhanced activation was observed in left insula/putamen/premotor cortex/ VLPFC/STL, right premotor cortex and left superior parietal cortex (**Figure 1F;Table 4B**). Meta-regression with medication status revealed no association between activation differences and anti-depressant use in patients at *p*<.0005.

#### *Comparison of fMRI activation differences between OCD and ASD*

Compared to ASD patients, OCD patients had increased activation in left MFG/DLPFC and left cerebellum but reduced activation in right STL/middle temporal lobe, left pre/post-central gyrus/IPL,

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right and left PCC/precuneus, right and left VLPFC, right caudate, and right occipital lobe (**Fig 1G;Table 4C**). Effects in left cerebellum, right and left VLPFC, right occipital lobe, caudate and left PCC/precuneus did not survive age and sex-matched subgroup meta-analyses (**Supplement Fig S1G;Table S2C**). Confirmatory analyses including age as covariate confirmed results were not affected by non-significant age differences. Controlling for task-type, the majority of betweenpatient group-findings remained except disorder-specific underactivation in OCD patients in right STL/middle temporal lobe. Main findings remained when block-design studies which could be confounded by including error trials were excluded.

#### *FMRI conjunction/disjunction analysis*

Conjunction/disjunction analyses revealed shared underactivation in patient groups relative to controls in r/dACC/MPFC [MNI coord:0,32,34;voxels:3732]. Disjunction was seen in PCC/precuneus [MNI coord:-4,-34,46;voxels:393] where ASD showed increased but OCD decreased activation relative to controls and in left MFG/DLPFC [MNI coord:-36,32,24;voxels:101], where ASD showed decreased while OCD showed enhanced activation relative to controls (**Fig 1H**). The left MFG/DLPFC cluster did not survive age and sex-matched subgroup meta-analysis (**Fig S1H**).

#### *Multimodal Analyses*

#### *Multimodal analyses in ASD*

Multimodal analyses in ASD showed shared decreases in GMV and activation in dACC/MPFC [MNI coord:4,44,16;voxels:1802] and right insula [MNI coord:40,10,2;voxels:245]. The precuneus/PCC [MNI coord:4,-50,48;voxels:705] was decreased in GMV but increased in activation relative to controls (**Fig 1I**).

#### *Multimodal analyses in OCD*

 Multimodal analyses in OCD showed shared GMV and activation reduction relative to controls in v/r/dACC/MPFC [MNI coord:6,36,46;voxels:5126] and shared increases in function and

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structure in left anterior and posterior insula/putamen [MNI coord:-32,-8,-2;voxels:932] and right superior parietal gyrus [MNI coord:18,-54,72;voxels:137]. Left STL/precentral gyrus [MNI coord:- 56,2,10;voxels:1524] was decreased in volume but increased in activation in patients relative to controls while right superior cerebellar hemisphere [MNI coord:28,-42,-16;voxels:1034], right anterior insula/putamen [MNI coord:18,0,-4;voxels:415] and right caudate [MNI coord:16,16,4;voxels:39] were increased in volume but decreased in activation (**Fig 1J**).

#### *Multimodal comparison between ASD and OCD*

 Multimodal comparison between OCD and ASD (vs. controls) showed larger GMV and greater activation in left insula/putamen [MNI coord:-34,-6,4;voxels:822] were disorder-specific in OCD versus ASD patients. Enhanced GMV and decreased activation was disorder-specific in ASD relative to OCD in left STL [MNI coord:-58,-2,8;voxels:394] and right precentral gyrus/premotor cortex [MNI coord:44,8,44;voxels:180]. Disorder-specific decreased GMV but increased activation was seen in right amygdala/STL [MNI coord:24,2,-22;voxels:500] in ASD relative to OCD (**Fig 1K**). None of the regions that were disorder-specific to ASD survived age and sex-matched subgroup meta-analysis (**Fig S1K**).

#### *Publication bias and robustness analysis*

Egger's tests were non-significant (*p*>.05, Bonferroni corrected), suggesting there was no evidence of publication bias for the reported clusters. All disorder-specific and disorder-shared findings were robust **(Supplementary Tables S3-S10)**.

#### **DISCUSSION**

This first comparative multimodal meta-analysis of imaging studies of ASD and OCD shows both shared and disorder-specific abnormalities in brain structure and function during inhibitory control. Given group differences in age- and sex-distribution in the included studies, only findings that survived age and sex-matched subgroup meta-analyses are discussed.

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Both disorders shared decreased volume and inhibitory activation in r/dACC/MPFC relative to controls. The most prominent disorder-specific finding was in left putamen and anterior and posterior insula where OCD patients had increased structure *and* inhibitory function compared to controls and ASD patients, while for the VBM meta-analysis, right putamen and insula which were increased in volume in OCD but decreased in ASD patients relative to controls.

Other disorder-differentiated structural abnormalities were in left superior frontal gyrus, which was reduced in volume in OCD patients relative to controls and ASD patients where it was enhanced relative to controls. For fMRI, disorder-specific effects were in left DLPFC, which was reduced, and PCC/precuneus, which was enhanced in function in ASD relative to OCD patients and controls. OCD patients had right superior temporal and inferior parietal underfunctioning relative to ASD patients and controls.

Rostral and dorsal ACC and MPFC are closely interconnected and together play a key role in top-down control of affect and motivation due to close connections with striato-limbic regions(60). While the vACC/MPFC is associated with affect control(61,62), more dorsal parts, in particular dACC, are crucial for inhibitory control(12,13,63,64) as well as for controlling affective VMPFC-limbic systems(65). The shared r/dACC/MPFC underactivation and reduced GMV may therefore reflect shared deficits in top-down inhibitory control over striato-limbic regions mediating motivation and affect. This finding extends previous meta-analyses in OCD patients showing GMV and inhibitory function in ACC/MPFC(18,36,37,47,60) relative to controls, as well as smaller structure/function in these regions in ASD patients(29,66), by showing that this multimodal MPFC dysfunction and dysmorphology is a shared phenotype which may reflect common problems with top-down cognitive and affect control which, furthermore, may be shared with a range of other affective disorders(60).

The disorder-specific finding of enhanced left striatal and insular function and structure in OCD relative to ASD patients together with reduced v/r/dACC/MPFC GMV and activation extends previous meta-analyses showing increased GMV in right insula(18) and left(18,36,37,47) and right BG

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in OCD by showing that this is disorder-specific relative to ASD. They also extend fMRI studies showing dysfunction in dorsal-caudal putamen-mediated sensorimotor processing and inhibition(8) and posterior insula–mediated interoception and integration of sensory information in OCD(67). Thus, the findings extend current theories of fronto-striatal dysregulation in OCD, suggesting poor frontal lobe-mediated control over overactive striato-limbic activation in ventral and dorsal subregions of the BG, affecting motivation and affect as well as sensorimotor processing, respectively, ultimately resulting in poor control over obsessions, compulsions and anxiety by showing that this is disorder-specific to OCD. In ASD patients, by contrast, the shared reduced r/dACC/MPFC was concomitant with reduced structure in the right hemisphere homologue BG/insula regions relative to controls and OCD, suggesting a structural reduction in ASD of the entire r/d/MPFC/ACC-striato-limbic network as opposed to fronto-striatal dysregulation in OCD. Anterior insula and BG form part of inferior fronto-striatal inhibitory networks in children and adults(11,12,14,15) and are important for salience detection, motivation and habit-learning(12,68). In OCD, multimodal overlap of enhanced BG structure and function extends findings that enlarged BG volumes are related to poor inhibitory control(39) and that increased bottom-up influence of posterior insula and BG drives enhanced habit-based responses and altered interoceptive processing at the expense of externally-motivated goal-directed actions such as inhibitory control(69). There is also evidence in OCD of enhanced striatal synaptic dopamine, which may be related to hyperactivation and enhanced volumes(70). In ASD, anterior insula underactivation has been linked to abnormalities in saliency processing(29). Thus, disorder-specific findings of enhanced insula/BG function and structure in OCD relative to ASD patients and controls, but reduced right insula/BG volume in ASD relative to controls are in line with predominant theories of fronto-striatal dysregulation in OCD involving reduced ventromedial prefrontal control over enhanced striatoinsular structure and function linked to interoceptive abnormalities(69) and with evidence for overall reduced function and structure in these regions in ASD(71), suggesting abnormalities in the saliency network. Importantly, the findings suggest that a shared neurocognitive phenotype of poor top-

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down inhibitory control over behaviour and affect is underpinned by differing underlying structural and functional fronto-striato-insular networks in the two disorders.

Disorder-differentiated structural abnormalities were also observed in left superior frontal gyrus, which was decreased in GMV in OCD versus ASD patients and controls but increased in GMV in ASD versus controls. This extends a previous VBM meta-analysis(72) by showing that superior frontal GMV reduction is disorder-specific relative to ASD patients, who typically have enhanced dorsal and superior frontal volumes(73), which furthermore correlated with ASD symptom severity(74). Enhanced frontal volumes in ASD also extends evidence of early frontal grey matter overgrowth which appears arrested later in life(73).

In fMRI, left DLPFC activation was disorder-specifically reduced in ASD patients relative to controls and OCD patients. Left DLPFC is involved in goal representation and attention selection as well as response inhibition and maintenance of stimulus representations in the presence of distracting or interfering events(75). DLPFC hypoactivation has been observed in ASD during cognitive control tasks involving inhibition(26), attention(76,77) and working-memory(29,78). We previously found that left DLPFC hypoactivation in ASD is associated and anti-correlated with increased PCC activation during sustained attention(76), which was also enhanced in this metaanalysis in ASD relative to controls and OCD. PCC is a key node in the default mode network (DMN) thought to reflect task-irrelevant thinking and typically less deactivated during cognitive tasks in ASD(79), including attention(80) and interference inhibition(81), presumably reflecting increased mind wandering. Here, we show that decreased left DLPFC activation together with reduced deactivation of DMN regions including PCC is disorder-specific to ASD and may be related to attention problems typically observed in the disorder(76), although DMN abnormalities have also been observed in OCD(82,83).

OCD patients showed disorder-specific decreased inhibitory activation relative to ASD patients and controls in right STL and left IPL, extending findings of temporo-parietal underactivation

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during interference inhibition(55,56,84), response inhibition(85), planning(86), and switching(82). Superior temporal and IPL regions presumably are involved during inhibition tasks due to their function in visual-spatial attention to salient stimuli(16,87). It has been argued that while there is enhanced salience processing of disorder-relevant and symptom-triggering stimuli in OCD (e.g. contamination for compulsive washers), there is reduced visual-spatial saliency processing in posterior visual-spatial attention regions during cognitive tasks, presumably due to the overrecruitment of these regions in relation to symptom-related saliency(16,82), which likely underlies poor performance on selective attention and inhibitory control tasks(88). The findings suggest disorder-dissociated reduced recruitment of DLPFC in ASD and temporo-parietal regions in OCD during inhibitory control, presumably underlying their respective attention problems.

 This study has several limitations. This study was based primarily on peak coordinates, as statistical brain maps were difficult to obtain. Studies used different statistical thresholds, so that weak group differences may be lost from studies using conservative thresholds which may have led to decreased statistical power. This is however counterbalanced by the large number of included studies. We also acknowledge that, as whole-brain analyses may be underpowered to detect differences within specific ROIs, our meta-analysis cannot discount the absence of other findings reported in ROI-based studies, such as ACC hyperactivation/failure of deactivation that has previously been observed in OCD patients compared to controls during tasks of cognitive control (e.g. (89-91). ASD studies included younger and more male patients. However, this was controlled for by covariance analyses and sex and age-matched subgroup meta-analyses. Areas that did not survive these subgroup analyses were not discussed. Additionally, although inclusion criteria tried to rule out the possibility of comorbidity between OCD and ASD, it is possible that some OCD studies did not screen for ASD comorbidity or that ASD studies conflated OCD symptoms with the broader ASD phenotype. This might have reduced the disorder-specific findings. The combination of different fMRI tasks within the same inhibitory control domain presents some variability. However, findings survived when task-type was covaried. Moreover, common fronto-striato-parietal activation

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patterns underlie these different inhibitory control tasks(11). Furthermore, given evidence for developmental differences in brain structure in both OCD(38) and ASD(92), it would have been interesting to conduct sub-meta-analyses of pediatric and adult subsamples. For example, a recent mega-analysis in OCD found that GMV in putamen, insula and OFC declined with increasing age in controls but not OCD patients(38). However, due to the small number of pediatric studies, particularly in the fMRI sample (e.g. 4 OCD studies), results would have been underpowered. Nonetheless, developmental factors should be considered in future meta-analyses once more pediatric studies are available.

#### *Conclusions*

 This comparative multimodal meta-analysis shows that different fronto-striato-insular abnormalities underlie seemingly similar behavioural phenotypes in ASD and OCD. They share functional and structural abnormalities in r/dACC/MPFC. However, they differ in functional and structural abnormalities in BG/insula which were increased in OCD, in line with medial fronto-striatal dysregulation models of poor top-down frontal control over hyperactive striato-limbic regions while in ASD, they were decreased, suggesting reduced function and structure in medial fronto-striatolimbic networks.

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#### **Figure 1. Whole-brain meta-analysis of VBM and fMRI differences between ASD, OCD and controls**

**Fig 1. (A)** VBM meta-analysis results for ASD patients relative to controls. **(B)** VBM meta-analysis results for OCD patients relative to controls. **(C)** VBM meta-analysis results for the comparison between ASD patients (vs. controls) and OCD patients (vs. controls). **(D)** VBM meta-analysis results for conjunction/disjunction analysis of ASD and OCD abnormalities (vs. controls). **(E)** fMRI metaanalysis results for ASD patients relative to controls. **(F)** fMRI meta-analysis results for OCD patients relative to controls. **(G)** fMRI meta-analysis results for the comparison between ASD (vs. controls) and OCD (vs. controls). **(H)** fMRI meta-analysis results for conjunction/disjunction analysis of ASD and OCD abnormalities (vs. controls). **(I)** fMRI-VBM multimodal conjunction/disjunction analysis showing overlapping abnormalities in ASD relative to controls. **(J)** fMRI-VBM multimodal conjunction/disjunction analysis showing overlapping abnormalities in OCD relative to controls. **(K)**  fMRI-VBM multimodal conjunction/disjunction analysis for the comparison between ASD (vs. controls) and OCD (vs. controls).

Colors: **Cool colors** (blue in ASD, green in OCD) indicate increased brain structure or function in patients versus controls. **Warm colors** (yellow in ASD, red in OCD) indicate decreased brain structure or function in patients versus controls. For Figs. **D** and **H**, orange and light blue indicate disordershared decreases/increases in structure/function, respectively. For Fig. **K**, **pink** indicates regions that

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were disjunctive across modalities (i.e. increased in one but decreased in the other) in ASD

(E) ASD vs. HC fMRI

(F) OCD vs. HC fMRI

compared to OCD (vs. controls).

(A) ASD vs. HC VBM







(I) ASD vs. HC multimodal VBM/fMRI

(J) OCD vs. HC multimodal VBM/fMRI

(B) OCD vs. HC VBM

(C) ASD vs. OCD (v. HC) VBM

(G) ASD vs. OCD (v. HC) fMRI



(K) ASD vs. OCD (v. HC) multimodal VBM/fMRI





(D) ASD vs. OCD (v. HC) VBM conjunction/disjunction





(H) ASD vs. OCD (v. HC) fMRI conjunction/disjunction

Tables and figure legends **Tables and figure legends** 

Table 1. Demographic and clinical characteristics of included studies *Table 1. Demographic and clinical characteristics of included studies* 

(A) Demographic and clinical characteristics of the 32 ASD VBM datasets *(A) Demographic and clinical characteristics of the 32 ASD VBM datasets*



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obsessive compulsive disorder; PCC, posterior cingulate cortex; POP, preparing to overcome prepotency; prev. R, right; SMA, supplementary motor area; SSRI, selective serotonin obsessive compulsive disorder; PCC, posterior cingulate cortex; POP, preparing to overcome prepotency; prev. R, right; SMA, supplementary motor area; SSRI, selective serotonin functional magnetic resonance imaging; GNG, go/no-go; IFG, inferior frontal gyrus; inf., inferior; L, left; medicated; MSIT, multisource interference task; mid, middle; OCD, functional magnetic resonance imaging; GNG, go/no-go; IFG, inferior frontal gyrus; inf., inferior; L, left; med., medicated; MSIT, multisource interference task; mid, middle; OCD, reuptake inhibitor; STS, superior temporal sulcus; sup., superior; temp., temporal; unmed. unmedicated (at time of scan); VLPFC, ventrolateral prefrontal cortex; vmOFC, reuptake inhibitor; STS, superior temporal sulcus; sup., superior; temp., temporal; unmed. unmedicated (at time of scan); VLPFC, ventrolateral prefrontal cortex; vmOFC, City ventromedial orbitofrontal cortex; VBM, voxel-based morphometry; y, years ventromedial orbitofrontal cortex; VBM, voxel-based morphometry; y, years

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## *Table 2. Demographic information of meta-analysis samples*

 $a$ <sup>a</sup>weighted averages

**NB**: age ranges were not available for all studies, above values based on available information; see supplementary material (Tables S1-S4) for further details

**Abbreviations**: ASD, autism spectrum disorders; fMRI, functional magnetic resonance imaging; OCD, obsessive compulsive disorder; SD, standard deviation; VBM, voxel-based morphometry; y, years.



### *Table 3. Meta-analysis results for VBM studies in ASD and OCD*

**Bold** indicates regions which survive age and sex-matched subgroup analysis

()\* indicates regions which did not survive age and sex-matched subgroup analysis

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Abbreviations: ACC, anterior cingulate cortex; ASD, Autism spectrum disorders; BG, basal ganglia; d, dorsal; DLPFC, dorsolateral prefrontal cortex; HC, healthy controls; inf., inferior; IPL, inferior parietal lobe; L, left; MPFC, medial prefrontal cortex; MFG, middle frontal gyrus; MNI, Montreal Neurological Institute; NAcc, nucleus accumbens; OCD, obsessive compulsive disorder; R, right; r, rostral; STL, superior temporal lobe; v, ventral; vmOFC, ventromedial orbitofrontal cortex; VLPFC, ventrolateral prefrontal cortex; VBM, voxel-based morphometry.

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**Bold** indicates regions which survived age and sex-matched subgroup analysis

()\* indicates regions which did not survive age and sex-matched subgroup analysis

Abbreviations: ACC, anterior cingulate cortex; ASD, Autism spectrum disorders; d, dorsal; DLPFC, dorsolateral prefrontal cortex; HC, healthy controls; inf., inferior; IPL, inferior parietal lobe; L, left; MPFC, medial prefrontal cortex; MFG, middle frontal gyrus; MNI, Montreal Neurological Institute; OCD, obsessive compulsive disorder; PCC: posterior cingulate cortex; R, right; r, rostral; STL, superior temporal lobe; v, ventral; vmOFC,

ventromedial orbitofrontal cortex; VLPFC, ventrolateral prefrontal cortex; VBM, voxel-based morphometry.